

Orange County Cancer Coalition  
 Orange County Breast Cancer Coalition

Cancer Awareness Events  
[www.myoc3.org](http://www.myoc3.org)

May 2017

SUN	MON	TUES	WED	THURS	FRI	SAT
	1 *YWCA Screening	2	3	4	5	6 *YWCA Screening
7	9 *YWCA Screening	9	10	11	12	13 *YWCA Screening
14	15 *YWCA Screening	16 Orange County Cancer Coalition 10 – 11:30 a.m. ACS, Santa Ana <a href="mailto:myocthree@gmail.com">myocthree@gmail.com</a>	17 Free Class “Fatigue Management Energy Conservation and Managing Emotional Fatigue” 6 – 8 p.m.; Orange 877-459-3627	18	19	20 *YWCA Screening Casino Night Under the Stars hosted by Breast Cancer Angels 6 – 10 p.m.; (714) 898-8900 Newport Beach
21	22 *YWCA Screening	23 Free Class “Breast Cancer: What’s Next?” 6:30 – 8:30 p.m. Laguna Hills; 1-800-636-6742 Free Webinar “Treating Adult Acute Lymphoblastic Leukemia (ALL)” 10 – 11 a.m.; (866) 992-9950	24 *YWCA Screening Free Webinar “Anticipatory Grief and End of Life Care: How to Prepare and Care for Life-Changing Events” 1 p.m., Hosted by Triage Cancer	25	26 *YWCA Screening	27 *YWCA Screening
28	29	30	31 *YWCA Screening			

\* YWCA Screening Event: The YWCA of North Orange County coordinates breast cancer screening events for underserved women through Every Woman Counts and Family PACT. Please refer to the website for a full schedule: [http://ywcancoc.org/Community\\_Calendar.html](http://ywcancoc.org/Community_Calendar.html)

To include events for the following months, email Rhonda Folsom at Every Woman Counts: [rfolsom@ochca.com](mailto:rfolsom@ochca.com).

June 2017						
S	M	Tu	W	Th	F	S
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## Breast & Cervical Cancer Screening



### Every Woman Counts (EWC)

Clinical breast exams, mammograms, and Pap tests are available to women who qualify through Every Woman Counts, which is funded by the California Department of Health Care Services. To find a doctor, visit <http://www.dhcs.ca.gov/services/Cancer/ewc/Pages/default.aspx> or call the toll-free automated referral line (800) 511-2300, Monday – Friday, 24/7. Languages available: English, Spanish (press 2), Cambodian/Khmer (press 3), Vietnamese (press 4), Hmong (press 5), Mandarin (press 6), Cantonese (press 7), Korean (press 8), Tagalog (press 9), and Russian (press 10).

### YWCA Screening Schedule

The YWCA of North Orange County hosts Early Breast Cancer Screening and Education Clinics to help uninsured or underinsured women age 40 and over receive high quality, affordable breast health services paid for by Every Woman Counts, Family PACT, and other funding resources. Within a private setting, women are given free clinical breast exams, mammograms, and breast self-exam education and instruction. Clinics are conducted in the familiarity of women's own neighborhoods and in their own languages. Special clinics are conducted for Korean, Vietnamese and Hispanic women. For the screening schedule or more information, please visit [http://ywcanoc.org/Community\\_Calendar.html](http://ywcanoc.org/Community_Calendar.html) or contact the YWCA of North Orange County at (714) 871-4488.

## Upcoming Events (\* Denotes fundraising event)

- **ONGOING: Fridays "Tobacco Cessation"** – Held from 9:30 – 10:30 a.m. at Saddleback Memorial Medical Center, 24451 Health Center Dr., Laguna Hills 92653. Are you ready to quit smoking and take an important step toward better health and life? Register for a free five-week educational and support series designed to help you succeed in eliminating smoking and other tobacco use from your life. Offered in partnership with the Tobacco Use Prevention Program. Open to all. Registration required: [www.memorialcare.org/sbtobacco](http://www.memorialcare.org/sbtobacco).
- **ONGOING: Tuesdays "Free Lung Screening: Spirometry"** – Held from 2 – 3 p.m. at Saddleback Memorial Medical Center, 24451 Health Center Dr., Laguna Hills 92653. Free breathing test measuring lung capacity. Open to all. Registration required: [www.memorialcare.org/sbairway](http://www.memorialcare.org/sbairway).
- **May 16 (Tuesday): Orange County Cancer Coalition** – Meets from 10 – 11:30 a.m. at American Cancer Society, 1940 E. Deere Ave., Suite 100, Santa Ana 92705. For more information, contact [myocthree@gmail.com](mailto:myocthree@gmail.com).
- **May 17 (Wednesday): Free Class "Fatigue Management Energy Conservation and Managing Emotional Fatigue"** – Starts at 6 - 6 :30 p.m. Registration and Dinner; 6:30 - 8 p.m. Lecture and Q&A. Held at The Villa, 510 E. Katella Ave., Orange 92867. Presenters: Shanna Thornburg, PT, DPT, OCS and Kelsey Moore, MSW, ASW. The Center for Cancer Prevention and Treatment at St. Joseph Hospital hosts this free Cancer Survivorship Educational Series to educate and empower cancer survivors to thrive after their journey through cancer. Classes address the physical, psychological and emotional changes cancer survivors may face, as well as ways to overcome these changes and regain wellness—body, mind, and spirit. Registration Deadline: May 10, 2017. Please call 877-459-3627 to register.
- **\* May 20 (Saturday): Casino Night Under the Stars hosted by Breast Cancer Angels** – Held from 6 – 10 p.m. at the Environmental Nature Center, 1601 E. 16<sup>th</sup> St., Newport Beach 92660. Parking available at Newport Harbor High School Stadium. Jazz music, silent auction, and games. Catered by Sundried Tomato. \$125 per person. To purchase tickets, visit [www.breastcancerangels.org](http://www.breastcancerangels.org) or mail check to Breast Cancer Angels, PO Box 340, Los Alamitos 90720. If you have questions, contact Debbie at (714) 785-0551 or (714) 898-8900.
- **May 23 (Tuesday): Free Webinar "Treating Adult Acute Lymphoblastic Leukemia (ALL)"** – Held from 10 – 11 a.m. PST. The latest information for patients and caregivers. Healthcare professionals are invited to participate. Presenter: Hillard M. Lazarus, MD, FACP, Professor of Medicine, Case Western Reserve University. We invite you to learn more about: Diagnosing adult ALL, Minimal Residual Disease (MRD) and ALL, Current and emerging therapies, Treatment approaches for relapsed/refractory patients, Side-

effect management, and the importance of a team approach for successful therapy. Hosted by the Leukemia & Lymphoma Society. Please register: online click [here](#); by phone, please call (866) 992-9950.

- **May 23 (Tuesday): Free Class “Breast Cancer: What’s Next?”** – Held from 6:30 – 8:30 p.m. at Saddleback Memorial Medical Center, 24451 Health Center Dr., Laguna Hills 92653. One in eight women will be diagnosed with breast cancer during their lifetime. Early screening and advanced treatment methods have paved the road to survivorship. Board certified medical oncologist Merry Tetef, M.D., will discuss risk factors and prevention of breast cancer, recent exciting advances in treatment and how we personalize breast cancer management. Our dedicated breast center team will be on hand to answer questions and provide take-home information. Dinner will be served. Registration is required: register online at <https://www.memorialcare.org/events-education/events/breast-cancer-what-next-special-event-2016-11-30> or call 1-800-636-6742.
- **May 24 (Wednesday): Free Webinar “Anticipatory Grief and End of Life Care: How to Prepare and Care for Life-Changing Events”** – Held from 1 p.m. PST. Presented by Melissa Stewart, MSW, LCSW. This webinar will review and discuss the common emotions, reactions and challenges of preparing for life changes. This includes a loss through death, change in relationship, financial implications and daily and behavioral changes that occur as part of coping with loss. While the focus on this webinar will be on End of Life, topics will be applicable to overall life changes due to a cancer diagnosis and how caregivers and loved ones can best prepare and care for themselves leading up to, during and following these changes. Hosted by Triage Cancer, a national, nonprofit organization that serves patients, survivors, caregivers, health professionals, and advocates by providing information on cancer survivorship issues through an international speaker’s bureau, education events, and online tools and resources. To register, click [here](#). For more information, visit <http://TriageCancer.org/webinars>.
- **June 8 (Thursday): Free Class “Advance Care Planning – Important Choices for Living and Dying”** – Held from 10 – 11 a.m. at St. Jude Crosson Cancer Institute Medical Plaza Building I, 2151 N. Harbor Blvd., Fullerton, 92835, Room #3138, 3rd floor conference room. This FREE Community Education Class will answer: How do I record my wishes in the event I cannot speak for myself? How do I start the conversation with loved ones and my doctor? What is a POLST form and what do I do with it? What makes an Advance Directive form legal? What is an “agent” and how do I choose the right one? Who should attend: Anyone over the age of 18. Everyone over age 18 should have an Advance Directive. Please RSVP to: [Denise.Yoshihara@stjoe.org](mailto:Denise.Yoshihara@stjoe.org) or call: 714-992-3000 x2299.
- **\* June 10 – 11 (Saturday – Sunday): The Anti-Cancer Challenge: Cycle & Run for Cures** – Held at Angel Stadium of Anaheim. Hosted by the UC Irvine Health Chao Family Comprehensive Cancer Center to benefit cancer research. Event proceeds (except for the children’s bike ride) will support lifesaving cancer research at our cancer center, Orange County’s only National Cancer Institute-designated comprehensive cancer center. Proceeds from the children’s bike ride will benefit cancer research at CHOC Children’s Hospital of Orange County. Saturday, June 10: The Anti-Cancer Challenge Festival – This free-admission event is designed for the whole family and features: Live entertainment, Children’s bike ride, Stationary bike event, Food from local vendors, Craft beer, and Exhibits. Sunday, June 11: The Anti-Cancer Ride and Run Events – Support our fight against cancer by registering yourself or your team for bicycling rides of 10, 30, 60 or 100 miles or a 5K run/walk. Be ready to celebrate at our finish line festival. For more information, visit <http://www.ucirvinehealth.org/events/community-events/2017-anti-cancer-challenge/>.
- **June 21 (Wednesday): Free Webinar “What are my rights at work before, during, and after treatment?”** – Starts at 12 p.m. In this webinar, we will give an overview of the laws that provide protection in the workplace for those who are coping with a cancer diagnosis, including the Americans with Disabilities Act, state fair employment laws, the Family and Medical Leave Act, and other resources. To register, [click here](#). Hosted by the Cancer Legal Resource Center: [clrc@drcenter.org](mailto:clrc@drcenter.org), 866-843-2572, or [www.cancerlegalresources.org](http://www.cancerlegalresources.org)
- **June 21 (Wednesday): Free Webinar “An Update on Our Health Care System”** – Held from 1 p.m. PST. Presented by Monica Bryant, Esq. Six months into a new presidential administration and new Congress may mean big changes to health care related laws. This webinar will explore any changes to our health care system and help you to understand what these changes may mean for the cancer community. Hosted by Triage Cancer, a national, nonprofit organization that serves patients, survivors, caregivers, health professionals, and advocates by providing information on cancer survivorship issues through an international speaker’s bureau, education events, and online tools and resources. To register, click [here](#). For more information, visit <http://TriageCancer.org/webinars>.
- **July 19 (Wednesday): Free Webinar “Protecting Yourself & Your Family by Planning Ahead”** – Held at 1 p.m. PST. Presented by Monica Bryant, Esq. Estate planning can be overwhelming and can often bring up topics that are difficult to discuss. However, being prepared can also bring a sense of comfort. This webinar will cover the various documents that can make up an estate plan, things to consider as you begin the process of creating your plan and options available to individuals to protect their medical decision making rights. Hosted by Triage Cancer, a national, nonprofit organization that serves patients, survivors, caregivers, health professionals, and advocates by providing information on cancer survivorship issues through an international speaker’s bureau, education events, and online tools and resources. To register, click [here](#). For more information, visit <http://TriageCancer.org/webinars>.

- **July 26 (Wednesday): Free Webinar “Can I be discriminated against because of my genes?”** – Starts at 12 p.m. This webinar will examine the Genetic Information Nondiscrimination Act and other laws that protect individuals with genetic predispositions to cancer from discrimination. To register, [click here](#). Hosted by the Cancer Legal Resource Center: [clrc@drcenter.org](mailto:clrc@drcenter.org), 866-843-2572, or [www.cancerlegalresources.org](http://www.cancerlegalresources.org)
- **August 15 (Tuesday): Orange County Cancer Coalition** – Meets from 10 – 11:30 a.m. at American Cancer Society, 1940 E. Deere Ave., Suite 100, Santa Ana 92705. For more information, contact [myocthree@gmail.com](mailto:myocthree@gmail.com).
- **August 16 (Wednesday): Free Webinar “I’m Unhappy with my Care-- What are my rights?”** – Starts at 12 p.m. Do you think your doctor made a mistake, treated you poorly, or are you concerned about other aspects of your treatment? Join this webinar to learn about medical malpractice, filing complaints against doctors, grievances with health plans, and your rights to second opinions and medical privacy. To register, [click here](#). Hosted by the Cancer Legal Resource Center: [clrc@drcenter.org](mailto:clrc@drcenter.org), 866-843-2572, or [www.cancerlegalresources.org](http://www.cancerlegalresources.org)
- **August 16 (Wednesday): Free Webinar “When Health Insurance Says No: Understanding Appeals”** – Held at 1 p.m. PST. Presented by Monica Bryant, Esq. Has your health insurance company denied coverage for a treatment, procedure or a prescription drug? You don’t need to take “No” for an answer. Depending on the type of health insurance coverage you have, there is a process for appealing your insurance company’s decision. This webinar will describe the appeals process for private health insurance, employer-sponsored health insurance, Medicare, and Medicaid, to help you get the medical care you need. Hosted by Triage Cancer, a national, nonprofit organization that serves patients, survivors, caregivers, health professionals, and advocates by providing information on cancer survivorship issues through an international speaker’s bureau, education events, and online tools and resources. To register, click [here](#). For more information, visit <http://TriageCancer.org/webinars>.
- **August 16 (Wednesday): Free Class “Sexuality and Cancer”** – Starts at 6 - 6 :30 p.m. Registration and Dinner; 6:30 - 8 p.m. Lecture and Q&A. Held at The Villa, 510 E. Katella Ave., Orange 92867. Presenters: Stephanie Buehler, MPW, PsyD, AASECT and Martin Perez, PhD. The Center for Cancer Prevention and Treatment at St. Joseph Hospital hosts this free Cancer Survivorship Educational Series to educate and empower cancer survivors to thrive after their journey through cancer. Classes address the physical, psychological and emotional changes cancer survivors may face, as well as ways to overcome these changes and regain wellness—body, mind, and spirit. Registration Deadline: August 9, 2017. Please call 877-459-3627 to register.
- **September 14 (Thursday): Free Class “Advance Care Planning – Important Choices for Living and Dying”** – Held from 10 – 11 a.m. at St. Jude Crosson Cancer Institute Medical Plaza Building I, 2151 N. Harbor Blvd., Fullerton, 92835, Room #3138, 3rd floor conference room. This FREE Community Education Class will answer: How do I record my wishes in the event I cannot speak for myself? How do I start the conversation with loved ones and my doctor? What is a POLST form and what do I do with it? What makes an Advance Directive form legal? What is an “agent” and how do I choose the right one? Who should attend: Anyone over the age of 18. Everyone over age 18 should have an Advance Directive. Please RSVP to: [Denise.Yoshihara@stjoe.org](mailto:Denise.Yoshihara@stjoe.org) or call: 714-992-3000 x2299.
- **September 19 (Tuesday): Free Webinar “Chemo Brain & Accommodations: At Work & At School”** – Held at 2 p.m. PST. Presented by Joanna Morales, Esq. “Chemo brain,” is a term used to describe the cognitive changes that may come with cancer treatment, including memory challenges and trouble focusing. This webinar will review the latest research on chemo brain, and provide practical tips to address chemo brain in your daily life. We will also describe practical ways to use legal protections such as reasonable accommodations to help you deal with chemo brain at work and at school. Hosted by Triage Cancer, a national, nonprofit organization that serves patients, survivors, caregivers, health professionals, and advocates by providing information on cancer survivorship issues through an international speaker’s bureau, education events, and online tools and resources. To register, click [here](#). For more information, visit <http://TriageCancer.org/webinars>.
- **September 20 (Wednesday): Free Webinar “Navigating Health Insurance in a Changing Health Insurance Climate?”** – Starts at 12 p.m. With open enrollment around the corner, this webinar will give an overview of how to navigate health insurance, including insurance basics, current insurance options, consumer protections, insurance appeals, and ways to maintain or change coverage. To register, [click here](#). Hosted by the Cancer Legal Resource Center: [clrc@drcenter.org](mailto:clrc@drcenter.org), 866-843-2572, or [www.cancerlegalresources.org](http://www.cancerlegalresources.org)
- **October 18 (Wednesday): Free Webinar “Choosing Wisely: How to Pick Insurance Plans”** – Held at 1 p.m. PST. Presented by Monica Bryant, Esq. There are three main ways to get health insurance: through an employer, by buying a policy directly from an insurance company, or through a governmental plan (i.e., Medicare, Medicaid, etc.). Regardless of how you get your health insurance, you may have choices. Open enrollment comes up once a year and allows you to make changes to your coverage or to pick a new plan. This webinar will cover the key things to look for when comparing plans and how to choose a plan that works for you. Hosted by Triage Cancer, a national, nonprofit organization that serves patients, survivors, caregivers, health professionals, and advocates by providing information on cancer survivorship issues through an international speaker’s bureau, education events, and online tools and resources. To register, click [here](#). For more information, visit <http://TriageCancer.org/webinars>.

- **October 25 (Wednesday): Free Webinar “How do I sign up for (or change my enrollment in) Medicare?”** – Starts at 12 p.m. Medicare open enrollment takes place every year from October 15-December 7. Join this webinar to learn more about how (and why) to sign up for Medicare when you are first eligible, what your options are during open enrollment, how Medicare works with other insurance, and more. To register, [click here](#). Hosted by the Cancer Legal Resource Center: [crc@drcenter.org](mailto:crc@drcenter.org), 866-843-2572, or [www.cancerlegalresources.org](http://www.cancerlegalresources.org)
- **November 8 (Wednesday): Free Class “Insurance, Medicare and Financial Legal Concerns”** – Starts at 6 - 6 :30 p.m. Registration and Dinner; 6:30 - 8 p.m. Lecture and Q&A. Held at The Villa, 510 E. Katella Ave., Orange 92867. Presenters: Joanna Morales, Esq. and Raul Morales, CA Life Agent. The Center for Cancer Prevention and Treatment at St. Joseph Hospital hosts this free Cancer Survivorship Educational Series to educate and empower cancer survivors to thrive after their journey through cancer. Classes address the physical, psychological and emotional changes cancer survivors may face, as well as ways to overcome these changes and regain wellness—body, mind, and spirit. Registration Deadline: November 1, 2017. Please call 877-459-3627 to register.
- **November 14 (Tuesday): Orange County Cancer Coalition** – Meets from 10 – 11:30 a.m. at American Cancer Society, 1940 E. Deere Ave., Suite 100, Santa Ana 92705. For more information, contact [myocthree@gmail.com](mailto:myocthree@gmail.com).
- **November 15 (Wednesday): Free Webinar “Caring for Yourself, Staying Engaged and Navigating the Holiday Season”** – Held at 1 p.m. PST. Presented by Julie Larson, LCSW. The holiday hustle and bustle can be overwhelming and exhausting for any one. As a cancer survivor currently in treatment or still managing long term effects, or a caregiver for someone coping with cancer, this time of year amps up the complexity of self-care. Social gatherings, endless to do lists, never-ending joy and the expectation to do it all are often in stark contrast to the reality of treatment schedules, test results and the uncertainty of tomorrow. During this webinar, take a break with us and some time to reflect on your priorities for the holiday season, the values that guide you through this time and the opportunities that provide the most fulfillment and true joy. Being mindful of how you prepare for a busy social calendar or protect yourself from particularly tender moments may help you not only find your way through the frenzy, but care for yourself along the way. Hosted by Triage Cancer, a national, nonprofit organization that serves patients, survivors, caregivers, health professionals, and advocates by providing information on cancer survivorship issues through an international speaker’s bureau, education events, and online tools and resources. To register, click [here](#). For more information, visit <http://TriageCancer.org/webinars>.
- **December 14 (Thursday): Free Class “Advance Care Planning – Important Choices for Living and Dying”** – Held from 10 – 11 a.m. at St. Jude Crosson Cancer Institute Medical Plaza Building I, 2151 N. Harbor Blvd., Fullerton, 92835, Room #3138, 3rd floor conference room. This FREE Community Education Class will answer: How do I record my wishes in the event I cannot speak for myself? How do I start the conversation with loved ones and my doctor? What is a POLST form and what do I do with it? What makes an Advance Directive form legal? What is an “agent” and how do I choose the right one? Who should attend: Anyone over the age of 18. Everyone over age 18 should have an Advance Directive. Please RSVP to: [Denise.Yoshihara@stjoe.org](mailto:Denise.Yoshihara@stjoe.org) or call: 714-992-3000 x2299.

## Announcements

### Scholarship Opportunities from the YWCA North Orange County

There may be women who have delayed going back to college because of the impact that breast cancer has on the lives of women who are diagnosed. The attached Thurmond Brochure is for adult reentry women ages 24 years or older attending Fullerton College or California State University Fullerton offering scholarships. The YWCA North Orange County also has two other adult reentry scholarships for women ages 25 years or older called the Late Bloomers (application is on their website [www.ywcanoc.org](http://www.ywcanoc.org)) and will cover undergraduate and graduate studies. The other Joan and Burnie Cohen Scholarship is for adult reentry women ages 23 years or older attending Fullerton College. All of the scholarship applications are now open. The scholarship closes May 8, 2017.

### New Video from The Leukemia & Lymphoma Society

The Leukemia & Lymphoma Society (LLS) invites patients and caregivers to learn more about: Important issues that affect patients with Acute Lymphoblastic Leukemia (ALL), the need for continuous dialogue with healthcare providers; and information, support services and resources available from LLS. [Click here for the video](#). Please provide your [feedback](#) after viewing the video. Visit [www.LLS.org/educationvideos](http://www.LLS.org/educationvideos) to access additional patient education programs. Visit [www.LLS.org/programs](http://www.LLS.org/programs) for LLS patient education programs. For up-to-date disease, treatment and support information, please call an LLS Information Specialist at (800) 955-4572 or email [infocenter@LLS.org](mailto:infocenter@LLS.org).

### Treating Cancer with Targeted Therapy:

Science 37 is a research site in a study to explore the effectiveness of targeted investigational medications for cancers with known mutations. This research study explores multiple investigational medications that each target a different cancer mutation. A molecular profile test will determine the cancer mutations and help to determine research study eligibility and medication assignment. Once eligibility is confirmed, research study volunteers will take one or two daily pills that will be shipped to their homes and they will continue to see their local oncologist for routine clinic follow ups. **To qualify, you must be: actively diagnosed with metastatic cancer, 18 years or older, and live in California.** For further reading and visuals, read our article [here](#). For more information and to sign up, please visit <https://www.science37.com/trials/mypathway>.

### **Archived Webinar: Be an HPV Vaccination Champion**

This webinar co-sponsored by the California Department of Public Health and the American Cancer Society has been archived on <http://eziz.org/resources/events/> (under Archived Webinars, Adolescent Immunization). Slides are also available at <http://eziz.org/assets/docs/BeAnHPVVaccinationChampion.pdf>

### **Calling All Photographers!**

Help the Cancer Legal Resource Center by taking pictures to help us bulk up our media library with fresh and relevant images. We are looking for things you encounter in everyday life related to our mission. Some examples may include: impassable sidewalks, wheelchair ramps, braille signage, cancer treatment equipment, etc. To sign up or get more information, please contact Katie at [katharine.sanchez@dlrcenter.org](mailto:katharine.sanchez@dlrcenter.org). We can't wait to see what you come up with!

### **California Pink Plate – Still need 3,500 more pre-orders for production to begin!**



Pre-orders are now being accepted for the California specialty Breast Cancer Awareness "Pink Ribbon" license plate, better known as California Pink Plate. Go to [www.pinkplate.org](http://www.pinkplate.org) to see the design, get answers to Frequently Asked Questions, and place an order for your very own "Pink Ribbon" license plate today. The Department of Motor Vehicles will start production of the "Pink Ribbon" license plates once we gather the minimum of 7,500 paid pre-orders. So spread the word! Share the pinkplate.org website with your friends, family, co-workers via e-mail, Facebook, Twitter, Instagram, and any other form of social media, and tag it #PinkPlate. Together we can make the "Pink Ribbon" license plate a reality and see it on the roads and highways! We are delighted to take the next step to make the "Pink Ribbon" license plate a reality. If you have any questions, please contact us at [pinkplate@dhcs.ca.gov](mailto:pinkplate@dhcs.ca.gov).

### **CLRC Patient Legal Handbook**

The CLRC is proud to announce its newly published [Patient Legal Handbook](#). This handbook is a resource for patients coping with cancer and provides valuable information about cancer-related legal issues that touch patients all the way from diagnosis through survivorship. This handbook is part of a project funded by [Amgen's Breakaway from Cancer](#) program, a national initiative to increase awareness of important resources available to people affected by cancer -- from prevention through survivorship. The CLRC's new Patient Legal Handbook is also available in Spanish as [Instructivo Legal del Paciente](#). For questions about the CLRC's Patient Legal Handbook, please contact the CLRC at [CLRC@dlrcenter.org](mailto:CLRC@dlrcenter.org) or call (213) 736-1100.

### **Early Lung Cancer Screening**

Designed to evaluate people who are without symptoms and have a high risk for developing lung cancer. Criteria for screening: between 55-77 years old, currently smoke or have quit within the last 15 years, and have a history of smoking for 30+ years. Appointment required: [www.memorialcare.org/sbwellness](http://www.memorialcare.org/sbwellness). Saddleback Memorial Medical Center, 24451 Health Center Dr., Laguna Hills 92653.



### **“Navigating Finances After Cancer” – New Resource Directory from Triage Cancer**

Dealing with medical bills? Want to improve your credit score? Understand your consumer rights? Need financial help? Then this guide is for you. Click on the image to the left to download. Triage Cancer has recently launched a new service to help individuals explore their health insurance options. Go to [Triage Cancer's website](#) to start the process. You will be asked five basic questions about your situation and the website will generate a list with your possible health insurance options and assistance programs. This is also a great tool for health care professionals to use to help patients, as only limited demographic information is needed (e.g., zip code, age, and income level). The results are presented in an easy to read chart that is printable for future reference. This service is provided by Triage Cancer to the public completely free of charge as part of our mission to help alleviate some of the many stressors associated with a cancer diagnosis.

### **The Leukemia & Lymphoma Society's Susan Lang Pay-It-Forward Patient Travel Assistance**

The Susan Lang Pay-It-Forward Patient Travel Assistance Program (TAP) for Southern California funded by Stater Bros. Charities grants are based on fund availability and distributed on a first-come, first-served basis to patients living in selected counties in southern California (Los Angeles, Ventura, Santa Barbara, Orange, Riverside, San Bernardino, San Diego, Imperial and other designated Counties, etc.) in need of financial assistance for travel. Due to the overwhelming need and limited availability, funds are not guaranteed. We advise that applicants fill out the application upon receiving. Please review and ensure all portions of the application are complete and accurate. The grant is for \$500 for patients meeting the criteria and completing all the required paperwork. To obtain the application paperwork, contact Roxanne Garza at [Roxanne.Garza@lls.org](mailto:Roxanne.Garza@lls.org).

### **80% by 2018 Colorectal Cancer Screening Initiative**

Colorectal cancer is the second leading cause of cancer death in men and women combined in the US and a cause of considerable suffering among more than 137,000 adults diagnosed with colorectal cancer nationwide each year. Because colon cancer is one of the few cancers that can be prevented through the detection and removal of precancerous polyps found during screening, it is imperative that we as an organization make colorectal cancer screening a priority. If you're age 50 or older, get screened!

- [Know the American Cancer Society screening guidelines](#) – and most importantly that colorectal cancer screening starting at age 50 can prevent cancer and saves lives.
- Know [what the Society is doing](#) in the fight against colorectal cancer.
- Check out [resources available to your providers](#) and clinic to help improve colorectal cancer screening rates.
- Pledge to increase screening rates and support 80% by 2018! Click here to [sign the pledge directly online](#)

### **Cleaning for a Reason: FREE House Cleaning for Women Undergoing Chemotherapy**

If you know any woman currently undergoing chemotherapy, please pass the word to her that there is a cleaning service that provides FREE housecleaning - once per month for 4 months while she is in treatment. All she has to do is sign up and have her doctor fax a note confirming the treatment. Cleaning for a Reason will have a participating maid service in her zip code area arrange for the service. This organization serves the entire USA and currently has 547 partners to help these women. [www.cleaningforareason.org](http://www.cleaningforareason.org)

This Calendar of Events is updated monthly and can be downloaded [here](#).