Local/State Updates
Mary Hale, Interim Behavioral Health Director

ACTION ITEM

• Due to organizational changes at the State, responsibility for determining which funds can be placed into prudent reserve has shifted to the local level

• Behavioral Health Services, in consultation with both County Counsel and our Fiscal Consultant, are in agreement that MHSA statutes do not prohibit placing Prevention and Early Intervention (PEI) Funds into the prudent reserve
ACTION ITEM

• It is proposed that approximately, $11,343,034 of unspent PEI funds be placed in prudent reserve to ensure PEI programs will continue should there be a shortfall of MHSA revenue

• Behavioral Health Services requests that the Steering Committee approve placing the above amount in the prudent reserve

MHSA Update

Bonnie Birnbaum, MHSA Coordinator

Statewide Projects Update

ANN COLLENTINE

Statewide PEI Initiatives
Update
May 7, 2012
Presented By:
Ann Collette, MPPA, Program Director, CalMHSA

California Mental Health Services Authority (CalMHSA)

CalMHSA PEI Statewide Projects Implementation

- Year 1: Foundation & Setting the Stage for Success
- Year 2: Contract Management, Communication, Quality Improvement
- Year 3: Project Outcomes, Evaluation, Sustainability
- Year 4: Evidence of Impact

Foundation

- Developed & released RFPs; Contractors approved by CalMHSA Board
- Negotiated & executed 25 contracts
- Developed invoicing, monitoring, communication processes
- Hired expertise in communication
Foundation

- Hired expertise in evaluation
- Contracted for evaluation across initiative areas
  - Hired RAND for statewide evaluation
  - Statewide Evaluation Experts (SEE) Team established
  - Draft Evaluation Plan will be presented to the SEE Team for feedback in May

Foundation: Board Member Program Oversight

- Fiscal Oversight: Finance Committee
- Stakeholder Input: Advisory Committee
- Evaluation Input: SEE Team

Contract Management

- Regular communication with Board and County Liaisons
- Regular meetings with contractors
- Site visits/county presentations
- Opportunities: great partners; contracts with deliverable milestones; synergy of initiatives
- Challenges: variety of contractors, scope of deliverables, providing timely technical assistance
Implementation is Underway

CallMHSA projects providing:

➢ Broadening mental health skills/knowledge/attitudes across initiatives
➢ New and/or expanded programs (e.g. training, awareness/understanding and service provision)
➢ Material and financial resources
➢ Cross-system collaboration, policies & protocols

Statewide PEI Initiatives

Leveraging opportunities between initiatives
Synergy across initiatives

Stigma & Discrimination Reduction
Suicide Prevention
Student Mental Health

Stigma & Discrimination Reduction
Stigma & Discrimination Reduction - Current Efforts

- Baseline data collection completed
- Partnerships: SDR Consortium, Promising Practices Research & Evaluation Team, statewide advisory committee
- Program coordination underway
  - Speakers' bureau, training resources, toolkits
- Media efforts: positive mental health messaging
- Coming soon: RFP for consumer training

US.ReachOut.com

Student Mental Health Initiative
Student Mental Health Initiative - Current Efforts

- **K-12:**
  - Mental health training for educators
  - SMH Policy Workgroup inaugural meeting May 2012
  - State wide: 11 regional plans under review

- **Higher Education:**
  - CCC & CSU campus grants being solicited - require letter of support from county MH Department
  - UC Faculty/Student Mental Health training conducted
  - Systems collaboration: UC/CSU/CCC meeting quarterly

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Student Mental Health Initiative - Efforts in Orange County

- **K-12 Highlights:**
  - Professional Development for Service Providers
  - School climate survey pilot is underway
  - Mental Health CADRE being developed

- **Higher Education Highlights:**
  - Review of proposals in process for CSU & soon for CCC’s
  - Clayton Chau sits on the CCC Chancellor’s Advisory Board
  - Suicide Prevention training for all 112 CA Community Colleges

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Suicide Prevention

Suicide Prevention- Current Efforts

➤ Established partnerships among 9 crisis centers
➤ Built capacity statewide, through regional efforts
➤ Launched communication & input tool: Your Voice Counts
➤ Completed data collection
  • County Suicide Prevention efforts, Survey of CA residents on attitudes and knowledge related to suicide
➤ Developed the workforce: Hired trainers in 3 regions, conducted training for trainers

YourVoiceCounts.org

Suicide Prevention- Efforts in Orange County

• Regional capacity building efforts underway
• Expand bilingual services
  • Add Korean & Vietnamese language crisis line coverage during peak hours of operation
  • Support a Public Awareness Campaign in Korean and Vietnamese
• Implement marketing strategies unique to each county, based on county needs assessment
• Hosted ASIST training for trainers
Year Two: Efforts Across Initiatives

- Communication campaigns, training underway
- Stigma and Discrimination Reduction
  - Model resource materials, practices and policies
- Student Mental Health Initiative
  - Regional demonstration models underway, key policy areas to address identified
- Suicide Prevention
  - Regional networks enhanced and coordinated

Year Two - Goals

- Contract Management
  - Oversight of deliverables/site visits
  - Opportunities to build coordination with local efforts
- Communication
  - Dashboards with interim outcomes: Demographics - who are we reaching?
- Quality Improvement
  - Addressing challenges with Performance Improvement Plans
  - Technical assistance from RAND for program partners

Year Three - Goals

- Project Outcomes - Availability of outcome data
- Evaluation - Program partner evaluations submitted
- Sustainability/Legacy - Setting priorities
Year Four - Evidence of Impact

- Reduction in stigma and discrimination
- Improved student mental health
- Reduction in suicide

Statewide Initiative Values

CalMHSA - We’re here to answer questions

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BREAK

Please return in 15 minutes

Subcommittee Co-Chairs
Updates
Adults and Older Adults:
   Helen Cameron and Geoff Henderson
Children and Youth Services:
   Jim Harte
Prevention & Early Intervention:
   Chris Bieber and Daria Waetjen
Innovation and Workforce Education & Training:
   Denise Cuellar and William Gonzalez

COLLECTIVE SOLUTIONS:
FAMILY-FOCUSED CRISIS MANAGEMENT

Gerry Aguirre
Flor Yousefian Tahmani, MFT Intern
Adriana Mejia, MFT Intern
Health Care Agency/Behavioral Health Services
COLLECTIVE SOLUTIONS

Collective Solutions is a family-focused crisis management program funded by the Mental Health Services Act (MHSA).

Our program provides community-based supportive services to family members of persons ages 16 and older, newly or previously diagnosed with a mental illness. Collective Solutions works with families who identify experiencing a crisis situation as a result of the mental illness suffered by a loved one.

COLLECTIVE SOLUTIONS

Collective Solutions is a 16-week program that seeks to assist families in developing a plan of action in response to managing crisis situations related to mental illness suffered by a loved one, raise awareness about mental illness, and facilitate family communication.

GOALS

Reduce future crises and hospitalization
Facilitate positive communication
Increase linkage to mental health services
Educate families about mental illness
Create a community-based support network
**STAFF**

2 Master’s Level Clinicians
- Receive ongoing training in crisis management
- Provide short-term therapeutic and group services
- Work closely with peer mentors in providing supportive and case management services

Peer Mentors
- Trained in an evidence-based practice
- Offer supportive and case management services
- Assist families in developing an action plan for crisis management
- Co-facilitate support and discussion groups

**SERVICES OFFERED**

- Community-based Supportive Services
- Education, Outreach, & Engagement
- Linkage to mental health services within Orange County
- Case Management
- Short-term Counseling
- Support/Discussion Groups

Collective Solutions began services on April 4, 2012

Currently accepting referrals:
- 4 referrals received within the first week of services

Language capacity:
- Spanish
- Farsi
IMPLEMENTATION PLAN

Phase I: Orientation

Phase II: Program Promotion

Phase III: Implementation of Program

Phase IV: Lessons Learned, Evaluation & Outcome

PHASE I: ORIENTATION

Program Manual Developed
  • Program description
  • Flowchart/Referral Process
  • Brochure

Recruiting Peer Mentors
  • In progress

Staff Trainings
  • Evidence-based practice
  • Conferences related to mental health, crisis

PHASE II: PROGRAM PROMOTION

Collective Solutions introduced to existing community programs to initiate future collaboration

Goal:
Notifying the community, specifically ethnic communities

Work with agencies to ensure families and their loved ones receive support/mental health services
Overarching question for Innovation programs:

Can a well-trained consumer/family member be an effective peer mentor in all clinical settings?

Gathering data materials while providing services

Attemping to Answer:
1) Type and extent of mental health treatment being provided
2) Quality of life from the point of view of each family member
3) Participants’ success in achieving good health and reduction of their symptoms
4) Satisfaction surveys to be administered to both participants and providers

Assessment Tools
- Pretest and 2 posttests (intake, 4 months, and 8 months)
- Patient Health Questionnaire (PHQ-9) to measure depression
- Generalized Anxiety Disorder Scale (GAD-7) to measure anxiety
- WHO Quality of Life (WHOQOL-BREF) to measure life satisfaction
- Program evaluation
- Staff evaluation

Records Review
- Number of people seen
- Results of interactions
- Successful linkages to appropriate services
- Number of declined services
RESOURCES

Crisis Response Services
- Centralized Assessment Team
  (866) 830-6011
- Evaluation and Treatment Services
  (714) 834-6900
- Suicide Prevention Center: Didi Hirsch
  (866) 727-4747

Support Services
- NAMI-OC
  (714) 544-0791
  www.NAMIOC.org
- Warmline Network Services
  (877) 910-9276
- St. Anselm’s Peer Mentorship Program
  (714) 537-0608

Crisis Response Services
Support Services

COLLECTIVE SOLUTIONS
2035 E. Ball Rd, Suite 100C
Anaheim, CA 92806
Phone: (714) 517-6100
Fax: (714) 517-6139
fyousefi@ochca.com

Steering Committee
Comments
Sharon Browning, Facilitator
Public Comments
Sharon Browning, Facilitator