CYS Program Progression
A System of Care

A MYTHICAL CASE FROM SYSTEM ENTRY TO EXIT

1st Stop CYS CAT
- Centralized Assessment Team
- MHSA Funded program
- Referred by ER after suicide attempt/gesture
- Evaluation done in ER
- Parent involved if possible

CYS CAT 1st decision

<table>
<thead>
<tr>
<th>Hospitalize</th>
<th>Divert from hospitalization</th>
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<tbody>
<tr>
<td>• Youth meets criteria as danger to self</td>
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<tr>
<td>• Would benefit from brief period away from stressors</td>
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MHSA Programs
- In-home Crisis Services
- Crisis Residential Services
- FSP referral

Non-MHSA Programs
- CYS regional Clinic
- CYS Contract Clinic
Possible 2nd stop
In Home Crisis Intervention

• MHSA Funded
• 24/7 availability
• Work with family to resolve crisis
• Teach new problem solving skills
• Assist with linkage to next level of service
• Three week target but may extend based on clinical needs
• May be better suited to the needs of younger children

Possible 2nd stop
Crisis Residential Program

MHSA funded
• 24/7 program
• Boys and girls
• 6-bed program
• perhaps better fit for older youth
• assist with Transition to next level of care,
• Three week target but may extend based on clinical needs
• Heavy emphasis on family involvement

Possible 2nd stop
Full Service Partnerships

MHSA Funded
5 distinct partnerships
Based on age and life circumstances
Address Cultural or Language isolation
• Whatever it takes philosophy
• Avoid jail
• Avoid psychiatric hospitalization
• Avoid homelessness
• Acquire education
• Acquire jobs
Possible 2\textsuperscript{nd} & 3\textsuperscript{rd} stops
Regional Clinics

- Non-MHSA funded
- Individual therapy
- Family therapy
- Medication Management
- Case Management
- Maintain gains and support community involvement

Possible supplement to
Regional Clinics

Mentoring Program

- MHSA Funded
- Therapist referred
- Children & TAY
- Client matched with a Mentor
- Culture and language factor in matching
- Opportunity for client to practice new behaviors learned in treatment
- Six months with 2 to 4 hours a week with mentor
- Mentor may be staff or volunteer