Statewide Suicide Prevention Initiative

Mental Health Steering Committee
Orange County
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MHSA Funding

2004: Voters approved the Mental Health Services Act (Prop. 63)
2007: The Mental Health Services Oversight and Accountability Commission (MHSOAC) approved 5 statewide prevention and early intervention (PEI) projects.
2008: The MHSOAC determined 3 of the PEI projects would be implemented more efficiently and effectively if administered through a single statewide entity and subsequently developed strategic plans for each project.
   • Suicide Prevention Initiative
   • Stigma and Discrimination Reduction Initiative
   • Student Mental Health Initiative
2010: Counties contracted CalMHSA to administer the funding and implementation of these projects.

What is CalMHSA?

“Compassion, Action, Change” expresses the organization’s belief that our programs and services embrace and nurture mental wellness in all Californians, that our processes are collaborative and community-oriented and that we are accountable for results.
CalMHSA

CalMHSA is an organization of county governments working to improve mental health outcomes for individuals, families and communities.

CalMHSA administers programs funded by the voter approved MHSA on a statewide, regional and local basis.

For more information: www.calmhsa.org

Suicide Prevention Initiative

Program 1: Statewide Suicide Prevention Network
Didi Hirsch Mental Health Services

Program 2: Regional and Local Suicide Prevention Capacity-Building
Didi Hirsch Mental Health Services

Program 3: Social Marketing for Suicide Prevention
AdEase

Program 4: Suicide Prevention Training and Workforce Enhancement
Living Works

Program 5: Statewide Evaluation
RAND Corporation

What is the Statewide Suicide Prevention Network?

Didi Hirsch Mental Health Services and a consortium of ten partners have created the Statewide Suicide Prevention Network.

Goal: To serve as the focal point for statewide suicide prevention activities and achieve a suicide prevention-informed California with the ultimate goal of saving lives.
Statewide Suicide Prevention Network Partners

Partners
- Contra Costa Crisis Center
- Crisis Intervention and Suicide Prevention Center of San Mateo
- Crisis Support Services of Alameda County
- The Effort (Sacramento County)
- Suicide Prevention and Counseling Services of Marin
- OptumHealth Access and Crisis Line (San Diego County)
- San Francisco Suicide Prevention
- Suicide Prevention and Crisis Services of Yolo County
- Help, Inc. (Shasta County)
- Community Health Improvement Partners (San Diego County)

Goals of the Statewide Suicide Prevention Network

1. Develop a common set of Suicide Prevention Metrics for reporting on suicide in California.

2. Organize regional suicide prevention task forces that will collectively form the California Suicide Prevention Network (CSPN). These task forces will develop concrete steps to reduce the risk of suicide locally and then share their best ideas/best practices with others across the State and nation.

Goal #1
Developing a common set of metrics for suicide

- Didi Hirsch will coordinate with 10 other Crisis Centers to develop a common set of metrics for suicide prevention.

- Identified common metrics include:
  - Demographics
  - Reason for call
  - Call Volume
  - Risk
  - Follow Up
  - Caller Satisfaction

- Data will be used to set priorities and assure representation of underserved groups.
Goal #2: Regional Task Force Meetings

Meetings will occur quarterly in the following six regions:

- Superior
- Bay Area
- Central Valley
- Southern CA (Kern)
- Los Angeles
- Southern CA (San Diego)—4 meetings to date

Didi Hirsch Mental Health Services

Statewide Suicide Prevention Networks Regions

Who is involved?

Stakeholders from the community

Colleges
School districts
Universities
Community groups
Faith-based organizations
Veterans/military
Senior Centers

LGBTQ agencies
Survivors of suicide loss
Attempt survivors
Medical Centers
Primary Care Physicians
Law enforcement
County agencies

CalMHSA partners!

Didi Hirsch Mental Health Services
Best Practices for Suicide Prevention

• Each regional task force will develop one best practice in suicide prevention to be submitted to the Suicide Prevention Resource Center’s Best Practice Registry.

• Each region will have a Best Practices workgroup comprised of 8-10 people to develop the curriculum.

Southern CA (San Diego) Regional Coordinator

Southern Counties (San Diego)—Yeni Palomino
Community Health Improvement Partners

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Counties include: San Bernardino, Riverside, Orange, San Diego and Imperial.

Next meeting: September 2013

Program #2 Regional and Local Capacity Building

• Support partner counties in their suicide prevention efforts by:
  - serving as dedicated crisis hotline
  - providing support to established crisis hotlines
  - providing one safeTALK training

• Establish LA County Warmline Network (10pm to 6am)

• Expand NAMI OC Warmline hours (11pm to 3am)

• Expand Suicide Hotline to include Korean and Vietnamese speaking counselors (8 hours each night)

County partners include: Ventura, Los Angeles, Orange, San Bernadino, Riverside, Imperial, San Diego
Contact Information

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