Mental Health Services Act
Steering Committee Meeting

July 1, 2013

Welcome
Sharon Browning, Facilitator

Local MHSA UPDATE
Bonnie Birnbaum, MPH
MHSA Coordinator
State MHSA update

Mary Hale,
Behavioral Health Director

MHSA Subcommittee Updates

1. Helen Cameron and Patti Pettit
2. Daria Waetjen
3. William Gonzalez and Denise Cuellar

Community Action Advisory Committee Update

Denise Cuellar
Orange County Behavioral Health and Criminal Justice Linkages

July 1, 2013

Brett O'Brien, LMFT
Alcohol & Drug Program Administrator

Criminal Justice Linkages

- AB 109
- Collaborative Court Programs
  - Opportunity Court
  - Whatever it Takes (WIT) Court
  - Recovery Court
  - Homeless Outreach Court
  - Veterans Court
  - Juvenile Drug Court
  - Drug Court
  - DUI Court

Criminal Justice Linkages

- Today will discuss
  - AB 109
  - Mental Health Collaborative Courts – Ian Kemmer
  - Whatever it Takes (WIT), Telecare – Lisa Steele
  - Opportunity Court, Opportunity Knocks – Jane Gibbs
What is AB 109?

- Public Safety Realignment Act of 2011
- State responsibility for:
  - Incarceration
  - Treatment
  - Supervision
  transferred to Counties for non-serious, non-violent, non-sex offenders

What is AB 109?

- Two populations
  - Post-release Community Supervision (PCS)
    - Released from State prison
      - Would otherwise have been placed on parole
  - Mandatory Supervision
    - Released from County jail
      - Otherwise would have served time in State prison & released onto parole
- Both populations supervised by Probation Department
  - Individuals are not on probation

AB 109 Funding

- County allocation of funding based on formula
- Orange County allocation:
  - 2011-12 - $25,734,096
    - HCA BH post-custody services - $2,077,055
  - 2012-13 - $56,302,998
    - HCA BH post-custody - $5,067,270
**AB 109 Treatment Services**

- Services Include Continuum of Care for Mental Health Disorders and Substance Use Disorders

**Assessment**

- Assessed
  - Upon release from custody, Probation refers individuals to HCA for assessment
- Assessment Team Co-located at Probation
  - Assesses for mental health and substance use disorder needs
  - Refers and links to appropriate behavioral health services
  - Four clinical staff
- Since November 2011, staff have conducted 2,611 assessments
  - April 2013, staff conducted 279 assessments

**Mental Health**

- Outpatient mental health treatment for SPMI
- Shelter beds
- Full Service Partnership (FSP)
- Short-term psychiatric care for non-SPMI provided on site at Probation
  - Medication prescriptions
  - Linkage to medications
Substance Use Disorder
AB 109 Treatment Services

- Detox
  - Medical and social model
  - Methadone detox
- Residential treatment
- Outpatient treatment
- Methadone Maintenance
- Sober living beds (must concurrently be in treatment)
- Bed capacity for 2013-14
  - Treatment – 97
  - Sober living – 56

Case Worker
AB 109 Treatment Services

- Meets with inmates prior to release
- Informs inmates of available BH services and how to access them
- Follows inmates after release to link to services
- Provides post-custody support in accessing services
- Provides support to onsite psychiatrist at Probation
  - Case manages
  - Helps clients access medication

Resources
Orange County Probation
http://ocgov.com/gov/probation/prcs

Health Care Agency
Behavioral Health Services
www.ochealthinfo.com/bhs

6/28/2013
Boundary Spanner Concept

- A person who links two or more systems whose goals and expectations are at least partially conflicting
- Can greatly assist in both the identification and solution of key justice-mental health interactions


Court Programs We Serve

- “Whatever it Takes” Court (WIT)
- Opportunity Court (OC)
- Recovery Court (RC)
- Assisted Intervention Court (AI)
Services Provided by the Team

- Assessment
- Linkage
- Treatment Recommendations/Reporting
- Direct Member Services

HCA Court Assessment Team

- From referral to start of direct services
- Referral to Court Coordinator
  - Continue in legal system outside Mental Health Courts

HCA Assessment Team

- Evaluates for medical necessity criteria on the assessment day

Referral to Court Coordinator

- Continue in legal system outside Mental Health Courts

HCA Court Assessment Team

- Recommends appropriate Court program

AI Court Team

- Discusses case

New member meets service provider representative (Telecare/MHA) and begins receiving services

New member attends WIT court and is accepted into program

New member attends OC court and is accepted into program

New member attends RC court and is accepted into program

New member attends AI court and is accepted into program.

NC Court Team

- Discusses case

New member begins receiving services from PACT clinician on Assessment Team

Coordinator sends list to HCA Team

Does not meet FSP criteria

Meets criteria no legal objections

Legal objection to acceptance

PACT Criteria

- Provide direct services to clients (all mental health services)

Collects clinical information from collaborative partners

- Provide direct services to clients (therapy & medication)

Makes treatment recommendations based on this information

Reports in court on client's progress in treatment based on this

HCA Court Assessment Team

Collaboration and Court Reporting

AI Assessment Team

WIT Assessment Team

PACT (O/C/R) Assessment Team

HCA Court Assessment Team

Collaboration and Court Reporting

AI Assessment Team

WIT Assessment Team

PACT (O/C/R) Assessment Team

Collects clinical information from collaborative partners

Provide direct services to clients (therapy & medication)

Makes treatment recommendations based on this information

Reports in court on client's progress in treatment based on this

PACT criteria

Legal objection to acceptance
Our Recovery Philosophy

- Telecare was founded on the belief that rehabilitation and recovery from serious mental illness are possible, and that people can recover their hopes, dreams and life roles. We have consolidated our learning and experience into the Recovery Centered Clinical System (RCCS), a richly personal, holistic, comprehensive approach to recovery.

- The Recovery-Centered Clinical System (RCCS) is based on a belief that recovery can happen. RCCS creates an environment that supports recovery by concentrating on two distinct but complementary areas: culture and conversations.

Our Clinical Approach

Telecare’s Recovery Centered Clinical System is continually enriched and expanded through partnerships and new learning from exceptional leaders in the field including Pat Deegan, PhD, Dr. Maggie Bennington Davis, Dr. Xavier Amador, and the Matrix Institute on Addictions.
This FSP program serves 100 Individuals with a Severe Mental Illness (and History of Accessing OCHCA services), a Co-Occurring Substance Use Disorder, and a Felony History

The Criminal Case is transferred from Superior Court to Judge Lindley’s Community Court

The Collaborative Team is comprised of the Judge, The District Attorney, Public Defender, Probation Department, OCHCA’s Assessment Team, and Telecare WIT Treatment Team

Services include: Case Management, Individual and Group Therapy, Education/Skill Building Groups, Psychiatric and Nursing Services, Education/Employment Assistance, Housing Assistance, Financial Assistance/Rep-Payee Services, Healthcare Linkage and Support, and Co-Occurring Substance Abuse Treatment Services. The office is open 8:30-5 Monday through Saturday, and by phone 24/7.

How the Court Collaborative Functions

OCHCA Assessors meet with the prospective member
Assessment and Criminal History are reviewed in the Judges Chambers weekly with all collaborative partners present
If appropriate, member signs plea agreement including all the court and probation requirements, and is then released to WIT
The collaborative team (all but the Judge) meets weekly to discuss cases on the Court Calendar, and discuss member progress in the program

WIT Member Demographics
(July 2012-June 1, 2013)

Members Served: 131
Gender: Male- 55%, Female:44%, Transgender-1%
Age: 18-24=20%; 25-45=46%; 45-65=34%
Ethnicity: White: 67%; Hispanic/Mexican: 17%; Black/African American: 6% ; Asian/Pl: 4%; Not Responded: 6%
Axis 1 Diagnosis: Bipolar Dx (40%); Schizoaffective/ Schizophrenia Dx (48%); Major Depressive Dx (6%); Psychotic Dx (6%)
Average Length of Accessing Mental Health: 20 years
WIT Program Design

- 18-24 month program
- 4 phases of the program ranging from 5 days/week for 6 hours/day on site, decreasing in frequency through each stage to once weekly
- Psychiatric services including visit with Doctor and/or Nurse Practitioner every 3 weeks and LVN/LPT as needed
- Daily Education and Skill Building Groups and Individual Case Management, and Therapy

It’s All In The Details… Program Components

- Education/Employment Assessment & Support
- Housing Placement and Assistance
- Individual and Group Therapy with Licensed Clinicians
- Intensive Co-Occurring Substance Abuse Treatment Track (voluntary and court ordered)
- Community Reintegration Outings
- Field Visits for support to members In their natural setting

Unique Services

- Groups focus on overall Recovery
  - Stages of Readiness, 16 week Recovery Treatment Group
  - Intensive Outpatient Co-Occurring Recovery Treatment
  - Personal Medicine/ “Feeling Good Series”
  - Physical Health and Wellness Groups
  - Medication Education groups led by NP & LPT
  - Music for Recovery- purchased guitars, drums and keyboards to allow members to express themselves; WIT Band
  - On-site 12 Step Meetings
Program Successes

As of June 1, 2013:

- Psychiatric Hospitalizations at 6%
- Homeless Days since Admission - 0%
- Employed - 14%
- In School - 19%
- Re-offended while in the program - 0%
- Members independence with medication adherence - 97%
- Members able to manage own finances (not requiring rep/payee): 92%

Please Come Visit and Tour!

Telecare WIT
1910 N. Bush Street
Santa Ana, CA. 92706
714. 361-7950
**Background**

- Adult Full Service Partnership (FSP) program
- Target population: Individuals with a mental illness involved in the criminal justice system who are homeless or at risk of homelessness.
  - Individuals in AB 109 who meet program criteria
- Serves approximately 200 members/year
- Serves approximately 155 members/month

**Opportunity Knocks**

**Referral Sources**

- **Non-County Referrals**
  - Self
  - Family
  - Hospitals
  - Public Defenders
- **County Referrals**
  - Jails
  - OCHCA Outreach Team
  - Probation Office (non-AB 109)
  - AB 109
  - Other County Pre-approved

**Our Goal**: To provide services that are coordinated, effective, comprehensive, and that meet the mental health needs of adults ages 18-60 living in Orange County.

**Our Services**

<table>
<thead>
<tr>
<th>Services</th>
<th>Support</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outreach &amp; Engagement</td>
<td>Transportation</td>
</tr>
<tr>
<td>Housing</td>
<td>Medication Support</td>
</tr>
<tr>
<td>Therapeutic Rehabilitation Services</td>
<td>Community Integration</td>
</tr>
<tr>
<td>Intensive Case Management</td>
<td>Dual Diagnosis Services</td>
</tr>
<tr>
<td>Money Management</td>
<td>Vocational and Educational Assistance</td>
</tr>
<tr>
<td>Crisis Services (24/7 Availability)</td>
<td>Benefits Assistance</td>
</tr>
<tr>
<td>Support Groups</td>
<td>Flexible Funds</td>
</tr>
</tbody>
</table>
Opportunity Knocks

**Vocational Specialist**
- Career exploration
- Manage OK’s in-house volunteering program
- Mock interview & resume preparation
- Network with employers in the community
- Explore educational opportunities with members
- Manage Goodwill Employment Works application process
- Facilitate support groups

**Outreach Specialist**
- Conduct outreach in the community
- Administer assessments
- Conduct program orientation for new enrollees
- Assess prospective members’ enrollment eligibility
- Community liaison

**Housing Specialist**
- Explore housing options with members
- Identify housing resources in the community
- Advocate/community liaison for members
- Track residential outcomes
- Work with housing vendors
- Provide mental health anti-stigma presentations
- Facilitate support groups
- Manage all housing justification duties

**Benefits Specialist**
- Advocate for members with Social Security and other SSA benefits
- Assist with benefits/entitlements applications
- Follow-up ongoing claims and provide support in existing benefits
- Authorized representative
- Collect outcomes

---

**Support Groups**

<table>
<thead>
<tr>
<th>Mental Health Related Groups</th>
<th>Physical Health Related Groups</th>
<th>Member-run Groups</th>
<th>Other Groups</th>
</tr>
</thead>
<tbody>
<tr>
<td>Peer-to-Peer</td>
<td>Medication Management</td>
<td>Art Group</td>
<td>Advisory Board</td>
</tr>
<tr>
<td>CQ &amp; co-occurring Disorders</td>
<td>Health and Wellness (gym)</td>
<td>Open Group</td>
<td>Computer Class</td>
</tr>
<tr>
<td>W.R.A.P.</td>
<td>Walking Group</td>
<td>Baking Group</td>
<td></td>
</tr>
<tr>
<td>EBP-Seeking Safety</td>
<td>Sober Outing</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Men’s Group</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Self-Esteem</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Art of Coping</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CBT- Criminal Addictive</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thinking Women in Motion</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Moral Reconation Therapy</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>W.R.A.P.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

---

6/28/2013
Transformational Care Planning

- Person-centered care framework that places the self-identified needs of clients at the core of treatment.
- Four Modules
  - Conceptual Review
  - Assessment
  - Understanding the Client's Story & Creating a Narrative Summary
  - Developing the Transformational Care Plan

Special Project

Opportunity Knocks

For More Information...

- Jane Gibb, Program Director
- Jane Porphir, Clinical Supervisor

Opportunity Knocks
12800 Garden Grove Blvd., Suite F&G
Garden Grove, CA 92843
Phone: 714-620-8131

Committee Members
Comments

Sharon Browning,
Facilitator
Members of the Public Comments

Sharon Browning, Facilitator

Meeting Adjourned

Next Meeting: Monday, August 5, 2013