Overview

Brief Overview of Structure of PEI Plan
Overview of Evaluation Plans
FY 13/14 Participant Demographic Information
Description of 3 Outcome Measures used across several programs:
- WHO-5
- Protective Factors Survey
- PHQ-9
FY 13/14 Participant Satisfaction Survey Data
FY 13/14 Successes and Challenges

Service Areas

The 3 Service Areas Include:
1. Community Focused Services
2. School Focused Services
3. System Enhancement

These service areas contain 28 prevention & early intervention programs
Community Focused Services
- Stress Free Families
- OC CREW
- OCPPW
- Early Intervention Services for Older Adults
- Youth As Parents
- Behavioral Health Counseling Program
- Crisis Prevention Hotline
- Survivor’s Support Services
- Parent Education & Support Services
- Family Support Services
- Children’s Support and Parenting Program (CSPP)
- Stop the Cycle
- Outreach & Engagement Services
- WarmLine
- Professional Assessors

School Focused Services
- School Based Mental Health Services
- School Based Behavioral Health Intervention and Support - Early Intervention Services
- School Readiness/Connect the Tots
- College Veterans Services (The Drop Zone)
- School Based Behavioral Health Intervention and Support
- Violence Prevention Education
- Transitions
- K-12 Coping Skills to Manage Stress

System Enhancements
- Information & Referral
- Training, Assessment & Coordination
- Training on Physical Fitness & Nutrition Services
- Stigma Reduction/Elimination
- Statewide Projects
**Evaluation Plans**

- Based on Logic Model
  - Systematic and visual way to represent program resources, planned activities, and expected outcomes
  - Identifies problems, develops strategy to solve the problem, identifies desired results
- Includes one to four outcome measures specific to program goals
- Includes participant satisfaction survey with program

**Logic Model Example – Stress Free Families**

**Inputs**
- MHSA funding
- Program staff
- Community outreach plan
- Evidenced-based practices

**Activities**
- Culturally and linguistically appropriate outreach and engagement
- Parent education and support
- Wellness, health
- Case management, socialization, grief
- Referrals and logistics

**Short-term**
- Increased awareness and use of mental health and wellness services
- Improved mental health and social functioning for participants and families

**Medium-term**
- Improved mental health and social functioning for participants and families

**Long-term**
- Access to mental health and social services
- Community-wide reduction in mental health stigma and discrimination

**Participant Demographics**
Demographics - Primary Language

- Spanish: 28.6%
- English: 55.4%
- Vietnamese: 5.4%
- Korean: 3.9%
- Farsi: 1.0%
- ASL: 0.06%
- Other: 5.0%
- Multilingual: 0.8%

N = 173,200

Outcome Measures

WHO-5 Snapshot

- 5-Item scale that assesses well-being
- “I have felt cheerful and in good spirits”
- “I have felt calm and relaxed”
- “I have felt active and vigorous”
- I woke up feeling fresh and rested”
- “My daily life has been filled with things that interest me”

10% increase indicates significant change in well-being

Administered at program intake & exit
**Protective Factors Survey**

- 20-item assessment of areas of family protective factors with 4 subscales:
  - Family Functioning/Resiliency
  - Social Support
  - Concrete Support
  - Nurturing & Attachment
- Programs measure relevant domains
- Administered at program intake & exit
Connect the Tots
Children’s Support & Parenting Program
OCPPW
Stop the Cycle
Stress-Free Families
Youth as Parents

% of Participants Who Improved

Program
Family Functioning & Resiliency
Social Support
Concrete Support
Nurturing & Attachment

Protective Factors

PHQ-9

- The Patient Health Questionnaire is a 9-item measure that assesses the severity of depressive and suicidal symptoms.
- Possible scores ranges from 0 to 27, with a score greater than 10 indicating clinically significant symptoms of depression.
  - 1-4: minimal depression
  - 5-9: mild depression
  - 10-14: moderate depression
  - 15-19: moderately severe depression
  - 20-27: severe depression
Participant Satisfaction with Program Services & Staff

- Assesses:
  - Overall satisfaction with the program
  - Courtesy and respect provided by staff
  - Accessibility of the programs with regards to language
  - Open-ended comments and suggestions

Participant Overall Satisfaction with Program

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<tr>
<th>Program</th>
<th>Percentage</th>
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<tr>
<td>Connect the Tots</td>
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<tr>
<td>CSPP</td>
<td>96%</td>
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<td>School Readiness</td>
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<tr>
<td>Socialization Program for Older Adults</td>
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<td>Parenting Education Support Services</td>
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Percentage of Participants Who Agree

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FY 13/14 Successes

- 80% of the programs (in existence in FY 12/13) increased the number served on average 37% from previous FY
- The Stop the Cycle Program doubled the number served from previous FY from 196 to 450 enrolled family members
- OCPPW added a new outcomes measure, the GAD-7, which demonstrated reduced anxiety for 85% of participants with an average improvement of 42%
FY 13/14 Successes Continued
- The WarmLine increased calls 50% from previous FY (16,352 to 24,605 calls)
- Family Support Services identified 45 new locations in the community to provide services increasing family members served by 36% from previous FY
- Crisis Prevention Hotline conducted 48 staff initiated rescues
- UCI’s Early Intervention Services improved literacy by 16.5% in children and decreased behavior-related in stressors by 49% in parents.

FY 13/14 Challenges
- Staff shortages caused by delays in recruitment
- The variety of programs with the large number of metrics makes data reporting more complicated and time-consuming
- Evidence-based practices (EBP’s) and outcomes measurement tools may not be translated or tested with certain communities
- EBP’s and outcomes measurement tools may be proprietary and expensive to purchase.

FY 13/14 Challenges Continued
- Approving MOU’s and agreements take time and can result in delays impacting number served
- Data can be skewed because participants may be more honest in surveys at time of post-test after trust has been established and awareness has increased.
- Data collection for some outcomes is limited when consents are not signed, such as confirming linkages to services
- Reluctance of school management to take on additional responsibilities due to Common Core requirements making coordination of school-based programs difficult
Next Steps

- All Program Evaluation Plans in process of being reviewed and updated for new FY.
- Gaps in data collection identified for upcoming PEI Regulations to prepare for July 2016 implementation.

Questions?

Thank You!
Extra Slides

FY13-14 Demographics - Age

- Age 0-15 (Child): 18%
- Age 16-25 (TAY): 13%
- Age 26-59 (Adult): 44%
- Age 60+ (Older Adult): 7%
- Unknown: 18%

FY13-14 Demographics - Gender

- Female: 57%
- Male: 33%
- Unknown: 10%
- Other: 0.10%
- Unknown: 10%
FY13-14 Demographics-Race/Ethnicity

- Hispanic/Latin: 41%
- Asian/PI: 16%
- Caucasian: 14%
- Black/African American: 2%
- Other: 6%
- Unknown: 19%

Demographics-Primary Language

- Spanish: 24%
- English: 48%
- Vietnamese: 5%
- Korean: 3%
- Farsi: 1%
- ASL: 0.05%
- Other: 4%
- Multilingual: 1%
- Unknown: 14%