Overview

- Structure of CSS Children’s and TAY Plan
- Outcomes by Service Area
- Challenges and Successes
- Future Directions

Children’s CSS Service Areas

- Crisis Services
- Full Service Partnerships
- Mentoring
Crisis Services

CAT

- Provides mobile response to any child experiencing a psychiatric emergency
- Operates 24/7

- Outcomes are percentages
  - These rates are process measures
  - "How we can improve our service delivery?"

Hospitalization Rate
Children's CAT - FY 14/15

42%  n = 2276 evaluations
Dispatch to Arrival in 30 Minutes or Less
Children’s CAT - FY 14/15

In Home Crisis Stabilization

- Short-term (about 3 weeks)
- Intensive, family-centered services provided in the home

- 302 admissions during FY 14/15
- Outcome is a percentage with a target goal
  - “Did the program meet its goal?”

Hospitalizations Up to 60 Days Following Discharge
Children’s In Home Crisis Stabilization - FY 14/15

- Target <= 25%
Crisis Residential

- Short-term (about 3 weeks)
- Intensive, youth-centered, family-involvement
- Home-like environment

- Children’s CRP had 174 admissions in FY 14/15
- TAY CRP/SRP had 105 admissions in FY 14/15

- Outcome is a percentage with a target goal
  - “Did the program meet its goal?”

Hospitalizations Up to 60 Days Following Discharge
Crisis Residential - FY 14/15

<table>
<thead>
<tr>
<th></th>
<th>Children’s CRP</th>
<th>TAY CRP/SRP</th>
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</thead>
<tbody>
<tr>
<td>Hospitalizations</td>
<td>n = 174 admissions</td>
<td>n = 105 admissions</td>
</tr>
<tr>
<td>Percentage</td>
<td>14%</td>
<td>12%</td>
</tr>
<tr>
<td>Target &lt;= 25%</td>
<td></td>
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</table>

Crisis Services Updates

- CAT is fully staffed as of March 2016

- Crisis Residential Program is opening a new location with a target date of May 2016
  - Location is on Yorba Street in Tustin
Full Service Partnerships

- Provide intensive, community-based wrap-around services for youth and their families
- Enroll un- and under-served specialty populations
  - e.g., culturally/linguistically isolated, juvenile justice, homeless/at risk of homelessness
- Children’s FSPs served 340 in FY 14/15
- TAY FSPs served 752 in FY 14/15

FSP Outcomes

- Outcomes are *pre/post comparisons*:
  - **Pre** = average number of days in the 12 months prior to enrollment
  - **Post** = average number of days during FY 14/15
- Areas evaluated:
  - Psychiatric Hospitalization
  - Homelessness
  - Incarceration
  - School Performance / Employment
Psychiatric Hospitalization - FY 14/15

<table>
<thead>
<tr>
<th></th>
<th>Children’s FSPs</th>
<th>TAY FSPs</th>
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<tbody>
<tr>
<td></td>
<td>n = 68</td>
<td>n = 235</td>
</tr>
<tr>
<td>12 Months Prior to Enrollment</td>
<td>6.1 *</td>
<td>2.1</td>
</tr>
<tr>
<td>During FY 14/15</td>
<td>24.6 *</td>
<td>6.8</td>
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* p < .05

Homelessness - FY 14/15

<table>
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<tr>
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<th>Children’s FSPs</th>
<th>TAY FSPs</th>
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<tr>
<td></td>
<td>n = 12</td>
<td>n = 183</td>
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<tr>
<td>12 Months Prior to Enrollment</td>
<td>44.6</td>
<td>12.5 *</td>
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<tr>
<td>During FY 14/15</td>
<td>83.3 *</td>
<td>16.2 *</td>
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</table>

* p < .05

Incarceration Days - FY 14/15

<table>
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<tr>
<th></th>
<th>Children’s FSPs</th>
<th>TAY FSPs</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>n = 28</td>
<td>n = 296</td>
</tr>
<tr>
<td>12 Months Prior to Enrollment</td>
<td>36.1</td>
<td>10.9 *</td>
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<tr>
<td>During FY 14/15</td>
<td>107</td>
<td>22.3 *</td>
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* p < .05
Good/Improved School Performance
Children’s FSPs - FY 14/15

- Attendance
  - 193 (207)
  - 63

- Grades
  - 138

n = 242 Children

12 Months Prior to Enrollment  During FY 14/15

* p < .05

Average Days Employed
TAY FSPs - FY 14/15

- Average Days
  - 39.2
  - 54.2

n = 752 TAY

12 Months Prior to Enrollment  During FY 14/15

* p < .05

Mentoring
Mentoring

- Enrolls youth receiving outpatient services
- Community-based, youth- and family-centered
- Parent Mentors also available

- 115 children served in FY 14/15
- 85 TAY served in FY 14/15
- 18 parents served in FY 14/15

Outcomes are **pre/post comparisons**:
- Pre = Self-rating prior to mentor match
- Post = Self-rating at 6 months/discharge

### Resilience Questionnaire Self-Efficacy Rating

**Mentoring - FY 14/15**

<table>
<thead>
<tr>
<th></th>
<th>Min</th>
<th>Max</th>
<th>Pre-Match</th>
<th>6 Months/Discharge</th>
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</thead>
<tbody>
<tr>
<td><strong>Children</strong></td>
<td>1.0</td>
<td>4.0</td>
<td>2.5</td>
<td>2.7</td>
</tr>
<tr>
<td><strong>TAY</strong></td>
<td>1.0</td>
<td>4.0</td>
<td>2.4</td>
<td>2.6</td>
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* n = 23
* n = 8
* p < .05

Mentoring Updates

- Outcome measures will be reviewed for updating
Challenges and Successes

Challenges

- Yearly increase in crisis evaluations
- Shortage of psychiatric beds for youth, particularly children under age 12
- Challenges with sustaining employment among TAY
- Large number of programs with different types of outcomes
  - BHS effort to standardize outcomes

Successes

- Henderson House opened March 2016
- Children’s Crisis Residential expanding May 2016
- Children’s CAT...
  - ... is fully staffed for the first time as of March 2016
  - ... was re-structured with on-site shift supervisors
  - ... is coordinating the referral process with Adult CAT
Future Directions:
Programs in Development

Programs in Development

- OC Children with Co-Occurring Mental Health and Chronic Acute Severe Physical Illness, Special Needs, or Eating Disorders
- Children and Youth Outpatient Services Expansion
- Medi-Cal Match: Mental Health Services
- TAY PACT (12-17 years)
- Children’s Urgent Care Center

In Their Own Words...

“Just Amazing! What a wonderful opportunity for the whole family!”
- Children’s CRP

“We were in dire need. Program put us in a motel when we most needed it. We are able to move forward.”
- Project RENEW

“It’s a great program and I would recommend it to my friends.”
- YOW FSP

“It is a wonderful program! We were able to be assisted even in the school team meeting. She helped us understand what was said in more of an easier way.”
- Children’s In Home Crisis Stabilization

“Keep doing what yall are doing”
- Project FOCUS

“It was really great experience, I just want to thank you for allowing this program to exist, you are my loves. Of course second to pancakes though...”
- TAY SRP