MHSA Outcomes

Community Services & Supports - Children and Youth

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Program Manager
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Overview

FY 15/16 Outcomes by Service Area
Challenges & Successes
Future Directions
Children’s CSS Service Areas

- Crisis Services
- Full Service Partnerships
- Support Services (Mentoring)

Crisis Services
Children’s CAT

**Services**
- Mobile response to any child experiencing a psychiatric emergency

**Hours**
- 24/7

**FY 15/16 Evaluations**
- 2605

### Clinician Response Rate:
- **Target** > 70%
- **Actual** 61% in ≤ 30 min.
In-Home Crisis Stabilization

**Services**
- Intensive
- Family-centered
- In home

**Length of Stay**
- Short-term (about 3 weeks)

**FY 15/16 Admissions**
- 327 children and families

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**Hospitalization Rate:**

- **Target:** < 25%
- **Rate:** 13%
  - Up to 60 days post discharge
Crisis Residential

Services
- Intensive, youth-centered
- Family-involvement
- Home-like environment

Length of Stay
- Short-term, about 3 weeks

FY 15/16 Admissions
- 181 children
- 114 TAY

Crisis Residential
Hospitalization Rate:

Target < 25%

Children’s CRP:
11%

Up to 60 Days Post Discharge

TAY CRP/SRP:
9%
Full Service Partnerships

- Intensive
- Community-based
- Wrap-around

- Culturally/linguist. isolated
- Juvenile justice
- Homeless/at risk of

- 297 children
- 775 TAY
### Before: 12 months prior to enrollment in FSP

#### After: During FY 15/16

<table>
<thead>
<tr>
<th>Metric</th>
<th>Before</th>
<th>After</th>
<th>Change %</th>
<th>*p &lt; .05</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Hospitalization</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Children’s FSPs</td>
<td>14.5</td>
<td>4.6</td>
<td>68%</td>
<td></td>
</tr>
<tr>
<td>TAY FSPs</td>
<td>31.0</td>
<td>10.3</td>
<td>67%</td>
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</tr>
<tr>
<td><strong>Homelessness</strong></td>
<td>40.6</td>
<td>8.1</td>
<td>80%</td>
<td>*</td>
</tr>
<tr>
<td>Children’s FSPs</td>
<td>82.8</td>
<td>18.8</td>
<td>77%</td>
<td>*</td>
</tr>
<tr>
<td>TAY FSPs</td>
<td>91.2</td>
<td>20.6</td>
<td>77%</td>
<td>*</td>
</tr>
<tr>
<td><strong>Incarcerations</strong></td>
<td></td>
<td></td>
<td>36%</td>
<td></td>
</tr>
<tr>
<td>Children’s FSPs</td>
<td>39.7</td>
<td>25.3</td>
<td>36%</td>
<td></td>
</tr>
<tr>
<td>TAY FSPs</td>
<td>91.2</td>
<td>20.6</td>
<td>77%</td>
<td>*</td>
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</tbody>
</table>

**Before** = 12 months prior to enrollment in FSP  
**After** = During FY 15/16  

### Employment

#### Before: 12 months prior to enrollment in FSP

#### After: During FY 15/16

<table>
<thead>
<tr>
<th>Metric</th>
<th>Before</th>
<th>After</th>
<th>Change %</th>
<th>*p &lt; .05</th>
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</thead>
<tbody>
<tr>
<td>Employment</td>
<td>34.4</td>
<td>61.8</td>
<td>80%</td>
<td>*</td>
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</table>

Before = 12 months prior to enrollment in FSP  
After = During FY 15/16  

### Attendance and Grades

#### Before: 12 months prior to enrollment in FSP

#### After: During FY 15/16

<table>
<thead>
<tr>
<th>Metric</th>
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<th>After</th>
<th>Change %</th>
<th>*p &lt; .05</th>
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</thead>
<tbody>
<tr>
<td>Children’s FSPs</td>
<td></td>
<td></td>
<td>86%</td>
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</tr>
<tr>
<td>TAY FSPs</td>
<td></td>
<td></td>
<td>86%</td>
<td></td>
</tr>
<tr>
<td>Good/Very Good/Improved School Performance</td>
<td></td>
<td></td>
<td>53%</td>
<td></td>
</tr>
<tr>
<td>TAY FSPs</td>
<td></td>
<td></td>
<td>53%</td>
<td></td>
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</tbody>
</table>

Before = 12 months prior to enrollment in FSP  
After = During FY 15/16  

* *p < .05 indicates statistical significance.
# Mentoring

## Child & Youth Mentoring

| Services                  | • Community-based  
|                          | • Youth- and family-centered  
<table>
<thead>
<tr>
<th></th>
<th>• Youth and Parent Mentors</th>
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<tbody>
<tr>
<td>Target Population</td>
<td>• Receiving County or County-contracted outpatient services</td>
</tr>
</tbody>
</table>
| FY 15/16 Numbers Served   | • 110 children  
|                          | • 84 TAY  
|                          | • 21 parents |
Mentoring

Rate Reporting High Self-Efficacy

74% at discharge

Challenges & Successes
Challenges

- Yearly increase in crisis evaluations
- Shortage of psychiatric beds, especially for children under 12
- Collecting outcome data
- Sustaining employment among TAY

Successes

- Henderson House completed 1st year
- Crisis Residential opened 3rd location
- Mental/Physical Health co-occurring clinic program is fully operational
Future Directions

Programs in Development

- Children’s CSU
- TAY PACT (12-25 years)
- Outcomes Standardization
- Youth Core Services
- FSP for OC Children w/ Co-Occurring MH & Chronic Acute Severe Physical Illness, Special Needs or Eating Disorders
In Their Own Words...

What I really liked about the program is how staff treated me like a person and not a patient.  
- TAY CRP

“I had no one and STAY was my everything and provided me with housing and everything else. Staff listened to me.”  
- STAY FSP

One thing I liked most about this program was being able to realize a support system.”  
- Children’s In Home Crisis Stabilization

“I have worked with Orangewood for almost 5 years and they are like family to me as they cared for me when others didn’t.”  
- CCFSP (OCF)

What I really liked about the program was the fact that they never stopped working with me throughout all my problems.  
- YOW FSP