Hepatitis A is a virus that causes serious liver infection and can easily spread from person to person. This virus can make you sick for weeks to months.

How is Hepatitis A spread?

- An infected person not washing hands after using the bathroom
- Eating or drinking food contaminated with Hepatitis A
- Having sex with someone who has Hepatitis A

What are the symptoms of Hepatitis A?

- Fever
- Jaundice (Skin or eyes look yellow)
- Dark pee, pale poop, or diarrhea

If you think you have Hepatitis A, go to your doctor or the emergency room.

How can you prevent Hepatitis A?

- Get vaccinated for Hepatitis A
- Always wash your hands, especially - before eating or making food - after using the bathroom

For more information about Hepatitis A, call the Orange County Health Referral Line at (800) 564-8448.

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