GOALS FOR TODAY’S MEETING

- Review project outcomes
- Answer basic questions
- Follow-up and return to address any remaining questions
PROJECT DESCRIPTIONS

Religious Leaders Behavioral Health Training Services*

- Culturally responsive behavioral health trainings
- 8-hour train-the-trainer course for religious leaders
- 4-hour basic training for community members

Behavioral Health Services for Military Families*

- Offers services to military families:
  - Screening and assessment
  - Peer support
  - Case management
  - Counseling
  - Domestic violence services

*End Date: 6/30/2019

RELIGIOUS LEADERS BEHAVIORAL HEALTH TRAINING SERVICES

Project Outcomes
July 1, 2015 – June 30, 2018
PROGRAM ACTIVITIES

Outreach & Engagement

- 2,985 outreach activities

Enrollments

- 156 Religious Leaders trained in 8-hour train the trainer course
- 1,632 Community Members trained in 4-hour basic course

Services

- Ongoing training support to Religious Leaders
- Trainings available in County threshold languages

TRAINING LOCATIONS

First District
Second District
Third District
Fourth District
Fifth District
RELIGIOUS LEADERS’ OUTCOMES

N = 156

RELIGIOUS LEADERS’ DEMOGRAPHICS

**Age**
- 6% 18 – 25 years
- 70% 26-59 years
- 22% over 60 years

**Gender**
- 47% female
- 36% male
- 16% missing
- 0.6% declined

**Race/Ethnicity**
- 35% Asian/PI
- 30% Latino
- 11% Middle Eastern
- 8% Non-Hispanic White
- 4% African
- 3% Other

**Preferred Language**
- 46% English-only
- 13% Spanish-only
- 19% Bilingual*
- 15% Korean-only
- 3% Vietnamese
- 2% Farsi

*Arabic, Farsi, Spanish, Korean, Vietnamese
RELIGIOUS LEADERS’ RELIGIOUS AFFILIATION

- Christian, 27.6%
- Catholic, 25.0%
- Declined, 12.8%
- Islam, 10.9%
- Other, 9.0%
- Muslim, 7.1%
- Buddhist, 7.1%
- Multiple, 0.6%
- Missing, 12.8%

N = 156

MENTAL HEALTH CONFIDENCE QUESTIONNAIRE

How confident/skilled do you feel in helping someone with a mental health problem or deliberate self-harm?

<table>
<thead>
<tr>
<th>Response Scale</th>
<th>Pre-test</th>
<th>Post-test</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not at all 1</td>
<td>2.93</td>
<td>3.68</td>
</tr>
<tr>
<td>Little 2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Moderately 3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Quite 4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Extremely 5</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

N = 156
I will use what I learned from this program in the future

I would recommend this program to someone I know

This program has helped me improve my understanding about what mental illness looks like and how it impacts family, friends and/or co-workers

As a direct result of the training I received here, I am better able to take care of myself or to better help my own community

This program has helped me develop or improve my skills in implementing this program in my own community

COMMUNITY MEMBERS’ OUTCOMES
COMMUNITY MEMBERS’ DEMOGRAPHICS

**Age**
- 17% 26 - 59 years
- 6% 18-25 years
- 11% over 60 years
- 2% Declined
- 64% Missing

**Gender**
- 63% Female
- 33% Male
- 2% Declined
- 0.1% Queer

**Race/Ethnicity**
- 44% Asian/PI
- 33% Latino
- 8% Non Hispanic White
- 6% Middle Eastern
- 3% African/Black/African Am
- 3% Multiracial
- 1% Decline
- 1% Other

**Preferred Language**
- 32% English
- 20% Spanish
- 14% Korean
- 20% Vietnamese
- 2% Arabic
- 6% Bilingual*
- 0.4% Other

*Arabic, Farsi, Spanish, Vietnamese, French

\(N = 1,632\)

COMMUNITY MEMBERS’ RELIGIOUS AFFILIATION

- Catholic, 24%
- Christian, 25.7%
- Buddhist, 6.4%
- Muslim, 5.6%
- Other, 2.0%
- Zoroastrian, 1.3%
- Multiple, 0.6%
- Missing, 31.9%

\(N = 1,632\)
I will use what I learned from this program in the future

I would recommend this program to someone I know

This program has helped me improve my understanding about what mental illness looks like and how it impacts family, friends and/or co-workers

As a direct result of the training I received here, I am better able to take care of myself or to better help my own community

95%

96%

92%

94%

COMMUNITY MEMBERS’ SATISFACTION

OVERALL LESSONS LEARNED

Cultural Competency

- Translation of materials into 6 County threshold languages
- Ability to adapt curriculum to culturally responsive content
- Flexibility to design training approaches that match needs
- Emphasize peer experiences and stories
- Flexibility in length of trainings and scheduling
- Ongoing support and consultation to Religious Leaders
- Train in non-mental health facilities or community events
- Utilize an interactive, conversational approach

Training Structure & Delivery

- Basic behavioral health created for a diverse audience
- Free train-the-trainer course for religious leaders
- Trusted leaders provide trainings to their communities
- Available to underserved, monolingual populations

Accessibility

9/5/2018
These classes will help me understand things that I had not noticed and I will practice what I learned.

I learned something that I have never thought about and the information given changed how I think about mental illness.

I will say "patient has - disease" not that he is disease-!!

I learned many good things in relation to the Latino culture, and how to ask questions in a nice and respectful way.

BEHAVIORAL HEALTH SERVICES FOR MILITARY FAMILIES

Project Outcomes
JULY 1, 2015 – June 30, 2018
PROGRAM ACTIVITIES

Outreach & Engagement

• 611 activities
  • 38% Outreach
  • 62% Agency/Promotional activities

Enrollments

• 156 families enrolled
• 540 family members served
  • 45% Children 0 - 15 years
  • 11% TAY 16 - 25 years

Services

• 102 families successfully accessed housing services and support
• 57 families participated in evidence-based treatment

PARTICIPANT DEMOGRAPHICS

Age

• 49% <18
• 7% 18-25
• 38% 26-59
• 4% 60+
• 2% declined

Gender

• 49% Female
• 51% Male

Race

• 42% Non Hispanic White
• 17% Hispanic
• 16% Multiple
• 11% African/Black
• 6% Declined
• 3% Asian
• 3% Other
• 1% American Indian/Alaska Native

Preferred Language

• 97% English
• 1.9% Spanish
• 0.6% Armenian
• 0.6% missing

N = 540
BRANCH OF SERVICE*

- 8% Air Force
- 13% Navy
- 3% National Guard
- 45% Army
- 25% Marines
- 6% Reserves
- < 1% Declined to State

*Individuals may identify more than one branch

TOP FAMILY NEEDS AT INTAKE
Percentage of Families for whom item was rated mild to serious problem

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caregiver’s Mental Health</td>
<td>62%</td>
</tr>
<tr>
<td>Family Income</td>
<td>60%</td>
</tr>
<tr>
<td>Relationship between Parents</td>
<td>57%</td>
</tr>
<tr>
<td>Parent Employment</td>
<td>55%</td>
</tr>
<tr>
<td>Housing Stability</td>
<td>53%</td>
</tr>
<tr>
<td>Financial Management</td>
<td>50%</td>
</tr>
</tbody>
</table>

N = 149
CHANGES IN FAMILY FUNCTIONING

- Environment: 19% Intake, 42% Discharge
- Parental Capabilities: 21% Intake, 38% Discharge
- Family Safety: 18% Intake, 38% Discharge
- Child Well-Being: 16% Intake, 28% Discharge
- Family Interactions: 14% Intake, 25% Discharge
- Family Health: 12% Intake, 21% Discharge
- Social/Community Life: 10% Intake, 26% Discharge
- Self-Sufficiency: 10% Intake, 23% Discharge

N = 109

REFERRAL TYPES

- Housing/Homeless Services
- Mental Health Care
- Job Placement
- Legal Services/Advocacy
- Clothing/Donated Items
- Information and Referrals
- Primary Health Care
- Mentoring
- Transportation
- Recreational
- Adult Education/Literacy
- DV Services
- Food/Stamps
- Child Care
- Benefits

679 referrals 49% linkages
OVERALL LESSONS LEARNED

Shared Knowledge
- Collaboration, communication, and trust among 5 partners
- Created HIPAA compliant shared EHR system to share data
- National, state and local presentations about military families
- Improved referral process in DV and 2 Collaborative Courts
- Leveraged resources/partners to provide wraparound services
- Trained agencies to identify military families in their caseloads
- Data dashboard measured quality and effectiveness of services to identify which services achieved the best family outcomes

Partnership & Service Delivery
- Broke down barriers, creating opportunities for collaboration
- Drivers for effective partnership with local/federal agencies
- Bridged gaps and unmet needs among non-veteran agencies

Peer Component

At this program I like talking to someone who could help me and give me a better point of view on things

Great time with our counselor every time learning new ways to improve our overall life style and relationships with our children and loved ones

I love everything about this program and it's staff. I may be a better person

[My Peer Navigator] has exceeded my expectations of help that I had hoped to receive at the end of the program
NEXT STEPS

- Religious Leaders Behavioral Health Training Services and Behavioral Health Services for Military Families to complete final year of services under MHSA Innovation
- Projects will be placed under consideration for alternative funding during the FY 19/20 community planning process which is currently in progress
CONTACT INFORMATION

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