

## RECOVERY ARTS PROGRAM

The MHSAs Recovery Arts program is a great method for persons in recovery to demonstrate their unique talents that have aided them in their personal recovery process. The Recovery Arts Program can be accessed through the MHSAs homepage. Currently the Recovery Arts Program consists of three components:

### Recovery Connections

Recovery Connections is a newsletter published by the MHSAs office. It is a venue for the persons in recovery and their family members to share their success stories, personal perspectives, writing, art, and other creative projects.



### MHSAs Art Gallery



This is a web page featuring artwork created by persons in recovery and their family members. Instructions on how to submit artwork to be displayed on the Art Gallery can be found by visiting the MHSAs homepage.

### Mental Health Board Arts Committee

This committee supports and encourages community art events, classes, and workshops being made available to those in recovery, their family members and friends. The use of all forms of art within the therapeutic process, for community meetings, and in workforce training for those in recovery is encouraged.

## MHSAs ON THE WEB

The MHSAs Office website is the perfect place to find the most up-to-date information about what is happening at the MHSAs Office. Some items that can be found on the web include:

- MHSAs Events and Meeting Calendar
- Meeting Handouts
- Items available for public comment
- Fact Sheets on MHSAs components
- MHSAs Office Newsletter
- MHSAs Art Gallery
- Department of Mental Health Notices
- Links to MHSAs home pages of other California counties
- Link to [Orange County Network of Care \(www.orange.networkofcare.org\)](http://www.orange.networkofcare.org), which serves as a resource for anyone in the community who is interested in mental health issues

### Mental Health Services Act Office

600 W. Santa Ana Blvd. Suite 510  
Santa Ana, CA 92701

Tel: (714) 667-5620

Fax: (714) 667-5612

E-mail: [mhsa@ochca.com](mailto:mhsa@ochca.com)

Web: [www.ochcahealthinfo.com/mhsa](http://www.ochcahealthinfo.com/mhsa)



Mental Health Services Act

*"We will work with stakeholders to create a state-of-the-art, culturally competent system that promotes recovery/wellness for adults and older adults with severe mental illness and resiliency for children with serious emotional disorders and their families."*



County of Orange  
Health Care Agency  
Behavioral Health Services

## WHAT IS MHSA?

In November 2004, California voters approved Proposition 63, the Mental Health Services Act (MHSA), which became effective on January 1, 2005. The Act imposes a 1% income tax on personal income in excess of \$1 million. These funds will be used for the expansion and development of community mental health services.

## MISSION STATEMENT

To create a state-of-the-art, culturally competent public mental health system in Orange County that:

- Promotes wellness/recovery for adults and older adults with severe mental illness
- Promotes resiliency for children with serious emotional disorders and their families/caregivers
- Is easy to access
- Offers effective services
- Reduces disparities in access to services
- Minimizes out-of-home and institutional care
- Reduces stigma toward those with severe mental illness or serious emotional disorders.

## THE CENTRALIZED ASSESSMENT TEAM

The Centralized Assessment Team (CAT) serves any adult who has a psychiatric emergency, is at psychiatric risk, or needs psychiatric hospitalization. CAT assists police, fire, and social service agencies as well as hospitals. All Orange County is served by CAT, and the toll free number can be called 24 hours a day, 7 days a week. The Psychiatric Emergency Response Team (PERT) collaborates with local law enforcement to conduct mental health evaluations. Both teams consist of Licensed Clinical Social Workers, Marriage and Family Therapists, and Behavioral Health Specialists. CAT (toll-free): 1 (866) 830-6011

## RESOURCES

Alcohol and Drug Abuse Services (888) 424-2327	Adult Mental Health Services Tele: (714) 480-6767 TDD: (714) 480-6750	Children and Youth Services (714) 834-5015
Centralized Assessment Team (CAT) (866) 830-6011		
Outreach and Engagement Adults: (714) 517-6355 Children: (714) 480-4670	An Information and Referral System for Orange County Residents 2-1-1	Orange County Transportation Authority (OCTA) Main Line: (714) 560-6282 For Bus Route Information: (714) 636-7433

## MHSA MEETINGS

### MHSA Steering Committee

The MHSA Steering Committee provides community input to identify challenges in the development and delivery of MHSA-funded services and makes recommendations for strategies to address these challenges. In addition, the Committee reviews all MHSA funding proposals and provides critical feedback to ensure that funding is allocated to services for identified needs and priorities.

### Community Action Advisory Committee (CAAC)

CAAC is informed on MHSA funding availability, provides feedback, and makes recommendations to HCA and the Steering Committee on funding MHSA services. CAAC also assists HCA in ensuring that these services are high quality, accessible, culturally competent, client-driven, client and family-centered, recovery and resiliency-based, and cost-effective.

The most current meeting information can be obtained through the MHSA office website at [www.ochealthinfo.com/mhsa](http://www.ochealthinfo.com/mhsa), by contacting [mhsa@ochca.com](mailto:mhsa@ochca.com) or by calling (714) 667-5620.

**"...thanks to the Mental Health Services Act, we are well cared for. My family life has changed and gets better and better."  
-K. N.**

## NETWORK OF CARE

The Network of Care is a comprehensive, internet-based community resource for persons in recovery, their family members and the community. Some features include

- **Services** directory to allow people to find necessary services.
- **My Folder** to securely store personal information such as a list of current medications, allergies, emergency contact information, community support services and more.
- A **Community Calendar** to allow users to directly post local events in real time.
- A **Message Board** to allow users to communicate with their peers both locally and nationally.
- **For Veterans** section and a **Job Board** will also be added in 2009.

Visit Network of Care at  
[www.orange.networkofcare.org](http://www.orange.networkofcare.org).

**"Thankfully I am further along with my personal recovery...and have developed coping skills to allow me to detour from that path toward depression, not only survive...but actually enjoy being alive."  
-Kymerli Kercher-Smith**