

## April 2005

# Show Me The Evidence!

The two most heralded programs for working with multi-problem or seriously emotionally disturbed youth are *Multisystemic Therapy* and *Wraparound*. Both programs have been nationally recognized as model programs. Wraparound programs have been very successful in Orange County and have served over 400 local families (see the ad for training on this topic on April 14) *Wraparound* is also mandated, as part of Children's System of Care, by the Mental Health Services Act (Proposition 63).

When *Multisystemic Therapy* (MST) was applied to Seriously Emotionally Disturbed Children, rather than the delinquent children it was originally designed for, it was found that more high-quality respite care resources needed to be developed in the community so MST teams could provide caretaker relief and lower hospitalization rates. Caseloads were decreased because of greater staff stress than in the delinquency programs. Cost per client increased 70%-100% over that for delinquent youth. However, lowered hospitalization and rehospitalization rates that were found during treatment and at 4-month follow-up were not found, in comparison to a traditional treatment control group, at 1-year follow-up. It was hypothesized that SED youth need more than 4-months of MST treatment and may need "continuing involvement with the whole continuum of services if gains are to be maintained."

The nationally recognized *Wraparound Milwaukee* program showed reductions in cost related to incarceration or residential placement, both of which were reduced in the program and also for reduction of psychiatric hospitalization, which also occurred. The children also did better at home, at school, and in the community. National evaluation of *Wraparound* programs, including some in California, but not our program in Orange County, has produced mixed results, both with regard to juvenile justice problems and costs and mental health problems and costs, with the crucial variables in success being fidelity to the treatment model and the availability of the community services, particularly crisis services that can be "wrapped" around a family.

# QRTips

This section provides monthly critical reminders in relation to documentation standards.

**Reminder:** All Clinicians must review "**A Primer of Medi-Cal Documentation**" which contains 14 Articles and complete the "Test your Medi-Cal IQ" within in the next couple of weeks. One CEU is provided with this training. This material was presented and given to Service Chiefs/Program Directors in the month of March.

1. The material can be reviewed and completed by the clinician individually or in a group i.e., staff mtg.
2. There is a power point presentation on this material available through QRT. Please inquire with your Service Chief/Program Director if interested on the power point presentation.
3. Each Service Chief/Program Director needs to submit to QRT the list of clinicians who have completed this training.

# Involuntary Hospitalization

Presenter: Manny Robles, LCSW, Diane McDowell, Ph. D. Orange Co. Health Care Agency  
Date/Time: April 12, 2005 9:00a.m. - 12:00pm  
Place: 405 W. 5<sup>th</sup> St. Ste. 668, Santa Ana

This is a **mandatory** workshop for all **county** staff who have recently become certified to hospitalize patients without their consent or who will become certified in the next 3 months. The workshop will cover the 5585 laws, the latest CYS policies, and the clinical procedures for determining that a client is dangerous to themselves or to others.

Course objectives:

1. To be able to describe the clinical situations in which a person should be hospitalized against his or her will
2. To be able to describe the laws relating to involuntary hospitalization
3. To be able to identify the forms and procedures for carrying out an involuntary hospitalization

# Your Culture and Mine: A Monthly Column About Culture and Mental Health

## Suicide and Ethnicity

For the past 20 years, suicide has been the second leading cause of death for 15 to 24-year-old American Indians and Alaska Natives. Among males, suicide rates in 2002 were highest among American Indians (22.7 per 100,000) and white non-Hispanics (14.2 per 100,000), followed by Hispanics at 9.0 per 100,000, blacks at 6.9 per 100,000, and Asians at 5.7 per 100,000. Among females, Native Americans had the highest rate of suicide at 5.6 per 100,000, followed by non-Hispanic whites at 2.7 per 100,000, Asians at 2.1 per 100,000, and blacks at 1.1 per 100,000.

Although rates of suicide for Hispanic males and females are lower than those for non-Hispanic white males and females, both male and female Hispanic adolescents are more likely than their non-Hispanic white counterparts to have reported a suicide attempt and to have a plan to commit suicide (Center for Disease Control Youth Risk Behavioral Surveillance System, 2003).

The National Organization for People of Color Against Suicide has identified several of what they hypothesize to be “causal and contributing factors of suicide in minority populations.” These include 1) the role of immigration and acculturation, in terms of “acculturative stress,” 2) a sense of alienation and marginalization, which is sometimes linked to linguistic isolation and sometimes to the frustration in coping with non-acceptance by the majority culture, 3) the role of racism and prejudice, which result in self-consciousness, difficulties in relationships, isolation, educational disadvantage and socioeconomic hardship.

# Rethinking Family Work: Wraparound In Operation In Orange County

**Presenter:** Theri Todd, Ph.D., Susan Jenan, LCSW, Manny Robles, LCSW

**Time:** April 14, 2005 11:00 a.m.-1:00 p.m.

**Place:** 744 N. Eckhoff, Orange Ca Auditorium

Over the past four years, Wraparound, Orange County has served over 400 families referred by SSA, Probation, and CYS. Do you know which of your clients are eligible and what Wraparound can do for them?

The training will demonstrate the operations of Wraparound in Orange County, including

- who is eligible for Wraparound
- when and how to refer cases
- relationship of the Wraparound process to the IEP
- the composition and operations of the family team
- training, background and expectations of family team members
- the role of the therapist in the Wraparound process
- the differences between the individual therapy approach and the family team approach
- the demands on the therapist's time
- strengths and weaknesses of this approach to family work
- handling problems if they occur
- benefits from Wraparound that have occurred with HCA to date – true stories from family team meetings

Presenters will include the CYS WRAP liaison, Susan Jenan, AB3632 Coordinator Manny Robles, CYS therapists who have been participating in Wraparound family teams, Wraparound staff from our provider agencies and Theri Todd, Program Manager responsible for CYS WRAP.

This training is suitable for clinicians new to the Wraparound process as well as those with Wraparound experience.

2 CE credits applied for Psychologists, LCSW's and MFT's.

# Asperger's Syndrome: Recent Advances in Assessment and Treatment

**Presenter:** Armida Bustamante, Psy.D.,

**Time:** April 28, 2005 8:30 a.m.-12:30 p.m.

**Place:** 744 N. Eckhoff, Orange Ca Auditorium

This course will introduce advanced research related to etiology, diagnosis, and treatment of children diagnosed with Asperger's Disorder. It will offer valuable information, which will enable the attendee to better understand this mental disorder, facilitating diagnosis and the development of realistic treatment goals, as well as providing practical information to parents and caregivers.

Attendees will accomplish the following objectives:

1. Identify early signs and symptoms of Asperger's Disorder
2. Develop realistic treatment goals and identify barriers to effective treatment.
3. Identify useful assessment measures that will assist with diagnostic clarification.

# IMPORTANT!

**All CYS and Contract Agency Staff**  
**If you have not done it yet**

## TAKE THE CO-OCCURRING DISORDERS SURVEY

Click on the following url or copy it into your web address box. This is a survey to help us determine the level of knowledge and training needs in the area of co-occurring mental health and substance abuse disorders. The survey is anonymous, but when you are done, please print your results before submitting them so you can compare them to the answer sheet that will appear after you submit your responses. You may use these results to determine your own training needs and we will use them to design further trainings in co-occurring disorders.

Thank You,  
QRT Staff

Click on the url below or type it into your web address box on your computer  
[www.ohealthinfo.com/behavioral/cod\\_survey/](http://www.ohealthinfo.com/behavioral/cod_survey/)

**PLEASE REMEMBER TO CALL AND CANCEL IF YOU HAVE SIGNED UP FOR A WORKSHOP AND YOU ARE UNABLE TO ATTEND. NO PHONE SIGNUP PLEASE!!**

### ❖ Introducing- The Quality Review and Training Team

Casey Dorman, Ph.D.	714-796-0119
Maria Cervantes, OT	714 796-0118
Zanetta Moloi, OS (Back-up)	714-796-0179
Aida Sanchez-Nunez, LCSW	714-796-0126
Margi Brothers, SC II	714-834-3543
<a href="mailto:CYSQRTTraining@ochca.com">CYSQRTTraining@ochca.com</a> (All Workshop Registration)	

**Fax Number 714-568-5781**

All staff may be reached via county email as well.

Where indicated this is an activity offered by OC HCA, a CMA-accredited provider. Physicians attending this course may report up to 3 hour(s) of Category 1 credit(s) toward the California Medical Association's Certificate in Continuing Medical Education and the American Medical Association's Physician's Recognition Award.



The County of Orange Health Care Agency is an approved provider of continuing education credits for the California Board of Behavioral Sciences (provider no. PCE389). OCHCA is approved by the American Psychological Association to offer Continuing Education for psychologists. The OCHCA maintains responsibility for the programs.