

Catalog

VIDEO

Tuesday, January 17, 2006

- 1 JUST DO MEDIA LITERACY: Students, Issues, Experts & Examples.** **55 Minutes** English
Explores what media literacy is and gives tools and tips on how to analyze and understand media messages. Helps explain how media shapes our reality and culture. Examines controversial issues and positions on media messages.
- 2 RUINED LIVES: JUST ONE MORE TIME** **27 Minutes** English
Portrays the story of a young woman who tries "meth" for the first time and the consequences of taking it. Emphatically makes the point that trying methamphetamine only once can result in severe
- 3 RUINED LIVES: THE DANGER OF METHAMPHETAMINE** **27 Minutes** English
Portrays the story of a young woman who tries "meth" for the first time and the consequences of taking it. Emphatically makes the point that trying methamphetamine only once can result in severe consequences. Includes interviews with individuals whose lives have been affected by methamphetamine abuse, not included in "Ruined Lives: Just One Time"
- 4 TOMORROW'S TECHNOLOGY: THE OPPORTUNITIES, THE THREATS.** **60 Minutes** English
Presents highlights of the Albuquerque Academy Conference. Includes presentations of nationally recognized experts on media literacy, and commentary by Hugh Downs on electronic media and its inclusion in instructional design.
- 8 COMBATING BINGE DRINKING (Teleconference)** **120 Minutes** English
Discusses social costs and consequences of alcohol use among young adults. Explores prevention strategies and provides examples of cities who are using effective methods to help decrease the
- 9 BINGE DRINKING BLOW OUT: The Extreme Dangers of Alcohol Use High School Version.** **28 Minutes** English
Describes the dangers of binge drinking. Includes interviews with young adults, doctors, and parents of teens who have died from binge drinking.
- 10 DRUG ABUSE ISSUES: Association of American Medical Colleges** **89 Minutes**
Discusses drug abuse in the United States and the complex issues associated with finding a solution to the problem.
- 11 TRUE LIFE: I'M ON ECSTASY** **60 Minutes** English
Presents the stories of three Ecstasy users: a recovering Ecstasy user, a current recreational user, and a current user in therapy. "True Life" seems to want to tell the unsatisfying truth about most recreational drugs: some people can handle them and some can't. By offering a range of cases from Lynn to Sue, MTV manages to reveal that muddled reality, even if they can't quite bring themselves
- 12 METH: WHAT'S COOKING IN YOUR NEIGHBORHOOD?** **90 Minutes** English
Explores the impact of methamphetamine in a variety of areas to include: the physical effects on the body, prevention and treatment issues, the epidemiology of this drug, the effects on the individual, family and community, child endangerment issues, and environmental hazards. An expert panel will discuss the myths and facts of methamphetamine use and how a community coalition mobilized against meth use. Features a daughter of meth users and an ordinary citizen mobilizing her
- 13 HEROIN: WHAT'S THE REAL DOPE?** **90 Minutes** English
Panelists from law enforcement, prevention, treatment, and previous heroin user will discuss the impact of heroin to an individual, family, and community. Discussion includes an overview of the physical, emotional, and mental effects on the body, prevention and treatment issues, and the myths
- 14 PEER ASSISTANCE LEADERSHIP** **8 Minutes** English
1998 Orange County Superintendent of Schools.

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- 15 YOUNG MINDS ON THE EDGE** **197 Minutes** English
A two-part program looking at possible causes and solutions to school violence, as seen through the eyes of teens. PART I explores why students join different groups, and why some students feel alienated, rejected, and angry. Behavioral warning signs that might war of a youth at risk are discussed. PART II A Town hall style forum gave the audience of teens and parents the opportunity to ask the panelists about school prayer, uniforms, video games, and movie censorship. The panelists were mental health professionals, school administrators, police officials, and actor. 1999
- 37 MANTENIENDO LA PAZ: A CONFLICT RESOLUTION GUIDE FOR SPANISH SPEAKING PARENTS** **30 Minutes** Spanish
Equips parents and children with practical mediation and communication skills that stress positive resolutions to everyday problems.
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- 109 UPPERS, DOWNERS, ALL AROUNDERS - PART I** **31 Minutes** English
Examines how and why the physical and emotional centers of the brain are affected by psychoactive drugs. Gives a general classification of the drugs; i.e., stimulants, depressants, psychedelics and examines the various levels of drug seeking behavior.
- 109 UPPERS, DOWNERS, ALL AROUNDERS - PART - I** **30 Minutes** English
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- 110 UPPERS, DOWNERS, ALL AROUNDERS - PART II** **31 Minutes** English
Identifies the most commonly used psychoactive drugs: marijuana, cocaine, heroin, valium, alcohol, look-alike, and inhalants. Classifies them by effect, and shows how they are absorbed and metabolized, and gives a short history of drug use.
- 110 UPPERS, DOWNERS, ALL AROUNDERS - PART II** **30 Minutes** English
Identifies the most commonly used psychoactive drugs: Marijuana, cocaine, heroin, valium, alcohol, look-alike, and inhalants. Classifies them by effect, and shows how they are absorbed and metabolized. It also gives a short history of drug use.
- 111 WALKING DEATH** **15 Minutes** English
Produced by the State Department of Alcohol and Drug Programs in 1985, this video documents the tragic results of the new designer drugs. It shows footage of heroin addicts who have developed Parkinsonian-like symptoms from use of these new and powerful synthetic opiates.
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- 119A THE SOUND OF SILENCE** **27 Minutes** English
Addresses physical abuse and incest in a professional manner appropriate for treatment settings and aftercare programs. Claudia Black describes how physical abuse and incest can affect members of families where alcohol and drug abuse is also a problem. Until the silence is broken and the abuse dealt with, she says, recovery is at risk.
- 119B THE SOUND OF SILENCE** **26 Minutes** English
Addresses physical abuse and incest in a professional manner appropriate for treatment settings and aftercare programs. Describes how physical abuse and incest can affect members of families where alcohol and drug abuse is also a problem.
- 128 HOW TO SABOTAGE YOUR TREATMENT** **24 Minutes** English
Describes how sabotage of treatment occurs largely as a result of an unconscious attempt to deny that alcohol dependency exists. Examines several examples of road-blocks to treatment that can ultimately ruin recovery. Reflects on former patients' individual attempts to hinder treatment.
- 140 DRUG-FREE KIDS - A PARENT'S GUIDE** **70 Minutes** English
Helps parents identify and deal with childhood drug abuse. Host Ken Howard guides the cast through a variety of family scenes that teach the parenting techniques necessary to keep your child away from drugs. America's leading experts in drug and alcohol abuse offer constructive advice that you can put to use within your own family.
- 140 DRUG-FREE KIDS - A PARENT'S GUIDE** **70 Minutes** English
Helps parents identify and deal with childhood drug abuse. Teaches the parenting techniques necessary to keep children away from drugs. Offers constructive advice that can be put to use within
- 144 THE FEELING CHART: THE DYNAMICS OF ALCOHOLISM** **33 Minutes** English
Shows chemically dependent persons and how their feelings and thoughts have been distorted by alcohol/drug abuse. Focuses on what is hurting them and why, while motivating them to seek and accept help. Also teaches family members and friends why chemically dependent persons cannot see what they are doing to themselves and others. Explores the reasons intervention and treatment are
- 145 THE INTERVENTION** **29 Minutes** English
Shows what happens when people around Jan, an alcoholic, decide to take positive action. Motivated by love and concern, they agree to work with a counselor and participate in an intervention. Depicts some of the problems, possible outcomes, and rewards of intervention. Illustrates what is involved in the process and demonstrates how any concerned person can help.
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- 150 COCAINE AND HUMAN PHYSIOLOGY** **20 Minutes** English
Describes the magnitude of the cocaine abuse problem. Explains the various ways cocaine harms the body through the three methods of ingestion: snorting, injecting and inhaling through smoking. Points out that for a short period of euphoria, the user pays a terrible price: serious impairment of the body that can lead to death.
- 151 MARIJUANA AND HUMAN PHYSIOLOGY** **20 Minutes** English
Dispels the belief that marijuana offers harmless recreation with facts about marijuana, particularly the drug's chief psychoactive ingredient, tetrahydrocannabinol (THC) and its effects on the body.

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- 161 AIDS: CAN I GET IT?** **45 Minutes** English
Answers many questions, among them: Can I get AIDS from drinking glasses or dining out? Does the virus live in swimming pools? Is it safe to share a razor, visit the dentist, or receive blood transfusions? Safe sex, unsafe sex, and the advantages of being tested are also discussed. Current treatment and future prospects for curing and preventing AIDS.
- 167 ENJOYING SOBRIETY** **25 Minutes** English
Sobriety can be enjoyed and life can be full for anyone. This video offers practical answers to questions like: What should I do when I'm offered a drink (other drugs)? If anger, loneliness, etc., is so dangerous to my recovery, what can I do about it? Why should I get a sponsor?
- 167 ENJOYING SOBRIETY** **25 Minutes** English
Explains that sobriety can be enjoyed and life can be full for anyone. Offers practical answers to questions like: What should I do when I'm offered a drink/other drugs? If anger, loneliness, etc., is so dangerous to my recovery, what can I do about it? Why should I get a sponsor?
- 178 KEVIN'S STORY** **19 Minutes** English
Recounts the story of Kevin Tunell, age 18, who was convicted of manslaughter and drunk driving in the death of an 18 year old girl. As an alternative form of punishment, he was sentenced to speak about his accident for one year to high school students, parents, and teachers. Describes his speech and how the experience affected his life. (Discussion guide available)
- 179 CHOICES AND CONSEQUENCES** **35 Minutes** English
Powerfully dramatizes the story of three teenage friends, all involved with alcohol/drugs but at different levels. Shows how the intervention process works at each level. Reveals how difficult it can be to pin down and deal with teenagers' use of alcohol/drugs.
- 181 STAYING SOBER - KEEPING STRAIGHT** **36 Minutes** English
Addresses important issues related to relapse prevention and relapse management through dramatic presentation of three recovering clients. Explores the recovery and relapse processes by watching these people interact with others in their lives and share their private thoughts. (Discussion guide available)
- 182 ALCOHOL AND HUMAN PHYSIOLOGY** **23 Minutes** English
Illustrates the various aspects of social life that habitually entail the use of alcohol. Discloses the facts of how alcohol affects the body. Directed not only to people who drink heavily, but also to those who are social drinkers or who have not yet started drinking. (Discussion guide available)
- 189 WHAT MOTHER TAKES...BABY GETS, PART I** **25 Minutes** English
Examines the issue of drug-addicted babies as Dr. Michael Durfee and Dr. Xylina Bean reply to questions asked by inmates of the Sybil Brand Institute Jail in Los Angeles. Discusses inmate mothers' personal stories as well as the effects their drug addiction has had on their children. Stresses the need for prenatal care; demystifies some of the street mythology about drugs, pregnancy and the law; and suggests that the future will probably not be as bright for these children as it might
- 190 WHAT MOTHER TAKES...BABY GETS, PART II** **37 Minutes** English
Continues with discussions between Dr. Durfee and Dr. Bean and inmates of the Sybil Brand Institute in Los Angeles. Inmate mothers discuss drugs, parenting and addicted babies. Includes other topics such as: Does the father's drug use affect the baby? What if the mother uses drugs for all, or just part, of her pregnancy? Is there a danger in stopping "cold turkey"? Stresses the need for prenatal care, a drug-free pregnancy and a drug-free home.
- 191 I'D RATHER DRIVE** **6 Minutes** English
This colorful rap video targets youth ages 13-21. It publicizes and encourages enforcement of the new driver's license suspension law by telling the story of a young man weighing the consequences of using alcohol/drugs and losing his driver's license. An audio tape is also available. (Discussion guide is available.)

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- 192 HUGH McCABE: THE COACH'S FINAL LESSON** **17 Minutes** English
Hugh McCabe was a ninth grade history and government teacher and senior high school assistant football and track coach. In January 1986, he was diagnosed as having inoperable lung cancer, which had developed after 35 years of smoking cigarettes. This video documents Coach McCabe's thoughts, emotions and physical condition as the cancer progresses during the last year of his life.
- 193 SMOKEABLE COCAINE** **28 Minutes** English
Details how freebase and crack manipulates brain chemistry. Uses animation, computer graphics and interviews to demonstrate how the effects, as well as the compulsion to use, are enforced by the nature of this new form of cocaine. (Discussion guide available)
- 194 UPPERS, DOWNERS, ALL-AROUNDERS, PART I: THE EFFECTS** **30 Minutes** Spanish
Examines how and why the physical and emotional centers of the brain are affected by psychoactive drugs. Gives a general classification of the drugs; i.e., stimulants, depressants, psychedelics and examines the various levels of drug seeking behavior.
- 195 UPPERS, DOWNERS, ALL-AROUNDERS, PART II: THE DRUGS** **30 Minutes** Spanish
Identifies the most commonly used psychoactive drugs: marijuana, cocaine, heroin, valium, alcohol, look-alikes, and inhalants. Classifies them by effect, shows how they are absorbed and metabolized, and gives a short history of drug use.
- 197 ALCOHOL, CHILDREN AND THE FAMILY** **28 Minutes** English
Examines the destructive effects of alcoholism on families, with a special focus on children. Provides a background for the examination of harm done to children in chemically dependent families. Reviews the developmental needs of children that are met in healthy families and shows how these needs are not met in families where one or both parents are alcoholic.
- 199 BAJO LA INFLUENCIA (SPANISH)** **10 Minutes** Spanish
Follows a drunk driving case from arrest through sentencing to show the legal consequences of driving under the influence and to explain the rights of the defendant at all stages of the proceedings.
- 199 BAJO LA INFLUENCIA (SPANISH)** **10 Minutes** Spanish
A drunk driving case is followed from arrest through sentencing to show the legal consequences of driving under the influence and to explain the rights of the defendant at all stages of the proceedings. (Multiple copies available.)
- 202 AMERICA HURTS: DRUG EPIDEMIC** **34 Minutes** English
Looks at how drugs harm individuals, families, communities and the world. Interviews users to focus on how drugs have destroyed relationships, human potential and hope for the future. Shows how America's appetite for drugs causes suffering, violence and corruption here and in other
- 203 CRUEL SPIRITS: ALCOHOL AND VIOLENCE** **33 Minutes** English
Examines the relationship between alcohol and violence. States that although rarely blamed, virtually every social problem involving violence, trauma or injury also involves the use or abuse of alcohol. Collin Siedor investigates the compelling evidence that links alcohol to rape, child abuse, spouse battering and a profusion of other violent crimes.
- 204 GANGS** **33 Minutes** English
Filmed on location in East L.A. Chicano Barrios near Whittier Blvd. Delivers the message that gang involvement has permanent and often fatal consequences. Explicitly points out that through drugs and violent behavior, street gangs kill!
- 206 WHY SAY NO TO DRUGS?** **16 Minutes** English
This video's three dramatizations show young people resisting the peer pressure to use marijuana, alcohol and tobacco. Resistance skills are discussed.

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- 207 MEDICAL EFFECTS OF ALCOHOL** **13 Minutes** English
Describes alcohol as a powerful drug that can do great damage to the mind and body. Shows how the body metabolizes one alcoholic beverage and examines what happens to organs and tissues under habitual "social drinking", a common but often unrecognized form of alcohol abuse.
- 209 SHAME AND ADDICTION** **28 Minutes** English
Discusses the role that shame plays in the addictive person and provides guidelines for recovery of the shame-based individual. Discusses the role of shame in relapse as well as transference to other
- 211 EL CARRO NUEVO (SPANISH)** **21 Minutes** Spanish
Tells the story of a young Chicano who is arrested for drunk driving. Portrays the effects of his arrest on his work and family life.
- 211 EL CARRO NUEVO** **21 Minutes** Spanish
This video is a teaching tool for explaining the addiction process and a great discussion starter. It deals with addiction in a non-threatening manner and is appropriate for any audience.
- 212 THE CAT WHO DRANK AND USED TOO MUCH** **12 Minutes** English
Explains the addiction process and is a great discussion starter. Deals with addiction in a non-threatening manner and is appropriate for any audience.
- 214 MEDICAL ASPECTS OF CODEPENDENCY** **28 Minutes** English
Uses computer generated medical diagrams and interviews with numerous family members to describe the nature and scope of co-dependency. Explains the physical and emotional strains that a drug or alcohol abuser places on family, friends and co-workers.
- 217A JOHN BRADSHAW: THE FAMILY IN CRISIS** **60 Minutes** English
Examines an overview of what constitutes a family in crises.
- 217B JOHN BRADSHAW: THE HEALTHY FAMILY** **60 Minutes** English
Examines how a healthy functional family operates.
- 217C JOHN BRADSHAW: THE UNHEALTHY FAMILY** **60 Minutes** English
Analyzes the characteristics of the dysfunctional family and how the cycle of emotional disease is passed from generation to generation. 1986
- 217 JOHN BRADSHAW: THE PERSECUTED** **60 Minutes** English
Emphasizes that the problem of incest and violence within the family affects the lives of 50 million Americans - at a price all of society must pay. 1986
- 217 JOHN BRADSHAW: THE "BAD" CHILD** **60 Minutes** English
Looks at the moral and emotional abuse children suffer from parents who are uninformed about the role of shame and guilt in growing up. 1986
- 217G JOHN BRADSHAW: THE MOST COMMON FAMILY ILLNESS** **60 Minutes** English
Reveals America's most common and unrecognized addiction - co-dependency, the giving up of one's own wants and needs to live for other's wants and needs. 1986
- 217H JOHN BRADSHAW: HELP FOR THE FAMILY** **60 Minutes** English
Details the positive community resources available for helping families heal their wounds.
- 217 JOHN BRADSHAW: HEALTH FOR THE FAMILY** **60 Minutes** English
Shows how to overcome denial of problems and how to intervene successfully to lead a family member or friend to help and health.
- 217 JOHN BRADSHAW: HOPE FOR THE FAMILY** **60 Minutes** English
Outlines the dynamics of specialty groups that create the "them vs. us" attitudes which negate the human healing process. Defines hope as the power to heal ourselves, and therefore, the world. 1986

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- 222 ALCOHOL ABUSE: THE EARLY WARNING SIGNS** **21 Minutes** English
Dramatizes ten signs that may indicate a developing dependency on alcohol to show potential victims, their family and friends the rationales used to avoid admitting the problem. The object of the video is to develop an awareness and encourage them to seek help before it is too late. Narrated by
- 223 ALCOHOL, PILLS AND RECOVERY** **28 Minutes** English
Presents the effects of alcohol in the body, stressing the harmful effects of combining alcohol and medications or substituting medications for alcohol. Contains a strong message for physicians and clients using prescription drugs.
- 224 ALCOHOLISM AND THE FAMILY** **43 Minutes** English
Contains a plea by Father Martin for the treatment of all those affected by the disease of alcoholism. Points out the effects of alcoholism on the family before and after sobriety, emphasizing that sobriety is just the first step toward recovery of the dysfunctional family.
- 225 CHALK TALK ON ALCOHOL - PARTS I AND II** **67 Minutes** English
Father Martin outlines the scope of the alcohol problem and the factors influencing attitudes and behaviors with respect to alcohol and alcoholism.
- 227 FEELINGS** **40 Minutes** English
Father Martin discusses what we have the most of and know the least about: Feelings. Stats that they are neither moral nor immoral, they just are. Talks about positive/constructive feelings and the fulfillment and happiness they produce. Offers ways to handle these feelings rather than letting them
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- 230 HAVE ANOTHER DRINK, ESE** **15 Minutes** English
Highlights the issue of alcoholism in the Chicano community within the framework of the personal story of a young Chicano family man who is a recovering alcoholic.
- 231 IF YOU LOVED ME** **54 Minutes** English
Chronicles the classic deterioration of the family due to alcoholism and clearly illustrates what Al-Anon is and what an Al-Anon meeting is like.
- 234 MEDICAL ASPECTS OF ALCOHOL, PART I** **30 Minutes** English
Illustrates how alcohol affects the liver, heart, pancreas, kidney and other organs of the body.
- 234 MEDICAL ASPECTS OF ALCOHOL PART I** **27 Minutes** English
In this video, Dr. Max Schneider presents the most complete and detailed disruption of the effects of alcohol on the liver, heart, pancreas, kidney and other organs of the body.
- 235 MEDICAL ASPECTS OF ALCOHOL, PART II** **30 Minutes** English
Describes how alcohol affects the brain and nerve tissue.
- 235 MEDICAL ASPECTS OF ALCOHOL PART II** **30 Minutes** English
In this video, Dr Max Scheneider presents the most complete and detailed description of the effects of alcohol to the brain and nerve tissue.
- 236 MEDICAL ASPECTS OF MIND ALTERING DRUG ABUSE** **30 Minutes** English
Groups mind altering drugs into six major categories: Marijuana, Sedative-Hypnotics, Narcotics, Inhalants, Hallucinogens and Stimulants. Illustrates the mental and physical effects of these drugs
- 239 SOFT IS THE HEART OF A CHILD** **30 Minutes** English
Deals with the sensitive subject of how children are affected by alcoholism in the family. (Open-captioned format for the hearing impaired available) (Discussion guide available)

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- 239 SOFT IS THE HEART OF A CHILD** **30 Minutes** English
This video deals with the sensitive subject of how children are affected by alcoholism in the family.
(This video is also available in a open-captioned format for the hearing impaired.)
- 240 SYMPTOMS OF SOBRIETY** **37 Minutes** English
Father Joseph Martin discusses the roles of accepting a higher power, changing within, making amends and service in recovery, and quality sobriety. Refers to these as the symptoms of good health. Designed to assist those who are close to the recovering alcoholic.
- 241 THREE HEADED DRAGON** **25 Minutes** English
Presents some ideas on alcohol recovery that deal with the nature of denial: Drinking, Thinking and Feelings. Discusses maintaining sobriety in terms of a threefold solution: the recovering alcoholic must not only stop drinking but also develop self-honesty and grow up emotionally in order to arrest his/her alcoholism.
- 243 TWELVE STEPS BY FATHER MARTIN** **45 Minutes** English
Father Martin gives a compelling lecture on the 12 steps of Alcoholics Anonymous (AA) including an explanation of each step and the historical background of AA. The video is suitable for recovering or sober alcoholics or anyone interested in general education on 12 step programs.
- 244 TWELVE STEPS: THE VIDEO** **35 Minutes** English
Offers an interpretation of a program that has helped millions of individuals and families affected by alcoholism, drug addiction, gambling, overeating and other life stress problems. Focuses on five phases of the twelve step recovery program: membership requirement, personal inventory, spiritual development, restitution and helping others.
- 245 YEAH, BUT...** **27 Minutes** English
Designed to penetrate and diffuse the anger and resistance of a client when he/she appears at a DUI session. Provides an explanation of what typically happens in a Drinking Driver Program. Follows the path of Max: drinking, driving under the influence, being arrested, being sentenced, and eventually attending the DUI program.
- 253 ALCOHOLISMO...UNA ENFERMEDAD (SPANISH)** **45 Minutes** Spanish
Summary not available at this time.
- 254 MEDICAL ASPECTS OF ALCOHOL, PART I (SPANISH)** **33 Minutes** Spanish
Describes how alcohol affects the body.
- 255 MEDICAL ASPECTS OF ALCOHOL, PART II (SPANISH)** **30 Minutes** Spanish
Describes how alcohol affects the nervous system.
- 256A NINETY-NINE BOTTLES OF BEER (SPANISH)** **22 Minutes** Spanish
Explores feelings and experiences of young people as they relate to alcohol. Points out the underlying psychological basis for involvement with alcohol and drugs in a way that young people
- 256B NINETY NINE BOTTLES OF BEER (SPANISH)** **23 Minutes** English
Explores feelings and experiences of young people as they relate to alcohol. Points out the underlying psychological basis for involvement with alcohol and drugs in a way that young people
- 257 SECRET LOVE OF SANDRA BLAINE (SPANISH)** **29 Minutes** Spanish
Provides a look at a suburban housewife who turned to alcohol as an escape. Points out the symptoms as they develop in this case study and also suggests ways of obtaining help.
- 258 A TIME FOR DECISION (SPANISH)** **29 Minutes** Spanish
Illustrates the tendency of compulsive drinkers in middle class families to deny their problems using this story of a young lawyer caught in a web of alcoholism. Until the admission is made that outside help is needed, he and his family are locked into a vicious cycle of alcoholism and reproach. Shows how his family finds help through public and private resources in the community.

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- 259 EL VIAJE DEL ALCOHOL (SPANISH)** **48 Minutes** Spanish
Summary not available at this time.
- 260 FARMACODEPENDENCIA: LA ENFERMEDAD (SPANISH)** **75 Minutes** Spanish
Covers the problem of addiction by 125 different addictive chemical substances. Describes the history of use of these substances, the symptoms of addiction and the phenomenon of "denial".
- 261 COCAINA: FASES DE ADDICION (SPANISH)** **45 Minutes** Spanish
Discusses the statistics of drug use and shows laboratory test results of the effects of cocaine. Outlines the phases of addiction and steps of treatment and recovery. Covers treatment phases and
- 262 SENTIMIENTOS (SPANISH)** **30 Minutes** Spanish
Summary not available at this time.
- 263 FARMACODEPENDENCIA: UNA ENFERMEDAD FAMILIAR (SPANISH)** **45 Minutes** Spanish
Describes the family roles in a co-dependency home.
- 264 COCAINA (SPANISH)** **50 Minutes** Spanish
Discusses the history of cocaine, symptoms of addiction and causes of death.
- 265 OPIACEOS: QUIEN CONTROLA A QUIEN (SPANISH)** **50 Minutes** Spanish
Studies synthetic and natural narcotics.
- 266 COMPLICACIONES MEDICAS DEL ALCOHOLISMO (SPANISH)** **55 Minutes** Spanish
Discusses the medical complications of alcohol.
- 267 RECAIDA (SPANISH)** **30 Minutes** Spanish
Dr. Jofre analyzes the causes of relapse, with special emphasis on the Hispanic community.
- 268 MARIJUANA Y EL ADOLESCENTE (SPANISH)** **50 Minutes** Spanish
Summary not available at this time.
- 269 COMPLICACIONES MEDICAS DE NICOTINA, ALUCINOGENOS, INHALANTS, ESTIMULANTES, BARBITURICOS Y OTRAS DROGAS DE ADDICION (SPANISH)** **50 Minutes** Spanish
Summary not available at this time.
- 270 MARIJUANA: DROGA DE ADDICION (SPANISH)** **40 Minutes** Spanish
Summary not available at this time.
- 278 GUNS, GANGS, GRAFFITI** **30 Minutes** English
Visualizes the consequences of gang violence. Presents a picture of life on the streets through interviews with gang members, victims and prosecutors.
- 280 RELAPSE PREVENTION** **25 Minutes** English
Examines the causes of relapse and suggests ways to prevent it. Analyzes the various causes of relapse: unexamined and unresolved issues from childhood, feelings of inadequacy and low self-esteem, lack of good nutrition and exercise. Offers advice to reduce the likelihood of returning to
- 284 THE POWER OF ADDICTION** **19 Minutes** English
Looks at what is addiction, who is prone to it and how can they be overcome. Includes behavioral and chemical addictions alike. Discusses biochemical, environmental and genetic factors as contributing factors. Discusses drug therapies and support groups as aids to recovery.
- 285 THE ADDICTED BRAIN** **26 Minutes** English
This video takes the viewer on a tour of the world's most prolific manufacturer and user of drugs - the human brain. The biochemistry of the brain is responsible for jogger's highs, the compulsion to seek thrills, certain kinds of obsessive-compulsive compulsive behavior, and the drive to achieve power and dominance. This program explores the biochemistry of addiction and addictive behavior.

- 285 THE ADDICTED BRAIN** **26 Minutes** English
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- 288 POWERLESSNESS** **30 Minutes** English
 Presents the "why to's" and "how to's" for both the newcomer and the disillusioned recidivist, and stresses that the core concept of powerlessness is not an intellectual one but a spiritual one. Explains how facing this helps one to achieve and maintain sobriety with strength and comfort from
- 289 TURNING IT OVER** **31 Minutes** English
 Deals with the fears and doubts a person experiences when seeking recovery in the 12 step program. Explains how "turning it over" is a basic tenant of the 12 step program and can result in inner peace and harmony for people in recovery once they've done so and surrendered to God.
- 290 WORKING THE STEPS: 1-7** **44 Minutes** English
 Presents an explanation as to how each step is worked. Serves as a learning experience designed to take the confusion out of a recovering person's task on his or her journey to lasting recovery. Includes the steps as tools of spiritual growth and development and using a sponsor as a guide to
- 291 WORKING THE STEPS: 8-12** **44 Minutes** English
 Focuses on the "how's" and "why's" of working the steps and the resulting knowledge and understanding for the patient or client. Discusses practical methods for making amends as well as the continuing recovery process which includes prayer, meditation and the use of step 12 as a form of spiritual and ethical responsibility.
- 297 AIDS AND CHEMICAL DEPENDENCY** **29 Minutes** English
 Describes AIDS and discusses why AIDS needs to be addressed in chemical dependency recovery. Stresses the reasons why chemically dependent people are at special risk for contracting the AIDS
- 298 FALLING BACK: THE DRY DRUNK SYNDROME** **25 Minutes** English
 Focuses on two recovering alcoholics and their struggle to remain sober. Provides information for identifying and preventing relapse. Stresses the need for recovering people to reach out and be helped by others.
- 313 WALL OF DENIAL** **47 Minutes** English
 Educates "hard to reach" individuals about the largest stumbling-block to recovery from addictive disorders; denial. Emphasizes the three phases of the denial process as it affects the addict's thinking, feelings, and behavior. Describes experiences of multi-cultural speakers who share in their own language to inform and inspire those with a drug/alcohol problem. Emphasizes reaching
- 319A COLOR ME CLEAN - BLACK WOMEN IN RECOVERY, PART I** **28 Minutes** English
 Presents the stories of four black women who retell and relive their experiences with drug addiction. Relates to all women in recovery through this candid and compelling program.
- 319B COLOR ME CLEAN - BLACK WOMEN IN RECOVERY, PART II** **28 Minutes** English
 Presents the stories of four black women who retell and relive their experiences with drug addiction. Relates to all women in recovery through this candid and compelling program.
- 320 DRUGS DRINKING AND DRIVING** **15 Minutes** English
 Explains that all drugs impair the ability to drive safely long before one feels drunk, high, or drowsy. Shows driving reaction tests of people subjected to measured doses of alcohol and marijuana, and cautions against taking any drugs before driving. Describes some of the recent hardline penalties including mandatory prison terms for driving while intoxicated.

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- 321 ALCOHOL ABUSE: EARLY WARNING SIGNS (SPANISH)** **21 Minutes** Spanish
Dramatizes ten signs that may indicate a developing dependency on alcohol to show potential victims, their family and friends the rationales used to avoid admitting the problem. Hopes to develop an awareness and encourage them to seek help before it is too late. Narrated by Henry
- 324A IT'S ONLY BEER** **15 Minutes** English
Identifies alcohol as a substance of abuse and examines how it affects behavior, judgement and performance. Discusses drinking-related problems, presenting a strong anti-use message. Uses teenage co-hosts and mimes to show how beer can affect the individual and demonstrates some effective refusal tactics. (Discussion guide is available.)
- 324B IT'S ONLY BEER (SPANISH)** **14 Minutes** Spanish
Identifies alcohol as a substance of abuse and examines how it affects behavior, judgement and performance. Discusses drinking-related problems, presenting a strong anti-use message. Uses teenage co-hosts and mimes to show how beer can affect the individual and demonstrates some effective refusal tactics. (Discussion guide is available.)
- 325 NO ES NADA MAS QUE CERVEZA** **16 Minutes** Spanish
Exposes some of the popular myths about drinking beer. Presents valuable information and examples of refusal skills. Reveals just how effective and persuasive advertising is with candid "kid-on-the-street" interviews. Offers a strong anti-use message for young viewers and positive alternatives to drinking. (Discussion guide available)
- 326 DESIGNER DRUGS AND HUMAN PHYSIOLOGY: PCP, ECSTASY, FENTANYL** **19 Minutes** English
Describes PCP, Ecstasy, and Fentanyl as concentrated synthetics illegally formulated in clandestine laboratories for enormous profit. Shows the physiological effects of introducing toxic ingredients into the bloodstream to be devastating to the body's cardiovascular and neurological systems. Reveals to users and potential users the tremendous personal dangers posed by these laboratory
- 327 DESIGNER DRUGS AND HUMAN PHYSIOLOGY: PCP, ECSTASY, FENTANYL (SPANISH)** **19 Minutes** Spanish
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- 329 AIDS: EVERYTHING YOU SHOULD KNOW (SPANISH)** **20 Minutes** Spanish
Helps teenagers take seriously their responsibilities to avoid exposure to the deadly AIDS virus. In keeping with the recommendation and guidelines of state and local school districts and the Centers for Disease Control, this programs teaches that sexual abstinence is the primary method of AIDS prevention. Answers basic questions: What is AIDS? How do people get AIDS? How can people avoid being exposed to AIDS? It also dispels myths about the disease.
- 335 IT SURE BEATS SITTING IN A CELL** **16 Minutes** English
Features men and women who were in prison as a result of their alcohol and drug use. Interviews former inmates who explain how they were helped by joining AA and what they did when they got out of prison so they would stay out. This video is AA conference approved literature.
- 336 IT SURE BEATS SITTING IN A CELL (SPANISH)** **16 Minutes** Spanish
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- 338 CHEMICAL DEPENDENCY - A DISEASE OF DENIAL** **20 Minutes** English
Explains the disease concept of Chemical Dependency: as with other diseases it is an "involuntary disability" but it is the responsibility of the individual for recovery. Explores the genetic, psychological and environmental factors of chemical addiction. Provide insight into the phenomenon of denial and the purpose of step one in the 12 steps through personal stories.
- 338 CHEMICAL DEPENDENCY - A DISEASE OF DENIAL** **20 Minutes** English
Explains the disease concept of Chemical Dependency: as with other diseases it is an "involuntary disability" but it is the responsibility of the individual for recovery. Explores the genetic, psychological and environmental factors of chemical addiction. Provide insight into the phenomenon of denial and the purpose of step one in the 12 steps through personal stories.
- 339 THE NATURE OF DRUG DEPENDENCY** **33 Minutes** English
Describes the characteristics of chemical dependency. Discusses the loss of control and the nature of addiction urges.
- 340 CARING FOR OURSELVES: HOPE AND HEALTHY RELATIONSHIPS** **50 Minutes** English
Features Melody Beattie talking about the issue of codependency. It addresses enabling, controlling, rescuing and care taking behavior. Uses personal stories to identify codependent behaviors and provide ways to overcome obstacles to recovery.
- 344 THE CAT WHO DRANK AND USED TOO MUCH (SPANISH)** **12 Minutes** Spanish
Explains the addiction process . Deals with addiction in a non-threatening manner and is appropriate for any audience.
- 345 ALCOHOL: QUIEN CONTROLA A QUIEN (ALCOHOL: WHO CONTROLS WHOM)** **60 Minutes** Spanish
Provides an in depth analysis of the disease of alcoholism. Covers the physical and psychological effects alcohol has on the individual. Focuses on the loss of control the drinker experiences over his or her drinking.
- 346 ADVERTISING ALCOHOL: CALLING THE SHOTS SECOND EDITION** **34 Minutes** English
Examines the images used by advertisers to sell alcohol. Presents information based on the lectures, slide presentations and research of Jean Kilbourne, nationally known media analyst and educator, who has spent many years studying the advertising and alcohol industries. Presents a detailed visual and conceptual analysis of why this advertising does much more than simply tell us what we can buy. Demonstrates how some advertising deliberately disguises the warning signs of problem drinking and falsely links alcohol with precisely those qualities - happiness, success, sexual fulfillment, prestige, athletic ability, creativity - that the abuse of alcohol diminishes and destroys.
- 347 AIDS-WISE, NO LIES** **22 Minutes** English
Share thoughts, feelings and experiences of ten young people affected by AIDS and encourage other teens to recognize their risk and take responsibility for their actions. This video breaks through young adults' feelings of invulnerability to influence behavior.
- 348 DRUG BABIES** **30 Minutes** English
Captures the dilemma presented by babies being born with serious problems resulting from the drug use of their mothers during pregnancy. Presents interviews with a wide variety of people involved with drug babies. These include doctors, mothers and foster care specialists. Emphasizes the damage caused by drug use, the need for early intervention, the difficulties of working with these children and the need for seeing the mothers as something other than intentional abusers.
- 349 DRUG BABIES (SPANISH)** **30 Minutes** Spanish
Captures the dilemma presented by babies being born with serious problems resulting from the drug use of their mothers during pregnancy. Presents interviews with a wide variety of people involved with drug babies. These include doctors, mothers and foster care specialists. Emphasizes the damage caused by drug use, the need for early intervention, the difficulties of working with these children and the need for seeing the mothers as something other than intentional abusers.

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- 350 OJOS QUE NO VEN...** **28 Minutes** Spanish
Demonstrates the impact of AIDS on Latinos. Follows a family as they deal with the issue of AIDS, homosexuality, casual sex, and drug use, learn how they are at risk and what they can do.
- 357 FRIDAY NIGHT : FIVE** **27 Minutes** English
Provides information to help identify individuals who are or may become chemically dependent. Presents the behavioral symptoms of early and middle stage chemical dependency in a succinct, dramatic manner, making this an ideal film for the treatment setting. Good for driver's education and
- 369 ICE: NEW DRUG, NEW PROBLEM** **30 Minutes** English
Identifies Ice is an inexpensive form of purified methamphetamine with effects that last longer than crack and a more serious and prolonged withdrawal. Uses dramatization, documentary footage, and interviews with experts and recovering addicts, Ice explores all aspects of this drug: its history, how it's used on the streets, manufacturing hazards, psychological and physiological effects, cost comparisons with other drugs, pre-and post-natal effects on the children of pregnant users, and the
- 370 STEP FOUR: GETTING HONEST** **30 Minutes** English
Explains the Fourth Step process using first hand accounts by other recovering addicts. Begins by exploring why it's necessary to do a moral/personal inventory. Delivers practical peer advice on how to do an inventory and learns how to avoid the pitfalls that prevent some people from proceeding with the Fourth Step.
- 376 WHY ARE YOU SO ANGRY?** **33 Minutes** English
Discusses the connection of anger and violence to substance abuse and other compulsive/obsessive behaviors. Lists causes of anger and discusses how life experiences and culture impact our behavior. Strategies for managing anger are suggested and discussed.
- 381 I LIKE BEING ME: SELF ESTEEM (SPANISH)** **26 Minutes** Spanish
Makes students aware of the impact their self-esteem has on their ability to behave in their own best interest. Shows them where this sense of self worth comes from, how it is fostered by positive feelings, and how it is forged in small steps that lead from one success to another. Encourages students to open themselves to the possibility of change, suggests helpful ways to begin. (Teacher's
- 382 I LIKE BEING ME: SELF ESTEEM (OPEN-CAPTION)** **26 Minutes** English
Makes students aware of the impact their self-esteem has on their ability to behave in their own best interest. Shows them where this sense of self worth comes from, how it is fostered by positive feelings, and how it is forged in small steps that lead from one success to another. Encourages students to open themselves to the possibility of change, suggests helpful ways to begin. (Teacher's
- 383 I BLEW IT! LEARNING FROM FAILURE (SPANISH)** **24 Minutes** Spanish
Shows students how to turn failure around and use what they learn from it to achieve success. Uses a step-by-step process to help them re-evaluate goals and replace feelings of helplessness with a sense of control over their lives. (teacher's guide available)
- 384 I BLEW IT! LEARNING FROM FAILURE (OPEN-CAPTION)** **24 Minutes** English
Shows students how to turn failure around and use what they learn from it to achieve success. Uses a step-by-step process to help them re-evaluate goals and replace feelings of helplessness with a sense of control over their lives. (teacher's guide available) DAMAGED TAPE
- 385 I LIVE IN AN ALCOHOLIC FAMILY (SPANISH)** **35 Minutes** Spanish
Uses stories to explore how three teenagers learn to cope with the reality of having an alcoholic parent. Sends the message to students in similar situations the 3 C's of AlAnon - they didn't cause it and can't control it or cure it. (Teacher's guide available)
- 386 I LIVE IN AN ALCOHOLIC FAMILY(OPEN-CAPTION)** **35 Minutes** Spanish
Uses stories to explore how three teenagers learn to cope with the reality of having an alcoholic parent. Sends the message to students in similar situations the 3 C's of AlAnon - they didn't cause it and can't control it or cure it. (Teacher's guide available)

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- 387 CHALK TALK ON ALCOHOL (SPANISH)** **67 Minutes** Spanish
Father Martin outlines the scope of the alcohol problem and the factors influencing attitudes and behaviors with respect to alcohol and alcoholism.
- 391 VIDA (Spanish)** **20 Minutes** Spanish
Illustrates the powerful role women can play in supporting each other's changes in sexual behavior and attitudes towards people with AIDS. Presents the story of a single Latina mother who struggles with her apprehension about contracting AIDS and her fear of losing her new partner. Provides women with realistic models for talking about safer sex among themselves and with their partners.
- 395 STDs** **30 Minutes** English
Presentes two stories:
Story 1 - Molly's Problem with a young woman learning that she has a sexually transmitted disease. Discusses the signs and symptoms, the prevention and cures for most of the common STDs, including AIDS.
Story 2 - Fred's Dilemma focuses on the social and emotional side of STDs. The young man realizes that he needs to inform his partners of his disease and that each of them may have to inform others.
- 399 FOOD FOR RECOVERY** **36 Minutes** English
Explains that Drug abuse in all forms, especially alcohol, cocaine and methamphetamine abuse, causes significant nutritional and medical problems. While stimulating electrical currents, the use of alcohol and other drugs such as amphetamines or cocaine leads to the rapid depletion of many vital brain chemicals. Discusses the importance of healthy nutrition in the recovery process. Discusses in detail the foods that are beneficial to recovering people, foods that work to restore brain chemistry that has been depleted through alcohol and drug use, and those foods which should be avoided because of their adverse effect on recovering people. Explains why many people feel tired and sluggish at times when they most need to be alert and focused, and why "when you eat what you eat"
- 402 VIOLENCE IN THE HOME: LIVING IN FEAR** **30 Minutes** English
Explains that all relationships experience periods of tension. But in some relationships, tension leads to a vicious cycle of emotional and physical abuse. Emphasizes that: a) the cycle of violence can only be broken with outside intervention, b) more than 50% of reported cases of spousal abuse also involve child abuse, c) the purpose of arrest is not to keep offenders behind bars, but to force them to seek professional help, and d) therapy is an essential part of the recovery process. Emphasis on early intervention, on a woman's right to protect herself, and the necessity and difficulty of treatment makes this a good choice for a general overview of domestic violence.
- 405 ALCOHOL AND PREGNANCY: FETAL ALCOHOL SYNDROME AND FETAL ALCOHOL EFFECTS** **20 Minutes** English
Shows how alcohol adversely effects the developing fetus and points out critical periods during pregnancy when the fetus is most vulnerable. Presents a look at the daily struggles of the FAS/FAE child and his parents or caregivers through candid interviews. Creates a developmental overview of FAS/FAE in understandable language. Delivers a strong, preventive message underscoring the life-long physical, behavioral, and central nervous system impact of FAS. Describes FAE as a more subtle though still serious problem for the child and his family/community.
- 409 LEARNING TO BE ASSERTIVE: THE BASIC SKILLS (Spanish)** **27 Minutes** Spanish
Dramatizes a number of situations typical of problems adolescents and teenagers face with peers, siblings, and parents. Teaches assertive skills that will help young people develop self-confidence and build self-esteem, and prepare them for accepting their responsibility for their actions so they can't be manipulated by others.

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- 410 LEARNING TO BE ASSERTIVE: ADVANCED SKILLS (Spanish) 21 Minutes Spanish**
Shows young people how to turn difficult situations into positive experiences. Reviews basic assertive skills. Shows teenagers how to use one or more of these skills to handle important issues such as defending their right to privacy, taking responsibility for irresponsible behavior, refusing to drive with someone who has been drinking, and how to negotiate workable compromises, stressing that differences of opinion don't have to lead to violence.
- 411 DRUG PROFILES: THE PHYSICAL AND MENTAL ASPECTS 28 Minutes English**
Provides information on the physical effects of drugs and how they can effect a persons performance. Discusses ten drugs of abuse: cocaine, heroin, methaqualone, alcohol, marijuana, barbiturates, amphetamines, tranquilizers, PCP and LSD. Designed for use in training supervisors and managers in the workplace.
- 412 DRUG PROFILES: THE PHYSICAL AND MENTAL ASPECTS (Spanish) 28 Minutes Spanish**
Provides information on the physical effects of drugs and how they can effect a persons performance. Discusses ten drugs of abuse: cocaine, heroin, methaqualone, alcohol, marijuana, barbiturates, amphetamines, tranquilizers, PCP and LSD. Designed for use in training supervisors and managers in the workplace.
- 414 SEXUALLY TRANSMITTED DISEASES: STRAIGHT TALK 13 Minutes English**
Offers information about sexually transmitted diseases (STDs): What they are, how they are contracted, their signs and symptoms, their short and long term effects and how to treat them. Caution: This video contains graphic depictions of male and female genitals.
- 415 LOADED WEAPON, A STORY ABOUT DRINKING & DRIVING 22 Minutes English**
Strives to break through to teenagers who believe drinking and driving crashes and fatalities can't happen to them. Illustrates the devastation that occurs from drunk driving; the extraordinary sense of loss that the surviving family feels; and the bleak future a teen convicted of drunk driving faces.
- 420 AFFIRMATIONS FOR SELF ESTEEM 23 Minutes English**
Discusses the power of positive affirmations to raise self-esteem in the recovery process. States that a solid foundation of recovery involves changing internal images from negative, self-defeating messages of the past into a positive, healthy new thought process. Explains that how we see ourselves is vital in any recovery program. Learning to use daily affirmations develops self-esteem
- 421 THE JOURNEY 31 Minutes English**
Discusses the first steps in breaking generational patterns of abuse, neglect, abandonment, chemical addiction, and conditional love. Highlights several families and individuals who have begun their own journey share their personal experiences, and offer hope to those who are working to break unhealthy generational patterns.
- 425 MARKETING DISEASE TO HISPANICS: THE SELLING OF ALCOHOL & TOBACCO 16 Minutes English**
examines the persuasive influence of the alcohol and tobacco industries in the Latino community and the devastating effects alcohol and tobacco are having on their lives. Exposes the industries' marketing strategies and how these disease promoting corporations are trying to influence Latino community leaders and the media to reach the Latino market. Serves as an excellent resources for schools, alcohol and drug treatment programs, and other programs where alcohol and tobacco problems are a priority, and where there is a concern with increased risks posed by the aggressive targeted promotion and marketing of these products. (Discussion Guide available)
- 426 DRINK SELLS THE DREAM 16 Minutes English**
Examines how alcohol is presented and promoted in our society, especially marketing practices directed at high-risk populations including college students, African Americans, Hispanics, women, heavy drinkers and youth. Explores the promotion of alcohol through sports, cultural events, billboards and advertising, and highlights what communities have done - and can do in the future - to foster safer and healthier attitudes toward alcohol use.

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- 428 RESPECT YOURSELF: BUILDING SELF ESTEEM** **19 Minutes** English
Offers exercises to help a person build ones self image. Follows three people as they explore the road to changing their lives through changing their behavior patterns. Suggests six steps as a way to improve one's self respect.
- 430 PSYCHEDELICS: THE BAD TRIP** **26 Minutes** English
Discusses the evolution of psychedelics in society and the physical and psychological effects. Provides testimonies by former users talking about their experiences. Lists the different drugs in the category of psychedelics and so-called designer drugs as well as their characteristics, forms of administration and effects.
- 431 STRAIGHT FROM THE HEART** **27 Minutes** English
Contains stories of recovering women with children. Discusses their history of substance abuse and how it affected their lives and relationships. How their addiction started; how things progressed from bad to worse and their eventual pursuit of recovery.
- 439 A BETTER WAY: EMOTIONAL CHILD ABUSE PREVENTION** **24 Minutes** English
Shows parents how to improve relationships with children by offering a better way to respond to negative situations. Uses dramatization, role-play, and group discussions teach parents to be more realistic about expectations and more understanding and supportive about behavior. Provides alternatives to habitual sarcasm, ridicule, and harsh reprimands that can cause severe emotional harm.
- 440 MARKETING DISEASE TO HISPANICS** **16 Minutes** Spanish
Examines the persuasive influence of the alcohol and tobacco industries in the Latino community and the devastating effects alcohol and tobacco are having on their lives. Exposes the industries' marketing strategies and how these disease promoting corporations are trying to influence Latino community leaders and the media to reach the Latino market. Serves as an excellent resources that will greatly benefit schools, alcohol and drug treatment programs, and other programs where alcohol and tobacco problems are a priority, and where there is a concern with increased risks posed by the aggressive targeted promotion and marketing of these products.
- 443 SLIPPING INTO THE DARKNESS** **17 Minutes** English
Presents stories of relapse and the resultant destruction are presented by addicts who have experienced them firsthand, and have struggled back into recovery. Discusses drug counselors' experiences working with addicts and alcoholics who have relapsed, the subtle, often unnoticed symptoms, and the denial associated with the relapse process.
- 447 EL CORAZON DEL NINO ES TIERNO DOBLADO EN ESPANOL** **29 Minutes** Spanish
Shows parents how to improve relationships with children by offering a better way to respond to negative situations. Uses dramatization, role-play, and group discussions teach parents to be more realistic about expectations and more understanding and supportive about behavior. Provides alternatives to habitual sarcasm, ridicule, and harsh reprimands that can cause severe emotional harm.
- 447 SOFT IS THE HEART OF A CHILD (SPANISH)** **30 Minutes** Spanish
Discusses peer pressure as it relates to alcohol and drug use in the young person and the problem environment it can create for the newly recovering.
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- 448 SELLING ADDICTION** **18 Minutes** English
This video is the central component to a ready-to-use workshop kit designed for use in community centers, parent or youth programs, church/synagogue groups or addiction counseling. Points out how the media preaches "just say no" to illegal drugs while depending heavily on cigarette and alcohol advertising for profits. These ads are expensively produced and creatively designed; and they don't just sell a commercial product; they also sell an addictive lifestyle. The video provides a step-by-step process to help uncover the myths behind cigarette and alcohol ads; explore how ads target young people and minorities, identify how they alter reality and appeal to our deepest human needs; and offer strategies for breaking the media/addiction link at home and in your community.
- 449 METHAMPHETAMINES: HAIGHT-ASHBURY TRAINING SERIES** **0 Minutes** English
This series consists of three tapes. The first two are for professional personnel and the third is for the
- 449A PHARMACOLOGY AND PHYSIOLOGY** **60 Minutes** English
Contains segments on the history, pharmacology, effects, and use of other drugs in relationship to amphetamines and it describes the newest methamphetamine phenomenon, "ICE". (Study Guide
- 449B TREATMENT & RECOVERY** **60 Minutes** English
Explores the process of detoxification, initial abstinence, sobriety and recovery. Examines the problems of drug hunger, and shows how to engage a patient in recovery. (Study Guide available)
- 449C PATIENT MODULE** **0 Minutes** English
Condenses the information from tapes one and two on history, pharmacology, effects, detoxification, initial abstinence, sobriety, recovery, and includes personal narrative. (Study Guide Available)
- 452 ISSUES IN RECOVERY SERIES** **0 Minutes** English
This series consists of four videos with a focus on women and recovery.
- 452A FOCUS ON WOMEN: CHILDHOOD LEGACY** **30 Minutes** English
Discusses specific factors in a woman's past, especially the influence of the childhood environment and the relationship with parents. Explains how these factors can affect her emotional status and make it difficult for her to function effectively in adult relationships. Include issues such as being placed in adult roles as children, sexual abuse, and family and societal factors which make it difficult to identify and express feelings. (Discussion Guide available)
- 452B FOCUS ON WOMEN: RELUCTANT HEIRESS** **28 Minutes** English
Also discusses the powerful influence of the family as contributing to problems in a woman's adult life. Emphasizes current adult behavior; specific behaviors include being other-centered, having a negative body image, relationship addiction and depression. (Discussion Guide available)
- 452C ACHIEVING INTIMACY: OVERCOMING CO-DEPENDENCY, PART I** **38 Minutes** English
Defines and illustrates the struggle for intimacy within the recovery process. Combines personal accounts from a recovering couple and lecture to help viewers understand the intimate dimensions of relationships in recovery.
- 452 ACHIEVING INTIMACY: OVERCOMING CO-DEPENDENCY, PART II** **25 Minutes** English
Continues the discussion of intimacy within the recovery process begun in part 1. Emphasizes the nature and positive value of intimacy, and illustrates its impact on psychosocial well-being through the personal accounts of a second recovering couple.
- 453 FATHERS, SONS AND TRUST 1992** **37 Minutes** English
Addresses men grappling with the issues of father-son relationships. Shows how dysfunctional, shaming, absent and abusive fathers create continuing difficulties and crises of trust for their sons. Discusses the havoc caused by such fathers in terms of the sons' perceptions of themselves.

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- 457 STEP ONE: THE FOUNDATION OF RECOVERY** **30 Minutes** English
Utilizes personal stories of recovering addicts to help clients recognize the role that pride, shame, denial and egotism play in preventing acceptance of powerlessness over alcohol and other drugs. Testimonies help the audience understand what is meant by "unmanageability," "hitting bottom," and "humility." The men and women in this video represent different economic, social and ethnic
- 461 MARIJUANA UPDATE (Note: Video Temporarily out of circulation)** **22 Minutes** English
Interviews five former users who discuss how they were introduced to the drug and how they initially believed that it was harmless. Presents the common indications of marijuana use, as well as the physical hazards of using this drug.
- 463 HEROIN: BLACK TAR MAGIC, CHINA WHITE DEATH** **23 Minutes** English
Depicts the struggles of recovering addicts who share their heroin addiction, the difficulties of breaking the addiction, and how they finally manage to break free from the power of heroin. Defines the addictions, the physical dangers of heroin abuse, and the continued availability of the drug.
- 464 OVER THE COUNTER DRUGS: ADDICTION WITHIN REACH OF THE MEDICINE CABINET** **15 Minutes** English
Presents the dangers of over the counter drug abuse. Discusses various remedies, including the effects of certain legal-but potentially lethal-ingredients. Educational and helpful to anyone concerned about the medications they put into their body and especially helpful for people recovering from chemical dependencies.
- 466 VIOLENCE PREVENTION: INSIDE OUT** **45 Minutes** English
Explores the subject of violence - how it starts, how it affects us, and how to prevent it at home, at school, and in the community. Interviews with youth in juvenile detention centers, treatment programs, in schools and on the streets offer a view of the cycle of violence as it manifests itself in a variety of situations - domestic, sexual, gang-related, and institutional.
- 469 ALCOHOL AND PREGNANCY: FETAL ALCOHOL SYNDROME AND FETAL ALCOHOL EFFECTS (FAS & FAE) SPANISH** **20 Minutes** Spanish
Shows how alcohol adversely effects the developing fetus and points out critical periods during pregnancy when the fetus is most vulnerable. Presents a look at the daily struggles of the FAS/FAE child and his parents or caregivers through candid interviews. Creates a developmental overview of FAS/FAE in understandable language through the interviews which feature a diverse group of children, teenagers, biological parents and foster parents. Delivers a strong, preventive message underscoring the life-long physical, behavioral, and central nervous system impact of FAS. In addition, FAE is described as a more subtle though still serious problem for the child and his
- 475 INHALANTS AND HUMAN PHYSIOLOGY(Spanish)** **13 Minutes** Spanish
Details the effects inhalants have on the human body and mind. Unlike drugs that are ingested, inhalants go directly to the blood stream, brain and heart, bypassing the filtering functions of the stomach and liver. Consequently, inhalants are much more damaging to the body than most other substances, and the consequences of this form of substance abuse more severe.
- 478 ANGER** **15 Minutes** English
Explores how anger is activated, expressed, handled, or not handled with some surprising findings. Examines the troubled relationship of a young married couple whose anger affects their child. Looks at a 14-year-old delinquent and his mother who discuss violence in their relationship. Describes how children are affected by the behavior of adults, the transmittal of anger and violence from one generation to the next, and the bodily responses to anger.

- 481 PADRES ACTIVOS (ACTIVE PARENTING) (Spanish) 95 Minutes Spanish**
Contains parenting education curriculum presented in 6 sessions, each approx. 15 . Includes facilitators discussion guide.
Session 1 - El Padre Eficaz/Active Parenting, explores the concepts of: parenting styles, what kind of children do we want to raise?, freedom within limits, and family enrichment activities.
Session 2 - Entendiendo a su nino/Understanding Your Child discusses: The ABC's of behavior, the four goals of misbehavior, parenting & anger, and how self-esteem is developed.
Session 3 - Valor/Instilling Courage discusses: avoiding discouragement, four methods of encouragement, and the encouragement circle exercise.
Session 4 - Cooperacion/Winning Cooperation discusses: avoiding communication blocks, active communication, listening for feelings, and expressing love.
Session 5 - Responsabilidad/Developing Responsibility discusses: who 'owns' the problems?, 'I' messages, natural & logical consequences, and mutual respect.
Session 6 - La Familia Eficaz/The Democratic Family in Action discusses: family council meetings, handling group problems, emphasizes the family unit, and raising a 'we' generation.
- 482 DOMESTIC VIOLENCE: VOICES FROM WITHIN 27 Minutes English**
Explores the relationships that support domestic violence and sheds light on this growing social issue. Presents people grappling with multiple issues including not only parenting skills and gender roles but the fundamental ways in which we interact with the world. Makes clear that many women are reluctant to seek help. Explains how the idea they are responsible is impressed on them not only by the abuser but also often by the legal system. Video is an excellent introduction to domestic violence for law enforcement professionals, judges and lawyers, as well as social workers
- 486 LA ESPERANZA DEL VALLE (EPISODES 1, 2, AND 3) 132 Minutes English**
This six-part series is designed for Latino youth and covers many aspects of family life dealing with the problems and consequences brought about by alcohol and drug use. Confronts issues such as adult and teenage alcohol problems, teenage pregnancy, and pesticide exposure in the migrant communities. Although this video is produced in English and does not have subtitles, it is culturally relevant and produced by and for Latinos. (Discussion guide available)
- 486 LA ESPERANZA DEL VALLE (EPISODES 4, 5, AND 6) 132 Minutes English**
This six-part series is designed for Latino youth and covers many aspects of family life dealing with the problems and consequences brought about by alcohol and drug use. Confronts issues such as adult and teenage alcohol problems, teenage pregnancy, and pesticide exposure in the migrant communities. Although this video is produced in English and does not have subtitles, it is culturally relevant and produced by and for Latinos. (Discussion guide available)
- 491 DRUG FREE ZONES (SPANISH) 27 Minutes Spanish**
Designed to help community organizers take action against drug dealing and alcohol-related problems in their schools, parks, and housing developments. Practical solutions and proven methods are offered for neighborhood residents who want to take back their community.
- 493 AIDS AND YOUR WORLD 25 Minutes English**
Presents the stories of 9 people who speak candidly about their infection with HIV and AIDS. Discusses how it has influenced their lives and how they have learned to draw the line to make healthy choices. Talks about how these young HIV+ men and women, while in their teens or twenty something, never thought HIV and AIDS would be a part of their world.
- 498 DEPRESSION AND ANGER 20 Minutes English**
Discusses how depression and anger are often methods used to cope with the world and how these survival methods can interfere with relationships and recovery. Suggests strategies for dealing with people, places and things that provoke reactive anger or depression.

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- 499 UNDERSTANDING DEPRESSION AND ADDICTION** **20 Minutes** English
Discusses how depressive disorders are among often methods used to cope with the world and how these survival methods can interfere with relationships and recovery. Suggests strategies for dealing with people, places and things that provoke reactive anger or depression.
- 500 BUILDING TRUST** **16 Minutes** English
Discusses how in early recovery, there are many challenges related to staying clean and sober - including dealing with a child's needs and feelings. Addresses ways to balance recovery needs with those of family. Suggests ways for dealing with past feelings of anger, resentment, and mistrust
- 501 CHILDREN OF DENIAL** **28 Minutes** English
Presents survival techniques practiced as children and adolescents of alcoholics that can cause problems in adulthood: depression, inability to maintain intimate relationship, marrying alcoholics and becoming alcoholics. Explains the process of what happens and what can be done to prevent and handle these problems.
- 502 HANDLING ANGER** **15 Minutes** English
Explains how parents deal with their anger and that of their children is important to rebuild a good relationship with children. Shows how to manage anger without taking it out on children. Demonstrates how to handle a child's anger and to prevent angry exchanges before they happen.
- 503 GOIN' HOME TO STAY! (TAPE 1)** **50 Minutes** English
Interviews inmates from Big Muddy Correctional Center in Ina, Illinois about going home and most importantly, staying there, once they get there. Addresses lifestyles, value systems and hidden anger in a straight forward manner. Discusses sobriety as a way of life and changing the way you do business in the world.
- 503 GOIN' HOME TO STAY! (TAPE 2)** **40 Minutes** English
Interviews inmates from Big Muddy Correctional Center in Ina, Illinois about going home and most importantly, staying there, once they get there. Addresses lifestyles, value systems and hidden anger in a straight forward manner. Discusses sobriety as a way of life and changing the way you do business in the world.
- 504 KEVIN'S STORY II** **26 Minutes** English
Follows Kevin as he revisits a school where he spoke before. Presents a powerful and thought-provoking presentation about the causes and negative effects of teenage drinking. This video discussed denial, children of alcoholics, effects of advertising, peer pressure, and effective refusal
- 505 ANGER MANAGEMENT FOR PARENTS** **25 Minutes** English
Discusses how although anger is a universal emotion, many people have difficulty expressing feelings of anger and dealing with them constructively. Offers a step-by-step approach to help parents understand and manage their anger. Includes information and materials to conduct a workshop in anger management skills for parents. (Discussion guide available)
- 506 LIVING IN A VIOLENT RELATIONSHIP** **76 Minutes** English
Addresses topics of concern such as the types of abuse, the cycle of violence, myth vs. facts, and the psychological profile of a victim. Discusses the psychology of a batterer and alternatives to
- 506A SPECIAL POPULATIONS - PART II: GAY/LESBIAN COMMUNITY** **0 Minutes** English
- 506B LIVING IN A VIOLENT RELATIONSHIP** **76 Minutes** English
Addresses topics of concern such as the types of abuse, the cycle of violence, myth vs. facts, and the psychological profile of a victim. Discusses the psychology of a batterer and alternatives to

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- 507A BREAKING THE SILENCE** **81 Minutes** English
Discusses medical assessment, screening the victim, interacting with the perpetrator, and barriers to the identification process. Covers other topics including the latest reporting requirements, multicultural issues, domestic violence among gays and lesbians, and intervention through
- 507B BREAKING THE SILENCE** **81 Minutes** English
Discusses medical assessment, screening the victim, interacting with the perpetrator, and barriers to the identification process. Covers other topics including the latest reporting requirements, multicultural issues, domestic violence among gays and lesbians, and intervention through
- 508 DOMESTIC VIOLENCE AND YOUNG ADULTS (SPANISH)** **23 Minutes** Spanish
Explores the dimensions and the antidotes to this epidemic affecting America's youth. Looks at the components of dating violence, from physical attacks to mental and emotional abuse. Explores warning signs to look for in an abuser and provides suggestions for the viewer on how to protect
- 509 PREVENTION WORKS: HOW TO MAKE IT WORK IN YOUR** **42 Minutes** English
Provides a clear overview of the need for prevention and takes viewers around the country to experience the impact of successful programs. Can be used to demonstrate for policy makers or potential funders why prevention efforts should be supported.
- 510 VIOLENCIA DOMESTICA Y LOS HOMBRES (SPANISH)** **19 Minutes** Spanish
Shows several men dealing with their lifelong patterns of violent behavior. Shows, as the men attend group counseling that power and control are the roots of domestic violence, and that abuse
- 511 VIOLENCIA DOMESTICA Y LOS NINOS (SPANISH)** **16 Minutes** Spanish
Examines how to recognize children suffering from the devastating effects of domestic violence. Shows various mothers learning to understand and cope with domestic violence and the effect it has on their children.
- 512 VIOLENCIA DOMESTICA Y ABUSO SUBSTANCIAL (SPANISH)** **23 Minutes** Spanish
Covers different forms of emotional and sexual violence. Provides specific examples of how the cycle of domestic violence and co-dependency can be broken by recognizing that these are learned behaviors that can be changed.
- 513 VIOLENCIA DOMESTICA Y LOS MUJERES (SPANISH)** **16 Minutes** Spanish
Tells the story of Olivia, and how she took action to protect herself and her son from domestic violence. Presents the characteristics of an abuser, and the steps that women should take to get themselves to a safe house.
- 514 CONSIDERING CONDOMS** **15 Minutes** English
Follows two young adults as they lead a diverse group of high school students in a discussion of sexual pressures and risks, condoms and making responsible sexual decisions. Moving from information to action, teen characters model refusal and negotiation skills. A brief demonstration shows how to buy, store, use, remove and dispose of condoms.
- 515 INFLUENCES: INNOCENCE BETRAYED (SPANISH)** **24 Minutes** Spanish
Explores the devastating impact on society of a growing population of children and adolescents permanently disabled by prenatal substance abuse. Follows children and their guardians as they attempt to cope with baffling learning and behavioral disabilities.
- 516 RAINBOW WAR** **20 Minutes** English
Academy Award Nominee for best live action short story. Features three kingdoms, one blue, one red and one yellow waging a colorful battle for supremacy. Paint buckets, brushes, and rollers are the weapons in the slapstick struggle, a splashy confrontation that results in the world's first rainbow and new friendship among the warring nations.

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- 517 I THINK I WAS AN ALCOHOLIC** **5 Minutes** English
Animated pen and ink drawing, striking in it's humor and simplicity, belie the pain and irony bubbling beneath the surface of this funny man. Highlights what it was like, what happened and what its like now on his journey from hopeless alcoholism through recovery.
- 518 DATE RAPE: IT HAPPENED TO ME** **30 Minutes** English
Investigates date rape from the point of view of students, researchers, advisors, law enforcement officials, and date rape survivors.
- 519 DOWN FOR THE HOOD** **31 Minutes** English
Looks at the lives of four former gang members shot and permanently injured by street gang violence. Presents an unflinching look at the long term consequences of violence for those who live through
- 520 THE WINNING CHOICE** **33 Minutes** English
Just say "no" to drugs! Just say "yes" to life! That's the message the Los Lakers have for young people in this upbeat, exuberant video. Team members talk with teenagers about issues relating to
- 521 THE GREY AREA: HIS DATE/HER RAPE** **30 Minutes** English
Developed especially for deaf audiences. Explores how a date or an encounter with a casual acquaintance can lead to and become rape. Uses deaf actors and using American Sign Language (ASL), to portray two high school students in a study session which leads to an acquaintance rape, and two college students on a date which leads to date rape. Teaches both female and male viewers important strategies to avoid unwanted sexual involvement.
- 522 POSITIVE PARENTING** **48 Minutes** English
This video-based parent education curriculum focuses on alternatives to physical punishment in the discipline of children. Includes six lesson units, each consisting of a video (about 10 minutes), a teacher/leader guide, discussion aids, and a reference list. The lesson topics are: Physical punishment, Limits, Consequences, Listening, Anger, and challenging behaviors.
- 523 PEOPLE LIKE US** **31 Minutes** English
Interviews attractive young people who are HIV infected. Most are heterosexual, and all were infected through sexual behavior. To make it easier for students to identify with the interviewees, the people in the Video are established as being similar to the most high school and college students, previously had negative attitudes towards HIV prevention and believed they were
- 524 CONSCIENCE** **11 Minutes** English
Deals with supermarket clerk's duties and responsibilities in checking customer ID's when selling alcohol. It also outlines the markets duties in surveying the areas outside the market.
- 525 NEIGHBORHOOD BAR** **15 Minutes** English
Outlines responsible beverage service practices and preventing drug activity in the neighborhood bar setting. Details how the bartender/waitress must check customer ID and how to recognize fake
- 526 CHILDREN OF THE MAHANT DORAI (CAMBODIAN)** **41 Minutes** Cambod
This Khmer Health video was written by a group of Cambodian children and young adults. It tells how alcohol abuse threatens to destroy a family that is struggling to deal with the past while they try to adjust to their new life in a new land.
- 527 IF YOU CHANGE YOUR MIND** **32 Minutes** English
Centers around four former drug users sharing their entrance into the drug lifestyle and where it eventually lead them. Explores the medical aspects of cocaine on the brain and body, and defines abuse, addiction, experimentation and casual drug use.
- 528 CONCAINE/CRACK: A TEENAGER'S STORY** **28 Minutes** English
Presents students with the facts about cocaine. Deglamorizes drug use and lets students see for themselves how cocaine/crack can wreck lives.

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- 529 THE ART OF COMMUNICATION** **29 Minutes** English
Allows for practice in coping with some typical issues and to develop skills needed to resolve parent/child conflicts. Provides background support for the parental role of being an emotional
- 530 BLENDED FAMILIES (YOURS, MINE, AND OURS)** **29 Minutes** English
Familiarizes viewers with the most common issues that confront the contemporary blended family. Dispels the most common myths surrounding step family living and provides practical solutions in which to practice viable alternatives to typical problems.
- 531 MAIN LINE** **16 Minutes** Spanish
no summary available at this time.
- 532 DEFENDIENDO NUESTRAS VIDAS** **31 Minutes** Spanish
Describes domestic violence and presents statistics that paint a vivid picture of the devastating physical, mental and emotional impact of domestic violence, especially on the survivors. Reveals how society deals with battered women. Presents the stories of women who eventually ended their violence and the tragic consequences for defending themselves. (Discussion guide available)
- 533 FROM OPIUM TO HEROIN** **50 Minutes** English
Three-part video about legal & illegal opiates such as heroine, codeine, Demerol, Darvon, Percodan, Dilaudid, Methadone, Fentanyl, and Morphine. Uses animation, live action, an excellent counseling session, and an opiate recovery group to explain this class of drugs in a comprehensive fashion. Discusses the 5,000 year history of opiates; how opiates dull pain and sometimes create a high, and why users self medicate. Explores the physical and mental effects of the drugs. Explains the causes of addiction and several methods of treatment including excerpts from the counseling session.
- 534 FROM OPIUM TO HEROIN (SPANISH)** **50 Minutes** Spanish
Three-part video about legal & illegal opiates such as heroine, codeine, Demerol, Darvon, Percodan, Dilaudid, Methadone, Fentanyl, and Morphine. Uses animation, live action, an excellent counseling session, and an opiate recovery group to explain this class of drugs in a comprehensive fashion. Discusses the 5,000 year history of opiates; how opiates dull pain and sometimes create a high, and why users self medicate. Explores the physical and mental effects of the drugs. Explains the causes of addiction and several methods of treatment including excerpts from the counseling session.
- 535 TB A REALITY CHECK** **19 Minutes** English
Informs viewers of the dangers of TB and the symptoms to look for.
- 536 CONFLICT COMMUNICATION SKILLS** **14 Minutes** English
Explores workplace hostility and how to diffuse anger using these techniques/guidelines.
- 537 TEEN CONFRONTING VIOLENCE** **24 Minutes** English
Examines the prevalence of violence in our country and how it impacts teens, especially in the schools. Presents ideas on how teens can protect themselves from violence. Emphasizes prevention tactics and avoiding gang involvement. (Discussion Guide available)
- 538 DATING VIOLENCE: THE HIDDEN SECRET** **25 Minutes** English
Addresses all aspects of dating violence are addressed: physical, emotional and sexual abuse. Teens discuss these issues in an attempt to sort out what dating violence is, how it can be prevented, and what to do if it happens to them or to someone they know. Discusses warning signs of an abusive relationship, as well as those of someone who is abusive. (Discussion Guide available)
- 539 RAPE CULTURE** **30 Minutes** English
Examines socialization, attitudes and stereotypes in an effort to understand the phenomenon of rape in our society. Includes a discussion with a group of men in prison for rape on why men rape with professional commentary from rape advocates/counselors.

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- 540 WE ARE NOT WHO YOU THINK WE ARE** **14 Minutes** English
Includes interviews with women inmates at a maximum security prison who talk candidly about growing up with family violence, sexual abuse, drugs and alcohol. Provides powerful insight into patterns of violence and crime that cycle from generation to generation.
- 541 YOU'RE HURTING ME, TOO: CHILDREN AND DOMESTIC VIOLENCE** **25 Minutes** English
Addressed the effects of domestic violence on children. Includes discussions with mothers of domestic violence and their children who talk about their experiences. Also includes discussions with professionals who discuss domestic violence and offer practical advice to both the survivor and their children. (Discussion guide available)
- 542 DEFENDING OURSELVES** **30 Minutes** English
Describes domestic violence and presents statistics that paint a vivid picture of the devastating physical, mental and emotional impact of domestic violence, especially on the survivors. Reveals how society deals with battered women. Presents the stories of women who eventually ended their violence and the tragic consequences for defending themselves. (Discussion guide available)
- 543 HOSTAGES AT HOME** **52 Minutes** English
Explores the epidemic of domestic violence in America. Reveals survivors' terrifying stories and the remaining physical, emotional and mental scars. Discusses the warning signs of domestic violence, as well as ways to get help.
- 544 TEEN SUICIDE** **15 Minutes** English
Gives statistics for teen suicide and discusses in detail the warning signs of teen suicide. Encouraged peers, parents, teachers and other professionals to recognize the seriousness of these signs and to stay involved and diligent. (Discussion Guide available)
- 545 EVERYTHING TO LIVE FOR** **52 Minutes** English
Presents the stories of four youngsters who tried and two who succeeded at suicide. Includes interviews with the families and the two surviving teens who talk about the causes or presumed causes of the catastrophic actions taken; the cries for help that went unheeded; the warning signals that peers, parents, teachers, and counselors dare not disregard.
- 546A ALTERNATIVES TO VIOLENCE - PART I CONFLICT RESOLUTION, NEGOTIATION & MEDIATION FOR STUDENTS** **33 Minutes** English
Part I - Provides teachers and facilitators with a framework for teaching Conflict Resolution skills to students in grades 6-10. Introduces students to the concepts and skills of Conflict Resolution, Negotiation and Mediation. Covers topics including understanding conflict, communication skills, conflict resolution skills, negotiation and peer mediation. Demonstrates peer mediation skills
- 546B ALTERNATIVES TO VIOLENCE -PART II - IMPLEMENTING CONFLICT RESOLUTION PROGRAMS IN SCHOOL** **31 Minutes** English
Part II -Demonstrates how to set up a conflict resolution and peer mediation program at the middle school level. Provides illustrations of staff and student training, skill building, and peer mediation are provided. (Discussions Guide available)
- 547A PARENTING FOR PREVENTION: (A 6 PART SERIES) VIDEO 1: HOW TO STOP ENABLING AND START EMPOWERING KIDS** **15 Minutes** English
Discusses the difference between enabling kids and empowering them to make the right decisions/choices in their lives. Emphasizes holding kids accountable for their behavior.
- 547B PARENTING FOR PREVENTION: VIDEO 2 - HOW TO SET LIMITS FOR KIDS** **10 Minutes** English
Parents are given practical advice about setting clear, consistent and reasonable limits for their kids. Demonstrates various scenarios to show both the wrong way and the right way to set limits.

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- 547C PARENTING FOR PREVENTION: VIDEO 3 - HOW TO ENFORCE CONSEQUENCES WHEN KIDS VIOLATE LIMITS** **10 Minutes** English
Gives parents practical advice on how to deal with children who violate limits. Emphasizes empowering kids to change their behavior and on enforcing appropriate, reasonable consequences.
- 547 PARENTING FOR PREVENTION: VIDEO 4 - HOW TO CONFRONT KIDS WHEN THEY ARE DOING WRONG, HOW TO ENCOURAGE KIDS WHEN THEY ARE DOING RIGHT** **17 Minutes** English
Describes some of the most common ways parents deal with their kids when they are angry or frustrated, as well as the messages kids receive. Gives more positive and appropriate methods with an emphasis on listening actively so that kids know that what they think and feel is important.
- 547 PARENTING FOR PREVENTION: VIDEO 5 - HOW TO TEACH KIDS TO HANDLE ANGER WITHOUT VIOLENCE** **14 Minutes** English
Explores four important steps for handling anger with each step illustrated to show how potentially violent situations can be effectively diffused.
- 547 PARENTING FOR PREVENTION: VIDEO 6 - HOW TO TEACH KIDS TO RESOLVE CONFLICT WITHOUT VIOLENCE** **13 Minutes** English
Gives parents the Three T's for resolving conflict: Think about it, Talk about it and Try to work it out. Gives illustrations for each of the Three T's with an emphasis on compromise.
- 548 MEDICAL ASPECTS OF CHEMICAL DEPENDENCY** **22 Minutes** English
Explains how mood-altering substances alter the chemicals in the brain, and how this in turn affects heart rate, breathing, sensory perceptions - and more. (Discussion Guide available)
- 549A RAGE, RECIDIVISM & RECOVERY: PART I: AN INSIDER'S VIEW OF RAGE & THE CYCLE OF RECIDIVISM** **20 Minutes** English
Follows three formerly violent, habitual offenders as they confront the rage, hate and fear in their lives and demonstrate how it is possible to break the chain of recidivism. Examines and discusses the turning point in their lives, the choices they made, the tools they have used, and the rewards
- 549B RAGE, RECIDIVISM & RECOVERY: PART II: THE PATH TO RECIDIVISM & RECOVERY** **25 Minutes** English
Follows three formerly violent, habitual offenders as they confront the rage, hate and fear in their lives and demonstrate how it is possible to break the chain of recidivism. Examines and discusses the turning point in their lives, the choices they made, the tools they have used, and the rewards
- 550 PUTTING THE BARS BEHIND YOU** **23 Minutes** English
Teaches the ex-offender new job search methods. These methods were designed to reduce job search time and lessen the risk of being "screened out" before having the chance to interview. Ex-offenders learn how to answer tough interview questions. Depicts how to and how not to conduct oneself during the job interview. Presents the stories of ex-offenders who tell their stories and offer advice on what to expect from employers in the interview and job search process.
- 551 JUVENILE LAW AND YOU** **29 Minutes** English
Follows the cases of three young people through the juvenile justice system: A minor needing the protection of the court from adult abuse, a first-time offender on a criminal charge, and a repeat offender. Explains the roles of police officers, probation officers, attorneys, social workers and judges in the court cases.
- 552 DRUG TESTING IN THE WORKPLACE** **24 Minutes** English
Emphasizes the right of all employees to a safe and secure workplace. Shows drug testing is shown not as a law enforcement tool, but as a diagnostic tool to help those who need help and to help prevent accidents on the job.

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- 553 UNDER THE GUN** **28 Minutes** English
Explores the ways in which students' choices are affected both by peer pressure and by adult society's acceptance of handguns as tools of power and protection. Presents the fact that everyday fights and conflicts can turn deadly when guns are used and provides strong models of positive
- 554 HOOKED** **44 Minutes** English
This ABC News Turning Point program examines why some of the unlikeliest people have become junkies. Some of the addicts in this program have recovered, others are recovering, and others still feed their habit while assuring the world they'll recover sometime.
- 555 NO BIG DEAL: A PROGRAM ABOUT INHALANT ABUSE** **20 Minutes** English
Dispels the belief that "sniffing is a relatively harmless way to get high. Presents the physical and emotional effects of sniffing, and presents confidence-building advice for making healthier, better-
- 556 MARIJUANA: GETTING THINGS STRAIGHT** **17 Minutes** English
Examines the history of marijuana use, its psychological, emotional, and physical effects, and the legal consequences for those who use it.
- 557 INFLUENCES: INNOCENCE BETRAYED (SPANISH)** **24 Minutes** Spanish
Explores the impact on society of a growing population of children and adolescents permanently disabled by prenatal substance abuse. Follows children and their guardians as they attempt to cope with baffling learning and behavioral disabilities. Introduces us to children who are unable to learn how to read, and adolescents who seem to function without conscience.
- 558 STREET DRUGS (SPANISH)** **30 Minutes** Spanish
Explains how "Street drugs" are any substance bought or sold, used or abused outside a normal doctor/patient relationship and how these drugs affects both the brain and the body. Covers initial effects, withdrawal, and long-term effects of each drug, and makes the dangers of drug use clear.
- 559 STREET DRUGS** **30 Minutes** English
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- 560 JUST BECAUSE** **35 Minutes** English
Looks at kids incarcerated for violent crimes and families who have lost children to violence that surrounds them, contrasted with young people who have chosen a philosophy of non-violence and troubled kids who have turned their lives around. Offers young people insight on how to break the
- 561 GROWING UP NOT A CHILD** **55 Minutes** English
Focusing on the positive forces that have lifted teens out of the cycle of violence that surrounds them. Explores the connections each has made with family, school, church, community and the arts.
- 562 BREAKING TIES** **55 Minutes** English
Presents a compelling and honest look at impoverished teenagers in America.
- 563 SAY GOODBYE CAMEL JOE** **8 Minutes** English
Fast-paced, "MTV-style" video. Using lively visuals and music along with teen comments to reveal some of the deceptive advertising techniques used by the tobacco industry to target children. Ideal for use in media studies or tobacco education.

564 YA NO MAS!

28 Minutes Spanish

Spanish language video-based workshop about emotional and physical violence against women. Designed for use in self-help groups and public forums, the video workshop uses dramatic re-enactment's and on-camera interviews to educate and initiate discussion about the various forms of domestic abuse suffered by million of women. Sponsored by the Group de Mujeres (Women's Group) of San Cristobal Las Casas, shot on location in Chiapas, Mexico, and produced in collaboration with psychologists, social workers, activists and filmmakers in Mexico and the U.S. Designed to stimulate discussion and personal testimony, and complete with a bilingual facilitator's manual. Excellent resource for domestic violence counseling programs and shelters, as well as educational

565A FIGHTING BACK: COMMUNITY INITIATIVES TO REDUCE DEMAND FOR ILLEGAL DRUGS AND ALCOHOL

16 Minutes English

Presents concept, philosophy and perspective on the national Fighting Back program, with comprehensive discussion from program developers, project directors and others involved in the Fighting Back movement. Highlights many promising local innovations.

565B FIGHTING BACK: SUBSTANCE ABUSE TREATMENT FOR WOMEN: SUCCESS OF THE LITTLE ROCK FIGHTING BACK WOMEN'S TREATMENT NETWORK

11 Minutes English

The Little Rock Fighting Back Women's Treatment Network was designed to address the special needs of an under served segment of substance abusers: women. Women especially those who are pregnant and/or raising children, face unique, gender-specific challenges. Historically, treatment for drug and alcohol abuse has been based on a male model of treatment. Now that more women have become users, there is a mandate to tailor services to meet their specific needs. This video documents the stellar contribution made by Little Rock Fighting Back and the example of how the coalition facilitated a coordinated inter-agency effort to combat drugs and alcohol abuse in Little Rock.

565C FIGHTING BACK: COMMUNITY COVENANT: A PROJECT NEIGHBORHOOD INITIATIVE

23 Minutes English

Documents a landmark Community Covenant to reduce the problems caused by the sale of alcohol to minors in Kansas City, MO. Fighting Back's Project Neighborhood and the Concerned Retailers of Kansas City - a group of 14 liquor store owners - publicly signed an agreement to officially begin working as a collective body to prevent underage drinking and the selling of illegal drugs outside liquor stores. Community residents were complaining that certain liquor stores in the area were selling alcohol to minors. After investigating the allegations, officials conducted several sting operations. Liquor store owners charged community members and government officials with "scapegoating," and not addressing the real problem - the IDs used by minors and the sale of drugs

565 FIGHTING BACK; "LA SALIDA" THE WAY OUT!

8 Minutes English

Part of Fighting Back's crusade to reclaim San Antonio youth has taken the unlikely form of a collaboration with the U.S. Army at Fort Sam Houston. This prevention program sends students who will be entering the fifth grade to a two-day leadership training session at Bill's Training Camp of the 5th Army Division. True to the Fighting Back philosophy of utilizing existing resources, La Salida has a variety of organizational supporters. Training can be a rude awakening for some. The kids stay in military huts with two "hut men" leaders who are regular members of the military. Along with the modified regulation army basic training, La Salida participants negotiate an obstacle course, learn life skills, substance abuse prevention, etc. This video summarizes the process.

566 HEMP: CHASING SMOKE

36 Minutes English

A high school pot user watches a video on marijuana in class. His father is in prison on marijuana-related charged, and his mother smokes all day. The student's family use issues are tied in with the examples and interviews in the video. Health experts, representatives of the law, teenagers, middle-aged hippies--they all discuss their personal or professional encounter with pot, the short term pleasure v. long-term effects, the fact that drugs have become a part of some families' legacy. They list ample evidence which shows that family background can engender drug abuse (user children of users), or cause it (lack of self-esteem, confidence, love, support). The video's political/legislative message is that marijuana should not be legalized, but laws should be applied more fairly and in a

- 567 MARIJUANA: THE INSIDE STORY** **25 Minutes** English
 Uses an educational strategy is to make children disgusted with the possible consequences of using pot. Utilizes cartoons children are introduced to the basic drug terminology and the effects of THC on the cells, and the bodies and minds of users. Summarizes and reinforces educational messages so they can be easily shared with others.
- 568 ENTENDIENDO EL USO Y ABUSO DEL ALCOHOL** **15 Minutes** Spanish
 Uses animation to explain alcohol's effects on the body and mind of those who use and abuse it. Reviews and colorfully illustrates the four stages of intoxication. Shows how increasing levels of alcohol intake disturb the balance between reason and emotions, i.e. causing drunk people to react violently. Messages sent include: know your limits, do not drive even if you drank little, do not drink just because everyone else is.
- 569 STILL WATERS** **35 Minutes** English
 Dramatizes a normal and average family, with its complex but common problems. Portrays tensions between teenager and parent, husband and wife, are so real, that this could be any family on any street, in any town. The family comes to a crisis point when Jeff gets in a boating accident while drunk. Alcoholism and dysfunctional behavior perpetuate each other in a vicious cycle. This vivid on-screen illustration will stir up conversation and thought about alcohol as the cause and/or consequence of family conflict and dysfunction.
- 570 DRUG WARS: CRANK COUNTY** **24 Minutes** English
 Provides stories of meth users, and professionals who have dealt with meth users (law enforcement, judicial system, medical experts, and treatment counselors). Explains the dangers of methamphetamine and stresses that education is the key to prevent meth use and subsequent
- 571 DRUG WARS: ONE FAMILY'S BATTLE** **25 Minutes** English
 Describes one woman's story of the progression of her brother's drug addiction. Highlights the fact that one can be an intelligent, educated person with knowledge about the dangers of drugs and can still fall into the trap of addiction.
- 572 METHAMPHETAMINE: THE RUSH TO CRASH** **28 Minutes** English
 Describes the history of production and medical uses of meth as well as meth's effects on the body. Includes testimonies from former meth users. Discusses effects on unborn children when the mother uses. Talks briefly about recovery.
- 573 J.R.'S STORY: THE DISABILITY OF CHEMICAL DEPENDENCY** **28 Minutes** English
 Depicts a story about a disabled individual (J.R.), who is also chemically dependent. Reveals the denial both, he and his friends have regarding his chemical dependence. At one point, the interviewer of this video confronts J.R. about his drug/alcohol use and he decides to enter into
- 574 HAPPY HEALTHY BABIES & MOMS: THE FIRST 90 DAYS** **60 Minutes** English
 Sequel to the original newborn care classic show. Gives advice to new mothers on how to take care of their newborns and themselves. Provides answers to commonly asked questions.
- 575 JOURNEY TO LONG LIFE (KHMER AND ENGLISH VERSION)
 SMOKING CESSATION VIDEO** **33 Minutes** English
 Covers the dangers of smoking and how one family helps their grandfather deal with his lung cancer from smoking. Includes testimonies from other Cambodians as to how difficult it is to quit smoking and how second hand smoke can harm non-smokers. Provides tips on how to quit smoking and what to expect when you quit (return of taste, developing a high, more energy).
- 576 EVERYTHING TO LIVE FOR** **52 Minutes** English
 Presents the stories of four youngsters who tried and two who succeeded at suicide. Includes interviews with the families and the two surviving teens who talk about the causes or presumed causes of the catastrophic actions taken; the cries for help that went unheeded; the warning signals that peers, parents, teachers, and counselors dare not disregard.

- 577 UNDERSTANDING THE INFLUENCE** **35 Minutes** English
Helps youth understand why people drink. Discusses the influence of advertising and how it is targeted toward youth. Discusses the glamorization of alcohol use, alcohol availability, and underlying messages of alcohol advertising. Illustrated how advertising creates norms and provides counter-arguments to ads. Outlines facts about alcohol (i.e., it is a drug, can be very harmful to
- 578 PARENT SURVIVAL: A GUIDE TO YOUR RECOVERY** **70 Minutes** English
Seminar is aimed at parents who have a chemically dependent child/teenager. Offers insight on how to deal with issues surrounding chemical dependence.
- 579 SAYING GOODNIGHT TO THE SUN** **30 Minutes** English
Describes a group of Alaskan Native villagers who have created "The Rural Providers Conference," a community free of drugs and alcohol and believe that this goal cannot be accomplished by an outside agency but the people of the community themselves. Discusses the usefulness of the "talking circle" in sharing feelings and the incorporation of other traditions in overcoming chemical dependence.
- 580 NASSAU BOCES (BUILDING BRIDGES): PROJECT SUPPORT** **35 Minutes** English
Describes a program, project support, which was implemented as a 5 year demo project in Long Island, New York. This program emphasizes education, substance prevention, and drop out prevention. Also utilizes a mentor program to help teens deal with stress and gain support.
- 581 OPENING DOORS: TECHNIQUES FOR TALKING WITH SOUTHEAST ASIAN CLIENTS ABOUT ALCOHOL AND OTHER DRUG ISSUES** **60 Minutes** English
Helps service providers develop techniques to help Southeast Asians become aware of alcohol and drug problems. Demonstrates interviewing techniques. They are done in the native tongue and provide time at the end for interviews. Discusses risk factors Southeast Asians possess for
- 582 ADDICTED** **59 Minutes** English
Illustrates the "Face" of addiction and shows that anyone can become addicted. Follows the story of one man's battle with addiction. Provides facts about alcohol and drugs, ex: that alcohol is a drug and kills five (5) times more people than all other illicit drugs combined. Discusses health care costs related and health problems related to alcohol use. Covers alcohol dangers of drink and driving, peer pressure and harm alcohol causes during pregnancy. Covers alcohol related violence and discusses similar issues with drugs. Talks about dangers of smoking as well.
- 583 DRUG ABUSE AND THE BRAIN** **26 Minutes** English
Describes biological basis for addiction. Emphasizes that addiction is not due to some inherent immorality or lack of will power within an individual. Points out that the realization that chemical dependency has a biological component will help both treatment counselors and patients overcome
- 584 WHO'S DRIVING? FOR IMPAIRED DRIVING OFFENDERS** **23 Minutes** English
Follows a man arrested driving under the influence of alcohol. Includes interviews with former DUI offenders and victims, doctors, counselors, and judges about the risks and damage caused by drunk
- 585 THE ART OF ASSERTIVENESS 1998** **20 Minutes** English
Presents how to effectively communicate with family, friends, and coworkers using the assertive communication technique. Demonstrates the negative results of the other communication styles: passive, aggressiveness, passive-aggressive. Goes through several scenarios to demonstrate the various techniques of effective and ineffective communication. 1998
- 586 POSTPARTUM EMOTIONS: THE BLUES AND BEYOND** **17 Minutes** English
This video explores the various healthy and unhealthy emotions experienced soon after delivery. Differentiates between "baby blues" and normal adjustment from postpartum anxiety, postpartum depression (PPD) and psychosis. Identifies symptoms which are problematic, and suggests various intervention methods to help with the baby's and mom's well being. Emphasizes the idea that it is normal to have negative feelings after delivery of the baby as this is a difficulty life adjustment.

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- 587 MARIJUANA: THE MIRROR THAT MAGNIFIES** **28 Minutes** English
Explores the history, the physical, psychological, mental, physiological effects of smoking marijuana. There are various interviews with marijuana smokers, medical doctors, pharmacists, and others about the desired effects and side effects of marijuana usage. Illustrates how marijuana affects social and personal relationships with family, friends and coworkers.
- 588 MY POT VIDEO: A TEENAGER'S CANDID LOOK AT MARIJUANA USE** **17 Minutes** English
Follows Mike Morgan, a high school student, is court ordered to produce a video about marijuana use. In the beginning, he is skeptical about the negative effects of marijuana. However, after the interviews with ex-marijuana users, current marijuana users, and a drug counselor, Mike becomes aware of the addicting power of marijuana. When he finally interviews his friend of 10 years, a marijuana user, and sees the change in her appearance and behavior, he learns the truth about this
- 589 UNDERSTANDING A NEED FOR ALCOHOL AND OTHER DRUG ABUSE PREVENTION FOR PEOPLE WITH DISABILITIES** **15 Minutes** English
Demonstrates that drug and alcohol abuse are common in the disabled, as they try to cope with their loss and handicap. Points out, through interviews, the factors which place a disabled person at risk for alcohol and drug abuse. Shares intervention techniques and strategies for rehabilitation.
- 590 TIME TO SPEAK** **57 Minutes** English
Consists of 2 parts. Part I, "The Wounded (23 min), discusses the factors behind child abuse and also shows the help being done to assist children in coping with violence. Part II, "Stealing", follows the treatment and recovery of a group of 12-18 year old boys in dealing with the severe emotional problems originating from familiar abuse. Attempts to show that abuse is a cycle that follows families for generations, destroying relationships and lives.
- 591 LEARNING THE HARD WAY** **25 Minutes** English
Includes interviews with young people serving time for drunk driving and vehicular manslaughter who reveal their anguish and grief that they will always live with. They admit and acknowledge their thoughtlessness, grief, and responsibility in their action that resulted in the deaths of friends and strangers, the devastation of families and the permanent alterations of many lives.
- 592 TOBACCO TROUBLE** **12 Minutes** English
Uses Donnie Dinosaur to teach children about the dangers of smoking: Milo and Sandy are about to smoke a cigarette in a cave. Donnie Dinosaur stops the kids and warns them about the dangers of smoking. Donnie also talks about addiction, peer pressure and secondhand smoking. Nic Nicotine and his ugly friends try to persuade Sandy and Milo to smoke through attractive advertisements, but Donnie argues each point. Through songs and pictures, Milo and Sandy learn that "the only way to have a healthy body is by saying "no" to all drugs!"
- 593 INHALANTS, THE TRICKY DRUGS** **7 Minutes** English
Teaches young adolescents about the dangers of inhalants, such as solvents and aerosols, that can be bought in the store. Demonstrates the difference between using familiar products (ex. glue) safely and abusing them as drugs, the signs of inhalant abuse, both mental and physical, ways to say "no" to all drugs, and the types of products to look for and how to use them correctly.
- 594 SEXUALITY, ALCOHOL AND DRUGS** **26 Minutes** English
Attempts to demonstrate the connecting forces of alcohol, drugs and sexual pressure in society. Presents the message that people use drugs and alcohol to escape the possibility of feeling guilt, shame and anger after having sex.
- 595 CROSSING THE LINE** **29 Minutes** English
This video shows interviews with people convicted of drunk driving and vehicular manslaughter, family and friends of victims of drunk driving, and police officers who investigated the crash scene. Stresses that no one is invulnerable to killing someone if they are drinking and driving.

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- 596A WORKING IT OUT AT MADISON SERIES: WORKING IT OUT** **24 Minutes** English
Two young students, classmates at Madison High School, have many fights that results in violent behavior and racial slurs. After fighting in the hallway and getting caught by the principle, they are offered a choice between mediation or suspension as punishments with their choice of mediation. The two young students work through their disagreement. By placing their anger aside and finally listening to each other, they are on the path to resolution of the problem. (Discussion Guide)
- 596B WORKING IT OUT AT MADISON: CLASS ACT** **26 Minutes** English
Greg Peterson is having trouble at school. He argues with teachers, arrives tardy for classes and his grades are poor. His poor attendance record, his reputation as a trouble maker and his dismal academic standing convince the nice principal that Greg needs to be suspended from school. Greg frustrated with his life, believes the best choice is to just drop out of school. His friend convinces him not to do it. This video gives some reasons as to why some people drop out of school.
- 596C WORKING IT OUT AT MADISON: THE BOY WONDER** **28 Minutes** English
Tom looks like he has no problems. He's respected by his teachers and his peers. He's an excellent student, a top athletic and has a lot of responsibility at home. Tom has to take care of his younger brother, the house, and the bills, because his mother drinks too much alcohol. This video emphasizes the pain and difficulty experienced by a young person living in a family in which there is a chemical dependency. (Discussion Guide available)
- 596 WORKING IT OUT AT MADISON: BEST FRIENDS** **26 Minutes** English
Laura has considered Carol her best friend since they were babies. Now, Laura finds out that Carol has involved herself with a new crowd of friends that are involved with drugs and alcohol. This video deals with the complexities involved in dealing with a close friend who is abusing alcohol and drugs, the idea that we cannot change another person's behavior, and what it means to be a
- 596 WORKING IT OUT AT MADISON: THE CIRCLE** **26 Minutes** English
Michael is in trouble because ever since his father Frank returned home, Michael has been doing poorly in school and alienating his friends and family. He spends his spare time drinking and getting drunk. Michael's drinking problem leads him to being suspended from school and then picked up for drunk-driving. This video helps the viewer understand the cycle of alcohol abuse, to recognize the effects of dependency on families, and learn how another culture (like Native Americans) deal with alcohol dependency and abuse. (Discussion Guide Available)
- 596 WORKING IT OUT AT MADISON: NOT JUST ANYBODY** **24 Minutes** English
Sam is openly a moron with his girlfriend Allison at a party. He takes her to a bedroom. Allison is uncomfortable but she does not actively discourage him. Sam tries to have sex with her. Allison objects, but by this time things have started to get out of hand. She runs out of the room in tears. This video identifies the unspoken "rules" that govern male-female relationships, particularly in the area of sexuality. Teaches the viewer how to take responsibility for one's sexuality rather than being victimized by peer pressure. (Discussion Guide Available)
- 596G WORKING IT OUT AT MADISON: BREAKING THE CHAIN** **23 Minutes** English
Lisa is bound for college next fall and is very excited about it. Unfortunately, her boyfriend doesn't share her enthusiasm. Alex is very possessive of Lisa, and very threatened by the prospect of losing her to a life in which he has no interest. Alex's jealousy erupts because of his low self esteem. This video helps to distinguish between a healthy and unhealthy relationship, identify some of the warning signs that indicate a propensity toward violence in relationship, and ways of handling anger constructively. (Discussion Guide available)

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- 597A BEAT THE STREET SERIES: CLEAN & SOBER IN THE CITY, STREET SMARTS** **38 Minutes** English
Introduces key urban relapse prevention strategies for staying clean and sober. Stresses complete abstinence not doing it alone, accepting disappointments, coping with chronic stress, resisting "easy" money, avoiding the old neighborhood, stress, and planning to handle offers of drugs and alcohol. Includes candid interviews with recovering addicts, through which viewers learn the pitfalls and traps that prevent recovery. (Discussion Guide available)
- 597B BEAT THE STREET: BACK ON THE BLOCK** **39 Minutes** English
Discusses the first weeks home after going through a recovery program or prison dealing with housing, old friends, and triggers. Includes interviews with recovering addicts, through which viewers learn about avoiding active users, create a support system, keeping busy, preparing to handle running into old friends, and preparing to cope with triggers in the neighborhood. Discusses several support networks: friends, religion, and spirituality. (Discussion guide available)
- 597C BEAT THE STREET: RECOVERING RELATIONSHIPS** **38 Minutes** English
Discusses the ways of coping with relapse traps that occur in relationships with friends, family, children, and lovers. Helps viewers recognize and avoid traps by coping with an unsupportive or dysfunctional family, avoiding the issue of rescuing other men's and women's issues on early treatment, dealing with guilt over past parenting mistakes, and coping with the stress of parenting in recovery. (Discussion guide available)
- 597 BEAT THE STREET: CATCHIN' FEELINGS** **40 Minutes** English
Deals with new ways to cope with emotions, techniques for handling with anger, shame, guilt, self-pity that surround chronic illness like HIV/AIDS. (Discussion Guide available)
- 597 BEAT THE STREET: MAKING IT HAPPEN** **38 Minutes** English
Deals with work, money, school, and going for dreams in long term recovery. Includes goals for getting and keeping work, dealing with financial stress, going back to school, and giving back to the community. (Discussion guide available)
- 598A YOU CAN CHOOSE!: COOPERATION** **28 Minutes** English
Moose learns how to work in harmony with other people. When his insistence on always having his own way causes the breakup of his singing quartet, Moose discovers the benefits of cooperating, and learns what it takes to be a cooperative animal. (Discussion guide available)
- 598B YOU CAN CHOOSE!: BEING RESPONSIBLE** **28 Minutes** English
Rhonda Bird faces a tough choice between having a good time and being responsible to her friends. When a chance to go to Disneyland conflicts with her commitment to work on a school group project, Rhonda makes the responsible choice, winning the respect of her friends and making her feel very good about herself.
- 598C YOU CAN CHOOSE!: DEALING WITH FEELINGS** **28 Minutes** English
Tuggy Turtle discovers the importance of being honest about his emotions. In trying to hide his fears about going on a weekend camp out. Tuggy makes himself miserable and almost ruins his friendship with Moose before learning that it's best to accept his feelings and express them honestly
- 598 YOU CAN CHOOSE!: SAYING NO** **28 Minutes** English
Missie Mouse has to choose whether to say "no" to a friends or do something she knows is wrong. When Missie's best friend, Rhonda, tries to pressure her into smoking cigarettes, Missie agonizes over her options before discovering that there are ways to say "no" without ruffling Rhonda's
- 598 YOU CAN CHOOSE!: DOING THE RIGHT THING** **28 Minutes** English
Rhonda and Fiona discover that doing what's right feels a lot better than doing what they can get away with. When they find a lost wallet on the playground, the girls struggle with the temptation to spend the money before finally concluding that it's not theirs to spend.

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- 598 YOU CAN CHOOSE!: DEALING WITH DISAPPOINTMENT** **28 Minutes** English
Missie Mouse must learn to keep perspective and handle disappointments in a positive way. When her baseball team falls into last place, Missie almost gives up the game before realizing that losing is not the same thing as being a loser.
- 598G YOU CAN CHOOSE!: APPRECIATING YOURSELF** **28 Minutes** English
Tuggy Turtle learns that being himself is a lot better than pretending to be something he's not. When Tuggy becomes troubled by feelings of inadequacy, his friends help him to recognize and appreciate his positive inner qualities.
- 598H YOU CAN CHOOSE: ASKING FOR HELP** **28 Minutes** English
Moose cannot read but he pretends he can so he won't embarrass himself. After ruining a group science project, Moose finds that the only way to fix his reading problem is to ask for help. This video teaches children that when they need help, they should not be afraid or embarrassed to ask for help.
- 598 YOU CAN CHOOSE: BEING FRIENDS** **28 Minutes** English
Rhonda, Missie, and Fiona learn about the complex nature of friendship. When Missie is not invited to the "in" party, the three girls are forced to deal with the differences in their relationship with each other.
- 598 YOU CAN CHOOSE; RESOLVING CONFLICTS** **28 Minutes** English
Tuggy and Rhonda learn that there are ways to resolve disagreements without fighting. When a dispute between them puts their class art project in jeopardy, Tuggy and Rhonda learn to work out interpersonal conflicts in a peaceful and positive way.
- 599A MOYERS ON ADDICTION-CLOSE TO HOME: PORTRAIT OF** **57 Minutes** English
Presents the story of nine men and women - all recovering from drug and/or alcohol addiction. Includes stories from a former narcotics agent, now recovering from a cocaine habit; a mother of three who is a marketing specialist; a former addict and founder of Stand Up Harlem, a community of HIV-positive addicts and recovering addicts; a journalist and former addict who actually served as the researcher for Moyers on the series. This candid testimony from people who have been there leaves little doubt that addiction can happen to anyone and so can recovery.
- 599B MOYERS ON ADDICTION-CLOSE TO HOME: THE HIJACKED BRAIN** **57 Minutes** English
Aided by powerful new diagnostic tools, scientists are making dramatic discoveries about how addiction affects the brain. Goes into the laboratory to follow researchers engaged in charting an "image of desire in the brain." See images of a cocaine user's brain as the drug takes effect, and a doctor explains how these scans reveal addiction as a chronic relapsing brain disease. Observes a genetic researcher as he monitors a variety of factors that may determine who is likely to develop an addiction.
- 599C MOYERS ON ADDICTION-CLOSE TO HOME: CHANGING LIVES** **81 Minutes** English
Reveals that while addiction may cause similar changes in the brains of different people, recovery is a very individual solution. Points out that changing behavior is the aim of treatment, but no single treatment program will work for all addicts. Visits the Ridgeview Institute near Atlanta to interview recovering addicts and sit in on a group therapy session. Also visits Project Safe, an innovative treatment program that reaches out to disadvantaged mothers who are addicts, and to their children who are at serious risk of becoming addicts.
- 599 MOYERS ON ADDICTION-CLOSE TO HOME: THE NEXT GENERATION** **57 Minutes** English
Looks at efforts by experts who are increasingly focusing on prevention efforts based on community and family. One works with parents addicted to heroin by teaching them how to repair the damage to family wrought by drug abuse, and in spite of it, how to raise strong, resilient children. In a second program, vigilant counselors in Dade County schools watch for kids at risk of becoming drug addicts, and offer immediate counseling for those who are already involved with drugs. Addresses nicotine addiction through a program that provides classes designed to prevent students from smoking, and another program that helps them stop if they've already begun to smoke.

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- 599 MOYERS ON ADDICTION-CLOSE TO HOME: THE POLITICS OF ADDICTION** **57 Minutes** English
Confronts how our society tries to solve the drug addiction problem through public policy. The video discusses public policy like proposition 200 which allows treatment over incarceration for nonviolent drug addicts. Includes interviews with members of congress, doctors, and policy
- 600 ALCOHOL POLICY: A PUBLIC HEALTH PERSPECTIVE** **60 Minutes** English
Introduces communities to a public health perspective on community alcohol-related problems. The relationship of alcohol problems to the availability, price, promotion and consumption of alcohol is presented, as well as prevention strategies for each issue (80 slides). (Multiple copies available.)
- 601 ALCOHOL ADVERTISING AND WOMEN** **30 Minutes** English
Focuses on the alcohol industry's increased efforts to target women in their advertising campaigns. This show also examines how alcohol advertising influences the portrayal of alcohol problems in the media which relies upon alcohol advertising for significant portions of their revenue (34 slides). (Multiple copies available.)
- 602 PROMOTION AND PRICE: HOW THE ALCOHOL INDUSTRY TARGETS YOUTH** **30 Minutes** English
Focuses on the methods the alcohol industry uses to promote their products to youth. Alcohol advertisements in college newspapers, sponsorship of sports events by alcohol producers, the packaging of alcoholic beverages to look like soft drinks, and the effect of price on consumption and problems are examined (36 slides). (Multiple copies available.)
- 603 TOBACCO PREVENTION: A PUBLIC HEALTH PERSPECTIVE** **45 Minutes** English
This slide show illustrates the promotion of tobacco products and the health problems associated with their use. It examines how individuals interact with their environment in the development of tobacco use patterns and problems. The show contains slides illustrating how the tobacco companies target ethnic groups, women and youth; suggests prevention strategies to reduce tobacco-related problems
- 604 DRUGS IN THE WORKPLACE (LEADER'S GUIDE)** **35 Minutes** English
This slide show is designed to educate supervisory personnel and employees about substance abuse. The program describes each drug's properties and effects on users. The effectiveness of the program depends in part on the presenter's knowledge of the material. You should review the script beforehand and use the resources listed at the back of the leader's guide. This presentation is designed to be a "trigger film" and is most effective when used as part of an overall prevention program. You may read directly from the script in the leader's guide or use the sound track provided
- 605 NUTRITION: A TOOL FOR RECOVERY (LEADER'S GUIDE)** **75 Minutes** English
This slide show examines nutrition and describes its role in recovery and relapse prevention. It also explains that exercise and rest provide a foundation for mental, emotional and spiritual recovery. It focuses on fit vs. fat and exercise rather than calorie counting. (44 slides).
- 606 ALCOHOL, DROGAS, Y USTED (SPANISH)** **35 Minutes** Spanish
This slide show is designed to educate people about the often overlooked dangers of combining alcohol, over-the-counter drugs and/or prescription drugs. It covers common situations which arise in the home and in the workplace. A script is provided in Spanish. A soundtrack is also available in Spanish to be used with audio capability slide projectors.
- 607 COLLEGE ALCOHOL POLICY SLIDE SHOW** **45 Minutes** English
This slide show illustrates many of the points in a White Paper titled "Alcohol Practices, Policies and Potential of American Colleges and Universities". It describes the extent of drinking on college campuses; the health, social, academic and economic costs thereof; the areas of intervention that are open to schools; and the relationship of many university policies and practices to this problem. It is organized into two major sections. The first describes the nature of the problem. The second describes what colleges and universities are doing to deal with the alcohol problem, the alternatives, possibilities, complexities and limitations. (Brief slide notes and other support

- 608 PURA VIDA PURAS MENTIRAS: ALCOHOLIC BEVERAGE INDUSTRY TARGETING OF LATINOS** **0 Minutes** English
 Begins by looking at alcohol's role in Latino culture, from pre-Columbian times to the present. Shows how marketers have usurped Latino culture in an attempt to embed their products in the lifestyles of Latinos. Use of Latino role models and Catholic imagery, and efforts to buy off community organizations with philanthropy are documented. Depictions of organized community responses to alcohol advertising inspire and demonstrate how to take action to promote healthier communities. Spanish and English script available. (52 slides)
- 609 LIE, CHEAT AND STEAL: HOW THE ALCOHOLIC BEVERAGE INDUSTRY MARKETS TO AFRICAN-AMERICANS** **0 Minutes** English
 Shows how alcohol advertising and marketing lies about the health consequences of alcohol for African-Americans; cheats on its own codes of good marketing when targeting African-Americans, and steals African-American heroes, holidays and culture in order to sell the product. The show is designed to inspire people to action, and comes complete with script. (43 slides)
- 610 INTOXICATING ILLUSIONS - SEE THROUGH THE ALCOHOL ADS** **30 Minutes** English
 This slide show is designed to increase the public's knowledge about alcohol industry tactics and how their advertising campaigns contribute to alcohol related problems. It contains material which may be adapted for a variety of audiences from high school to adults. The show focuses on the public health perspective of alcohol problem prevention. The slide show is scripted and comes with a facilitator's guide that suggests several activities and ways to get involved.
- 611 DANGEROUS PROMISES: HOW ALCOHOL ADVERTISING REINFORCES AND TRIVIALIZES VIOLENCE AGAINST WOMEN** **0 Minutes** English
 The Dangerous Promises slide show is part of a campaign to eliminate alcohol advertising and promotions which reinforce or trivialize violence against women. The Dangerous Promises campaign proposes that the beer, wine, and distilled spirits industry associations adopt and adhere to the following advertising guidelines: Alcohol advertising and promotion should not reinforce or trivialize the problem of violence against women. Alcohol advertising and promotions shall not:
 1) degrade, demean, or objectify the form, image or status of women or any ethnic or minority group;
 2) associate alcohol with adversarial, abusive, or violent relationships or situations; or 3) suggest sex as an expected result of or reward for drinking alcohol. Use this slide presentation and the information in it to educate people about the problem and the campaign, and invite them to support
- 612 IMAGES ABOUT ALCOHOL - 3rd Edition** **75 Minutes** English
 Images About Alcohol is an educational tool designed to raise awareness about alcohol-related issues with a wide variety of groups at the local level. The program contains 140 color slides that provide a comprehensive overview of key issues including: 1) alcohol problems in our society; 2) alcohol advertising; 3) alcohol and high-risk populations; 4) alcohol and sports; 5) drinking and driving; and 6) public alcohol policy. In-depth information on each of 13 topic areas is contained in a separate 235-page, scripted facilitator's manual. The slide show may be shown in part or whole. Each section can be presented in about 15 minutes.
- 613 IMAGES ABOUT ALCOHOL, 2nd Edition: Impact on Minorities** **0 Minutes** English
 Slide show illustrates impact of alcohol advertising and consumption on minorities. Topics include alcohol consumption patterns and problems, alcohol availability, advertising and sponsorship, and
- 700 BEHIND THE WALL - THE TOUGHEST BEAT IN CALIFORNIA** **18 Minutes** English
 Discusses the life of the correctional officers in one of the toughest prisons in the state of California. Shows the violence that the correctional officers face everyday. Presents a brutal world where prison gangs murder to increase their power and settle old scores.
- 701 TB: A REALITY CHECK** **19 Minutes** English
 Tells the story of a lead singer of a band who contracts TB, and how the kids in the band learned the facts about TB. Teaches people about the signs, symptoms, and treatment of TB.

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- 702 PUBLIC SERVICE ANNOUNCEMENTS FROM THE PARTNERSHIP FOR A DRUG-FREE AMERICA, WINTER 1997** **40 Minutes** English
Various commercials that target drug abuse prevention.
- 703 INFORMATION FOR ACTION** **22 Minutes** English
Provides the results of a survey on alcohol abuse in the society. Provides background information on knowledge and attitudes regarding the use of alcohol at parties, social gatherings, and bars through interviews with DUI offenders.
- 704 AMERICAN TRAINING RESOURCE: SUBSTANCE ABUSE - REASONABLE SUSPICION** **16 Minutes** English
Targets employees and shows how they should treat employees that they suspect of alcohol and/or drug abuse. Highlights the signs and symptoms employees might have that indicate a possible drug problem. The two major changes often seen are a difference in performance and attendance in the workplace. Explains that if an employee tests positive for drug abuse, the employer may offer several options: suspension, treatment, etc.
- 705 MY WINGS GROW POWERFUL** **22 Minutes** English
Promotes the "Dare To Be You" Parenting Workshop. Discusses the skills and techniques for becoming a competent, understanding, and caring parents.
- 706 GATHERING THE CIRCLE** **25 Minutes** English
Discusses various prevention programs used for alcohol abuse with Native Americans. Shows how these programs integrate the cultural and religious beliefs of the Native Americans to help teach children about the problems of drug and/or alcohol abuse.
- 707 LET'S HELP YOUTH STAY DRUG FREE PART I & PART II** **118 Minutes** English
Utilizes a live panel of experts to discuss the problems of drug and alcohol abuse in today's society.
- 708 PART I: BUILDING COMMUNITY, FAMILY & YOUTH RESILIENCY: THE CREATING LASTING CONNECTIONS OVERVIEW PART II: PRODUCING MEASURABLE OUTCOMES IN PREVENTION: THE CREATING LASTING CONNECTIONS DESIGN** **57 Minutes** English
Contains two parts. Discusses ways to instruct children and their parents about the dangers of alcohol and/or drug abuse. Teaches the viewers that they can make a difference in their community, schools, and homes.
- 709 IT'S YOUR CHOICE: PREVENTING PREGNANCY & STDs (3 ring Binder with Video Inside)** **29 Minutes** English
Identifies the risks associated with sexual activity, including STD's, HIV infection, and pregnancy. Discusses myths that people believe about casual sex. This video also identifies the symptoms and method of transmission of STDs.
- 710 MICHAEL'S JOURNEY: GROWIN UP ISN'T EASY** **42 Minutes** English
Discusses the disease of alcoholism and the cycle of alcoholism in the family. Presents the story of Michael, who's father is an alcoholic. Michael is embarrassed by his father who drinks all the time. Michael tries to become the perfect son, but that does not stop his father from drinking. Discusses the idea that Michael cannot control his father's disease and he is not responsible for his father's drinking. (Discussion guide/kit available-Book and cassette).
- 711 MY SELF ESTEEM (SPANISH)** **18 Minutes** Spanish
Uses the story of Molly Kramer to illustrate ways to build self-confidence: eleven year old Molly doesn't think much of herself. A low grade in spelling and an embarrassing moment in class puts her self esteem at an all-time low. Suddenly her self-esteem comes to life - a mirror image of Molly who looks as bad as Molly feels. Molly's alter ego teaches Molly important techniques for developing self-esteem; liking yourself, communicating with respect, becoming an expert at something, and more. As Molly begins to feel better about her-self, her alter ego's appearance improves. At the end of the film, a newly-confident Molly has learned to value herself and others.

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- 712 STAYING SOBER AND STAYING FREE (SPANISH)** **45 Minutes** Spanish
Uses the story of Thomas "Hollywood" Henderson, a recovering alcoholic and drug addict went from Super bowl to cell block. He's staying sober and staying free. Thomas Henderson can reach the hopeless because he's been there. He's been where they are...he's where they want to be...sober and
- 713 PARENT TO PARENT PARENTING FOR SAFE & DRUG FREE YOUTH** **18 Minutes** English
Promotes PRIDE, a workshop that teaches parents how to help their children be aware of the dangers of drugs and alcohol. Taught by parents to other parents.
- 714 WHEN A KISS IS NOT JUST A KISS: SEX WITHOUT CONSENT** **36 Minutes** English
Includes a skit performed before a live audience shows how easily a date rape can occur. Following the skit, the audience has a chance to ask the actors questions while they are still in character. Shows how communication and better judgment could have made for a different outcome, and explains the role alcohol played in the rape.
- 715 STOP THE CHAOS** **46 Minutes** English
Offers strategies on how to stay motivated in maintaining recovery and how to make the necessary lifestyle changes. Provides vignettes of people who have struggled with staying sober and how they accomplished it. CLOSED CAPTION
- 716 METHAMPHETAMINE: DECIDING TO LIVE** **39 Minutes** English
Includes interviews with recovering addicts which show the consequences of meth addiction. Part one describes the mental and physical effects of the drug, while part two addresses the barriers to overcoming addiction but the rewards as well. CLOSED CAPTION
- 717 PICKING UP THE PIECES** **48 Minutes** English
Tells the story of one teenage girl's struggle to survive in an alcoholic family. Depicts the codependency, dysfunction, and denial that exist in such a family. Also illustrates how helpful, and for some, essential, Al-Anon can be in learning coping skills and finding support from others in the
- 718 ACQUAINTANCE RAPE: THE BROKEN TRUST** **22 Minutes** English
Provides examples of what qualifies as acquaintance rape. Gives startling statistics that show what a growing problem it is. Offers tips on how women can avoid acquaintance rape and protect
- 719 THE ART OF ASSERTIVENESS** **20 Minutes** English
Offers practical tools for helping viewers learn new ways to communicate. Explains that people develop effective communication through understanding different communication styles, identifying their own communication styles, and utilizing powerful communication techniques that can positively impact relationships with friends, family, and co-workers. Describes the Art of
- 720 DRUG DANGER: EASY TO START, HARD TO STOP** **12 Minutes** English
Discusses reasons why people use drugs even though they are harmful. Teaches refusal skills. Explains stages of addiction. (Teacher's Guide included)
- 721 YOU CAN REFUSE** **20 Minutes** English
Explains that children know how to stay out of trouble with strangers: They say no and walk away. But staying out of trouble with friends is another situation-and requires different skills. Shows how children can use refusal skills so that they can have fun and keep their friends but still stay out
- 722 ASK FOR IT** **20 Minutes** English
Learning to get along with others is a critical step in a child's social development. Arguments with friends, brothers, and sisters often come about when children take things without asking. Teaches elementary age students how to ask for things that belong to someone else.

- 723 A TUNE FOR TIPPY** **10 Minutes** English
 Uses a puppy named Tippy to tell children about alcoholism. Tippy's father is sick with alcoholism. Mrs. Hoot, the school nurse, tells Tippy about the effects of alcohol on the body and how to determine if someone is sick with alcoholism. She explains that alcohol is a powerful drug that children should never drink.
- 724 TIPPY'S NEW COLLAR** **0 Minutes** English
 Uses animal puppets to introduce young children to Tippy, a puppy troubled by his father's drinking and unpredictability. Tippy's new friends take him to talk to the school nurse, Mrs. Hoot. After she listens to Tippy's problem, she explains that his father is sick with alcoholism. She reassures Tippy that it's important for him to talk about his feelings.
- 725 STAYING OUT OF TROUBLE** **7 Minutes** English
 Teaches children the following self-control skills: Stop, think about what might happen, look around for something instead, and give yourself a pat on the back for staying out of trouble.
- 726 SAYING NO TO ALCOHOL AND DRUGS (Peer Pressure)** **12 Minutes** Spanish
 Designed for children from ages nine through twelve at which students have heard about, but hopefully not yet experimented with alcohol and drugs. Presents ways to say "no" to peers under friendly "I dare you" pressure, indirect pressure, and heavy pressure, when offered dangerous substances. Seeks to build self-esteem, assertiveness, and establishes awareness of positive
- 727 SAYING NO TO ALCOHOL AND DRUGS (Peer Pressure)** **12 Minutes** English
 Designed for children from ages nine through twelve at which students have heard about, but hopefully not yet experimented with alcohol and drugs. Presents ways to say "no" to peers under friendly "I dare you" pressure, indirect pressure, and heavy pressure, when offered dangerous substances. Seeks to build self-esteem, assertiveness, and establishes awareness of positive
- 728 MONICA & THE POWERFUL DRUG** **17 Minutes** English
 Educates young children about alcohol through an animated musical cartoon. Depicts a girl monkey, Monica, learning about alcohol and how it affects her older brother. Contains messages about health, family, resistance to peers, and ways to have fun without using drugs.
- 729 HOW TO HANDLE STRESS** **9 Minutes** English
 Provides young viewers with tools to identify and handle stress. Illustrate situations in which teachers, coaches, parents and peers cause pressure and anxiety. Teaches viewers what stress is, where it comes from, and how it affects them. Both the positive and negative physical and emotional
- 730 LOTS OF KIDS LIKE US** **28 Minutes** English
 Presents a true classic updated for today's young students: two young men discover they once attended camp together at a very important time in their lives. The story is of Ben and his sister, Laurie, trying to cope with their father's alcoholism with help from Conrad, a new friend from camp. Exposed to emotional abuse, they feel they have nowhere to turn. This touching video can help reach children of alcoholics and let them know they are not at fault, that they are not alone and they
- 731 INHALANTS** **20 Minutes** English
 Describes what inhalants are and how they damage the body. Provides strategies on how "to say no" to inhalant use.
- 732 MARIJUANA: WHY AND HOW TO SAY NO** **20 Minutes** English
 Offers strategies on how to refuse marijuana and presents other enjoyable activities one can do instead. Describes physiological effects of marijuana.
- 733 DRUG DANGER: IN THE BRAIN** **12 Minutes** English
 Explains the effects of drugs on the brain. Explains how the nervous system works and how drugs interfere with its functioning.

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- 734 DRUG DANGER: IN THE BODY** **12 Minutes** English
Provides information on gateway drugs and how drugs affect the body.
- 735 HAPPY, HEALTHY, DRUG-FREE ME (part 1)** **10 Minutes** English
Describes the different feelings we have and that we have choices in the way we handle them.
Discusses how rules help us make good choices. Explains why using alcohol and tobacco aren't
- 736 HAPPY, HEALTHY, DRUG-FREE ME (part 2)** **10 Minutes** English
Explains the effects of stress, why we feel stress and how to relieve it. States that using alcohol and tobacco are not effective ways to deal with stress. Talks about the myths the advertising companies create to promote the use of alcohol and tobacco to relax. (Teacher's Guide included)
- 737 ALCOHOL: IT'S NOT FOR ME** **9 Minutes** English
Describes how alcohol affects the mind and body. Explains that alcohol does not solve personal problems and suggests talking to adults instead. Provides refusal skills and other strategic skills.
- 738 THE TROUBLE WITH TOBACCO** **12 Minutes** English
Discusses advertising's influence on young people. Describes the dangers of tobacco and how peer pressure influences people to use it anyway.
- 739 DESIGNING OUT CRIME IN HOME & SMALL BUSINESS** **15 Minutes** English
Illustrates how the city of Los Angeles "designed out crime" by constructing residences and businesses in a way that discourages criminal activity. Offers strategies on how you can reduce crime in your community using the same techniques. Explains what Encourages/discourages
- 740 SOOPER PUPPY: PUFF OF SMOKE** **16 Minutes** English
Uses animal characters to teach children about the dangers of smoking. Baxter, alias Sooper Puppy, hears a newscast on the radio about a forest fire, just as he sees smoke coming from Big Jon's gopher hole. Assuming it is the forest fire, he puts a hose down the gopher hole and turns it on. Big Jon appears all wet with a cigarette hanging out of his mouth. Baxter asks Big Jon why he smokes. Big Jon brings up a magazine with a cigarette ad of a "cool looking man." Baxter exclaims, "You don't look like that." Big Jon, insulted, admits, "No, I look like a wet gopher!" Baxter learns about addiction from one of Grandpaw's animated stories about Schnopsie and her obsession with cookies.
He is able to talk to Big Jon about addictions and give him some suggestions for not smoking.
- 741 GET REAL ABOUT TOBACCO** **7 Minutes** English
Helps children see the consequences of their actions and make choices that will keep them out of
- 742 YOUNG WOMEN'S LIVES** **30 Minutes** English
Addresses risk factors for young women, as well as identifying their strengths. Helps women face their problems, locate supportive services, and encourages them to develop new ways of thinking and addressing challenges.
- 743 LETTING GO OF STRESS cc** **26 Minutes** English
Presents quick, easy, and effective stress reduction techniques. Teaches viewers how to relax your whole body and achieve a wonderful feeling of peace and well-being. Provides practical tips on how to lead a simpler, lighter, and more restful style of life.
- 744 A STORY ABOUT FEELINGS** **10 Minutes** English
Provides techniques to help children get in touch with their feelings, which can reduce the risk of them abusing alcohol and other drugs later in life.
- 745 KIDS AT RISK: AN ATTITUDE ADJUSTMENT FOR RAMIE** **16 Minutes** English
Helps kids process their feelings to effectively handle problems and relate to others in healthy ways.

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- 746 TWEE, FIDDLE, & HUFF** **17 Minutes** English
Uses a non-threatening allegory to show children of alcoholics/drug users that there is hope despite the situation at home. Emphasizes that sharing their feelings with others who have the same problem can help. (Facilitator's guide available)
- 747 KIDS AT RISK: COVERING UP FOR KEVIN** **19 Minutes** English
Illustrates the consequences of using alcohol and other drugs and the additional pitfalls of enabling
- 748 KIDS AT RISK: CHOICES AND CONSEQUENCES** **35 Minutes** English
Presents the story of three teenagers who are using alcohol and/or drugs but at different levels. The story outlines the intervention process and how it works at each level. Discusses the difficulties encountered when dealing with this age group. (Study guide included)
- 749 ROOTS OF ADDICTION: DRUG & BEHAVIORAL COMPULSIONS** **32 Minutes** English
Shows that any addiction is an inherited, learned, and practiced set of behaviors which can be treated and prevented. Also examines the relationships among addictions and related behaviors, including attention-deficit/hyperactivity disorders.
- 750 SERENITY** **25 Minutes** English
Teaches techniques for relaxing without drugs or other chemicals including relaxation, imagery and affirmations based on the time-tested twelve steps. Valuable as an adjunct to AA meetings and counseling sessions. Also helpful during withdrawal and for preventing relapses. Used for alcohol and drug rehabilitation.
- 751 ANGER: Handle it before it handles you. Helping kids prevent violence.** **15 Minutes** English
Teaches kids what violence is, how it hurts them and others, and how learning to manage anger helps prevent violence.
- 752 CONFLICT: Think about it, talk about it, try to work it out. Helping kids prevent violence.** **15 Minutes** English
Teaches kids that conflicts with others don't have to lead to violence, and that there is a safe and satisfying way to resolve conflict without fighting.
- 753 GUIDANCE CLUB FOR TEENS: COPING WITH A SUBSTANCE ABUSING PARENT** **16 Minutes** English
Helps youngsters explore topics of vital concern to them, such as self-esteem, peer pressure, drugs and alcohol, stress, responsibility, and decision making. Aims to help kids realize that they are responsible for the choices they make in life and that they are free to be the best they can be.
- 754 SOOPER PUPPY: FLYING HIGH** **17 Minutes** English
Uses animal characters to teach children about the dangers of using drugs. Sooper Puppy learns about the dangers of drugs from his Grandpaw. Two neighborhood dogs try to convince Sooper Puppy to take drugs to have fun and "get high". Grandpaw explains to Sooper Puppy the difference between real fun, feeling good about yourself, and fake fun, trying to change who you are.
- 755 REFLECTIONS FROM THE HEART OF A CHILD** **30 Minutes** English
Vividly portrays the impact of chemical dependency on the family as three young lives are ravaged by a father's alcoholism and a mother's inability to cope.
- 756 GOOD INTENTIONS, BAD RESULTS** **0 Minutes** English
Presents the story of Conner Metzger, a star athlete on the verge of a scholarship, who is jeopardizing everything due to his excessive drinking, partying and failing grades, and of his friends who learn that enabling hurts.
- 757A IT CAN HAPPEN TO ANYONE: PROBLEMS WITH ALCOHOL AND MEDICATIONS AMONG OLDER ADULTS.** **26 Minutes** English
Ed Asner helps viewers take a candid look at the role alcohol and medications plays in the lives of some older adults.

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- 757B VIDEOCLIN: Early recovery. "IT CAN HAPPEN TO ANYONE". AARP** **26 Minutes** English
VERSION FOR OLDER ADULTS.
Helps clinicians distinguish between symptoms of substance abuse and natural aging. Discusses barriers in identifying substance abuse in this group and why older adults turn to alcohol and drugs at this point in their lives. Also explores how denial impacts treatment success.
- 758 WHAT SHOULD I TELL MY CHILD ABOUT DRINKING?** **46 Minutes** English
Hosted by Academy Award-Winning actress Meryl Streep, and divided into two parts. Offers viewers advice both about good parenting and how to discuss alcohol. Believable family situations facilitate an often difficult subject for parents. Part A looks at the need for parents and other caregivers to take responsibility for discussing alcohol with children. Part B uses "teachable moments" to instruct parents about how to initiate alcohol-related conversations with their children when they are likely to hear key messages.
- 759 KIDS AT RISK: "BLAMING KITTY"** **20 Minutes** English
Gives children threatened by chemical dependency in the home a safe perspective on parental alcohol and other drug use.
- 760 DOUBLE BIND** **20 Minutes** English
Teaches kids how to take care of themselves in unsafe situations and helps them identify risky people, put their safety first and trust their feelings.
- 761 A STORY ABOUT FEELINGS (SPANISH)** **11 Minutes** English
Provides techniques to help children get in touch with their feelings, which can reduce the risk of them abusing alcohol and other drugs later in life.
- 762 MENTORING: GIVING KIDS A MODEL TO STAY DRUG FREE** **120 Minutes** English
Reviews a panel discussion on purpose of mentoring, role of the mentor and benefits/value of the mentor-mentee relationship. Highlights various strategies to begin a community or school mentoring program. Provides additional resources including a national website, telephone numbers, printed materials and PSA's. Target audience: Potential and existing mentor program
- 763 BINGE DRINKING IN TIJUANA: ABC NEWS HOME VIDEO** **20 Minutes** English
Explores the dangers of American teens drinking in Tijuana and how San Diego County is trying to combat the problem through law enforcement and public health education.
- 764 KEEPING SCHOOLS SAFE: HOW TO STOP VIOLENCE ON YOUR** **23 Minutes** English
Discusses ways schools can prevent violent incidents. Presents background information and news footage on some of the recent school shootings that have brought national attention to these problems. Teaches viewers the warning signs of violence and the steps to take to intervene before
- 765 BREAK THE SILENCE. STOP THE VIOLENCE** **13 Minutes** English
Teaches students the serious consequences of violence. Teenage narrators explain the real physical effects of gunfire and emotional trauma caused by violence. Includes actual news footage from recent school shootings.
- 766 WHAT IS YOUR DRUG I.Q.?** **17 Minutes** English
Covers common beliefs about currently abused drugs. Proves or disputes each belief Proves or disputes, while honest, accurate information is delivered on alcohol, marijuana, LSD, cocaine, heroin and inhalants. Audience members can participate throughout by answering true/false questions.
- 767 SMOKELESS TOBACCO: YOUR HABIT OR YOUR LIFE** **16 Minutes** English
Includes interviews with smokeless tobacco users who developed cancer and a dentist who has seen up close the damage smokeless tobacco can cause. Debunks the myths and exposes snuff and chewing tobacco as the addictive, dangerous drugs they are.

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- 768 TRUTH ABOUT DRINKING** **46 Minutes** English
Discusses how alcohol kills five times the number of people killed by cocaine, heroin, and every other illegal drug combined, yet for today's teenagers alcohol is the number one drug of choice. Points out that it is considered "cool" to drink as much as they can in social situations involving
- 769 SMOKING TRUTH OR DARE? (LIBRARY VERSION)** **52 Minutes** English
Explains that six thousand American teenagers light a cigarette for the first time every day. Today, the number of teen smokers in the United States is the highest it's been in two decades. A total of four and a half millions teens smoke or chew tobacco.
- 770 PREVENTING VIOLENCE: "A VISION OF HOPE" PART I** **15 Minutes** English
Discusses the causes and effects of violence. America has the highest violent crime rates. Illustrates how the community, leaders, parents, youth, government officials and media can come together to make their neighborhood violence-free.
- 771 PREVENTING VIOLENCE: "HOPE IN ACTION" PART II** **30 Minutes** English
Shows how a gang-infested neighborhood, with the help of volunteers, government, law enforcement officials, agencies, can become a new, more productive neighborhood with pride and hope for the future. Also presents programs where kids and organizations can work together to decrease violence.
- 772 OVERCAST: A HEROIN PREVENTION VIDEO** **15 Minutes** English
Talks about the dangers of using heroin, and the myth that smoking and snorting are less dangerous than injection. Discusses the effects of using heroin, how you as a young person can help friends or people you love who are using heroin.
- 773 JOURNALS FROM THE INSIDE: COCAINE/CRACK PREVENTION** **20 Minutes** English
Follows 2 teenage journalists as they shed the myths and learn the tragic truths behind crack and cocaine use. Includes interviews with recovery addicts, narcotic officers, and doctors who reveal the negative effects of cocaine/crack on people physically and psychologically.
- 774 EDUCATE: CREATING INHALANT ABUSE AWARENESS TOGETHER** **16 Minutes** English
Contains some real stories from parents whose children died from inhalant abuse. Explains how inhalant use can cause long and short term memory loss, hearing loss, and tremors. Includes suggestions for prevention such as after school programs to keep youths busy.
- 775 MAKE THAT RIGHT CHANGE: THE 4 PHASES OF ADOLESCENT RECOVERY** **25 Minutes** English
Includes stories from teens of their past drug use who admit that drug addiction can cost each individual his/her family, health, friends, and success in school. Shows how drugs can affect teens, causing lower self-esteem, poor grades, fear, distrust, and the feeling that they have no one to turn to. Explains how the recovery program helped teens turn their lives around by providing support, job placement, after school activities, etc.
- 776 INHALANT USE: PLEASE DON'T BREATHE MY FUMES** **12 Minutes** English
Uses animation to show the physical and psychological effects of inhalants. Also provides information on how to help a victim who is unconscious or disoriented from inhalant use.
- 777 STEROIDS: BIG TROUBLE AHEAD** **12 Minutes** English
Outlines the negative effects of steroids on both males and females, and how steroids can cause many physiological problems that affect the heart, liver, and can cause early baldness, flare-ups, and psychological problems.
- 778 DRUG FREE ME** **16 Minutes** English
Describes, in a classroom setting, the dangers of drugs and the effects they have on the body. Discussion with the class follows.

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- 779 LOOKING FORWARD TO TOMORROW: MEDICAL ASPECTS OF SENIORS & SUBSTANCES** **28 Minutes** English
Uses an entertaining approach to understanding how the effects of substance use can be mistaken for effects of aging in older adults. Young medical students work through an analysis of symptoms and suggestions for more positive and effective approaches when treating older patients.
- 780 SUBSTANCE ABUSE: AN OVERVIEW** **10 Minutes** English
This video explains the difference between substance abuse and substance addiction. Done in a lecture format by Dr. Ted Parran.
- 781 STEP 1: TWELVE STEP VIDEO LECTURE SERIES** **78 Minutes** English
This video series helps those in recovery apply 12 step principles to their daily life. Explaining lifestyles, value systems, and the thinking process of the inner city recovering person, Johnson illustrates the difficulties many face living within the 12 step boundaries, how the recovering person sabotages use of these principles, and what is required to recognize addictive cycles, relapse triggers, and the process to succeed in a life of recovery.
"We admitted we were powerless over alcohol - that our lives had become unmanageable."
- 782 STEP 2: TWELVE STEP VIDEO LECTURE SERIES** **83 Minutes** English
This video series helps those in recovery apply 12 step principles to their daily life. Explaining lifestyles, value systems, and the thinking process of the inner city recovering person, Johnson illustrates the difficulties many face living within the 12 step boundaries, how the recovering person sabotages use of these principles, and what is required to recognize addictive cycles, relapse triggers, and the process to succeed in a life of recovery.
"We came to believe that a Power greater than ourselves could restore us to sanity."
- 783 STEP 3: TWELVE STEP VIDEO LECTURE SERIES** **84 Minutes** English
This video series helps those in recovery apply 12 step principles to their daily life. Explaining lifestyles, value systems, and the thinking process of the inner city recovering person, Johnson illustrates the difficulties many face living within the 12 step boundaries, how the recovering person sabotages use of these principles, and what is required to recognize addictive cycles, relapse triggers, and the process to succeed in a life of recovery.
"We made a decision to turn our lives over to the care of God as we understood Him."
- 784 STEP 4: TWELVE STEP VIDEO LECTURE SERIES** **86 Minutes** English
This video series helps those in recovery apply 12 step principles to their daily life. Explaining lifestyles, value systems, and the thinking process of the inner city recovering person, Johnson illustrates the difficulties many face living within the 12 step boundaries, how the recovering person sabotages use of these principles, and what is required to recognize addictive cycles, relapse triggers, and the process to succeed in a life of recovery.
"We made a searching and fearless moral inventory of ourselves."
- 785 STEP 5: TWELVE STEP VIDEO LECTURE SERIES** **92 Minutes** English
This video series helps those in recovery apply 12 step principles to their daily life. Explaining lifestyles, value systems, and the thinking process of the inner city recovering person, Johnson illustrates the difficulties many face living within the 12 step boundaries, how the recovering person sabotages use of these principles, and what is required to recognize addictive cycles, relapse triggers, and the process to succeed in a life of recovery.
"We admitted to God, to ourselves, and to another human being the exact nature of our wrongs."

786 STEP 6: TWELVE STEP VIDEO LECTURE SERIES **99 Minutes** English

This video series helps those in recovery apply 12 step principles to their daily life. Explaining lifestyles, value systems, and the thinking process of the inner city recovering person, Johnson illustrates the difficulties many face living within the 12 step boundaries, how the recovering person sabotages use of these principles, and what is required to recognize addictive cycles, relapse triggers, and the process to succeed in a life of recovery.

"We are entirely ready to have God remove all these defects of character."

787 STEP 7: TWELVE STEP VIDEO LECTURE SERIES **90 Minutes** English

This video series helps those in recovery apply 12 step principles to their daily life. Explaining lifestyles, value systems, and the thinking process of the inner city recovering person, Johnson illustrates the difficulties many face living within the 12 step boundaries, how the recovering person sabotages use of these principles, and what is required to recognize addictive cycles, relapse triggers, and the process to succeed in a life of recovery.

"We humbly ask Him to remove our shortcomings."

788 STEP 8 & 9: TWELVE STEP VIDEO LECTURE SERIES **74 Minutes** English

This video series helps those in recovery apply 12 step principles to their daily life. Explaining lifestyles, value systems, and the thinking process of the inner city recovering person, Johnson illustrates the difficulties many face living within the 12 step boundaries, how the recovering person sabotages use of these principles, and what is required to recognize addictive cycles, relapse triggers, and the process to succeed in a life of recovery.

"We made a list of all persons we had harmed, and became willing to make amends to them all." and "We made direct amends to such people wherever possible except when to do so would injure them or others."

789 STEP 10: TWELVE STEP VIDEO LECTURE SERIES **81 Minutes** English

This video series helps those in recovery apply 12 step principles to their daily life. Explaining lifestyles, value systems, and the thinking process of the inner city recovering person, Johnson illustrates the difficulties many face living within the 12 step boundaries, how the recovering person sabotages use of these principles, and what is required to recognize addictive cycles, relapse triggers, and the process to succeed in a life of recovery.

"We continued to take personal inventory and when we were wrong promptly admitted it."

790 STEP 11: TWELVE STEP VIDEO LECTURE SERIES **89 Minutes** English

This video series helps those in recovery apply 12 step principles to their daily life. Explaining lifestyles, value systems, and the thinking process of the inner city recovering person, Johnson illustrates the difficulties many face living within the 12 step boundaries, how the recovering person sabotages use of these principles, and what is required to recognize addictive cycles, relapse triggers, and the process to succeed in a life of recovery.

"We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out."

791 STEP 12: TWELVE STEP VIDEO LECTURE SERIES **94 Minutes** English

This video series helps those in recovery apply 12 step principles to their daily life. Explaining lifestyles, value systems, and the thinking process of the inner city recovering person, Johnson illustrates the difficulties many face living within the 12 step boundaries, how the recovering person sabotages use of these principles, and what is required to recognize addictive cycles, relapse triggers, and the process to succeed in a life of recovery.

"Having had spiritual awakening as a result of these steps, we tried to carry out this message to alcoholics, and to practice these principles in all our affairs."

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- 792 EVOLUTION OF MADNESS WITH MICHAEL JOHNSON, M.S.W., C.S.W.** 30 Minutes English
Michael Johnson is a certified addiction therapist from Detroit. Michael works most effectively with urban populations and clients referred to as "resistant". In his dual capacity as a therapist and recovering person, he has developed the insight into the "missing link" in the recovery process.
- 793 ALCOHOL: THE SUBSTANCE, THE ADDICTION, THE SOLUTION** 20 Minutes English
Includes interviews with recovering alcoholics, a treatment psychologist, and a physician who speak candidly about the causes and effects, control and denial, as well as the effects of alcohol on the brain and body.
- 794 COCAINE AND CRACK: BACK FROM THE ABYSS (CLOSED CAPTION).** 46 Minutes English
This educational and motivational video is comprised of the interwoven testimony of recovering addicts, chemical dependency counselors, and a physician.
- 795 ONE VOICE, DOMESTIC VIOLENCE: A SOCIAL REALITY** 30 Minutes English
Defines domestic violence and explores the socially accepted myths about the causes of these destructive, sometimes lethal, behavior patterns. Focuses on the problems in relationships and the socioeconomic scope of relationship issues.
- 796 ONE VOICE, DOMESTIC VIOLENCE: IDENTIFYING VICTIMS AND BATTERERS** 30 Minutes English
Identifies the helping profession's standards of care on approaches, tools, and assessment strategies used to identify physical, emotional, and social injuries that occur with domestic violence.
- 797 ONE VOICE, DOMESTIC VIOLENCE: INSTITUTIONALIZED INTERVENTIONS** 30 Minutes English
Defines community standards of care for individuals affected by domestic violence and presents an organized approach for mobilizing communities and helping them to intervene with people who are in abusive relationships.
- 798 GROUNDHOG JOB SHADOWING 2000** 7 Minutes English
Designed for kids to observe and apply the skills and education that they have learned in school to real work environment. Includes a mentor program that is very effective for youth, it is the foundation for kids of all ages with multi-ethnicity.
- 799 ALCOHOL AWARENESS: (VIETNAMESE)** 37 Minutes Vietnam
Expresses the feelings and dreams of Vietnamese people who came to the United States, only to struggle with reality upon their arrival. Emphasizes the use of alcohol among this population as a means of dealing with their problems, and looks at alternatives to substance abuse in dealing with
- 800 VIOLENCE IN THE WORKPLACE** 35 Minutes English
Illustrates how to recognize aggressive behavior in the workplace and how to handle it. Describes strategies every employee needs to keep him or herself safe.
- 801 RUNNING ON EMPTY: TEENS AND METH** 27 Minutes English
Explains how methamphetamine damages the body by exhausting its resources. Also explains how addictive meth is, the physical effects, including paranoia and hallucinations, and how it often leads to poly-drug use.
- 802 DRUG FREE WORKPLACE: EMPLOYEE VERSION** 33 Minutes English
Provides guidelines for employers who wish to create a drug-free workplace and drug-free policy for employment. Illustrates step by step the drug-testing process, the protocol to be followed when someone tests positive for drugs, and offers problem solving with resistant employees.

- 803 DRUG-FREE WORKPLACE: SUPERVISOR VERSION** **35 Minutes** English
 Explains the employee's rights regarding drug testing and the consequences if one tests positive. Emphasizes that if employees use drugs during non work hours, that they may still test positive and suffer the same consequence because drugs can still affect one's abilities to perform their work safely and competently even though they are not high on the job. Describes the protocol one must follow after testing positive for drugs.
- 804 READY OR NOT: TALKING WITH KIDS ABOUT ALCOHOL** **30 Minutes** English
 Presents a common sense guide on how to talk to children about alcohol use. Explains 5 steps to preventing underage drinking and problem drinking later on, including initiating the conversation with your child, being a good role model, disapproving of underage drinking, supervising children, and identifying problem behavior and seeking help. Also gives tips on serving alcohol
- 805 COMMUNITY COALITIONS: GATHERING MOMENTUM; BUILDING A DRUG-FREE AMERICA** **7 Minutes** English
 Shows how coalitions can make a powerful impact on drug problems in their community. The National Coalition Committee of the President's Drug Advisory Council meets yearly to exchange ideas and support for the leaders of coalitions throughout the US. Strategies to decrease drug problems from the second forum of the National Coalition Committee of the President's Drug Advisory Council which meets yearly to exchange ideas and support for the leaders of coalitions
- 806 STAYING ON TRACK: AN ALCOHOL PREVENTION VIDEO** **15 Minutes** English
 Includes interviews with two teens who describe the results of their choices of whether or not to use alcohol. Teaches viewers about the risks of using alcohol, and explores media messages about alcohol, as well as peer pressure and how to handle it. Encourages teens to make conscious,
- 807 STRESS MANAGEMENT: A PRACTICAL APPROACH** **18 Minutes** English
 Teaches viewers more effective ways to deal with stress, including how to prioritize tasks, become better organized, and how to delegate tasks.
- 808 DRUG ABUSE: SYMPTOMS OF DEPENDENCY** **23 Minutes** English
 Outlines the signs that indicate someone is addicted or dependent on a substance. Shows how casual drug use or experimentation with over the counter and prescription drug use can lead to addiction and one can become dependant on these substances. Provides resources at the end for
- 809 SMOKE-FREE TV** **20 Minutes** English
 Educates youth on health risks of smoking and teaches refusal skills. Includes interviews of real youth who explain how they struggle with nicotine addiction.
- 810 DENIAL: THE INSIDE STORY** **33 Minutes** English
 Explains that denial is a natural part of human nature and acts as a coping mechanism. Also explains that if denial is used as the only coping strategy, it can be destructive. This video shows steps we can take to deal with our problems more effectively.
- 811 DON'T EVEN TRY IT** **11 Minutes** English
 Realistic vignettes illustrate how teens can use refusal skills to avoid drug use and deal with peer pressure. Also demonstrates the Self-Control Skills, which can help teens feel in control instead of
- 812 PRESCRIPTION DRUGS: RECOVERY FROM THE HIDDEN ADDICTION** **31 Minutes** English
 Shows how prescription drug addiction is often a problem that is overlooked and usually underreported. Explains how older adults have a higher incidence of this type of addiction. In this two part video, viewers will learn why combining different prescription drugs, especially with alcohol, is so dangerous. Part two covers recovering prescription drug addicts and the challenges
- 813 RECLAIM YOUR LIFE** **48 Minutes** English
 CLOSED CAPTION : Includes stories from people who have been severely affected by codependency. Melodie Beattie, herself , also talks about the struggles she endured. Excellent for those who are involved with al-anon.

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- 814 METH: THE GREAT DECEIVER** **15 Minutes** English
Provides true-life stories of meth users and how this highly addictive and dangerous drug of the 90's destroys lives. Urges youth to avoid experimenting with meth, and if they do, to take personal responsibility for whatever consequences result and to get help to stop using.
- 815 CHANGE: MAKING IT WORK FOR YOU** **19 Minutes** English
Explains three steps to dealing with change - identify your emotional response to change to put the change in perspective, avoid speculating what the end result may be and taking ownership and becoming a part of the change to gain a feeling of control and getting counseling.
- 816 KEEP OFF THE GRASS** **27 Minutes** English
Dispels the myth that marijuana is safe and explores the media messages that are "pro-pot smoking." Provides clear facts about the consequences of marijuana use so that teens can make the right
- 817 THROUGH A BLUE LENS** **45 Minutes** English
Police officers in British Columbia who patrol downtown Vancouver videotape the daily life of street addicts. Viewers will see first hand how these people evolved into addicts, and how easy it is to become trapped by addiction, just through experimenting or trying to temporarily escape
- 818 ALL THE RAVE** **45 Minutes** English
Dateline investigates the dangers of raves. A teen goes undercover and exposes drug use and sales at raves, and the harm that youth put themselves in while under the influence. The program closes with signs to look for to determine if your teen or someone you know is attending raves or using
- 819A DRUNK BARS, 20/20-Video Segments** **17 Minutes** English
Segments on bartender/liquor store liability in drinking driving accidents, and the outcome of the trial o 4 young mend who poisoned a girl's drink with GHB. 3/2000
- 819B GHB UPDATE, 20/20--Video Segments** **17 Minutes** English
Segments on bartender/liquor store liability in drinking driving accidents, and the outcome of the trial o 4 young mend who poisoned a girl's drink with GHB. 3/2000
- 820 EMERGING DRUG EPIDEMICS: CLUB DRUGS** **120 Minutes** English
Explains how a number of our Nation's best monitoring mechanisms are detecting alarming increases in the popularity of some very dangerous substances known collectively as "club drugs". This Term refers to drugs being used by young adults at all-night dances parties such as "raves" or "Trances" dance clubs, and bars. Describes how MDMA (Escstasy) GHB, Rohypnol, Ketamine, methamphetamine, and LSD are some of the club or party drugs gaining popularity. Uses to NIDA supported research to show that use of club drugs can cause serious health problems and, in some
- 821 PIECES OF THE PREVENTION PUZZLE: Fighting Drugs Through Cross System Collaboration** **120 Minutes** English
Describes how collaborations have the potential to strengthen communities, to resolve issues and improve relationships among public and private organizations, and to improve the quality of services to the community. Collaborations have become an essential tool for community
- 822 METH PREVENTION COOKBOOK: Community Recipes For Success** **90 Minutes** English
08/02/2000
Exposes the simplicity of making meth and the hazards involved for everyon, not just "the cooks." Educates viewers on the drug considered by many experts in the field of science, health, and law enforcement to be one of the most dangerous drugs in America today.
- 823 DIVERSITY IN PREVENTION: Ethnicity, Culture and Environment** **120 Minutes** English
Explores the answers to questions like: How does a coalition attract diverse members? How can a coalition leader best facilitate communication among the members of these diverse groups? How can the coalition leadership guide others appropriately through a cross-culture event or situation and adapt prevention strategies to accommodate different cultures and groups? What exactly is

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- 824 METH LAB: A Liability From Every Aspect 06/08/2000 150 Minutes** English
Provides an OSHA level overview of the illicit drug manufacturing situation within the nation. Focusing on the growing phenomena of small mid-sized clandestine labs in our communities. Explains how, with the presence of various OSHA regulations regarding the handling of these labs, locating a clandestine facility brings an immediate series of liability issues. Describes that the first step in initiating a program to increase community safety is recognizing of the responsibilities of responding agencies and determining a point at which federal authorities can be called in.
- 825 TRUTH ABOUT ALCOHOL 45 Minutes** English
Excellent for overall education on alcohol and alcohol-related problems (health problems, social problems, economic problems, etc). Includes interviews with health professionals, and provides information on DUI laws (slightly dated: facilitator will need update audience on current laws.)
- 826 RESILIENCY: BEATING THE ODDS 19 Minutes** English
Explains the four components of resiliency and how some people can overcome seemingly impossible situations. Highlights the struggles of a young boy fighting bone cancer, a woman born with spina bifida, and young woman who was repeatedly sexually abused by her father.
- 827 ALCOHOLISM AND THE OLDER ADULT 13 Minutes** English
Explains why some older adults may turn to alcohol to cope with significant life events such as death of a spouse or a friend . Identifies signs to look for to determine if an older adult has a drinking problem, and offers strategies to help the person, rather than enable or help hide the problem.
- 828 DANGER! TOXIC CHEMICALS, AN INHALANT PREVENTION VIDEO 15 Minutes** English
Teaches how inhalants can cause permanent injury or death and dispels the myth that these chemicals are safe because of their widespread use. Discusses developing refusal skills, temporary and permanent effects of sniffing, and persuading friends who sniff/huff that sniffing is dangerous.
- 829 LET'S TALK: TEENS TALK ABOUT DRUG EDUCATION 13 Minutes** English
Utilizes youth who tell about the drug education that they have received, from scare tactics to DARE to "Just Say no". They speak very openly on why they think youth choose to use alcohol and other drugs, and what kind of information they think youth need in order to make informed decisions. The youth explain factors that influence their decisions to use or not to use substances.
- 830 YOUNG MEN'S WORK, STOPPING VIOLENCE & BUILDING 27 Minutes** English
Divided into twelve parts. Young teenagers speak about gangs and the reality that young teenagers are involved in gun violence. They speak of their experiences with gangs and male role models in the home. Provides essential tools in order to stand up for themselves and be their own leaders. Helps young males to understand and respect women and not treat them as sex objects.
- 831 THE GUIDANCE CLUB FOR KIDS, COPING WITH A PARENT WHO DRINKS OR ABUSES DRUGS 22 Minutes** English
Divided into twelve parts. Uses animation to focus on children coping with parent's dependency of alcohol or drugs and describes how parents behave and cope with their sickness. Offers a variety of advice to children who are in situations like this and recommends that children talk with adults they can trust. Discusses the stages of fear and self blame for their parent's illness.
- 832 REALITY CHECK: A MARIJUANA PREVENTION VIDEO 17 Minutes** English
Expose teens to the reality of the physical, mental, and emotional dangers of this increasingly popular drug. The video provides viewers with skills and positive alternatives to avoid the pitfalls
- 833 MARIJUANA-OPIUM, MORPHINE AND HEROIN. HOOKED-ILLEGAL DRUGS AND HOW THEY GOT THAT WAY 1. 100 Minutes** English
Explores the world of illegal drugs. Interviews with pharmacologists and scientists reveal exactly what effect they have on us. Includes an exploration of the social and legislative changes that have transformed the drug culture of the 20th century. Outspoken advocates on both sides of the "war on drugs" illuminate this issue, while accounts and artifacts illustrate the role of drugs throughout

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- 834 COCAINE-LSD, ECSTASY AND THE RAVES. HOOKED-ILLEGAL DRUGS AND HOW THEY GOT THAT WAY 2.** **100 Minutes** English
Explores the world of illegal drugs. Interviews with pharmacologists and scientists reveal exactly what effect they have on us. Includes an exploration of the social and legislative changes that have transformed the drug culture of the 20th century. Outspoken advocates on both sides of the "war on drugs" illuminate this issue, while accounts and artifacts illustrate the role of drugs throughout
- 835 SUBSTANCE ABUSE IN THE ELDERLY** **30 Minutes** English
Senior citizens discuss the challenges of managing complicated medication regimens, the potential for abuse, and consequences when certain medications are mixed with alcohol. Presents treatment programs created especially for older adults.
- 836 DRUG IDENTIFICATION - PART 1** **60 Minutes** English
Drug Identification Part 1 and 2
Uses a panel of experts to cover drug type identification, "rave" club organization and dangers, and clandestine laboratory identification and dismantlement. Targets law enforcement officers and is probably not suitable or recommended for K-12 audiences.
- 837 DRUG IDENTIFICATION - PART 2** **60 Minutes** English
Drug Identification Part 1 and 2
Uses a panel of experts to cover drug type identification, "rave" club organization and dangers, and clandestine laboratory identification and dismantlement. Targets law enforcement officers and is probably not suitable or recommended for K-12 audiences.
- 838 YOUTH TRUTHS: TEACHABLE MOMENTS** **90 Minutes** English
A National Guard Counter-Drug Satellite Broadcast 2/28/01. The Peer Influence Peers Partnership from Putnam Valley, New York presents a segment for adult leaders, coaches, mentors, teachers, etc. Presenting situations which can be used as "Teachable Moments". Also featured is an underage drinking docu-drama about a teen named Billy, who, after drinking at a party ends up in a car accident while driving friends home. A few anti-drug use commercials are also featured.
- 839 ECSTASY: DANGER IN A PILL 01/25/2001** **120 Minutes** English
Discusses the usage, distribution, importation and clandestine manufacturing situation of Ecstasy within the nation. Examines the physical effects and associated paraphernalia of Ecstasy in addition to its role in the growing phenomena of multi-drug usage in our communities.
- 840 ACQUAINTNACE RAPE, DRUGS AND YOU- College Version** **26 Minutes** English
When sex isn't mutual affair... it's rape. This video uses interview of counselor, survivors, and a detective to warn young people of this terrible violation. Students learn that rape is not always a danger reserved for dark alleys and deserted streets as they may believe sometimes it turns out to be committed by acquaintances and boyfriends. Students also learn the role of drugs (Rohypnol & G. H.
- 841 ACQUAINTANCE RAPE, DRUGS AND YOU-High School Version** **18 Minutes** English
When sex isn't mutual affair... it's rape. This video uses interview of counselor, survivors, and a detective to warn young people of this terrible violation. Students learn that rape is not always a danger reserved for dark alleys and deserted streets as they may believe sometimes it turns out to be committed by acquaintances and boyfriends. Students also learn the role of drugs (Rohypnol & G. H.
- 842 JOHN BRADSHAW: THE COMPULSIVE FAMILY** **60 Minutes** English
Explores how incorrect belief about self leads to compulsive behavior, the core of all addictions.
- 843 THE MERCHANTS OF COOL** **60 Minutes** English
Examines the question of who determines "cool". Does the media reflect our culture or does our culture reflect the media? Follows the path of "cool-hunters" who get paid to research what is cool and then make it mainstream. Looks at the marketing campaigns of Sprite, MTV, etc. Contains scenes from MTV that may not be appropriate for all age groups.

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- 844 KNOW YOURSELF: The Secret of Self Esteem** **24 Minutes** English
Describes different personality types and emphasizes that one's superior to the others; they each have their strengths and weaknesses. Outlines the conflicts that may occur between types, and why some personalities "clash." Helps viewers identify their personality type and how to respect get
- 845 I'M ALL THAT! Building Self-Esteem** **31 Minutes** English
Explains how negative thoughts about one's self can affect the outcome of a situation (self-fulfilling prophecy). Follows the stories of several high school students facing different challenges and how their attitudes and self-esteem either help or hinder them in overcoming their struggles. Includes discussion questions. 1996
- 846 THE DOPAMINE SEDUCTION** **25 Minutes** English
Describes how our brain reacts to the release of dopamine and to the consumption of alcohol. Follows Greg, a typical young man, as his body responds to both chemical and the choices he makes as a result. Extraordinary 3D computer animations of brain functioning demonstrates how the rest of the body responds to alcohol and dopamine. 1999
- 847 A TEENAGER'S GUIDE** **18 Minutes** English
A down-to-earth program about the prevalence of teen depression. Helps viewers distinguish between "normal adolescent angst" and having a bad day, and true, clinical depression. With more than 2 million teens suffering from depression, the message is "you are not alone, and there is help."
- 848 CHRONIC ANXIETY IN THE ELDERLY** **27 Minutes** English
This program discusses anxiety in older adults and its resulting diseases. Interviews with sufferers pinpoint the agony of this condition. Describes general anxiety disorder, it's symptoms, and the emotional and psychosocial implications. Discusses treatment options, and points out that caffeine, cigarettes, and alcohol are substances that can exacerbate anxiety disorders. 1998
- 849 MARIJUANA: More Dangerous Than Ever** **0 Minutes** English
April 26, 2001 satellite broadcast sponsored by the Multi Jurisdictional Counter drug Task Force and Florida National Guard. Provides an overview of the various of type and quality of drugs currently being retailed as marijuana. Usage, distribution, importation, and clandestine manufacturing is discussed. Also covers hydroponic-grows in communities and schools. Suitable for law
- 850 ABC NIGHTLINE (3 PART SERIES) GETTING STRAIGHT: FIGHTING THE DRUG WAR** **80 Minutes** English
PART I Examines America's war on drugs. Treatment is found to be 10 times more effective than interdiction, but most of the federal budget is spent on reducing the supply of drugs. Dr. Landry has created an antibody that causes immunity to the effects of drugs, thus preventing addiction. PART II Focuses on an outreach worker, Raphael Flores who recruits addicts off the streets for drug treatment. Nightline follows two of these addicts, and their struggles to stay sober. PART III Concludes with where they are now, and whether they were able to stick with their decisions. 1999
- 851 DIFFERENTIAL DIAGNOSIS: DISORDERS DUE TO PSYCHOACTIVE SUBSTANCE ABUSE** **34 Minutes** English
Explains the different categories of substance abuse disorders. Focuses on alcoholism; includes interview with alcoholics, which illustrates the various mental disorders associated with the
- 852 IN THE MIX: ECSTASY** **60 Minutes** English
Description: Includes interviews with young people who abused Ecstasy and other drugs. Presents the physiological effects of using Ecstasy in intelligent and easy to understand language. Explores real stories and real consequences of drug use. PBS 04/12/2001.
- 853 MIND OVER MEDIA: HELPING KIDS GET THE MESSAGE** **58 Minutes** English
This program teaches students to analyze media and understand the potentially negative impact it has on their thoughts and actions. Includes suggestions for follow up activities to sustain and apply these critical thinking skills. 2001

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- 854 ATHLETES AND DRUGS: Competing against Substance Abuse.** **110 Minutes** English
Panelists will identify drugs of abuse among athletes, and describe measures used to detect, conceal and prevent drug use among athletes, as well as motives for performance enhancement. Discussion includes an overview of the Atlas and Athena programs that are designed for young men and women respectively, to prevent or curtail experimentation with drugs to enhance physical performance. 2001
- 855 DATE RAPE DRUGS: AN ALERT** **16 Minutes** English
Discusses the characteristics of date rape drugs and the physical, emotional, and legal problems caused by using them. Interview of a female victim about the implications of being drugged and raped. Identifies safety guidelines that can protect you from date rape drug victimization.
- 856 PEERS INFLUENCE PEERS VII** **60 Minutes** English
A one satellite hour broadcast where the youth of Peers Influence Peers Partnership, who created, wrote, taped and edited the show, will take a road trip to Southern California and showcase Southern Cal youth who are making positive choices to be alcohol- and other drug-free. April -2002
- 857 DATING VIOLENCE AND ABUSE** **27 Minutes** English
In a series of dramatic vignettes, workshop addresses myths about the nature of love and gender-related behavior that allow dating violence to flourish. Workshop addresses various facets of dating violence: an abuser's jealousy and need to control his victim; another abuser's use of manipulation and verbal abuse to undermine his girlfriend's self-confidence; the manipulation of a male partner by a girl using suicide threats; the victim's inability to change the abuser; how attitudes and
- 858 REAL PEOPLE: Teens Talk About Alcohol, Sex and Violence AND TEACHER'S GUIDE** **18 Minutes** English
Hear the unvarnished truth as real teenagers talk openly about the serious circumstances they found themselves in when using alcohol. These documentary-style program focuses on the consequences of the high-risk activities young people engage in while intoxicated.
- 859 REAL PEOPLE: Teens Talk About Alcohol, Sex and Violence, AND TEACHER'S GUIDE** **18 Minutes** English
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- 860 PRESCRIPTION DRUG DIVERSION AND ABUSE "Satellite Broadcast,** **100 Minutes** English
A Satellite Broadcast sponsored by the Multi Jurisdictional Drug Task Force. This program explores and discusses commonly used and abused prescription drugs. A panel of experts from law enforcement and medical workers will discuss strategies to address prescription drug abuse.
- 861 SUSTAINING: The Future of Community Coalitions "Satellite Broadcast,** **90 Minutes** English
A satellite broadcast sponsored by the Community Ant-Drug Coalitions of America (CADCA). A panel of prevention workers discusses strategies to sustain local movement of a coalition and identifying non-financial elements of sustainability. Also discuss are strategies and key points to
- 862 ENVIRONMENTAL APPROACHES TO PREVENTION "Satellite Broadcast, Aug-01"** **90 Minutes** English
Sponsored by the Community Ant-Drug Coalitions of America (CADCA), a satellite broadcast that will discuss and explain the utilization of the environmental prevention model. The environmental approaches attempt to promote policies that reduce risk factors and increase protective factors related to substance abuse. Covered on this program are six prevention approaches that focus on limiting the availability of alcohol in the community in order to reduce alcohol-related problems.
- 863 MARIJUANA AND HUMAN PHYSIOLOGY** **21 Minutes** English
Dispels the belief that marijuana offers harmless recreation with facts about marijuana, particularly the drug's chief psychoactive ingredient, tetrahydrocannabinol (THC) and its effects on the body.

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- 864 REAL PEOPLE Club Drugs: What you should know** 20 Minutes English
11/2002
- 865 THE TRUTH ABOUT TEEN ALCOHOL USE 101: A Social Norms Approach** 23 Minutes English
A groundbreaking video that uses a social norms approach to show high school students that most of their peers-DO NOT DRINK. Through interviews and group discussions viewers learn how surprised and relieved students are to discover that their own attitudes align with those of a
- 865A THE TRUTH ABOUT TEEN ALCOHOL USE 101: A Social Norms Approach (RESOURCE GUIDE)** 0 Minutes English
Resource Guide "Social Norms" Booklet
- 866 CLUB DRUGS: The Real Deal** 27 Minutes English
The video provides teens with the latest up-to-date information (including death from overdose) on the dangers of club drugs: Ecstasy, GHB, Methamphetamine, Rohypnol, OxyContin, and Ketamine as well as information on evaluating their choices at parties where adult supervision may be lacking.
- 867 I DIDN'T THINK IT WOULD HAPPEN TO ME: The Truth about Heroin** 30 Minutes English
The video is structured around candid statements of young people whose lives have been ravaged by heroin-people who thought they could use heroin without becoming addicted to it. It provides viewers with straight information about the dangers of heroin use-including AIDS risk, addiction, overdose, and other health threats. 4/2002
- 868 ARTIFICIAL ATHLETES: The Dangers of Steroids** 30 Minutes English
This video identifies the physical and emotional dangers of steroid use. Ex-steroid users recount their own stories of how much they have lost, both personally and professionally, as a result of steroid use. Special attention is directed toward the critical idea of self-esteem, which cannot be genuinely enhanced by such artificial substances. 4/2002
- 869 YOUTH PREVENTION PROJECT:** 15 Minutes English
This video focuses on the concept of environmental prevention: how people's physical surrounding and conditions affect their behavior and changing that environment to help them make better choices. Viewers will discover how the alcohol industry targets youth and other groups. 10/2002
- 869A YOUTH PREVENTION PROJECT: The Industry Wants You!** 15 Minutes English
This video focuses on the concept of environmental prevention: how people's physical surrounding and conditions affect their behavior and changing that environment to help them make better choices. Viewers will discover how the alcohol industry targets youth and other groups. 10/2002
- 870 YOUTH TRUTH: AMY'S STORY** 90 Minutes English
This satellite broadcast is the story of Amy who is a former Methamphetamine user and serving time for her role in the death of her cousin. After a series of short segments, the second half of the show is about how to talk to teens about drugs and is targeted towards teens and adults. 3/2002
- 871 INHALANTS: SNIFING OUT THE TRUTH** 90 Minutes English
This satellite broadcast feature experts in the field of inhalant treatment and prevention. The Billy McCann Treatment Center in Bethel, AK is the featured program whom only treat inhalant abusers. A panelist of professionals from the treatment and prevention field will discuss the effects, characteristics, and treatment methods of inhalants. 3/2002
- 872 BRINGING EFFECTIVE PREVENTION TO EVERY COMMUNITY** 90 Minutes English
This satellite broadcast will provide an overview of the Model Programs currently available and identify the core components. A panel of professionals from the prevention field will debunk the myths and discuss the various resources available for selecting and implementing SAMSHA Model

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- 873 ADVOCACY: LEADING THE NATION TOWARDS CHANGE** **90 Minutes** English
This broadcast will provide viewers with the basic information they need to know to be effective advocates for prevention at all levels of government. Additionally, viewers will hear from the perspective of a local volunteer who got his congressman to be a champion for the substance abuse prevention cause. Lastly, viewers will learn how to turn elected officials into major supporters of
- 874 Myths, Facts and Illicit Drugs: What You Should Know, Part 2 ECSTASY: What's All The Rave About** **90 Minutes** English
This broadcast is a continuation of "Ecstasy: Danger in a Pill". An overview of ecstasy and its effects and characteristics. It will preview the myths of this drug and review the true facts that every person should know. 3/2002
- 875 HIDDEN DANGERS: METH LABS** **18 Minutes** English
This video examines the hazards presented by meth labs and clues to recognize that a lab may be present. It provides concrete, practical steps to protect themselves and others.
- 875A HIDDEN DANGERS: METH LABS** **18 Minutes** English
This video examines the hazards presented by meth labs and clues to recognize that a lab may be present. It provides concrete, practical steps to protect themselves and others.
- 876 A POWERFUL TOOL** **45 Minutes** English
The video consists of testimonials from 3 people living with HIV, all of whom are recovering drug addicts. They describe their experiences with recovery, incarceration, and living with HIV.
- 877 Where METH Goes Violence And Destruction Follow!** **17 Minutes** English
A look into societal problems caused by Meth and collaborative, community wide solutions.
- 878 CREATING INHALANT ABUSE AWARENESS TOGETHER** **20 Minutes** English
Real life stories of families shattered by inhalant abuse.
- 879 DANCING WITH DARKNESS: ECSTASY** **20 Minutes** English
Experts discuss the dangers of Ecstasy and GHB. Youth discuss their experiences using the drugs.
- 880 HELPING ADDICTED YOUTH FIND RECOVERY** **60 Minutes** English
Panel Discussion of problems youth face in trying to recover and what help is available for youth.
- 881 "Drugs and Society: The True Cost to You" Meth's Effect on Children** **60 Minutes** English
Viewers of this telecast will understand how drug abuse can have a lasting effect on our communities, the economy, our environment, and our security.
- 882A THE FACE OF PUBLIC HEALTH** **8 Minutes** English
Public Health is a vital part of people's lives every day. But much of the work of public health is behind the scenes, hidden from public view and often taken for granted. In this video, the people of public health share what they do and how their work improves and protects the lives of those in their communities. From healthy lifestyles and immunizations to policy development and global health, you'll see the face of public health working for all of us.
- 882B THE FACE OF PUBLIC HEALTH** **8 Minutes** English
Public Health is a vital part of people's lives every day. But much of the work of public health is behind the scenes, hidden from public view and often taken for granted. In this video, the people of public health share what they do and how their work improves and protects the lives of those in their communities. From healthy lifestyles and immunizations to policy development and global health, you'll see the face of public health working for all of us.

- 882C THE FACE OF PUBLIC HEALTH** **8 Minutes** English
 Public Health is a vital part of people's lives every day. But much of the work of public health is behind the scenes, hidden from public view and often taken for granted. In this video, the people of public health share what they do and how their work improves and protects the lives of those in their communities. From healthy lifestyles and immunizations to policy development and global health, you'll see the face of public health working for all of us.
- 883 MARIJUANA (SPANISH)** **30 Minutes** Spanish
 Program host Delbert Boone discusses a common misconception that marijuana use is not harmful, that it is not as dangerous as "hard" drugs such as cocaine and heroin. The truth is that marijuana is as addictive as those drugs, causes lasting physical and psychological damage, and can lead to use of other drugs, criminal activity, incarceration, and even death. Boone explains how chemicals in marijuana collect in the walls of brain cells, impairing the user's memory, coordination and perception. Resin settles into the lungs, impairing respiration and potentially causing cancer. Marijuana also causes Amotivational Syndrome: the user loses interest in goals in favor of obtaining drugs, leading in some cases to criminal activity. Although targeted to inmates in a correctional facility, program content is relevant to anyone using -- or thinking about using -- marijuana or other drugs. An informative adjunct to Health and Life Skills units on alcohol and drug education, behavioral choices and personal health.
- 884 MARIJUANA IN THE NEW MILLENNIUM** **25 Minutes** Spanish
 This eye-opening video brings viewers the latest information on marijuana, including new research proving the various physical and psychological problems it causes. Host Dr. David Ohlms describes THC's effects on the immune system, the lungs, and most importantly the brain. He also points to fascinating studies proving the long-lasting effects of marijuana on coordination, memory
- 885 MARIJUANA Y LA MENTE: ADICCION E INTOXICACION** **29 Minutes** Spanish
(MARIJUANA AND THE MIND: ADDICTION AND INTOXICATION)
 Provides information about current research regarding how drugs affect the brain. A series of laboratory experiments has shown how drugs effect the brain and leads to intoxication. This program describes the warning signs and explains the consequences. (Grades 6-12, and adults).
- 886 MARIJUANA: THE GATEWAY DRUG** **28 Minutes** English
 Teens learn the damage that marijuana can do to short-term memory and the false allure that this "gateway" drug possesses. Recovering teen and young adult addicts discuss how and why they started experimenting with more potent drugs like LSD and cocaine, and how much they lost as a result of their drug use. (Grades 6-12, and adults) (Discussion guide available)
- 887 THE TEEN FILES: THE TRUTH ABOUT DRINKING School Version** **30 Minutes** Spanish
(SPANISH)
 Hosted by Leeza Gibbons, This Sobering video highlights the consequences of drinking alcohol. Teens see how drinking impairs a person's coordination and vision, how the brain and other organs suffer from alcohol's lasting damage, how a drunk person really drives, and how drinking can lead to spending months in a rehabilitation center. (Teaching Module available)
- 888 THE TEEN FILES: THE TRUTH ABOUT DRUGS School Version (SPANISH)** **30 Minutes** Spanish
 Hosted by Leeza Gibbons, Provides an in-depth look at the devastating effects and dangers of drug use. Teens experience what it's like to be incarcerated for selling drugs, and visit such places as a rape counseling clinic, a neonatal unit for drug addicted babies, and a treatment center for drug addicts. These scenes let teens know, in no uncertain terms, that they should think twice before using drugs. In a country where 3,500 teens a day try illegal drugs for the first time, this video is a must-have for middle and high school students. (Teaching Module available)

- 889 THE TEEN FILES: THE TRUTH ABOUT VIOLENCE School Version** **57 Minutes** Spanish
(SPANISH)
Hosted by Leeza Gibbons, With teen violence reaching epidemic proportions, this explosive documentary shows teens the correlation between risky behavior and violence and their personal well-being. Eight L.A. teens visit Columbine High School, a battered-women's shelter, and the USC Medical Center and witness the devastating effects of violent acts. These teens are determined to change their lives forever and to help curb teen violence by reaching out to others. (Teaching
- 890 ECSTASY: THE FACTS** **21 Minutes** English
Using a fast-paced MTV documentary style, this video explores the skyrocketing use of the drug known as Ecstasy. Viewers learn that while Ecstasy (also known as MDMA) has been around for a while, its recent rise began to be noticed at all-night teenage dance parties called raves. However, Ecstasy use is no longer limited to the club scene. Experts point out to viewers that Ecstasy is psychologically addictive and can cause paranoia and psychosis. It can also kill, as the story of Morgan tragically demonstrates. After viewing this video, students will understand that Ecstasy is a dangerous drug to be avoided at all costs. (Teacher's resource book and student handouts
- 891 UNDERAGE DRINKING: KNOW THE FACTS, KNOW THE RISKS** **26 Minutes** English
What really happens at unsupervised teen parties and prom events? What are the penalties for parents as well as teens for underage teen drinking incidents? What scientific evidence is there that alcohol usage damages the still developing adolescent brain? What are the serious health risks such as car crashes, alcohol poisoning and accidents that accompany underage teen drinking incidents? Through interviews with real teens, parents, emergency room physicians and law enforcement experts, the risks and stark truths of this often winked at phenomenon are examined. The video and print package also outlines proven ways to reduce underage drinking in the school and community environment. Special emphasis is placed on improving communication skills between students and parents. Program clearly spells out a "no use" message as the best solution. (Teacher's
- 892 EVERYTHING YOU NEED TO KNOW ABOUT SUBSTANCE ABUSE IN 22 MINUTES** **22 Minutes** English
This production totally saturates viewers with one unrelenting message: If you use dangerous drugs like alcohol, marijuana and Ecstasy, you are risking your future and your life. The video bombards teens with plain facts that are indisputable: alcohol damages the growing adolescent brain, marijuana can cause head and neck cancers as well as lung cancer, methamphetamine is one of the most addictive substances on earth, one huff from an inhalant can result in sudden death and much more. After watching this video, your students are sure to reevaluate their thoughts and behavior concerning substances abuse. Substances covered are tobacco, alcohol, marijuana, inhalants, stimulants, club drugs and performance-enhancing drugs. (Teacher's resource book and student
- 893 THE KEG PARTY** **24 Minutes** English
Unsupervised and illegal keg parties where beer runs like water are becoming an increasing problem as well as a growing health risk for today's teenagers. This powerful drama about one such party is sure to resonate with students. Gary's parents are away for the weekend and he has invited half of the school over for an all-you-can-drink party. David is not sure about bringing Lauren, his younger sister, especially after what happened last year, but he figures she is old enough to take care of herself. Langston also comes to the party in hopes of finally getting up the courage to ask Christine out. The beer, at first, seems to help everyone let loose and have a good time, but before long it is clear that things are once again spiraling out of control. Before the evening is out, one of the young women finds herself in a dangerous sexual situation, one couple gets into a serious car accident and another student dies needlessly of alcohol poisoning. Realistic, gritty and honest, this video drama will leave your classroom with the strong message that keg parties are not just dangerous and illegal, they are not even fun. An equally powerful teacher's resource book augments and extends the video's lessons with fact sheets, student activities, role plays and a wealth of information. (Teacher's resource book and student handouts included)

894 KNOW THE SCORE: THE DANGERS OF PERFORMANCE ENHANCING DRUGS **20 Minutes** English

This video reveals the truth about many performance drugs such as steroids, creatine, Human Growth Hormone, diuretics, blood doping hormones and stimulants like ephedrine and amphetamines. Also included is an investigation of so-called "nutritional supplements" that claim to help users lose weight and gain muscle but in reality may set the stage for physical ailments like headaches, muscle weakness and irregular heartbeats. Speakers include young athletes who share their views on "competing clean" without chemical enhancements as well as sports medicine doctors who explain the adverse physical effects of misusing performance drugs. Viewers learn the dangers involved in abusing steroids, stimulants, diuretics and other drugs. Interviews with student athletes emphasize that using drugs to win at sports is the same as cheating. The message of this program is clear: sports competitions are meant to be fun, healthy and drug-free. (Teacher's resource book and student handouts included)

896 IT'S SO UNCOOL: WHY TAKING DRUGS DOESN'T WORK **21 Minutes** English

This video follows the lives of four different young people from across the country who all embody the changes in drug use attitudes and behavior. Whether it is a young man trying to make it as a singer in the bright lights of a big city, a young basketball player whose aggressive spirit pushes her to excel, or a quite, young teenager whose passion for flying airplanes has helped him overcome his self doubt, your students are sure to identify with, and be inspired by, these "cool kids." An equally strong print package will help students translate the experiences viewed on the screen into activities they can begin working on in the classroom and out in the real world. (Teacher's resource

897 BINGE DRINKING: THE FACTS **23 Minutes** English

The trend of binge drinking the intentional consumption of excessive amounts of alcohol-shows no decline in schools and colleges across the country. The program examines the dangers of alcohol poisoning and describes the correct life-saving procedures to follow in order to save someone. Through interviews with physicians and emergency medical technicians as well as binge abusers the video and print material send a clear no-use message to viewers. (Teacher's resource book and

898 TEENAGE CRISES: THE FATEFUL CHOICES **29 Minutes** English

This video addresses many of the significant problems encountered by today's teens: addiction, violence, pregnancy, AIDS and depression/suicide. Teenage Crises aims to shake up the notion of teen invincibility by talking to young people who have paid a price for their poor choices. The participants in the video are real. They include kids in prison, single young women with children and an Olympic swimming champion, Nelson Diebel, who overcame drug problems to win a gold medal. (Teacher's resource book and student handouts included)

899 ALCOHOL AND YOUR BODY: ASSESSING THE DAMAGE **26 Minutes** English

A vital part of any successful alcohol awareness program is understanding what alcohol does to our bodies. This video and print package reveals the latest information on the many ways that drinking alcohol can damage bodily systems and cause disease. Leading doctors and researchers demonstrate new facts about alcohol absorption and the effects of alcohol on the brain, the liver, the digestive system and the immune system. (Teacher's resource book and student handouts included)

900 PARTY SMART: AVOIDING PARTY MELTDOWNS **23 Minutes** English

This hard-hitting video profiles real kids and real parties that have spiraled out-of-control to teach viewers how to prevent party disasters. Whether it's throwing a party or attending one, excitement, anticipation, peer pressure and poor planning can often get in the way of a teenager's ability to make safe, smart decisions. Viewers Listen and learn from teens, parents, prom promoters and law enforcement personnel. The lethal combination of unsupervised parties, alcohol, drugs, and in some cases, weapons, too often results in serious injury, property damage, arrests, and law suits. The second half of the program teaches SMART strategies to help teens plan safe celebrations. (Teacher's resource book and student handouts included)

- 901 ABUSING OVER-THE-COUNTER DRUGS** **22 Minutes** English
 Teen drug abuse isn't limited to illicit drugs. Many OTC (over-the-counter) drugs are misused by kids-from cold remedies to pain killers to diet pills. This program explores the most common abuses of OTC drugs and shows the chemical, biological and psychological damage that can result from abusing these ordinary drugs. Particular attention is paid to DXM, the powerful medication linked to recent deaths of young people across the country. DXM is a legal drug found in many OTCs, but it has the same qualities as drugs considered much more dangerous like heroin. The cold tablet form of this drug is the basis of a new and dangerous form of OTC drug abuse called skittling, which can result in coma or even death. The dangers of this drug is the basis of a new and dangerous form of OTC drug abuse called skittling, which can result in coma or even death. The dangers of this kind of abuse are brought home through the tragic story of Jennifer Darling, a high school student whose experimentation with the drug was a cause in her own death. Students will also hear a no-nonsense message from a district attorney describing the severe legal consequences teens can receive if found driving or committing a crime while under the influence of these substances. The program also teaches viewers how to carefully read and understand OTC drug labels for active ingredients and potential overdose. (Teacher's resource book and student handouts)
- 902 NEW CLUB DRUGS: DESIGNED DEATH** **30 Minutes** English
 In the last few years, Ecstasy, GHB and other club drugs have not only inundated the club and party scenes, but have spread quickly to high schools and junior high schools throughout the United States. Just when drug educators, physicians and school officials thought they had learned all the hazards of these drugs, a new crop of dangerous substances called New Club Drugs has sprung up, posing even more dangerous risks than the first group. The new club drugs include Foxy - a pill that is two times stronger than Ecstasy and available at half the cost. Others are called AMT, YABA, Blue Mystic and 2C-B. The video uses the same compelling format as Club Drugs: The Real Deal to highlight each new club drug, how it works, how it affects the body and the mind, who is selling them and most importantly understanding the very real health hazards. An emergency room physician, as well as a law enforcement officer tip teens off to the latest information. Young users also describe the effects including hearing the parents of one teen who died of an overdose. The resulting message is clear - kids who take new club drugs or regular club drugs are putting their lives at risk. (Teacher's resource book and student handouts included)
- 903 INHALANTS EXPOSED** **14 Minutes** English
 This program addresses a dangerous and often tragic practice among young people - sniffing fumes of household products to get high. This video presents facts and authentic stories about the terrible consequences of "huffing". One sad story is the tragic death of Anthony, a teenager who died after sniffing an inhalant for the second time. Anthony's mother visits his grave site as students hear and see how Anthony died. Students will hear other accounts of how young people suffered seizures, blindness, respiratory arrest and death from inhaling substances such as cleaning fluid and air freshener. (Teacher's resource book and student handouts included)
- 904 GETTING STUPID: HOW DRUGS DAMAGE YOUR BRAIN** **21 Minutes** English
 This video presents to middle schoolers the latest scientific information on how alcohol, marijuana, inhalants and other drugs cause serious and potentially permanent damage to the human brain. Video includes interviews with scientists who use actual brain scans of drugs users to explain how the brain's chemistry is harmed by drugs. Hi-tech images of the human brain make the evidence compelling and memorable. Students will clearly see those areas of the brain that are impacted, such as the hippocampus, blood vessels and nerve cells. The long and short-term effects of drug use are explained in a way that young viewers can understand. Special attention is focused on the damage caused when teens drink alcohol. Although legal for those over 21, alcohol is still a very potent and potentially harmful drug. New research has demonstrated that the ability to do common thinking tasks is seriously compromised in the still developing brains of teenagers who drink alcohol. Program delivers an urgent wake-up call to viewers who may not be aware of the real dangers of how taking drugs can damage the brain. (Teacher's resource book and student handouts).

905 GHB: THE FACTS

23 Minutes English

This powerful documentary alerts viewers to the very grave dangers of GHB (gamma hydroxybutyrate), a popular club drug. GHB is an addictive sedative that has caused more overdoses and deaths than Ecstasy. Viewers learn that GHB, which is crated in illegal and "dirty" labs, is odorless, tasteless and colorless, and can be slipped into drinks without detection. Video includes a jolting interview with Judi Clark, mother of 15-year old Samantha Reid, who died as a result of an overdose after drinking a soda laced with GHB. Viewers will hear important facts on how to avoid unintentionally consuming GHB and other club drugs. They will also gain a new insight into the damage that this life-threatening drug causes to the body, as well as learn the symptoms of GHB overdose and the importance of swift medical attention. (Teacher's resource book

906 CONFRONTING DRUK DRIVING

27 Minutes English

This memorable video features the true story of Mike Poveromo, a young man who killed his two best friends in a drunk driving can crash when he was a teenager. Today, Mike tours the nation's high schools to share his story, and to warn students never to drink and drive. In addition to interview segments that recount Mike's dramatic story, viewers will also hear from law enforcement officers who explain the legal risks involved in drinking and driving, including harsh jail sentences for those convicted of driving under the influence. Viewers will hear from emergency room physicians who describe the traumas and deaths they have seen as a result of drunk driving. Teens will also hear from parents and family members who have been left devastated by the loss of a child as a result of drunk driving. In addition, Confronting Drunk Driving offers important tips for how to avoid being a passenger in a car driven by an intoxicated driver. Teacher's Resource Book offers many useful and thought-provoking worksheets for classroom use. (Teacher's resource book and student handouts included)

907 METHAMPHETAMINES: THE HARD FACTS

19 Minutes English

In this hard-hitting program, students will learn what methamphetamines are, how they are illegally produced in underground "labs" by drug dealers, and how addictive and deadly they are to those who experiment with them. Known by dozens of street names-such as speed, crank and crystal meth-these powerful central nervous system stimulants are highly addictive and can cause permanent damage to all systems of the body. The emotional roller coaster of devastation that results from methamphetamine use is also described. Viewers will hear harrowing true stories from young people who have learned the hard facts about meth, and are now struggling to regain control of their lives. The program provides viewers with many startling details, including the fact that possession of methamphetamine carries a mandatory prison sentence of at least five years. The Teacher's Resource Book includes many helpful fact sheets and student activities designed to reinforce the video's strong no-use message. (Teacher's resource book and student handouts included)

908 THE TRUTH ABOUT HALLUCINOGENS

18 Minutes English

Hallucinogens are making a comeback among today's young people. Viewers of this fast-paced, information-packed video will learn the dangers of illicit drugs like LSD, Ecstasy (MDMA), PCP (angel dust), peyote, mescaline and mushrooms. Live-action video footage allows students to hear from young people who have faced grave consequences after experimenting with what they assumed were "natural" substances. The Truth about Hallucinogens uncovers many of the misconceptions that teens may have about hallucinogens. Not only are these substances illegal to buy, sell or possess, they are also extremely harmful and potentially addictive. Video reveals the long lasting and debilitating effects to the brain, central nervous system and other body systems. After viewing this video and completing the student activity sheets in the Teacher's Resource Book, your students will be armed with important information about the dangers of these popular drugs, and will be much less like to experiment with hallucinogens. (Teacher's resource book and student handouts included)

Catalog

VIDEO

Tuesday, January 17, 2006

- 909 SUDDEN IMPACT: AFTER THE CRASH** **43 Minutes** English
Drunk driving crashes: they happen every day, and when they do, the reporting on the nightly news goes something like this "One dead, five injured in a car crash. Drunk driving suspected." This program, narrated by Tom Brokaw, goes behind the scenes of one such "accident" and describes what happens over the course of a year after the crash. How do the victims and their families fare? What is the emotional toll? What are the financial costs? Program reveals that the accident itself is just the beginning of an ever expanding series of events that effects far more than the original car crash. (Teacher's resource guide included)
- 910 THIS PLACE** **15 Minutes** English
Underage drinking with discussion guide. "The film displays the reality of alcohol in our children's lives that we adults too often miss. It is a call to action that every parent needs to see" Wyoming Fist Lady Nancy Freudenthal, Chairperson of the National Leadership to Keep Children Alcohol Free
- 911 MARIJUANA AND THE MIND: INTOXICATION AND ADDICTION** **22 Minutes** Spanish
Viewers learn that there is scientific evidence dispelling the common perception that there are no adverse effects of marijuana use. Laboratory demonstrations, interviews with health-care professionals, and documented experiences of recovering addicts reveal that memory, learning movement, and thinking abilities are negatively impacted by marijuana use.
- 912 ICE AGE II - METHAMPHETAMINE AWARENESS/TRAINING DOCUMENTARY** **60 Minutes** English
Focuses on how meth is being manufactured in neighborhood home; how to recognized the ingredients, chemicals and supplies used to cook it and the environmental hazards and dangers of the highly volatile chemicals associated with the production of meth. Discover effective strategies
- 991 Test on New Entry** **100 Minutes** English
test description on new entry