

*Bridges For
Medically High Risk
Newborns*

*County of Orange
Health Care Agency*



Vision

*Health is the realization of complete physical,
emotional, intellectual
and
spiritual well-being.
(World Health Organization)*

*Bridges For Medically High Risk Newborns
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*HCA Public Health
Community Nursing*

The Medically High Risk Newborn Program is a County Program and is funded by The Children & Families Commission of Orange County. The program is offered to all eligible Orange County infants from birth to 24 months. Public health nurses will provide nursing expertise in the home, including case management, client advocacy, and community resources. The Public Health Nurse (PHN) is a professional Registered Nurse with a Baccalaureate Degree in Nursing and a Public Health Nurse Certificate with an emphasis in community health.

Public Health Community Nursing Services Include:

- Complete assessment of client and caregivers.
- Teaching on actual and potential problems.
- Referring to appropriate agencies that enhance and support client's needs.
- Case management and home visits.
- Evaluating goals and needs.
- Anticipatory guidance.

The Medically High Risk Newborn Program (MHRN) Goals are:

- To prevent or minimize developmental and/or physical delays.
- To coordinate with other agencies in managing the health of our clients.
- To provide nursing support services to clients and their caregivers.
- To promote optimal health and development.

MHRN Eligibility Criteria

Prematurity (less than 32 weeks gestation)

Very low birth weight (less than 1500 grams)

Significantly SGA (Small for gestational age) failure to thrive, IUGR (Intrauterine growth retardation) less than 5th percentile.

Prolonged hypoxemia, acidemia, repetitive apnea, required assisted ventilation >40 hours

Metabolic problems, i.e.: hypoglycemia, hypocalcemia

Hyperbilirubinemia (considered when persistent and untreated hyperbilirubinemia requires exchange transfusions and/or is associated with congenital anomalies)

Neonatal seizures or seizures beyond the neonatal period

Serious biomedical insult, i.e.: CNS bleeds, RDS (Respiratory Distress Syndrome) confirmed infection, chronic lung disease

Multiple congenital anomalies requiring special services, but with presumed potential for normal developmental outcome.

History of maternal chemical exposure and/or substance abuse, i.e.: alcohol, hydantoin, warfarin, and cocaine

Persistent feeding problems

Persistent tonal problems

Continued evidence of delay in one or more developmental areas and poor parent-infant attachment

Participating Bridges Hospitals are:

Anaheim Memorial Medical Center, Coastal Communities Hospital, Garden Grove Medical Hospital, Fountain Valley Hospital, Hoag Memorial Hospital, St Joseph Hospital, St Jude Hospital, Western Medical Center-Anaheim, Western Medical Center-Santa Ana.

Bridges providers: (Low risk) St. Jude, Children's Bureau, MOMS, OC Child Abuse Prevention Center, Hoag.

Other Participating Hospitals: UCIMC and Children Hospital of Orange County (CHOC)

There are five areas that service all of Orange County.

Service Area I ... (714) 626-3745
Cities in this area: Anaheim, (East of Magnolia) Brea, Fullerton, La Habra

Service Area II ... (714) 834-8498
Cities in this area: Anaheim Hills, Orange, Placentia, Villa Park, Santa Ana (North of McFadden), Yorba Linda

Service Area III... (949) 248-2205
Cities in this area: South of Irvine

Service Area IV... (714) 896-7801
Cities in this area: Anaheim, (West of Magnolia) Buena Park, Garden Grove, Westminster, Fountain Valley, Huntington Beach, and other cities west

Service Area V... (714) 347-0331
Cities in this area: Balboa Island, Newport Beach, Costa Mesa, Tustin, Santa Ana (South of McFadden) Corona Del Mar, Lido Island