

HIGHLIGHTS

September 2001 *CYS / Project Together Newsletter* Vol. XVI, No. IX

For Your Information...

CYS-Project Together's Annual Holiday Boutique is scheduled for Thursday, Nov. 15. We are looking for a few good volunteers interested in making hand-crafted items for sale at this event. If interested, please call Nancy Robins at 796-0100...

Mark your calendars! Other events of note are: Thursday, Sept. 27—CYS-Project Together Book Fair at 405 W. 5th St., Santa Ana, and Saturday, Oct. 13—the Annual Picnic at Mile Square Park in Fountain Valley. Yet to be set is the date for the second annual CYS-Project Together Elk's Christmas Party. Be there. It's not the same without you...

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IN MEMORIAM

Marion Mercado, MSW

It was with great sadness that John Savaadra, Service Chief at East Region CYS Clinic, reported the death of therapist Marion Mercado, MSW. Marion passed away suddenly August 9. She was 58. She was a wonderfully supportive of her clients and will always be remembered for her dedication to children and assisting them in shaping a better future. Funeral services were held Monday, August 13, at St. Joseph's Catholic Church in Santa Ana.

Volunteers Are Special!

Ami Believes in Power of Fun

*By Jonathan Schiesel
Volunteer Coordinator
South Region/Costa Mesa*

Ami Redman believes deeply in the healing power of fun.

A CYS-Project Together mentor in South Region/Costa Mesa since March of 2000, she became involved because she wanted to have fun. At first I felt that she didn't really understand the difficulty our children have and I wondered whether she would be better off in another type of program.

However, as we proceeded with the mentor training, I came to experience Ami as a very uplifting person, who believed deeply in the healing power of fun. She communicated that she was "not interested in *helping* a child, because that approach usually means to the children that there is something wrong with them. Having fun is the gift," Ami said. I received a bit of "training" from her in exchange for the training I was offering her.

Throughout her match with a 10-year-old boy, she has demonstrated that her approach to mentoring is exceptional. In the beginning, the mother had the misconception that Ami was supposed to be a mother's helper, expecting her to watch the child while she shopped. This continued. When the mother allowed Ami to take the child to the park, she insisted on coming along, not so much to watch Ami, but rather to socialize and to ventilate her personal frustrations. Ami worked closely with the therapist to help the mother come to a better understanding of the purpose and focus of the mentor/mentee relationship. After a



month or so, Ami at last was able to take the child to the park without the mother and begin to develop an important one-on-one relationship with him.

This was when the relationship shifted and Ami was allowed to share fun with the child. They played a bit of basketball, soccer and handball. The following weeks they went swimming, to the park to feed the ducks, to Palace Park, and spent an afternoon at the zoo at Irvine Park. Because of the fun they had, the boy began to relax and as his ease increased, he began to share some of the circumstances that brought him into therapy. She saw how self-critical he was, and under what

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Mentor's Mentor

Dear Mentor's Mentor:

I have been matched with a child for six months and was initially having problems making a connection with her. We would plan to meet each weekend. Since I am a student, I suggested inexpensive activities. We went to a coffee shop, a park, window shopping at the mall. She was literally silent. We simply could not seem to strike up a conversation. I then decided to take her to Disneyland, Knott's Berry Farm, Wild Rivers, etc. There was a dramatic change. The teenager suddenly became animated and would converse because she was excited about going to fun places. We now have a good relationship. My problem is that I cannot continue to pay for these types of outings. What should I do?

Mentor

Dear Mentor:

"Enlightenment does not come from the destination, but from the journey."

A child having a mentor is not about taking him or her to Disneyland and other expensive entertainment venues. It is about a child bonding with a trusted adult who is a good role model. The question is, would you have a "good relationship" if you reverted to the types of outings that you could easily afford? If so, that is great. You have been able to bond.

If not, it is time to speak with your volunteer coordinator and the child's therapist to determine if there was some misunderstanding on the child's part about the purpose of being matched with a mentor, says Samantha Roberts, West Region Volunteer Coordinator. This process can be a learning experience for both you and the child. The child can become aware that trusting an adult and having a positive relationship is not about all of the cool and expensive places you can go, but about communication, understanding,

empathy and sharing. She may also learn about values and the importance of a person's time and concern as opposed to the money spent and the places you go. According to Samantha, who recently presented a CYS-Project Together mentor workshop entitled, "It's Not About the Money," "Some of the most valued and memorable experiences for the child will be the simple things and learning that you can make your own fun and entertainment." Samantha cited an instance when one mentor spent the day in a park with a child having leaf boat races.

It is time to examine your goals as a mentor as well. Do you want to remember your time with this child going to an amusement park or do you want to savor the time you spent building a relationship and helping the child make constructive choices? Your situation has actually created an opportunity for both of you to become more aware and to make some changes in how you approach life.

Mentor's Mentor

(continued from page 1)

For Your Information...

Libreria Martinez on Main Street at 10th in Santa Ana has expanded to include a special children's book store with books in Spanish and English. Ruben Martinez, barber turned bookseller, expanded his barbershop some years ago to include books due to the suggestion of his customers, who were always amazed at the array of interesting books he had on the shelf to share with his clientele. Martinez now speaks to school groups and parents in Santa Ana and nationwide, touting his philosophy, "You can go anywhere in the world if you learn to read" because reading opens new worlds to all of us. The most valuable passport to your future is your library card, he says. He

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Volunteers Are Special!

pressure he lived, and how important video games were to him because they helped him escape the tension at home. The release of the tension was supported by Ami's non-judgmental, totally accepting attitude, and by viewing him as "just a kid." All of this allowed them to relate in a relaxed manner.

Ami has been a wonderful role model, not just to the boy, but also to the mother. The mother has become less anxious about her son, supporting his interests in sports, yoga, tai-chi and piano. The boy in turn has responded to his mother's loving interest by becoming less judgmental of others. He fantasizes less about himself, and in general is developing the skills to have friendships with peers.

Ami's attitude about having "fun" has been encouraging and relaxing for the boy and he has responded with enthusiasm and a growing appreciation for this wonderful person who has come into his life. Ami is a native of the South Coast of England and has been in the United States for 7 years.

can also be heard saying, "Parents read for yourself and read to your children. They learn by your example..."

Orange County Magazine July issue carried an interesting article on mental illness and children. The author Liz Goldner provides a chronicle of her experience with a son who is mentally ill and the hopeful developments in treatment of schizophrenia. The author notes that NAMI, the National Alliance for the Mentally Ill, Orange County received \$155,000 grant from the Orange County Community Foundation for a collaboration called "Circle of Hope" to provide outreach, education, referral and counseling services to adolescents, parents and teachers over a 29-month period. For further information, please call NAMI Orange County at (714)544-8488...

Projects Corner

Cook With the Kids & Teach Good Nutrition

Encourage children and teenagers to become involved in the food shopping and food preparation and they will develop healthful eating habits. "You are what you eat," as the saying goes and good nutrition positively impacts attitudes, moods and health.

That is the word of Susan Krueger, a Huntington Beach cooking instructor, who teaches cooking classes for children, and is concerned about kids being bombarded and manipulated into making poor nutrition choices. She cites marketing in the super markets and the fact that our local schools provide an array of junk food temptations in the form of national chain hamburgers and fries to vending machines full of candy and soft drinks. She feels that exposure to healthy alternatives begins with involvement in shopping and cooking.

Consider the fact that children are much more knowledgeable about nutrition today than they were a generation ago. When asked which foods are more nutritious, they will give you the correct answers. The problem seems to be in the choices available to them, convenience of caregivers and lack of experience in preparation of nutritious meals.

If you feel you are powerless over this matter, you may want to know that youth, when given the knowledge, the tools, the means and some practice can astound you with a turn around in their eating habits. According to the Center for Science in the Public Interest, when a child's eating habits are changed to include nutritious foods, unpleasant behavior often is changed as well. Better nutrition can improve energy, ability to concentrate, eliminate malaise and difficulties due to food allergy, lower the tension level that comes with high salt intake and eliminate the extreme highs and lows that come from high sugar intake.

Spend some time with kids making a grocery list, making healthful food choices in the supermarket and

whipping up meals in the kitchen. It is fun and it can change a child's life. You might try giving a child a list of healthful foods and allow him to check off his favorites. To follow is a sample shopping list and some recipes.

Shopping List

Low fat milk
Eggs
String cheese
Cream Cheese
Yogurt—plain or with fruit
English muffins
Celery
Apples
Oranges
Bananas
Lemons or limes
Berries in season
Watermelon
Sunflower seeds
Raisins
Apple juice
Mild green chilies

Protein Shake

1 Egg
Ice
Low fat Milk
Dash of vanilla
Banana or Orange

1. Using a blender, break egg and whip. Add 4 ice cubes and frappe.
2. Add one sliced banana or one peeled and quartered orange and chop.
3. Add 1 cup of cold low fat milk and dash of vanilla. Blend.

This is a great high protein energy booster that quells hunger all morning long. Some athletes drink this to replenish their systems after a game or a work out.

Scrambled Muffin

English muffin
Cream cheese
1 Egg
1 Mild green chili pepper

1. Toast English muffin and spread cream cheese on one side.

2. Lay strips of green chili across muffin on top of cream cheese.
3. Scramble egg and place on top of chili.
4. Place other side of muffin on top to complete the sandwich.

This is a great breakfast for kids on the run. The mild green chili provides some zest as well as vitamin C.

Kids in the Neighborhood Cooler

1 medium sized watermelon well chilled
4 limes or 2 lemons
A handful of strawberries or raspberries
3 sprigs of mint
Long straws

1. Place chilled melon on its side and cut oval out of the top side. Cut out a notch for each straw to be used. Scoop fruit out the inside of the melon and place in a bowl. Remove all seeds and leave the liquid inside the melon.
2. Place two handfuls of melon into the watermelon shell. Squeeze juice out of remaining melon and pour liquid into the watermelon shell. Discard squeezed fruit.
3. Crush the berries and put them with juice into watermelon shell.
4. Juice limes or lemons and pour juice into watermelon shell.
5. Replace oval "lid" and insert straws. Place in the middle of a table and allow everyone to share.

This is a refreshing drink and snack while playing board games on a hot day.

Quick Snacks

1. String cheese
Apple
2. Celery sticks filled with cream cheese
Raisins
3. Yogurt
Apple juice
4. Bagel with cream cheese
Sunflower seeds

CYS-QRT-SMART Presents Foster Parent Overview

A foster parent, an Orange County Social Services Foster Care Liaison and a Senior Social Worker with the county provided an overview of foster care and expanded services now available for children at a SMART training for county foster parents, therapists and social workers.

Karen Templeton, who has four children of her own, has been a foster parent for 15 years and her specialty has been drug infants and children 0-5 years of age. She reports that over the years almost all of her foster children have been adopted by caring families. As a foster parent, her goal is to provide transitional care, help the child feel as comfortable as possible, to prepare the child for reunification with family or to maintain the child's "adoptability."

Karen noted that many of the children have special needs, but all of them have the same mental health issue of loss and abandonment. No matter what the circumstances were that brought the child to foster care, each child has just lost his/her family and will experience separation anxiety. Many times the child will demonstrate bizarre of bad behavior during bouts with separation anxiety because that is what makes them feel comfortable.

"My job is to keep the child stable," according to Karen. I maintain a strict routine for the kids because structure makes them feel secure when they know what to expect. I definitely don't go on vacation near a transition for the child, she said. Karen also keeps a "life book" for each child that provides as much information as possible to help them put the pieces of their lives together at a later time. "A foster parent working appropriately with kids will tell them that their parents still love them." I encourage the parents to make a video so the children do not lose that part of their lives. No matter how you feel about your experience with the child's parents, this is important," says Karen. The child may be 8, 10, 15 or into adulthood, but they always come back to ask the question, "Did mommy and daddy really love me?"

Karen knows well the importance of support services for foster children. There was a time when services were not available to children under 5. Support of the foster parent by the therapist and social worker is essential and the availability of services for children with special needs makes all the difference in the world in terms of their ability to cope if returned to the home or to their "adoptability."

Peggy Roberts, Foster Care Liaison, has been with the county for 17 years, and deals with a wide variety of substitute caregivers, including group homes, foster care and relatives. She noted that 76 percent of the children are reunited with their birth families and only a small percentage are in long-term foster care. As an advocate for the children, she is "thrilled about expanded care" which provides comprehensive services for the child, foster parents and birth parents.

Linda O'Young, Senior Social Worker, noted that "Foster care is never a simple life for the child."

"The very least of the child's problems will be the experience of loss," she said. And, that is big because "How can anyone else like me if my own parents don't." According to Linda, "All children in foster care need counseling and other services because of developmental delays due to neglect, abuse, behavioral and emotional problems. There is finally enough funding to help children 0-18....We hope that in the foster care with Children's Systems of Care and wrap around care, we are able to provide the support. In home visits make it possible to observe the child in a more relaxed and normal atmosphere.

"Our goal is to provide the foster parents with the tools they need to help stimulate the child, provide encouragement and to strengthen the child enough to be able to build on it," said Linda. This means that the child will be in a much better position to cope when returned to a family that may meet requirements, but provides less than the ideal support; or making the

transition from foster care to adopted family; or going into a group home. she said.

"It's Not About the Money"

West Region CYS-Project Together Volunteer Coordinator Samantha Roberts presented a mentor training in July entitled, It's Not About the Money."

The evening presentation covered the types of low-cost activities mentors could do with children and teenagers involved in the CYS-Project Together program. Samantha provided mentors with a booklet that listed activities and the benefits for children. She also provided mentors with a cache of ideas for resources and ways to save money. Samantha emphasized her philosophy that it is not about the money spent, but the quality time with the child that counts. "While seeing a movie together is fun, you don't really get to talk much," she said.

Long-time West Region Mentor Conrad Wilson shared his experience as a mentor as well at training session. Conrad, who has been matched with three children over a 9-year period, iterated that the relationships with each child were built around communication and acceptance. He noted that he had to change within himself because he had to accept the fact that he could not "fix" the child or the child's circumstances, but he could provide what the child really needed most from him, which was acceptance of who he is. He also could always be there for him, be a trusted friend and confidant.

"This is what makes the difference for me and for him," said Conrad. "In my role as a mentor, I am listening for his greatness and see something more for him than he can't see himself. Like many, I wonder what I am doing here on earth and know I can't go wrong by trying to make a difference." (*See photo on back page.*)

SEPTEMBER 2001

Calendar of Events

The CYS-Project Together Calendar is a collection of affordable, fun, wholesome and interesting events that can be enjoyed by children, teens and adults. To submit an item for the calendar, please call (714)796-0100.

**Saturday & Sunday
September 1 & 2**

Horse Show
Equestrian Center
Orange County Fairgrounds
88 Fair Drive
Costa Mesa
(714)708-FAIR
www.ocfair.com

This is a hunter and jumper show.

Time: 8 a.m.-5 p.m.

Cost: Free

**Saturday-Sunday
September 1-3**

Labor Day Car Cruise
Orange County Fairgrounds
88 Fair Drive
Costa Mesa
(714)708-FAIR
www.ocfair.com

This is a car show sponsored by the Orange County Cruisin' Association.

Time: 9 a.m.-11 p.m.

Saturday & Sunday

9 a.m.-Noon Monday

Cost: Adults \$8
Children under 11 Free

**Thursday-Saturday
September 6-8**

Craft & Sewing Festival
Building 10
Orange County Fairgrounds
88 Fair Drive
Costa Mesa
(800)962-CRAFT
www.ocfair.com

The Rusty Barn Promotion Group, Inc., is sponsoring this event, which features demonstrations, workshops and the latest crazes in crafts as well as traditional folk art forms.

Time: 10 a.m.-5 p.m.

Cost: \$8

**Saturday, September 8
Grape Stomp Festival**

Julian
(760)765-1857

The Julian Chamber of Commerce and Merchants Association are sponsoring this foot-wetting event, which will also feature Italian bands, bocci ball competitions, vendors and lots of food. Follow signs from Highway 78/79 and once you reach town, it will be hard to miss.

Time: 11 a.m.-7 p.m.

Cost: Children under 5 Free
All others \$5

**Saturday & Sunday
September 8 & 9**

Quilt Show
Building #12
Orange County Fairgrounds
88 Fair Drive
Costa Mesa
(949)442-9400
www.ocfair.com

This is sponsored by the Flying Geese Quilters Guild.

Time: 9 a.m.-5 p.m.

Cost: \$5

**Sunday, September 9
Sandcastle Contest**

Big Corona State Beach
Coast Highway @ Marguerite & follow the signs
Newport Beach
(949)729-4400

Teams of sandcastle builders compete in building some of the most phenomenal temporary structures on earth.

Time: 11 a.m.-4 p.m.

Cost: Free to watch
\$25 per team to compete

**Friday-Saturday
September 14-16**

Taste of Newport Beach
Newport Center Drive
Between Santa Rosa and San Miguel
Newport Beach
(949)729-4400

Thirty of Newport's finest restaurants will serve the fare par excellence to the tune

of music and other entertainment.

Time: Friday 6-11 p.m.
Saturday 4-11 p.m.
Sunday Noon-8 p.m.

Cost: \$15

**Friday, September 14
Hispanic Celebration**

Salgado Center
607 N. Newhope Ave.
Santa Ana
(714)571-4267

and

Santa Anita Center
300 S. Figueroa
Santa Ana
(714)647-6552

Time: 4:30-6:30 p.m.

Cost: Free

**Sunday, September 15
Bird Show**

Building #10
Orange County Fairgrounds
88 Fair Drive
Costa Mesa
(714)708-FAIR
www.ocfair.com

Sponsored by the Orange County Bird Breeders.

Time: 9 a.m.-4 p.m.

Cost: Adults \$5
Children under 12 \$1

**Saturday, September 15
Mexican Independence Day**

Jerome Center
726 S. Center St.
Santa Ana
(714)647-6559

There will be dancers, games and great food.

Time: 10 a.m.-1:30 p.m.

Cost: Free

**Saturday & Sunday
September 15 & 16
Annual Blue Grass Festival**

Julian
(760)765-1857

Banjoes, fiddles, guitars, mandolins and perhaps an ordinary spoon or two will

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Calendar of Events *(continued)*

be played by some of Southern California's best and most infamous musicians, who will also provide background for song competitions. There will also be exhibitions and workshops. This is sponsored by the Julian Lions Club and the San Diego North County Blue Grass and Folk Club.

Time: 9 a.m.-6 p.m.
 Cost: Children under 10 Free
 Adults \$12 Advance
 \$15 at Gate

Saturday & Sunday
 September 15 & 16
 Harbor Days

Oceanside
 (800)350-7803
 Arts and crafts, nails and sails and nautical activities at Oceanside Harbor is sponsored by the Oceanside Chamber of Commerce and is an all-day 2-day event for families.

Time: 9 a.m.-6 p.m.
 Cost: Free

Saturday, September 22
 Cruisin' for a Cure

El Toro Marine Base
 Main Gate
 I-5 Fwy and Sand Canyon
 El Toro
 (949)752-5115

This is a car and motorcycle show featuring over 2000 hotrods and trucks as well as the largest little race in the nation, miniature drag racers, Matel and Hotwheels Model car contest. All proceeds from this event benefit the Jonsson Cancer Center's Prostate Cancer Research Program.

Time: 9 a.m.-4 p.m.
 Cost: Children under 12 Free
 Adults \$5

Sunday, September 23
 Victorian Tea Society

1890's Market
 Discovery Museum of Orange County
 3101 W. Harvard St.
 Santa Ana
 (714)540-0404

This will be the 5th annual 1890's market day and fair sponsored by the Victorian Tea Society. Experience the food and the vendors and take a stroll through the garden.

Time: Noon-5 p.m.
 Cost: Children \$2.50
 Adults \$4

3rd Weekend
 Free Train Rides

Fairview Regional Park
 2525 Placentia
 Costa Mesa
 (714)54T-RAIN
 The Orange County Model Engineers Club set up a kiddie-sized train and nearly 2 miles of track for youth and children to enjoy.

Time: 10 a.m.-3 p.m.
 Cost: Free on 3rd Weekend

Saturday & Sunday
 September 29 & 30

Persian Festival of Autumn
 Campground and Tent #8
 Orange County Fairgrounds
 88 Fair Drive
 Costa Mesa
 (949)851-3993

Time: 11 a.m.-11 p.m.
 Cost: Adults \$10
 Children Free

Saturdays
 Nature Conservancy
 Guided Hikes and Bike Rides
 Santiago Canyon Rd. &
 San Joaquin Hills
 Laguna Beach
 (714)832-7478

Guided hikes and mountain bike rides are conducted on Saturdays and range from moderately easy to more rigorous. It is a wonderful way to become acquainted with nature. Please call for information on times and other activities.

Time: Please call for times
 Cost: Free

Saturdays and Sundays

Orange County Marketplace
 Orange County Fair &
 Exposition Center
 Main Lot
 88 Fair Dr.
 Costa Mesa
 (949)723-6616

One of the largest arrays of new and used items in the world is available here.

Time: 7 a.m.-4 p.m.
 Cost: Adults \$2
 Children under 12 Free

1st Saturday of Month
 Bolsa Chica Wetlands
 Free Tour
 Bolsa Chica
 Ecological Reserve Bridge
 Pacific Coast Highway between Warner
 and Golden West
 Huntington Beach
 (714)840-1575

This is a free 2-hour tour across the wetlands and an opportunity to see delicate sea life developing in the marshland and almost extinct coming back to life. This is a hard won ecological reserve and one of the few remaining wetlands on the Pacific Coast. Pelicans, ducks, swans, herons, egrets and least terns abound, so bring you binoculars and a jacket. This is a California only experience.

Time: 9-10:30 a.m.
 Groups leave every 15 minutes
 Cost: Free

Saturdays
 Free "Make & Take"
 Workshops

Lake Shore Learning Materials
 18679 Brookhurst St. (S. of 405)
 Fountain Valley
 (714)963-8255
 Children 3 and older are welcome to attend the free "Make & Take" workshops where children create their own art and toys while learning new skills.

Time: 11 a.m.-3 p.m.
 Cost: Free

Happy Birthday!

Janet Peters	9/6
Melinda Brown	9/17
Natalia Marcaccini	9/19
John Eggers	9/20
Paula Staff	9/24
Jeff Stone	9/24
Jehan Seirafi	9/25
Natalie Caicedo	9/30

*"The closest distance
 between two people is
 laughter."*

Victor Borga

FROM THE REGIONS

VOLUNTEER TRAINING

All of Our CYS-Project Together volunteers are welcome to attend any training. Please call your Volunteer Coordinator for more information.

East Call for appointment
(714)480-6756

North Call for schedule
(714)577-5422

**South/
Costa Mesa** Call for appointment
(949)722-7086

**South/
Laguna Beach** As required
(949)499-8614

West Call to schedule
(714)896-7556

**Aspen/
Santa Ana** Call for times
(714)565-2830

**Aspen/
Tustin** (714)508-1919

WELCOME NEW MENTORS

East Adriana Cota

North Anna M. Benavides
Amber Hempell
Michelle Valle

**South/
Costa Mesa** Kevt Noguchi
Julie Yrigollen

West Rachael Hammond
Marnae Roethlisberger
Scott Yoshizaki

**Aspen/
Santa Ana** Antonia Soria

Aspen/Tustin Ruth Haidue
Scott Haidue
Kathleen Ramunni

THANKS TO THOSE WHO'VE MOVED ON

East Robert Johnson
Lee Weinberg

North Ronelle Rodriguez

**South/
Costa Mesa** Reyno Acoba
Satoko Shikata

**South/
Laguna Beach** Odie Hernandez
Melissa Richey

West Alida Fiametta
Robin Tighe
Janet VanLeven

Aspen/Tustin Sue Garcia
Felicia Goldwater
Jennifer Hazan
George Meier

There's More Than One Way to Hug a Child...

Those of us at Children & Youth Services (CYS) and CYS-Project Together deeply appreciate the wonderful support provided by many local businesses and organizations.

Your generosity allows community resources to become an important asset in the therapeutic process. Each month, we extend our thanks and give recognition to our caring donors.

Air Museum "Planes of Fame"
Chino

Concourse Entertainment Center
Fullerton

Cornwell Foods
Irvine

Discovery Museum
Santa Ana

In-N-Out Burgers
Irvine

Laser Quest
Fullerton

Legoland
Carlsbad

LenCrafters
Brea

LensCrafters
Santa Ana

**Orange County Fair and
Exposition Center**
Costa Mesa

**Orange County Fire
Services Association**
Santa Ana

Pic "N" Save
Huntington Beach

Ralphs
Westminster

Ralphs
Walnut

Ringling Brothers Circus
Woodland Hills

Rite Aid
Brea

Save-On Drug
Placentia

Statek Corp.
Orange

Stater Brothers
Westminster

Lisa Voigt/Centaur
Irvine

Vons
Garden Grove

Vons
Huntington Beach

Yoshinoya Restaurants
Torrance

Zov's Bistro
Tustin

The Back Page



CYS-Project Together Mentors (left to right): Katie Miller and May Sanoy were enthusiastic participants in the training program "It's Not About the Money" presented by West Region Volunteer Coordinator Samantha Roberts. (See story on page 4.)

HIGHLIGHTS

September 2001 **CYS / Project Together Newsletter** Vol. XVI, No. IX

Published by:
County of Orange Health Care Agency/Behavioral Health Services
Children and Youth Services/*Project Together*
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Nancy Robins, Program Supervisor I
Martha Murphy, Editor
Volunteer Coordinators

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- Peggy Evans (714)796-0100
- East Veronica Chavez (714)480-6756
- North Sunney Shin (714)577-5422
- South/Costa Mesa Jonathan Schiesel (949)722-7086
- South/Laguna Lee Boon (949)499-5346
- West Samantha Roberts (714)896-7570
- Aspen/Santa Ana Adrienne Davalos (714)565-2830
- Aspen/Costa Mesa Ken Cornwell (714)508-1919

The Health Care Agency/Behavioral Health Services/Children and Youth Services provides mental health treatment for emotionally and behaviorally disturbed youth and their families throughout Orange County. CYS-Project Together is a volunteer mentor program for CYS children and teens. The program also offers supportive resources to clients and families to assist them in achieving treatment goals.



County of Orange Health Care Agency
Behavioral Health Services/Children & Youth Services

CYS-Project Together *Highlights*

405 W. 5th Street, Suite 436
Santa Ana, CA 92701

Address Correction Requested

