

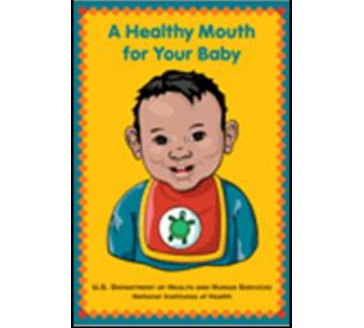


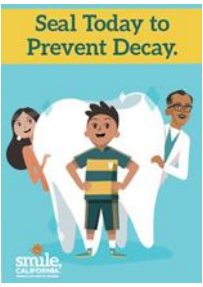



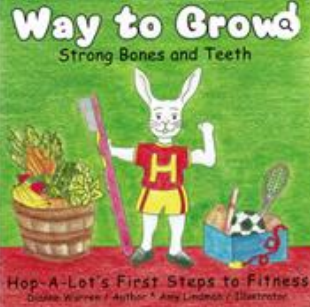
Oral Health Educational Materials/Resources List (as of 8/22/19)

| Material | Topic | Publisher/ Published or Revised Date | Copy Written (Yes/No) | Languages Available | Total Pages | On-Line Link |
|--|--|---|-----------------------------|---|----------------|--|
| Prenatal | | | | | | |
|  <p>Healthy Teeth Checklist</p> <ul style="list-style-type: none"> Visit your dentist during pregnancy. Dental treatment is safe. Wipe baby's gums twice a day in the morning and right before bed. Choose gums or mints that have Xylitol (Zyl-Xite-Hall) in them. Clean pacifier and bottles with soap and water, not spit. Each family member uses his or her own toothbrush, spoon, fork or cup. Give only water in the bottle at first time. Only use a dab of fluoride toothpaste every time you brush your baby's teeth. <p>My goals for healthy teeth:</p> <ol style="list-style-type: none"> _____ _____ <p>Date: _____</p> <p>Cavity Keep Away</p> <p>To find your next dental care in your area visit us at http://HealthyTeeth.org</p> <p>Dentist Call: 1-800-332-6699 Healthy Families: 1-800-876-7552</p> <p>cda California Dental Association</p> | Importance of good oral health practice from pregnancy to baby's first tooth | CDA Foundation | No | English, Spanish | Two | English: https://www.cdafoundation.org/Portals/0/pdfs/cavity_keep_away.pdf Spanish: https://www.cdafoundation.org/Portals/0/pdfs/cavity_keep_away_cust_sp.pdf |
| 0-5 Years Old | | | | | | |
|  <p>Why visit the dentist?</p> <p>If your child has been coming to the dentist, they will learn to love the dentist and will be more comfortable when they visit. Regular dental care helps prevent tooth decay and gum disease. It also helps your child learn good oral hygiene habits that will last a lifetime. For more information, call 1-800-332-6699.</p> <p>Dental Health Begins with Your Child's First Tooth</p> <p>If you have a lot of questions or need more information, call 1-800-332-6699.</p> <p>1-800-332-6699</p> | Importance of oral health and visiting a dentist. | California Department of Health Care Services 11/2014 | N/A | English, Spanish, Vietnamese, Tagalog, Russian, Mandarin, Mien, Lao, Korean, Hmong, Farsi, Cantonese, Cambodian, Armenian, Arabic | Two | https://www.denti-cal.ca.gov/DC_documents/beneficiaries/1-2017_0-3_pediatric_2015_2017_tri-fold.pdf |
|  <p>A Healthy Mouth for Your Baby</p> <p>U.S. Department of Health and Human Services National Institutes of Health</p> | Five messages regarding oral health. | US Department of Health and Human Services 8/2014 | No | English | 12 | https://www.nidcr.nih.gov/sites/default/files/2018-12/healthy-mouth-baby-aiian.pdf |

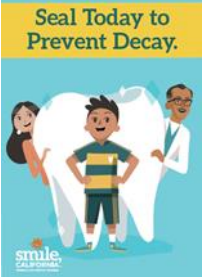

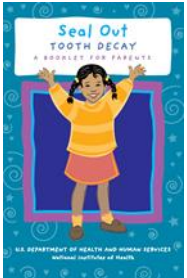
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|---|--|--|-----------------------------|---|----------------|--|
| 0-5 Years Old | | | | | | |
| <p>First tooth, first birthday, first visit</p>  | <p>Importance of baby's first dental appointment.</p> | <p>SmileCalifornia.org</p> | <p>N/A</p> | <p>English, Spanish, Vietnamese, Tagalong, Russian, Mandarin, Mien, Lao, Korean, Hmong, Farsi, Cantonese, Cambodian, Armenian, Arabic</p> | <p>Two</p> | <p>http://smilecalifornia.org/wp-content/uploads/2019/02/FirstToothFirstBirthdayFirstVisitEnglish.pdf</p> |
| <p>Five Ways to Prevent Tooth Decay</p>  | <p>Preventing tooth decay and healthy habits.</p> | <p>American Dental Association</p> | <p>No</p> | <p>English</p> | <p>One</p> | <p>English: https://www.mouthhealthy.org/~media/MouthHealthy/Files/Infographics/ADA_MH_5ways.pdf?la=en</p> |
| <p>Seal Today to Prevent Decay</p>  | <p>Importance of sealants in preventing tooth decay.</p> | <p>SmileCalifornia.org</p> | <p>N/A</p> | <p>English, Spanish, Vietnamese, Tagalong, Russian, Mandarin, Mien, Lao, Korean, Hmong, Farsi, Cantonese, Cambodian, Armenian, Arabic</p> | <p>Two</p> | <p>English: http://smilecalifornia.org/wp-content/uploads/2019/02/SealTodaytoPreventDecayEnglish.pdf</p> |


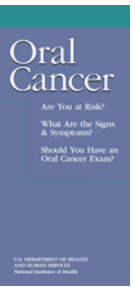
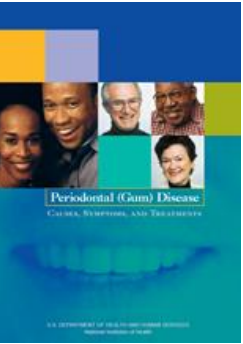
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|--|--|---|-----------------------------|-------------------------|----------------|--|
| 0-5 Years Old (Continued) | | | | | | |
| <p>Varnish Helping Smiles Stay Strong</p>  | <p>Various messages on importance of oral health and how fluoride varnish can prevent tooth decay.</p> | <p>California Department of Health Care Services 7/2018</p> | <p>N/A</p> | <p>English</p> | <p>Two</p> | <p>https://www.dhcs.ca.gov/formsandpubs/publications/Documents/Fluoride-Varnish-Helping-Smiles-Stay-Strong.pdf</p> |
| <p>Way to Grow Strong Bones Strong Teeth</p>  | <p>Stresses the importance of childhood practices on bone and teeth development.</p> | <p>Oasis Publications (\$2.75) 1/2012</p> | <p>Yes</p> | <p>English, Spanish</p> | | <p>English: https://www.fitness4kidz.com/product/way-to-grow-asi-se-crece/</p> |

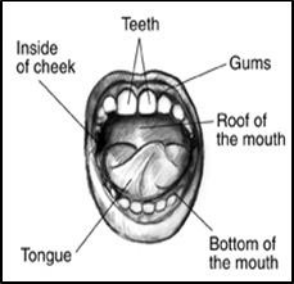
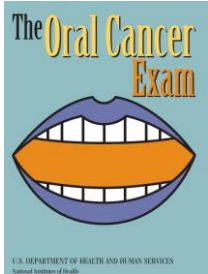

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|---|---|---|-----------------------------|--|----------------|--|
| 6-12 Year Olds | | | | | | |
| Seal Today to Prevent Decay  | Importance of sealants in preventing tooth decay. | SmileCalifornia.org | N/A | English, Spanish, Vietnamese, Tagalong, Russian, Mandarin, Mien, Lao, Korean, Hmong, Farsi, Cantonese, Cambodian, Armenian, Arabic | Two | English: http://smilecalifornia.org/wp-content/uploads/2019/02/SealTodaytoPreventDecayEnglish.pdf |
| Varnish Helping Smiles Stay Strong  | Various messages on importance of oral health and how fluoride varnish can prevent tooth decay. | California Department of Health Care Services 7/2018 | No | English | Two | https://www.dhcs.ca.gov/formsandpubs/publications/Documents/Fluoride-Varnish-Helping-Smiles-Stay-Strong.pdf |
| Parents | | | | | | |
| Seal Out Tooth Decay  | Information on the importance of sealants. | Us Department of Health and Human Services 9/2018 | No | English, Spanish | 12 | English: https://www.nidcr.nih.gov/sites/default/files/2018-10/seal-out-tooth-decay_0.pdf Spanish: https://www.nidcr.nih.gov/sites/default/files/2018-10/seal-out-tooth-decay-spanish_0.pdf |



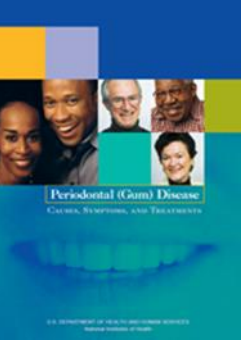
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| Adults | | | | | | |
| <p>Diabetes: Dental Tips</p>  | Factsheet on diabetes and oral health. | US Department of Health and Human Services 3/2019 | No | English, Spanish | One | <p>English: https://www.nidcr.nih.gov/sites/default/files/2019-03/diabetes-dental-tips.pdf</p> <p>Spanish: https://www.nidcr.nih.gov/sites/default/files/2019-03/diabetes-consejos-sobre-salud-oral.pdf</p> |
| <p>Oral Cancer</p>  | Overview of risks and symptoms of oral cancer. | US Department of Health and Human Services 9/2016 | No | English | Six | https://www.nidcr.nih.gov/sites/default/files/2017-09/oral-cancer-are-you-at-risk.pdf |
| <p>Periodontal (Gum) Disease</p>  | Overview of gum disease. | US Department of Health and Human Services 9/2013 | No | English, Spanish | 14 | <p>English: https://www.nidcr.nih.gov/sites/default/files/2017-09/periodontal-disease_0.pdf</p> <p>Spanish: https://www.nidcr.nih.gov/sites/default/files/2018-01/enfermedades-enfermedad-periodontal_1.pdf</p> |

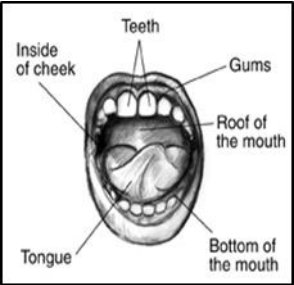

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|--|---|--|-----------------------------|------------------------|----------------|--|
| Adults (Continued) | | | | | | |
| <p>Prevent Diabetes Problems Keep Your Mouth Healthy</p>  | Factsheet on diabetes and oral health. | National Institute of Diabetes and Digestive and Kidney Diseases 7/2014 | | English | 11 | https://www.niddk.nih.gov/health-information/diabetes/overview/preventing-problems/gum-disease-dental-problems |
| <p>The Oral Health Cancer Exam</p>  | Information about oral cancer and oral exams. | US Department of Health and Human Services 8/2016 | No | English | Four | https://www.nidcr.nih.gov/sites/default/files/2018-10/oral-cancer-exam.pdf |
| <p>TMJ Disorders</p>  | Information on TMJ disorder. | US Department of Health and Human Services 9/2017 | No | English, Spanish | 20 | English: https://www.nidcr.nih.gov/sites/default/files/2017-12/tmj-disorders.pdf Spanish: https://www.nidcr.nih.gov/sites/default/files/2018-02/los-trastornos-de-las-articulaciones_0.pdf |



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| Older Adults | | | | | | |
| <p>Diabetes: Dental Tips</p>  | Factsheet on diabetes and oral health. | US Department of Health and Human Services 3/2019 | No | English, Spanish | One | <p>English: https://www.nidcr.nih.gov/sites/default/files/2019-03/diabetes-dental-tips.pdf</p> <p>Spanish: https://www.nidcr.nih.gov/sites/default/files/2019-03/diabetes-consejos-sobre-salud-oral.pdf</p> |
| <p>Oral Cancer</p>  | Overview of risks and symptoms of oral cancer. | US Department of Health and Human Services 9/2016 | No | English | Six | https://www.nidcr.nih.gov/sites/default/files/2017-09/oral-cancer-are-you-at-risk.pdf |
| <p>Periodontal (Gum) Disease</p>  | Overview of gum disease. | US Department of Health and Human Services 9/2013 | No | English, Spanish | 14 | <p>English: https://www.nidcr.nih.gov/sites/default/files/2017-09/periodontal-disease_0.pdf</p> <p>Spanish: https://www.nidcr.nih.gov/sites/default/files/2018-01/enfermedades-enfermedad-periodontal_1.pdf</p> |


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| Older Adults (Continued) | | | | | | |
| <p>Prevent Diabetes Problems Keep Your Mouth Healthy</p>  | <p>Factsheet on diabetes and oral health.</p> | <p>National Institute of Diabetes and Digestive and Kidney Diseases 7/2014</p> | <p>N/A</p> | <p>English</p> | <p>11</p> | <p>https://www.niddk.nih.gov/health-information/diabetes/overview/preventing-problems/gum-disease-dental-problems</p> |
| Individual with Special Health Care Needs | | | | | | |
| <p>Dental Care Every Day</p>  | <p>A caregiver's guide for people with developmental disabilities.</p> | <p>US Department of Health and Human Services 2/2012</p> | <p>No</p> | <p>English</p> | <p>12</p> | <p>https://www.nidcr.nih.gov/sites/default/files/2017-09/dental-care-every-day-caregiver.pdf</p> |

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|---|--|--|-----------------------------|---|----------------|--|
| Resources for Medi-Cal Dental | | | | | | |
| <p>7 Reasons to Schedule an Appointment</p>  | <p>Message on the importance of dental care.</p> | <p>SmileCalifornia.org</p> | <p>N/A</p> | <p>English, Spanish, Vietnamese, Tagalong, Russian, Mandarin, Mien, Lao, Korean, Hmong, Farsi, Cantonese, Cambodian, Armenian, Arabic</p> | <p>Two</p> | <p>http://smilecalifornia.org/wp-content/uploads/2019/02/Desktop8.5x11English.pdf</p> |
| <p>Medi-Cal Has Dental Covered</p>  | <p>Overview of Medi-Cal Dental benefits.</p> | <p>SmileCalifornia.org</p> | <p>N/A</p> | <p>English, Spanish, Vietnamese, Tagalong, Russian, Mandarin, Mien, Lao, Korean, Hmong, Farsi, Cantonese, Cambodian, Armenian, Arabic</p> | <p>One</p> | <p>http://smilecalifornia.org/wp-content/uploads/2019/02/flyer-english.pdf</p> |

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| Resources for Service Providers | | | | | | |
| Brush, Book, Bed  | Curriculum to help health care providers to link three important health messages in to one message about nighttime routines. | American Academy of Pediatrics 9/2015 | Yes | English | 25 | https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Oral-Health/Documents/BBBGuide.pdf |