




Health Care Agency
Behavioral Health Services



Mental Health Services Act

Mental Health Services Act Steering Committee

January 9, 2012

WELCOME

Sharon Browning,
Facilitator

LOCAL/STATE UPDATES

Mark Refowitz,
Deputy Agency Director

MHSA UPDATES

Bonnie Birnbaum,
MHSA Coordinator

FY 12/13 MHSA Plan Update

Bonnie Birnbaum, DrPH
January 9, 2012

Step 1

- MHSA Office sends to BHS Division Managers a list of all programs and budgeted amounts that were included in FY 11/12 Update.
- At the February sub-committee meetings, BHS Division Managers will make recommendations to each sub-committee on which programs should be eliminated for FY12/13 and suggest budgeted amounts for remaining programs.

Step 2

- Information will be provided to appropriate sub-committees on likely reversion of PEI and Innovation funding.
- The new formula for reversion of Innovation funding will be presented.
- CSS sub-committees will consider taking action to transfer some CSS funding to WET for FY 12/13

Step 3

- Sub-committees may need to schedule an additional meeting in February.
- Sub-committees will formulate recommendations on programs to be included in the FY 12/13 Plan Update.
- At the March MHSA Steering Committee meeting, sub-committee chairs will present recommendations to Steering Committee as a whole.

Step 4

- MHSA Steering Committee will consider recommendations made by sub-committee chairs and determine programs and budgeted amounts for the FY 12/13 Plan Update.
- Once the Steering Committee has approved, staff will write a draft Plan Update by mid April 2012.
- The draft Plan Update will be posted for a 30-day Public Comment Period.

Step 5

- After 30 day Public Comment period has been completed and any necessary revisions to the draft Plan Update have been made, the Mental Health Board will hold a Public Hearing on the Plan Update in May 2012.
- After the Public Hearing, the Plan Update will be posted on the MHSA website.

Timeline

- **January:** BHS Division Managers develop recommendations.
- **February:** Sub-committees consider input and develop recommendations for the Steering Committee.
- **March:** Steering Committee will decide programs and funding amounts to include in the FY 12/13 Plan Update.

Timeline (Cont'd)

- **April:** Staff will write a draft Plan Update and post it for Public Comment
- **May:** Mental Health Board will hold a Public Hearing on the Plan Update. After the Public Hearing, the Plan Update will be posted on the MHSA website.

PRESENTATION:

RE-CONNECT SOCIALIZATION SERVICES COLLABORATIVE

Re-CONNECT Socialization Services Collaborative

*A Preventive Program Designed to Reduce
Mental Health Symptoms
in Orange County's Isolated Adults and Older Adults*

Funded by the County Orange Health Care Agency
Prevention & Intervention Division

Socialization Program Collaborative Agencies

Council on Aging-Orange County
Carolina Gutierrez, Program Director
(714) 479-0107
www.coaoc.org

Multi-Ethnic Collaborative of Community Agencies
Lilly Mucarsel, Program Director
(714) 202-4750 ext. 1004
www.ocmecca.org

St. Anselm's Cross-Cultural Community Center

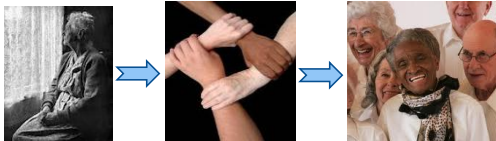


May Chung, Program Manager
(714) 537-0608 ext. 338
www.anselmcenter.org



Goals: Re-CONNECT

- To increase social functioning by reintegrating participants into meaningful community activities to reduce the severity of depressive symptoms.
- To empower Orange County adults to sustain active and healthy lives



Who Qualifies:

- Aged 26 and older
- Orange County resident
- Exhibiting mental health issues
- Limited social support
- Ability to participate in community activities



Risk Factors:

Isolated adults are at high risk for mental health and substance abuse problems

- Mental health issues: Depression/Anxiety/Paranoia
- Decline in physical health: decrease of motor skills, sleeping disorders, heart disease, high blood pressure
- Shrinking of existing social networks and/or support
- Loss of meaningful social roles
- Substance abuse and dependence
- Decline of cognitive skills
- Hoarding



Protective Factors:

- Good mental health
- Finding a purpose and remaining productive in later life
- High degree of life satisfaction
- Independent living
- Community Involvement
- Social Connections



What to Expect:

- Telephone intake interview
- In-home assessment conducted by a case worker
- Socialization activities conducted by coaches & trained volunteers
- Services available for 1-12 months based on individual needs



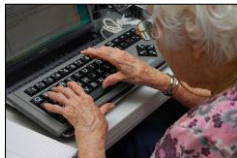
Socialization:

- Participants are offered activities that are custom tailored to best suit their specific needs and interests.
- Consistent exposure to reinforced healthy life patterns has been proven to help sustain good mental health status.



Socialization Services:

- Telegeropsychiatrist consultation
- Support groups
- In-home visitation
- Educational workshops
- Healthy physical activities
- Skill development activities
- Mobility training and access
- Linkages to community resources



We speak your language:

- Re-CONNECT collaborative agencies deliver culturally and linguistically responsive services to multicultural communities in Orange County.
- Staff and volunteers are familiar with a variety of languages, cultures and customs.
- Languages offered include Vietnamese, Spanish, Korean, Farsi, Arabic, Armenian, and ASL.

Referral Contact

Council on Aging-Orange County
 Carolina Gutierrez, Program Director
 (714) 479-0107
www.coaoc.org

Multi-Ethnic Collaborative of Community Agencies
 Lilly Mucarsel, Program Director
 (714) 202-4750 ext. 1004
www.omecca.org

St. Anselm's Cross-Cultural Community Center
 May Chung, Program Manager
 (714) 537-0608 ext. 338
www.anselmcenter.org

2:00 – 2:10



Enjoy your break

STATEWIDE PROJECTS UPDATE

Dori Malloy,
Administrative Manager



Health Care Agency
Behavioral Health Services
Prevention & Intervention

Statewide Projects Update
January 9, 2012
Dori Malloy, Administrative Manager

Statewide Projects Updates

- Since last update to MHSA Steering Committee on 10/03/2011, the JPA now represents 42 counties and 89.5% of California's population.
- CalMHSA has awarded a number of contracts and is now managing up to 25 different contractors (Program Partners) for the implementation of Statewide Prevention and Early Intervention (PEI) projects.
 - The Program Partners Orientation was held on 8/16 & 8/17/2011 to focus on:
 - ◊ Effectively implementing CalMHSA Statewide PEI Work Plan
 - ◊ Building collaborative working relationships
 - ◊ Dr. Clayton Chau of OCHCA participated among Honored Lived Experience guest speakers
- On 8/11/2011 CalMHSA Board approved the creation of a 12-membered Advisory Committee (including Jerry Wengert of Riverside County and stakeholder Donna Ewing Marto of Family and Youth Roundtable from the Southern Region) to provide guidance to CalMHSA Board on future program matters.

28

Statewide Projects Updates

- CalMHSA teamed with California Mental Health Directors Association (CMHDA) to further research the roles of CalMHSA, CMHDA and California Institute for Mental Health (CiMH) as the "three legged stool" that forms the foundation for policy advocacy, fiscal and administrative services, quality improvement training, and technical assistance support to aid counties in various capacities.
- CMHDA has created a business plan which will address the challenges and needs of the community mental health system in California from a county perspective.
- Each participating member of the JPA has identified a Liaison to act as a single point of contact for information inquiries for PEI program partners.
 - ◊ Orange County Liaison participated in the first monthly conference call conducted by CalMHSA on 12/14/2011

29

Statewide Projects Updates

- Brief updates on 4 Projects:
 1. Suicide Prevention (Ten contracts awarded)
 2. Stigma and Discrimination Reduction (Ten components; eight awarded, one changed awardee, and one solicitation in progress)
 3. Student Mental Health (Five programs awarded)
 4. Evaluation (One program awarded)
- Detailed program descriptions from CalMHSA are provided in the handout and can be found at www.calmhhsa.org/downloads/documents/Web-Ready-PEI-Statewide-Projects-Summary.pdf
- As the statewide projects advance and information is shared with Liaison, updates will be provided to the Steering Committee

30

CalMHSA Statewide PEI Approved Contractors

SUICIDE PREVENTION	COMPONENT	CONTRACTOR	REGION COVERED	STATUS
PROGRAM 1: Suicide Prevention Network Program (SPNP)	NA	Didi Hirsch Psychiatric Services dba Didi Hirsch Mental Health Services	Statewide	Implementation
PROGRAM 2: Regional & Local Suicide Prevention Capacity-Building Program (RLSPCB)	NA	Transitions Mental Health Association	Southern: San Luis Obispo, Santa Barbara & Kern	Implementation
	NA	Didi Hirsch Psychiatric Services dba Didi Hirsch Mental Health Services	Southern and Los Angeles: Ventura, San Bernardino, Riverside, Orange , San Diego, Imperial and Los Angeles	Implementation
	NA	North Bay Suicide Prevention Project, Family Services Agency of Marin	Bay Area (North): Marin, Sonoma, Napa, Lake, Mendocino & Solano	Implementation
	NA	San Francisco Suicide Prevention	Bay Area: San Francisco, San Mateo, Contra Costa, Santa Clara	Implementation
	NA	Family Services Central Coast	Bay Area: Monterey, Santa Cruz & Santa Clara	Implementation
	NA	Kings View Suicide Prevention Program	Central: Calaveras, Fresno, Madera, Merced, Stanislaus & Tuolumne	Implementation
	NA	Institute on Aging Center for Elderly Suicide Prevention (ICESP)	Central & Superior: Sacramento, El Dorado, Placer, Yolo, Sutter/Yuba, Amador, Butte, Colusa, Glenn, Trinity, Humboldt, Siskiyou and Modoc	Implementation

31

CalMHSA Statewide PEI Approved Contractors

SUICIDE PREVENTION	COMPONENT	CONTRACTOR	REGION COVERED	STATUS
PROGRAM 3: Social Marketing Suicide Prevention Campaign (SMSPC)	NA	AdEase	Statewide	Implementation
PROGRAM 4: Suicide Prevention Training & Workforce Enhancement Program	NA	Living Works, Education, LP	Statewide	Implementation

32

CalMHSA Statewide PEI Approved Contractors

STIGMA AND DISCRIMINATION REDUCTION	COMPONENT	CONTRACTOR	REGION COVERED	STATUS
PROGRAM 1: Strategies for a Supportive Environment Program (SSEP)	One: Stigma & Discrimination Reduction	TRD (RFP to be released summer 2012)	Statewide	Pending*
	Two: Social Marketing	Runyon Saltzman & Einhorn	Statewide	Implementation
	Three: Capacity Building	United Advocates for Children & Families	Statewide	Implementation
PROGRAM 2: Values, Practices and Policies Program (VPPP)	One: Resource Development	Mental Health Association of San Francisco	Statewide	Implementation
	Two: Partnering w/the Media and the Entertainment Industry	Entertainment Industries Council, EIC	Statewide	Implementation

*Previously awarded to a client-led organization; contract negotiations discontinued due to organizational restructuring. At the December 2011 meeting, the CalMHSA Board approved hiring Adele James as interim project manager to launch SDR Program 1. Component 1 and, by September 30, 2012, transition the Consortium's administration to a consumer/client-led organization with the capacity to continue the management of the project until the SDR initiative concludes on June 30, 2014.

33

CalMHSA Statewide PEI Approved Contractors

STIGMA AND DISCRIMINATION REDUCTION	COMPONENT	CONTRACTOR	REGION COVERED	STATUS
	Three: Promoting Integrated Health	Community Clinic Initiative	Statewide	Implementation
	Four: Promoting Mental Health in the Workplace	TBD (RFP released 12/16/11)	Statewide	Pending
	Five: Reducing Stigma and Discrimination in Mental Health System Partners	NAMI California	Statewide	Implementation
PROGRAM 3: Promising Practices Program (PPP)	N/A	Mental Health Association of San Francisco	Statewide	Implementation
PROGRAM 4: Advancing Policy to Eliminate Discrimination Program (APEDP)	N/A	Disability Rights CA	Statewide	Implementation

34

CalMHSA Statewide PEI Approved Contractors

STUDENT MENTAL HEALTH INITIATIVE	COMPONENT	CONTRACTOR	REGION COVERED	STATUS
PROGRAM 1: Statewide K-12 Student Mental Health	N/A	California Department of Education	Statewide	Implementation
PROGRAM 2: Regional K-12 Student Mental Health	N/A	CA County Superintendents Educational Services (CCSES)	Regional	Implementation
PROGRAM 3: Student Mental Health California State University	N/A	California State University	Statewide	Implementation
PROGRAM 4: Statewide Student Mental Health California Community Colleges	N/A	California Community Colleges	Statewide	Implementation
PROGRAM 5: Statewide Student Mental Health University of California	N/A	University of California	Statewide	Implementation

35

CalMHSA Statewide PEI Approved Contractors

EVALUATION	COMPONENT	CONTRACTOR	REGION COVERED	STATUS
PROGRAM 1: Statewide Evaluation	N/A	RAND Corporation	Statewide	Implementation

36

Prevention & Intervention Division: Statewide Projects/Capacity Building

- *Serving:*
 - Countywide
 - All ages
- *Eligibility:*
 - Orange County residents
- *Languages Offered:*
 - English, Spanish and Vietnamese
- *OC Liaison Contact for Statewide Projects:*
 - Dori Malloy, Administrative Manager
 - Phone number: (714) 796-0493
 - Web address: www.ocalthinfo.com/mhsa/pei

37

STEERING COMMITTEE MEMBERS

COMMENTS/QUESTIONS

Sharon Browning
Facilitator

COMMUNITY ACTION ADVISORY COMMITTEE (CAAC)

Karla Amezquita, Center of Excellence
Denise Cuellar, Wellness Center

CAAC Role and Membership

KARLA
AMEZQUITA
CENTER OF
EXCELLENCE

DENISE CUELLAR
CAAC PRESIDENT

Mission of CAAC

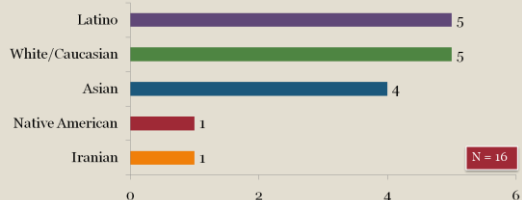
- The mission of CAAC is to advise the Health Care Agency on issues related to funding mental health services in Orange County through the Mental Health Services Act (MHSA). The goal is to assist the Health Care Agency (HCA) in ensuring that these services are of high quality, accessible, culturally competent, client-driven, consumer and family focused, recovery and resiliency-focused and cost-effective.
- MHSA CAAC Executive Team and CAAC members serve as an advisory committee and develop recommendations regarding the use of MHSA funds and MHSA programs.

Membership

- Committee is formed by an application process.
- Committee is composed of an Executive team (*President, Vice-President, & Secretary*) and 13 members
- Members have a maximum of a 2 year term.
- Elections are announced in writing in May and officers will begin their service in July. Officers may be elected to the same office not more than 2 consecutive terms.
- The Committee strives for consensus in all its actions.

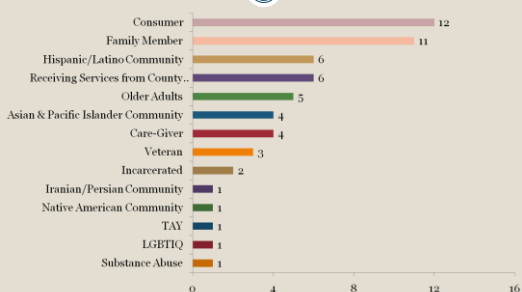
CAAC Membership

Membership by Ethnicity



- Diversity is maintained through membership application

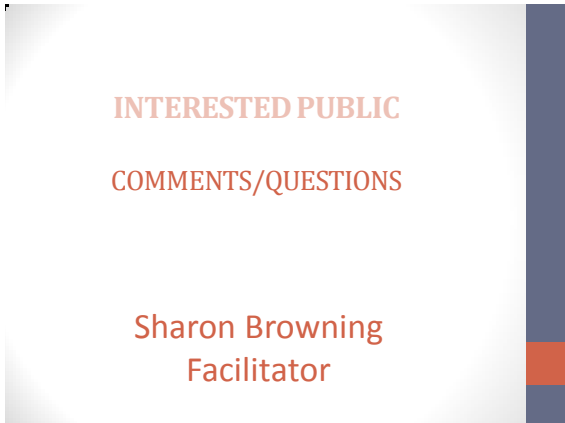
Represented Membership Categories



CAAC Actions

- Provide input on MHSA Funded Programs
- Become involved in the planning and development of MHSA programs such as The Wellness Center, P&I programs, 401 S. Tustin St. Campus (*Recovery Education Institute, Crisis Residential, Wellness Center*)
- CAAC members participate in multiple meetings, conferences, other subcommittee meetings, or events related to MHSA.







Next Meeting:
Sub-Committee Meetings

Monday, Feb. 6, 2012

1:00 – 2:25 Adults/OA CSS; PEI

2:35 – 4:00 Children & TAY CSS;

WET/INN

Neighborhood Community Center

1845 Park Avenue

Costa Mesa, CA 92627

714-327-7525

www.ci.costa-mesa.ca.us
