

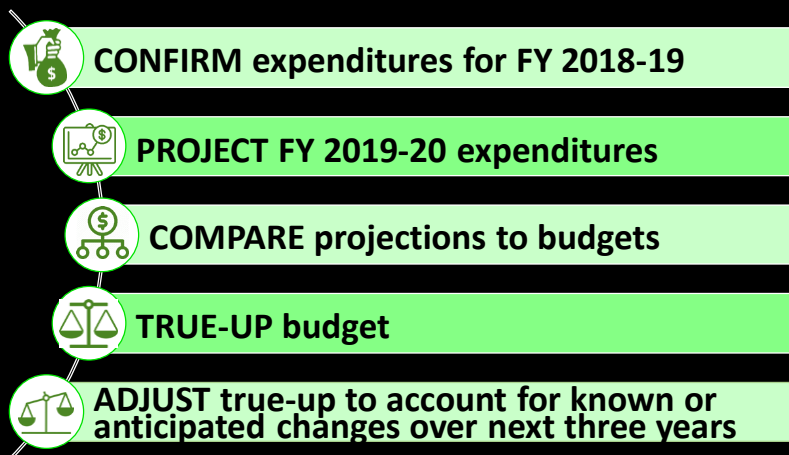


MHSA THREE-YEAR PLAN FOR FYS 2020-21 TO 2022-23

PROPOSED WET & PEI PROGRAM BUDGETS

ANTHONY LE
BHS FISCAL MANAGER

Budget Update Process for MHSA Three-Year Plan (3YP)



Understanding the Budget Grid

FY 2018-19	FY 2019-20	
Actual Expenditures	Approved Budget	Anticipated Expenditures (Projected as of Nov 2019)

FY 2020-21			
Requested On-Going Budget	Use of Carryover Funds from Previous FYs	Total Requested Budget	Variance FY20-21 vs. FY19-20 Budget

PEI CATEGORY 1: MH Awareness Campaigns & Education

SUBCATEGORIES	Approved FY 19/20	Requested FY 20/21	Requested FY 21/22	Requested FY 22/23
1a. Stigma Reduction	\$881,000	\$881,000	\$881,000	\$214,333
1b. Outreach for Increasing Recognition of Early Signs of Mental Illness	\$6,810,711	\$9,336,945	\$9,336,945	\$4,278,245
1c. Prevention: Mental Health & Well Being	\$5,163,589	\$5,163,589	\$5,163,589	\$3,563,589
1d. Prevention: Violence & Bullying Prevention	\$1,755,751	\$1,755,751	\$1,755,751	\$1,605,751
MH Awareness Campaigns & Education SUBTOTAL	\$14,611,051	\$17,137,285	\$17,137,285	\$9,661,918

PEI CATEGORIES 2- 4: Supportive Services, Access & Linkage to Treatment, Suicide & Crisis Prevention

CATEGORY SUBTOTALS		Approved FY 19/20	Requested FY 20/21	Requested FY 21/22	Requested FY 22/23
2.	Supportive Services	\$3,046,770	\$3,046,770	\$3,046,770	\$3,046,770
3.	Access & Linkage to Treatment	\$3,232,523	\$3,232,523	\$3,232,523	\$3,232,523
4.	Suicide & Crisis Prevention	\$1,272,792	\$2,316,667	\$2,316,667	\$2,316,667

PEI CATEGORY 5: Early Intervention Outpatient

SUBCATEGORIES	Approved FY 19/20	Requested FY 20/21	Requested FY 21/22	Requested FY 22/23
5a. General Services – all ages	\$7,320,872	\$7,530,872	\$7,530,872	\$6,530,872
5b. Family Focused	\$3,928,072	\$3,738,072	\$3,738,072	\$3,733,072
5c. Early-Onset Psychosis	\$1,500,000	\$1,500,000	\$1,500,000	\$1,500,000
5d. Veteran-Focused	\$2,695,957	\$2,695,957	\$2,400,000	\$2,400,000
PEI Early Intervention Outpatient CATEGORY SUBTOTAL	\$15,444,901	\$15,464,901	\$15,168,944	\$14,168,944

PEI CATEGORIES 1 - 5 Subtotals				
CATEGORIES	Approved FY 19/20	Requested FY 20/21	Requested FY 21/22	Requested FY 22/23
1. Mental Health Awareness Campaigns & Education	\$14,611,051	\$17,137,285	\$17,137,285	\$9,661,918
2. Supportive Services	\$3,046,770	\$3,046,770	\$3,046,770	\$3,046,770
3. Access & Linkage to Treatment	\$3,232,523	\$3,232,523	\$3,232,523	\$3,232,523
4. Suicide & Crisis Prevention	\$1,272,792	\$2,316,667	\$2,316,667	\$2,316,667
5. Early Intervention Outpatient	\$15,444,901	\$15,464,901	\$15,168,944	\$14,168,944
Subtotals of All PEI Programs	\$37,608,037	\$41,198,146	\$41,902,189	\$32,426,822
Administrative Costs	\$5,882,150	\$5,713,337	\$5,884,737	\$6,061,279
GRAND TOTAL	\$43,490,187	\$46,911,483	\$46,786,926	\$38,488,101

MHSA PEI Budget Analysis for Three-Year Plan

FY's 2020-21 through 2022-23

Purpose: To provide projected PEI balances for 3-year planning.

**Figures reflect current Three-Year Plan amounts from existing PEI funded programs*

PEI FY 2019-20	
Beginning Balance	\$41,086,097
Projected Revenue	\$33,265,248
Projected Expenditures (Exp.)	\$(43,139,016)
Ending Balance	\$31,212,329

PEI FY 2020-21		at 90% Spending
Projected Beginning Balance	\$31,212,329	
Projected Revenue	\$34,500,000	
Prelim On-Going Budget Exp.	\$(35,048,058)	\$(31,543,252)
Prelim Carryover Budget Exp.	\$(11,863,425)	\$(10,677,083)
Projected Ending Balance	\$18,800,846	\$23,491,994

MHSA PEI Budget Analysis for Three-Year Plan

FY's 2020-21 through 2022-23

Purpose: To provide projected PEI balances for 3-year planning.

**Figures reflect current Three-Year Plan amounts from existing PEI funded programs*

PEI FY 2021-22		at 90% Spending
Projected Beginning Balance	\$23,491,994	
Projected Revenue	\$34,800,000	
Preliminary On-Going Budget	\$(35,219,458)	\$(31,697,512)
Preliminary Carryover Funds Budget	\$(11,567,468)	\$(10,410,721)
Projected Ending Balance	\$11,505,068	\$16,183,761

PEI FY 2022-23		at 90% Spending
Projected Beginning Balance	\$16,183,761	
Projected Revenue	\$34,800,000	
Preliminary On-Going Budget	\$(36,896,000)	\$(33,206,400)
Preliminary Carryover Funds Budget	\$(1,592,101)	\$(1,432,891)
Projected Ending Balance	\$12,495,660	\$16,344,470



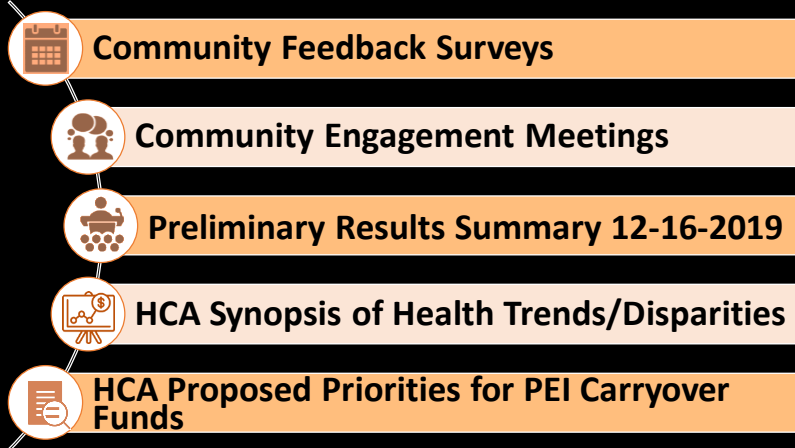
MHSA THREE-YEAR PLAN FOR FYS 2020-21 TO 2022-23

SYNOPSIS OF IDENTIFIED NEEDS & DISPARITIES

SHARON ISHIKAWA

MHSA COORDINATOR

Community Planning - Overview



Community Planning - Recap

Community Feedback Surveys

GOAL

- Obtain community feedback on MHSA priority populations most in need of services, by service type

PURPOSE

- Align community input with findings identified through data reports to identify strategic priorities for MHSA Three-Year Plan

METHOD

- Paper surveys at community events, BHS programs
- Electronic surveys distributed to MHSA, Be Well, BHS Contract Provider lists
- n=1,136 returned

Community Planning - Recap

Community Engagement Meetings

GOAL

- Facilitate community discussions around barriers and strategies for specific populations
 - SPA Meetings: Populations identified from preliminary survey results (n=153 participants)
 - K-12 School Districts (n=110)
 - Criminal Justice Agencies (n=13)

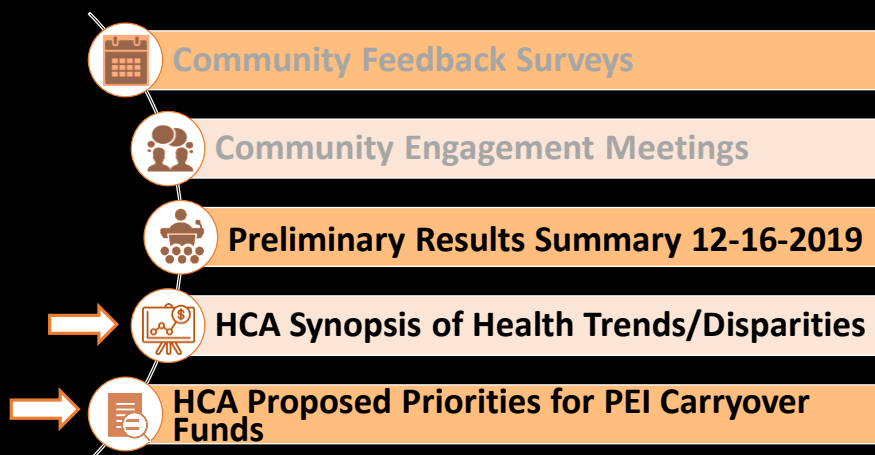
PURPOSE

- Begin to identify strategies that are responsive to the needs of specific populations

METHOD

- Small group discussions/activities, report out

Community Planning - Overview



Community Planning - Update

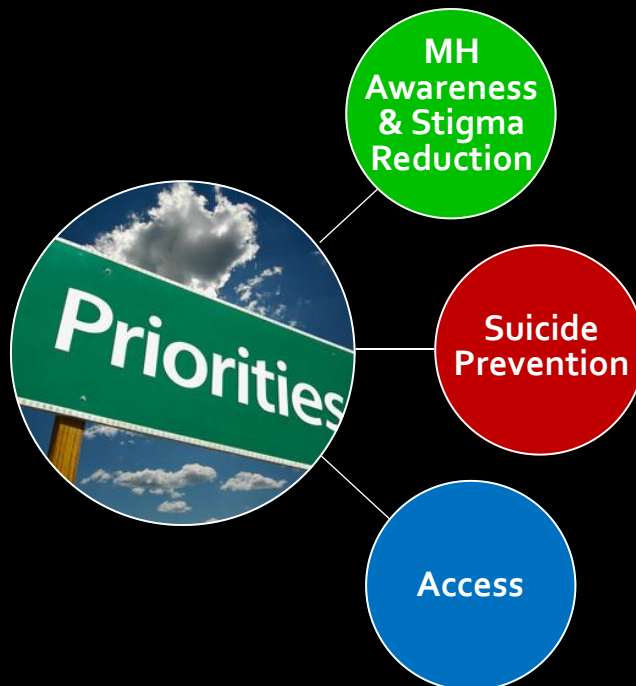
Synopsis of Health Trends/Disparities



HCA Reviewed for:

- **Commonalities across reports**
- **Alignment w/ Local & State initiatives**
- **Correspondence w/ 2018 & 2019 Community Feedback**

(see handout for details)



Recommended PEI Priority 1:

**MH
Awareness
& Stigma
Reduction**

Rationale:

Local/State Initiatives

MHSOAC PEI Regulations | OC Integrated Services Vision 2025

OC Data Trends

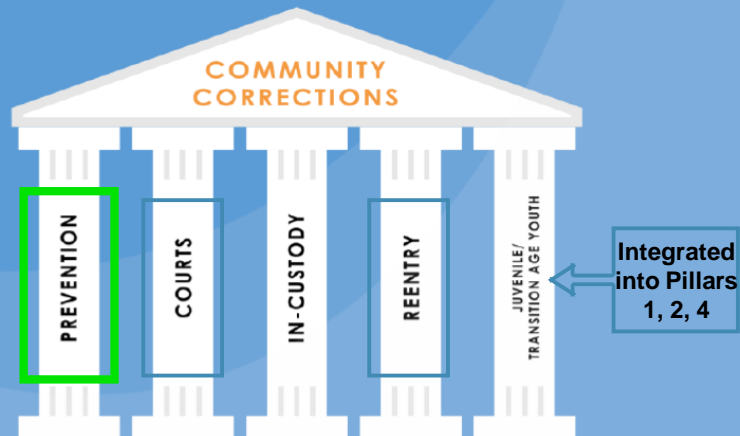
Stigma frequently identified as barrier



Local Needs

Stigma Reduction | Increased Awareness (Signs & Resources)
(2018 & 2019 CEMs and 2019 Surveys)

COMMUNITY CORRECTIONS SYSTEM: 5 Pillars of Service.

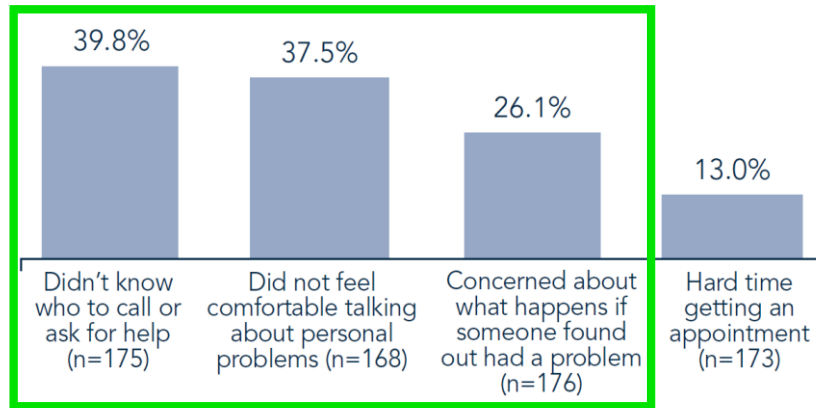


**“ Increase Public Awareness of various mental health
& substance abuse topics and resources ”**

© County of Orange 2019

2018 CalOptima Member Health Needs Assessment

Exhibit 7: Reasons why members (who needed to see a mental health specialist but) didn't get services



Preliminary Survey Results (continued) Population Prioritization (Top 5)

MH Awareness Campaigns & Education			
Stigma & Discrimination Reduction	Mental Health & Well-Being Promotion	Violence & Bullying Prevention	Suicide Prevention
LGBTQ	Youth (16-25 years)	Youth (16-25 years)	Youth (16-25 years)
Youth (16-25 years)	Adults (26-59 years)	Children (0-15 years)	Children (0-15 years)
Homeless	Children (0-15 years)	Students at Risk of School Failure	Adults (26-59 years)
Mental Health w/ Substance Use	Parent/Families	Foster Youth	LGBTQ
Adults (26-59 years)	Older Adults	LGBTQ	Veterans

Preliminary Survey Results (continued) Population Prioritization (Top 5)

BH System Navigation	Outreach & Engagement	Early Intervention	Outpatient Treatment
Youth (16-25 years)	Youth (16-25 years)	Children (0-15 years)	Youth (16-25 years)
Children (0-15 years)	Homeless	Youth (16-25 years)	Adults (26-59 years)
Mental Health w/ Substance Use	Adults (26-59 years)	Students at Risk of School Failure	Mental Health w/ Substance Use
Homeless	Mental Health w/ Substance Use	Foster Youth	Homeless
Adults (26-59 years)	Children (0-15 years)	Parent/Families	Mental Health w/ Medical Conditions



UNIVERSAL SUPPORT

Evidence-based priorities and practices that support the academic, behavioral and social-emotional success of all students in the most inclusive and equitable learning environment

Campus / School Campaigns

- ✓ **Mental Health Awareness / Stigma & Discrimination Reduction**
 - Suicide Prevention *(Community Survey identified this as a need for TAY, LGBTQ)*
- ✓ **Bullying Prevention**


✓ Crisis Response & Support

following a critical incident affecting the school

Classroom / Student Curriculum

- ✓ **Mental health and well-being curricula**
- ✓ **Digital Citizenship**

(see handout for details)



ALL STUDENTS

UNIVERSAL SUPPORT
Evidence-based priorities and practices that support the academic, behavioral and social-emotional success of all students in the most inclusive and equitable learning environment

Teacher & Staff Trainings

Some stated preference for within-District, local trainings rather than centralized location


Building Knowledge & Awareness

- ✓ **Stigma & Discrimination Reduction** *(also identified as a need for parents)*
- ✓ **Educational / Networking Forums for schools and school districts**
- ✓ **Digital Citizenship**

Building Skills

- ✓ **How to effectively communicate with and engage students who are struggling**
- ✓ **How to appropriately identify and respond to:**
 - ✓ **early warning signs of mental illness** *(also identified as a need for parents)*
 - ✓ **grief**
 - ✓ **trauma exposure**
 - suicide risk

(see handout for details)



ALL STUDENTS

UNIVERSAL SUPPORT
Evidence-based priorities and practices that support the academic, behavioral and social-emotional success of all students in the most inclusive and equitable learning environment


Teacher & Staff Trainings

note if your District also has interest in related parent / caregiver modules

Building Skills con't

- ✓ **How to help others access needed behavioral health resources** *(also id'd for parents)*
- ✓ **Threat Assessment**
- ✓ **Violence / Gang Prevention**
 - Neurocognitive effects of exposure to violence on children
- ✓ **Stress Management / Mindfulness techniques to use in classrooms** *(id'd for parents)*
- ✓ **Restorative Practices**
- ✓ **Other identified training:** Support for undocumented youth/DACA recipients, secondary grades; for teachers who need additional support

(see handout for details)



SOME STUDENTS

SUPPLEMENTAL SUPPORT

Additional services provided for some students who require more academic, behavioral and social-emotional support

MH & Well-Being Support

- ✓ Small student groups for at-risk students *(see handout for specific topics)*

Violence Exposure & Gang Prevention

- ✓ Small student groups for at-risk students

Access & Linkage to Treatment

- ✓ Screening, referral & linkage to needed services

Supportive Services

- ✓ Parenting Classes / Workshops
 - Family-to-Family peer support
 - Self-Care techniques / tips for the caregiver

(see handout for details)

Strategy

MH
Awareness
& Stigma
Reduction

- Will incorporate findings and recommendations from recent RAND reports:



Social Marketing of Mental Health Treatment: CA's Mental Illness Stigma Reduction Campaign — 2019



Differential Association of Stigma with Perceived Need and Mental Health Service Use - 2018
- And continue to partner with local groups who successfully engage these and other priority populations

Recommended PEI Priority 2:

Suicide Prevention

Rationale:

Local/State Initiatives

OC Suicide Prevention | MHSOAC Striving for Zero | School IDs
Crisis Response Network (AZ Model)

OC Data Trends

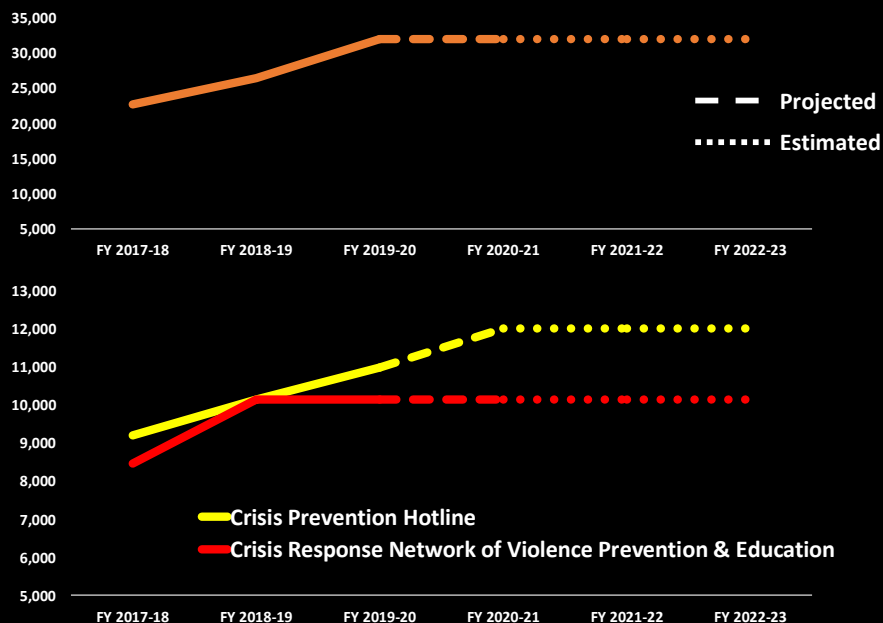
Below CA and US rates, but increasing



Local Needs

Increasing call utilization of Warmline and Crisis Prevention Hotline

PEI Suicide & Crisis Prevention Services



Strategy

Suicide Prevention

- Will review strategies and recommendations from MHSOAC Striving For Zero report
- And continue to partner with local groups and agencies who are championing this effort

Recommended PEI Priority 3:

Access: (Transportation)

Rationale:

Local/State Initiatives

MHSOAC PEI Regulations (Timeliness of Access, Linkage)

OC Data Trends

1/4 to 2/3 not accessing needed services

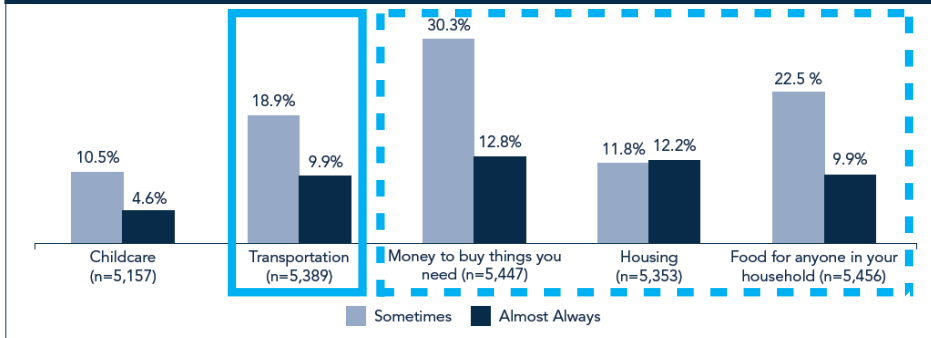


Local Needs

Frequently identified barrier (by Consumers, Family Members, Providers)
(2018 & 2019 CEMs)

2018 CalOptima Member Health Needs Assessment

Exhibit 3: Percent of members who needed help with basic needs in the past six months



Still requires planning and development of strategies / guidelines

Recommended PEI Priority 3:

Access:
(Transportation)

Rationale:

Local/State Initiatives

MHSOAC PEI Regulations (Timeliness of Access, Linkage)

OC Data Trends

1/4 to 2/3 not accessing needed services



Local Needs

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SOME STUDENTS

SUPPLEMENTAL SUPPORT

Additional services provided for some students who require more academic, behavioral and social-emotional support

MH & Well-Being Support

- ✓ Small student groups for at-risk students (*see handout for specific topics*)

Violence Exposure & Gang Prevention

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Access & Linkage to Treatment

- ✓ Screening, referral & linkage to needed services

Supportive Services

- ✓ Parenting Classes / Workshops
 - Family-to-Family peer support
 - Self-Care techniques / tips for the caregiver

(*see handout for details*)

Strategy



- Initial focus for improving access to services will be on transportation to appointments
- Will engage in community, program & agency planning around how - and to what capacity - transportation to non-mental health services that address Social Determinants of Health could be supported