

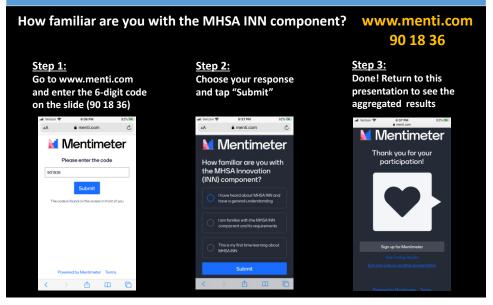
# Goals

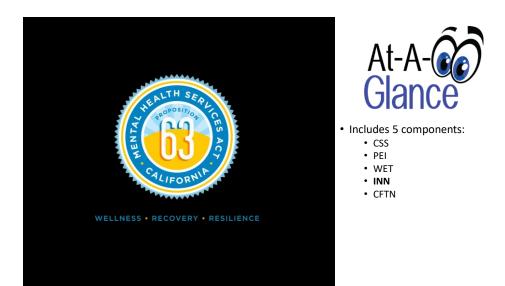
- Learn about the MHSA INN component
- Review 2 potential INN project opportunities
- Engage in interactive feedback and discussion on targeted questions
- Confirm next steps

## **Community Engagement - Mentimeter**

- Mentimeter is an online, interactive platform used to engage the audience
- Questions are embedded throughout this presentation
- To respond to questions, you will need to access a web browser on your smartphone or device
  - This is an optional, voluntary activity
- Responses are tabulated and will be used during this presentation to gather feedback and generate discussion

## Community Engagement – Mentimeter Test Question





## **MHSA Innovation Component**

# **MHSA INN Component Description**

- Represent 5% of MHSA funds
- Designed to evaluate new or changed practices in behavioral health
- Must be approved by the Mental Health Services Oversight and Accountability Commission (MHSOAC)
- Time-limited for up to 5 years
- Primarily focused on learning
- Intended to transform the behavioral health system



"Innovation is about transforming the system. You are trying to climb and move that mountain at the same time."

> ~ Brian Sala, MHSOAC Deputy Director



# **Psychiatric Advance Directives and Supported Decision-Making**

#### **Primary Problem:**

- During crisis, people can face challenges in communicating their mental health needs and preferences
- Providers can be resistant to client-driven care planning, particularly during the stress of a mental health crisis
- Conflict in how care is delivered can lead to distrust, frustration and lack of engagement in treatment plan

## Psychiatric Advance Directives and Supported Decision-Making

#### **Psychiatric Advance Directive (PAD):**

- Legal document that would enable a person to state preferences during a psychiatric crisis
- Reflects personal history, needs, experiences, etc.
- Works in conjunction with an individual's mental health plan

### **Benefits of a PAD:**

- Fosters coordination of care across agencies
- Allows individual's wishes and priorities to inform treatment
- Empowers individuals to participate in their care

# **Psychiatric Advance Directives and Supported Decision-Making**

#### **Supported Decision-Making (SDM):**

- Strategy that allows individuals to receive support in their decision making
- Individuals choose who the supporters are, typically a trusted colleague or family member

### **Benefits of SDM:**

 Individuals have control over the types of support they receive and who supports them in the decision-making process

## Psychiatric Advance Directives and Supported Decision-Making

#### **Project Description:**

- Develop a tool for Advance Directives for Psychiatric Care to be used in California
- Implement tool using supported decision-making model
- Evaluate use of the tool across participating counties
- Explore the use of a database for sharing PADs/SDM

# **Psychiatric Advance Directives and Supported Decision-Making**

#### Goals:

- Identify barriers and challenges and any legal implications
- Evaluate impact on participants and outcomes
- Understand use across participating counties and different target populations

#### **Target Population:**

• Individuals living with serious mental illness who are at risk of needing involuntary care, criminal justice involvement and involuntary hospitalization

# **Psychiatric Advance Directives and Supported Decision-Making**

#### **Potential Target Populations:**

- TAY PACT
- HCA Correctional Health Services

## Proposed Timeline & Budget:

- 3 Years
- \$950,000





While all stakeholder groups will be encouraged to participate, which communities do you believe must be sitting at the table to develop the PAD tool?

www.menti.com

93 48 69

# Follow up question:

Which stakeholders were not included in the previous list that you think should be involved?

# www.menti.com

11 74 43





- OC INN project approved by MHSOAC in April 2014
- Goals:
  - Increase access to services
  - Enhance quality of life
- Project was unable to move forward and discontinued
- Opportunity to update and revise the initial proposal

# **Mobile Phones**

## **Mobile Phones**

#### **Project Description:**

- Test Life Line phones, focusing on functionality of apps on the device
- Provide access to smartphones (may include linking consumers to Life Line phones) to help unserved and underserved populations access digital behavioral health apps

#### **Target Population:**

• Behavioral Health Services consumers living with serious mental illness who do not have access to smartphones

# **Mobile Phones**

# Types of questions we'll answer:

### **Functionality**

Does the app work on the phone?

Can you send and receive data using the phone?

How much phone battery does the app use?

### **User Experience**

How easy is it to download and get started with the app?

Can you input information into the app?

Can you receive output from the app (e.g., notifications, charts)?

## **Mobile Phones**

#### Goals:

- Reduce barriers to accessing mental health services
- Reduce social isolation and increase support networks
- Increase self-reliance and management of mental health treatment
- Evaluate Lifeline phone compatibility with Help@Hand INN Project technologies

## Project Timeline and Budget:

- 3 Years
- \$950,000





What are the priority age groups?

www.menti.com

74 83 50

Should the initial testing:

Focus on functionality of Help@Hand apps on Life Line phones specifically before expanding

or

Do a broad evaluation on characteristics of apps that operate as designed on Life Line phones?

www.menti.com

97 47 45

## **Next Steps**

- Post an overview of the potential INN projects discussed today for 30-day public comment
- Present to Mental Health Board and Board of Supervisors for concept approval
- Upon approval, submit and present INN project proposals to MHSOAC for approval