# MHSA STEERING COMMITTEE MEETING

MIS:

May 7, 2012



enavioral Health Services (BHS)

# Local/State Updates

Mary Hale, Interim Behavioral Health Director

# **ACTION ITEM**

- Due to organizational changes at the State, responsibility for determining which funds can be placed into prudent reserve has shifted to the local level
- Behavioral Health Services, in consultation with both County Counsel and our Fiscal Consultant, are in agreement that MHSA statutes do not prohibit placing Prevention and Early Intervention (PEI) Funds into the prudent reserve

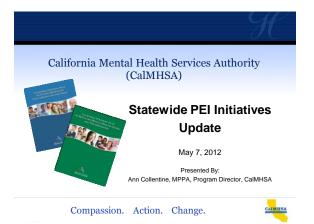
# **ACTION ITEM**

- It is proposed that approximately, \$11,343,034 of unspent PEI funds be placed in prudent reserve to ensure PEI programs will continue should there be a shortfall of MHSA revenue
- Behavioral Health Services requests that the Steering Committee approve placing the above amount in the prudent reserve



Bonnie Birnbaum, MHSA Coordinator

## Statewide Projects Update ANN COLLENTINE



#### CalMHSA PEI Statewide Projects Implementation

- Year 1: Foundation & Setting the Stage for Success
- Year 2: Contract Management, Communication, Quality Improvement
- Year 3: Project Outcomes, Evaluation, Sustainability
- >Year 4: Evidence of Impact

Compassion. Action. Change.

## Foundation

- Developed & released RFPs; Contractors approved by CalMHSA Board
- Negotiated & executed 25 contracts
- Developed invoicing, monitoring, communication processes
- Hired expertise in communication



# Foundation > Hired expertise in evaluation > Contracted for evaluation across initiative areas • Hired RAND for statewide evaluation • Statewide Evaluation Experts (SEE) Team established • Draft Evaluation Plan will be presented to the SEE Team for feedback in May • Compassion. Action. Change.

#### Foundation: Board Member Program Oversight

- Fiscal Oversight: Finance Committee
- Stakeholder Input: Advisory Committee
- Evaluation Input: SEE Team

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## **Contract Management**

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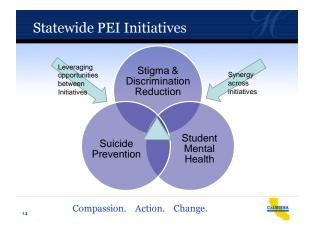
- Regular communication with Board and County Liaisons
- Regular meetings with contractors
- Site visits/county presentations
- Opportunities: great partners; contracts with deliverable milestones; synergy of initiatives
- Challenges: variety of contractors, scope of deliverables, providing timely technical assistance



## Implementation is Underway

CalMHSA projects providing:

- Broadening mental health skills/knowledge/attitudes across initiatives
- New and/or expanded programs (e.g. training, awareness/understanding and service provision)
- >Material and financial resources
- >Cross-system collaboration, policies & protocols





#### Stigma & Discrimination Reduction- Current Efforts

- Baseline data collection completed
- Partnerships: SDR Consortium, Promising Practices Research & Evaluation Team, statewide advisory committee
- ➢Program coordination underway
  - · Speakers' bureau, training resources, toolkits
- >Media efforts: positive mental health messaging
- Coming soon: RFP for consumer training







#### Student Mental Health Initiative- Current Efforts

#### ≻K-12:

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- · Mental health training for educators
- SMH Policy Workgroup inaugural meeting May 2012
- · State wide: 11 regional plans under review

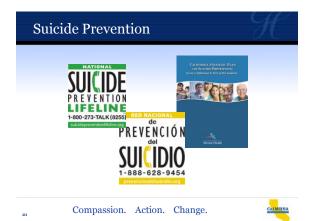
#### ≻Higher Education:

- CCC & CSU campus grants being solicited require letter of support from county MH Department
- UC Faculty/Student Mental Health training conducted
- Systems collaboration: UC/CSU/CCC meeting quarterly
- Compassion. Action. Change.

#### Student Mental Health Initiative-Efforts in Orange County

#### • K-12 Highlights:

- Professional Development for Service Providers
- School climate survey pilot is underway
- Mental Health CADRE being developed
- Higher Education Highlights:
  - Review of proposals in process for CSU & soon for CCC's
  - Clayton Chau sits on the CCC Chancellor's Advisory Board
  - Suicide Prevention training for all 112 CA Community
     Colleges



### Suicide Prevention- Current Efforts

- > Established partnerships among 9 crisis centers
- > Built capacity statewide, through regional efforts
- Launched communication & input tool: Your Voice Counts
- Completed data collection
  - County Suicide Prevention efforts, Survey of CA residents on attitudes and knowledge related to suicide
- Developed the workforce: Hired trainers in 3 regions, conducted training for trainers





#### Suicide Prevention-Efforts in Orange County

- Regional capacity building efforts underway
- · Expand bilingual services
  - Add Korean & Vietnamese language crisis line coverage during peak hours of operation
  - Support a Public Awareness Campaign in Korean and Vietnamese
- Implement marketing strategies unique to each county, based on county needs assessment
- Hosted ASIST training for trainers

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### Year Two: Efforts Across Initiatives

- · Communication campaigns, training underway
- Stigma and Discrimination Reduction
  - Model resource materials, practices and policies
- Student Mental Health Initiative
  - Regional demonstration models underway, key policy areas to address identified
- Suicide Prevention
  - · Regional networks enhanced and coordinated



#### Year Two - Goals

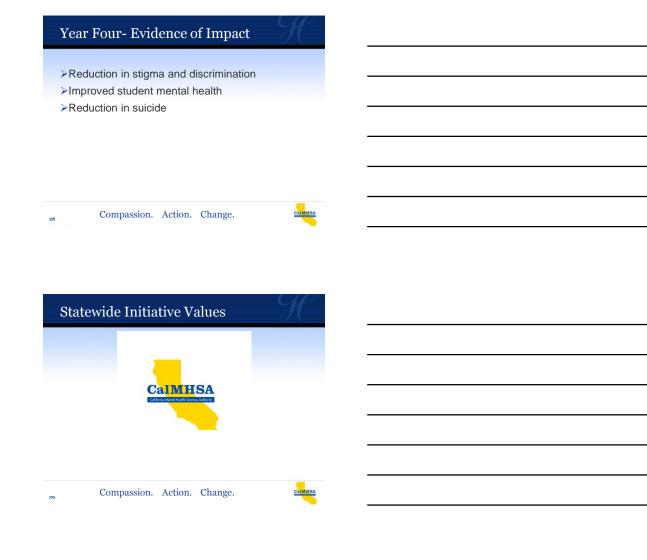
- Contract Management
  - Oversight of deliverables/site visits
- Opportunities to build coordination with local efforts
   Communication
  - Dashboards with interim outcomes: Demographicswho are we reaching?
- ➢ Quality Improvement
  - Addressing challenges with Performance
     Improvement Plans
  - Technical assistance from RAND for program partners

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### Year Three- Goals

- >Project Outcomes Availability of outcome data
- Evaluation Program partner evaluations submitted
- Sustainability/Legacy Setting priorities





#### CalMHSA- We're here to answer questions

Ann M. Collentine, MPPA Program Director, CalMHSA (916)859-4806 ann.collentine@georgehills.com www.calmhsa.org

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## BREAK

## Please return in 15 minutes

## Subcommittee Co-Chairs Updates

Adults and Older Adults: Helen Cameron and Geoff Henderson

Children and Youth Services: Jim Harte

Prevention & Early Intervention: Chris Bieber and Daria Waetjen

Innovation and Workforce Education & Training: Denise Cuellar and William Gonzalez

### COLLECTIVE SOLUTIONS: FAMILY-FOCUSED CRISIS MANAGEMENT





Gerry Aguirre Flor Yousefian Tehrani, MFT Intern Adriana Mejia, MFT Intern Health Care Agency/Behavioral Health Services

## **COLLECTIVE SOLUTIONS**

**Collective Solutions** is a family-focused crisis management program funded by the Mental Health Services Act (MHSA).

Our program provides community-based supportive services to family members of persons ages 16 and older, newly or previously diagnosed with a mental illness. Collective Solutions works with families who identify experiencing a crisis situation as a result of the mental illness suffered by a loved one.

## **COLLECTIVE SOLUTIONS**

**Collective Solutions** is a 16-week program that seeks to assist families in developing a plan of action in response to managing crisis situations related to mental illness suffered by a loved one, raise awareness about mental illness, and facilitate family communication.

## GOALS

Reduce future crises and hospitalization

Facilitate positive communication

Increase linkage to mental health services

Educate families about mental illness

Create a community-based support network

## STAFF

#### 2 Master's Level Clinicians

- · Receive ongoing training in crisis management
- · Provide short-term therapeutic and group services
- Work closely with peer mentors in providing supportive and case management services

#### Peer Mentors

- · Trained in an evidence-based practice
- Offer supportive and case management services
- Assist families in developing an action plan for crisis management
- · Co-facilitate support and discussion groups

## **SERVICES OFFERED**



- Community-based Supportive Services
- Education, Outreach, & Engagement
- Linkage to mental health services within Orange
   County
- Case Management
- Short-term Counseling
- Support/Discussion Groups

## **SERVICES OFFERED**

Collective Solutions began services on April 4, 2012

Currently accepting referrals:

· 4 referrals received within the first week of services

Language capacity:

- Spanish
- Farsi

## **IMPLEMENTATION PLAN**

Phase I: Orientation

Phase II: Program Promotion

Phase III: Implementation of Program

Phase IV: Lessons Learned, Evaluation & Outcome

## **PHASE I: ORIENTATION**

#### Program Manual Developed

- Program description
- Flowchart/Referral Process
- Brochure

#### **Recruiting Peer Mentors**

In progress

#### Staff Trainings

- · Evidence-based practice
- · Conferences related to mental health, crisis

## PHASE II: PROGRAM PROMOTION

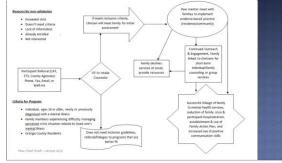
**Collective Solutions** introduced to existing community programs to initiate future collaboration

#### Goal:

Notifying the community, specifically ethnic communities

Work with agencies to ensure families and their loved ones receive support/mental health services

## PHASE III: PROGRAM IMPLEMENTATION



# PHASE IV: EVALUATION & OUTCOME

Overarching question for Innovation programs: Can a well-trained consumer/family member be an effective peer mentor in all clinical settings?

Gathering data materials while providing services Attempting to Answer:

- 1) Type and extent of mental health treatment being provided
- 2) Quality of life from the point of view of each family member3) Participants' success in achieving good health and reduction
- of their symptoms 4) Satisfaction surveys to be administered to both participants and providers



#### Assessment Tools

- Pretest and 2 posttests (intake, 4 months, and 8 months)
- Patient Health Questionnaire (PHQ-9) to measure depression
- Generalized Anxiety Disorder Scale (GAD-7) to measure anxiety
   WHO Quality of Life (WHOQOL-BREF) to measure life
- satisfaction
- Program evaluation Staff evaluation

- Records Review
- Number of people seen
- Results of interactions
- Successful linkages to appropriate services
- Number of declined services



## RESOURCES

#### Crisis Response Services

Centralized Assessment Team (866) 830-6011

Evaluation and Treatment Services (714) 834-6900

Suicide Prevention Center: Didi Hirsch

(866) 727-4747



## Support Services

NAMI-OC (714) 544-0791 www.NAMIOC.org

Warmline Network Services (877) 910-9276

St. Anselm's Peer Mentorship Program (714) 537-0608

## **COLLECTIVE SOLUTIONS**

2035 E. Ball Rd, Suite 100C Anaheim, CA 92806 Phone: (714) 517-6100 Fax: (714) 517-6139 fyousefiantehrani@ochca.com

# Steering Committee Comments

Sharon Browning, Facilitator

# **Public Comments**

Sharon Browning, Facilitator