Statewide Suicide Prevention Initiative **Mental Health Steering Committee Orange County** June 3, 2013 Lyn Morris, MFT Project Director, Statewide Suicide Prevention Network Vice-President, Clinical Operations Didi Hirsch Mental Health Services MHSA Funding 2004: Voters approved the Mental Health Services Act (Prop. 63) 2007: The Mental Health Services Oversight and Accountability Commission (MHSOAC) approved 5 statewide prevention and early intervention (PEI) projects. 2008: The MHSOAC determined 3 of the PEI projects would be implemented more efficiently and effectively if administered through a single statewide entity and subsequently developed strategic plans for each project. •Suicide Prevention Initiative *Stigma and Discrimination Reduction Initiative *Student Mental Health Initiative 2010: Counties contracted CalMHSA to administer the funding and implementation of these projects.

What is CalMHSA?



"Compassion, Action, Change" expresses the organization's belief that our programs and services embrace and nurture mental wellness in all California's, that our processes are collaborative and community-oriented and that we are accountable for results.

CalMHSA	
CalMHSA is an organization of county governments working to improve mental health outcomes for individuals, families and communities.	
CalMHSA administers programs funded by the voter approved MHSA on a statewide, regional and local basis.	
For more information: www.calmhsa.org	
Didi Hirsch Mental Health Services	
Suicide Prevention Initiative	
Program 1: Statewide Suicide Prevention Network	
Didi Hirsch Mental Health Services Program 2: Regional and Local Suicide Prevention Capacity-Building	
Didi Hirsch Mental Health Services Program 3: Social Marketing for Suicide Prevention	
AdEase Program 4: Suicide Prevention Training and Workforce Enhancement Living Works	
Program 5: Statewide Evaluation RAND Corporation	
Didi Hirsch Mental Health Services	
What is the Statewide Suicide Prevention Network?	
Didi Hirsch Mental Health Services and a consortium of ten partners have created the Statewide Suicide Prevention Network.	
Goal: To serve as the focal point for statewide suicide prevention activities and achieve a suicide prevention-informed California with the ultimate goal of saving	
lives. Didi Hirsch Mental Health Services	

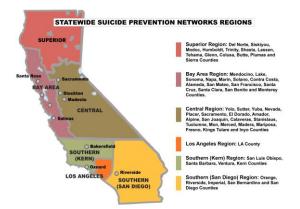
Statewide Suicide Prevention Network Partners	
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Partners Contra Costa Crisis Center	
Crisis Intervention and Suicide Prevention Center of San Mateo	
 Crisis Support Services of Alameda County 	
■ The Effort (Sacramento County)	
 Suicide Prevention and Counseling Services of Marin OptumHealth Access and Crisis Line (San Diego County) 	
San Francisco Suicide Prevention	
 Suicide Prevention and Crisis Services of Yolo County 	
Help, Inc. (Shasta County)	
 Community Health Improvement Partners (San Diego County) 	
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Goals of the Statewide	
Suicide Prevention Network	
1. Develop a second set of Calcide Decoration Metrics for	
 Develop a common set of Suicide Prevention Metrics for reporting on suicide in California. 	
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2. Organize regional suicide prevention task forces that will	
collectively form the California Suicide Prevention Network	
(CSPN). These task forces will develop concrete steps to reduce the risk of suicide locally and then share their best	
ideas/best practices with others across the State and nation.	
Strengthen Your Role	
In Suicide Prevention	
Didi Hirsch Mental Health Services	
Goal #1	
Developing a common set of metrics for suicide	
Didi Hirsch will coordinate with 10 other Crisis Centers to	
develop a common set of metrics for suicide prevention.	
Identified common metrics include:	
Demographics	
Reason for call	
- Call Volume	
- Risk	
- Follow Up	
Caller Satisfaction	
Data will be used to set priorities and assure representation	
of underserved groups.	

Goal #2: Regional Task Force Meetings

Meetings will occur quarterly in the following six regions:

- Superior
- Bay Area
- Central Valley
- Southern CA (Kern)
- Los Angeles
- Southern CA (San Diego)—4 meetings to date

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Who is involved?

Stakeholders from the community

Colleges LGBTQ agencies
School districts Survivors of suicide loss
Universities Attempt survivors
Community groups Medical Centers
Faith-based organizations
Veterans/military Law enforcement
Senior Centers County agencies

CalMHSA partners!

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	Best Practices	
for	Suicide Preventi	or

- Each regional task force will develop one best practice in suicide prevention to be submitted to the Suicide Prevention Resource Center's Best Practice Registry.
- Each region will have a Best Practices workgroup comprised of 8-10 people to develop the curriculum.

Didi Hirsch Mental Health Services

Southern CA (San Diego) Regional Coordinator

Southern Counties (San Diego)—Yeni Palomino

Community Health Improvement Partners

(858) 609-7969 ypalomino@sdchip.org

- □ Counties include: San Bernardino, Riverside, Orange, San Diego and Imperial.
- □ Next meeting: September 2013

Program #2 Regional and Local Capacity Building

- Support partner counties in their suicide prevention efforts by: -serving as dedicated crisis hotline -providing support to established crisis hotlines providing one safeTALK training
- Establish LA County Warmline Network (10pm to 6am)
- Expand NAMI OC Warmline hours (11pm to 3am)
- Expand Suicide Hotline to include Korean and Vietnamese speaking counselors (8 hours each night)

County partners include: Ventura, Los Angeles, Orange, San Bernardino, Riverside, Imperial, San Diego

Didi Hirsch Mental Health Services

Contact Information	
Lyn Morris, MFT	
Project Director, Statewide Suicide Prevention Network	
Vice-President, Clinical Operations	
Didi Hirsch Mental Health Services	
310-895-2305	
Imorris@didihirsch.org	
Didi Hirsch Mental Health Services	