

# Mental Health Services Act Steering Committee Meeting



July 1, 2013



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## Welcome

Sharon Browning,  
Facilitator

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## Local MHSA UPDATE

Bonnie Birnbaum, MPH  
MHSA Coordinator

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## State MHSA update

Mary Hale,  
Behavioral Health Director



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## MHSA Subcommittee Updates

1. Helen Cameron and Patti Pettit
2. Daria Waetjen
3. William Gonzalez and Denise Cuellar



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## Community Action Advisory Committee Update

Denise Cuellar



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**Orange County  
Behavioral Health  
and  
Criminal Justice  
Linkages**

July 1, 2013

Brett O'Brien, LMFT  
Alcohol & Drug Program  
Administrator

Orange County Health Care Agency

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### **Criminal Justice Linkages**

- AB 109
- Collaborative Court Programs
  - Opportunity Court
  - Whatever it Takes (WIT) Court
  - Recovery Court
  - Homeless Outreach Court
  - Veterans Court
  - Juvenile Drug Court
  - Drug Court
  - DUI Court




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### **Criminal Justice Linkages**

- Today will discuss
  - AB 109
  - Mental Health Collaborative Courts – Ian Kemmer
  - Whatever it Takes (WIT), Telecare – Lisa Steele
  - Opportunity Court, Opportunity Knocks – Jane Gibbs




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## What is AB 109?

- Public Safety Realignment Act of 2011
  - State responsibility for:
    - ▶ Incarceration
    - ▶ Treatment
    - ▶ Supervision
- transferred to Counties for non-serious, non-violent, non-sex offenders




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## What is AB 109?

- Two populations
  - Post-release Community Supervision (PCS)
    - ▶ Released from State prison
      - Would otherwise have been placed on parole
  - Mandatory Supervision
    - ▶ Released from County jail
      - Otherwise would have served time in State prison & released onto parole
- Both populations supervised by Probation Department
  - Individuals are not on probation




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## AB 109 Funding

- County allocation of funding based on formula
- Orange County allocation:
  - 2011-12 - \$25,734,096
    - ▶ HCA BH post-custody services - \$2,077,055
  - 2012-13 - \$56,302,998
    - ▶ HCA BH post-custody - \$5,067,270




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## AB 109 Treatment Services

- Services Include Continuum of Care for Mental Health Disorders and Substance Use Disorders



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## Assessment AB 109 Treatment Services

- Assessment
  - Upon release from custody, Probation refers individuals to HCA for assessment
- Assessment Team Co-located at Probation
  - Assesses for mental health and substance use disorder needs
  - Refers and links to appropriate behavioral health services
  - Four clinical staff
- Since November 2011, staff have conducted 2,611 assessments
  - April 2013, staff conducted 279 assessments

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## Mental Health AB 109 Treatment Services

- Outpatient mental health treatment for SPMI
- Shelter beds
- Full Service Partnership (FSP)
- Short-term psychiatric care for non-SPMI provided on site at Probation
  - Medication prescriptions
  - Linkage to medications

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## Substance Use Disorder AB 109 Treatment Services

- Detox
  - Medical and social model
  - Methadone detox
- Residential treatment
- Outpatient treatment
- Methadone Maintenance
- Sober living beds (must concurrently be in treatment)
- Bed capacity for 2013-14
  - Treatment – 97
  - Sober living – 56

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## Case Worker AB 109 Treatment Services

- Meets with inmates prior to release
- Informs inmates of available BH services and how to access them
- Follows inmates after release to link to services
- Provides post-custody support in accessing services
- Provides support to onsite psychiatrist at Probation
  - Case manages
  - Helps clients access medication

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## Resources

Orange County Probation

<http://ocgov.com/gov/probation/prcs>

Health Care Agency  
Behavioral Health Services

[www.ocalthinfo.com/bhs](http://www.ocalthinfo.com/bhs)




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Orange County Health Care Agency  
Behavioral Health

## HCA/AMHS Mental Health Court Assessment and Treatment Team

Jan Kemmer, MFT, Service Chief II  
ikemmer@ochca.com

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### Boundary Spanner Concept

- A person who links two or more systems whose goals and expectations are at least partially conflicting
- Can greatly assist in both the identification and solution of key justice-mental health interactions

Steadman, H. J. (1992). Boundary spanners: A key component for the effective interactions of the justice and mental health systems. *Law and Human Behavior* 16 (1) p..75

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### Court Programs We Serve

- "Whatever it Takes" Court (WIT)
- Opportunity Court (OC)
- Recovery Court (RC)
- Assisted Intervention Court (AI)

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## Services Provided by the Team

- Assessment
- Linkage
- Treatment Recommendations/  
Reporting
- Direct Member Services

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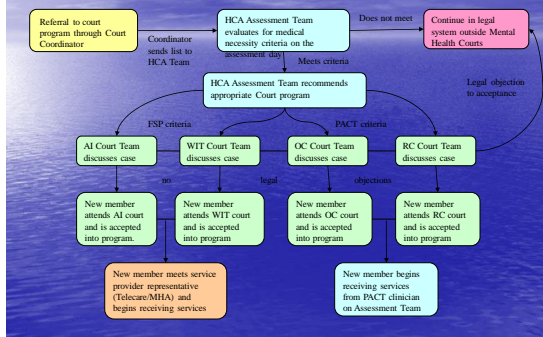
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## HCA Court Assessment Team

From referral to start of direct services




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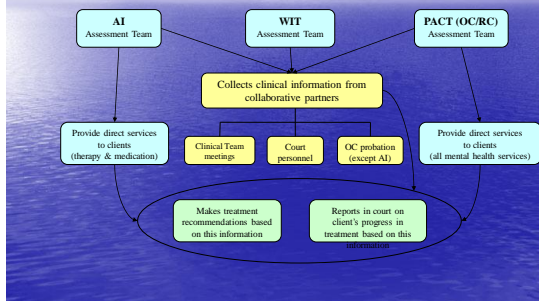
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## HCA Court Assessment Team

Collaboration and Court Reporting




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# Telecare Corporation

## Presentation to MHSA Steering Committee: WIT Program

Presented by: Lisa Steele, Ph.D.  
July 1, 2013



## Our Recovery Philosophy

- Telecare was founded on the belief that rehabilitation and recovery from serious mental illness are possible, and that people can recover their hopes, dreams and life roles. We have consolidated our learning and experience into the Recovery Centered Clinical System (RCCS), a richly personal, holistic, comprehensive approach to recovery.
- The Recovery-Centered Clinical System (RCCS) is based on a belief that recovery can happen. RCCS creates an environment that supports recovery by concentrating on two distinct but complementary areas: **culture and conversations**.



## Our Clinical Approach



Telecare's Recovery Centered Clinical System is continually enriched and expanded through partnerships and new learning from exceptional leaders in the field including Pat Deegan, PhD, Dr. Maggie Bennington Davis, Dr. Xavier Amador, and the Matrix Institute on Addictions.



- This FSP program serves 100 Individuals with a Severe Mental Illness (and History of Accessing OCHCA services), a Co-Occurring Substance Use Disorder, and a Felony History
- The Criminal Case is transferred from Superior Court to Judge Lindley's Community Court
- **The Collaborative Team** is comprised of the Judge, The District Attorney, Public Defender, Probation Department, OCHCA's Assessment Team, and Telecare WIT Treatment Team
- **Services include:** Case Management, Individual and Group Therapy, Education/Skill Building Groups, Psychiatric and Nursing Services, Education/Employment Assistance, Housing Assistance, Financial Assistance/Rep-Payee Services, Healthcare Linkage and Support, and Co-Occurring Substance Abuse Treatment Services. The office is open 8:30-5 Monday through Saturday, and by phone 24/7.

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## How the Court Collaborative Functions



- OCHCA Assessors meet with the prospective member
- Assessment and Criminal History are reviewed in the Judges Chambers weekly with all collaborative partners present
- If appropriate, member signs plea agreement including all the court and probation requirements, and is then released to WIT
- The collaborative team (all but the Judge) meets weekly to discuss cases on the Court Calendar, and discuss member progress in the program

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## WIT Member Demographics (July 2012-June 1, 2013)



- **Members Served:** 131
- **Gender:** Male- 55%, Female:44%, Transgender-1%
- **Age:** 18-24=20%; 25-45=46%; 45-65=34%
- **Ethnicity:** White: 67%;Hispanic/Mexican: 17%; Black/African American: 6% ; Asian/PI: 4%; Not Responded; 6%
- **Axis 1Diagnosis:**Bipolar Dx (40%); Schizoaffective/ Schizophrenia Dx (48%); Major Depressive Dx (6%);Psychotic Dx (6%)
- Average Length of Accessing Mental Health: 20 years

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## WIT Program Design



- 18-24 month program
- 4 phases of the program ranging from 5 days/week for 6 hours/day on site, decreasing in frequency through each stage to once weekly
- Psychiatric services including visit with Doctor and/or Nurse Practitioner every 3 weeks and LVN/LPT as needed
- Daily Education and Skill Building Groups and Individual Case Management, and Therapy

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## It's All In The Details... Program Components

- Education/Employment Assessment & Support
- Housing Placement and Assistance
- Individual and Group Therapy with Licensed Clinicians
- Intensive Co-Occurring Substance Abuse Treatment Track (voluntary and court ordered)
- Community Reintegration Outings
- Field Visits for support to members In their natural setting




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## Unique Services

- Groups focus on **overall** Recovery
  - Stages of Readiness, 16 week Recovery Treatment Group
  - Intensive Outpatient Co-Occurring Recovery Treatment
  - Personal Medicine/ "Feeling Good Series"
  - Physical Health and Wellness Groups
  - Medication Education groups led by NP & LPT
  - Music for Recovery- purchased guitars, drums and keyboards to allow members to express themselves; WIT Band
  - On-site 12 Step Meetings




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## Program Successes

**As of June 1, 2013:**

- Psychiatric Hospitalizations at 6%
- Homeless Days since Admission- 0%
- Employed- 14%
- In School- 19%
- Re-offended while in the program-0%
- Members independence with medication adherence- 97%
- Members able to manage own finances (not requiring rep/payee): 92%




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## Please Come Visit and Tour!



Telecare WIT  
1910 N. Bush Street  
Santa Ana, CA. 92706  
714. 361-7950

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## CCS Opportunity Knocks



*Serving adults with mental  
illness involved in the criminal  
justice system since 2006*

June 2013

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### Opportunity Knocks

## Background

- Adult Full Service Partnership (FSP) program
- Target population: Individuals with a mental illness involved in the criminal justice system who are homeless or at risk of homelessness.
  - Individuals in AB 109 who meet program criteria
- Serves approximately 200 members/year
- Serves approximately 155 members/month




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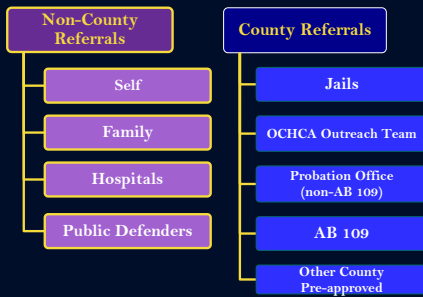
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### Opportunity Knocks

## Referral Sources




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### Opportunity Knocks

**Our Goal :** To provide services that are coordinated, effective, comprehensive, and that meet the mental health needs of adults ages 18-60 living in Orange County.

## Our Services

Outreach & Engagement	Transportation
Housing	Medication Support
Therapeutic Rehabilitation Services	Community Integration
Intensive Case Management	Dual Diagnosis Services
Money Management	Vocational and Educational Assistance
Crisis Services (24/7 Availability)	Benefits Assistance
Support Groups	Flexible Funds

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**Opportunity Knocks**



**Vocational Specialist**

- Career exploration
- Manage OK's in-house volunteering program
- Mock interview & resume preparation
- Network with employers in the community
- Explore educational opportunities with members
- Manage Goodwill Employment Works application process
- Facilitate support groups



**Outreach Specialist**

- Conduct outreach in the community
- Administer assessments
- Conduct program orientation for new enrollees
- Assess prospective members' enrollment eligibility
- Community liaison

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**Opportunity Knocks**



**Housing Specialist**

- Explore housing options with members
- Identify housing resources in the community
- Advocate/community liaison for members
- Track residential outcomes
- Work with housing vendors
- Provide mental health anti-stigma presentations
- Facilitate support groups
- Manage all housing justification duties



**Benefits Specialist**

- Advocate for members with Social Security and other SSA benefits
- Assist with benefits/entitlements applications
- Follow-up ongoing claims and provide support in existing benefits
- Authorized representative
- Collect outcomes

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**Opportunity Knocks**

**Support Groups**

<b>Mental Health Related Groups</b>	Peer-to-Peer Co-occurring Disorders W.R.A.P. EBP-Seeking Safety Men's Group	Self-Esteem Art of Coping CBT- Criminal Addictive Thinking Women in Motion Moral Reconation Therapy
<b>Physical Health Related Groups</b>	Medication Management Health and Wellness (gym)	Walking Group Sober Outing
<b>Member-run Groups</b>	Art Group Open Group	Baking Group
<b>Other Groups</b>	Advisory Board Computer Class	

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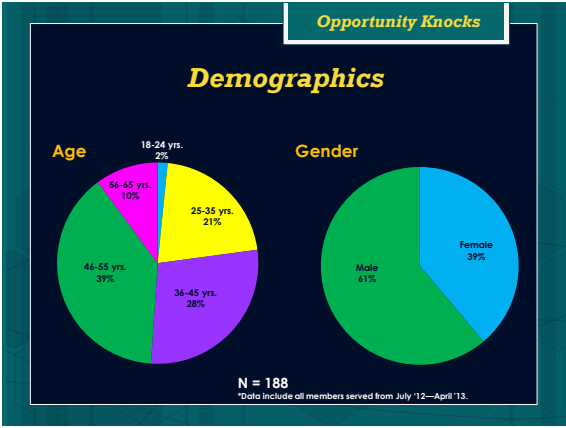
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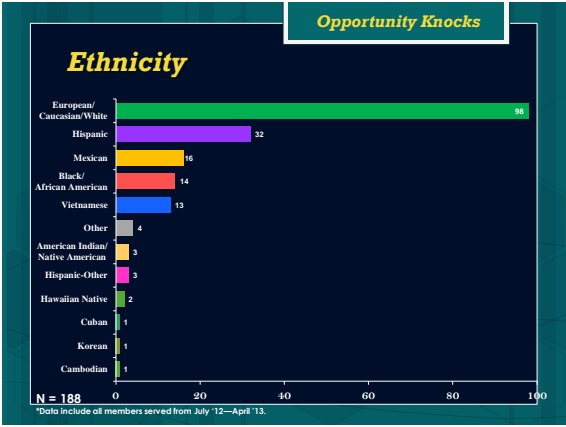
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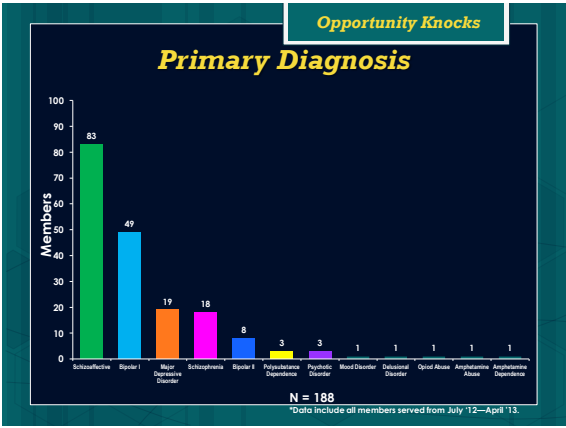
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**Opportunity Knocks**

**Special Project**

**Transformational Care Planning**

- Person-centered care framework that places the self-identified needs of clients at the core of treatment.
- Four Modules**
  - Conceptual Review
  - Assessment
  - Understanding the Client's Story & Creating a Narrative Summary
  - Developing the Transformational Care Plan

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**Opportunity Knocks**

**For More Information...**

- Jane Gibb, Program Director
- Jane Porphir, Clinical Supervisor

**Opportunity Knocks**  
 12800 Garden Grove Blvd., Suite F&G  
 Garden Grove, CA 92843  
**Phone:** 714-620-8131

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## Committee Members Comments

Sharon Browning,  
Facilitator

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## Members of the Public Comments

Sharon Browning,  
Facilitator



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**Meeting  
Adjourned**

**Next Meeting:  
Monday,  
August 5, 2013**



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