CCS OASIS Older Adult Support and Intervention System



Serving older adults (60+) with mental illness who are homeless or risk of homelessness since 2006

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May 5,2014



Outline

- FY 13-14 Update
- FY 12-13 Brief Review Pre and Post Enrollment
- Primary Care Linkage
- Groups
- Activity Center Log
- PEARLS
- Health and Wellness QOL Survey

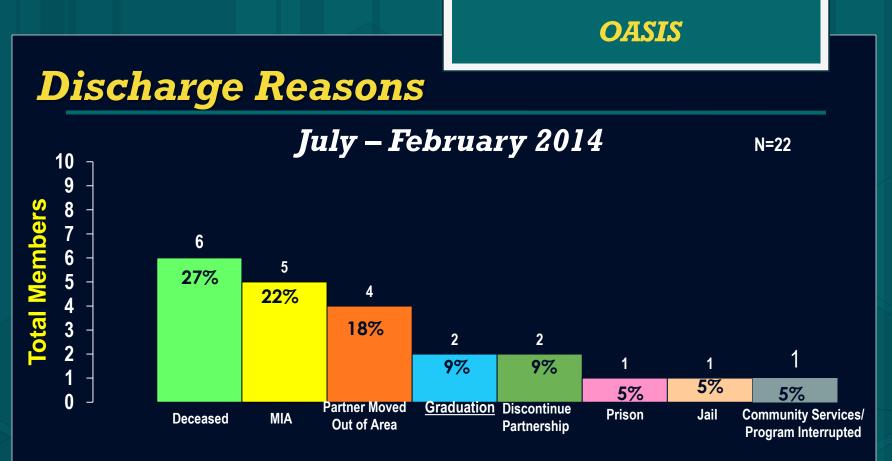


Census



Served approximately 161 members FY 13-14
 Served approximately 145 members/month
 Approximately 30 referrals per month

July – December 2013



- Orange County set a 10% graduation rate goal for all FSP programs
 - The OASIS program would require 15 graduations for the fiscal year to attain this goal

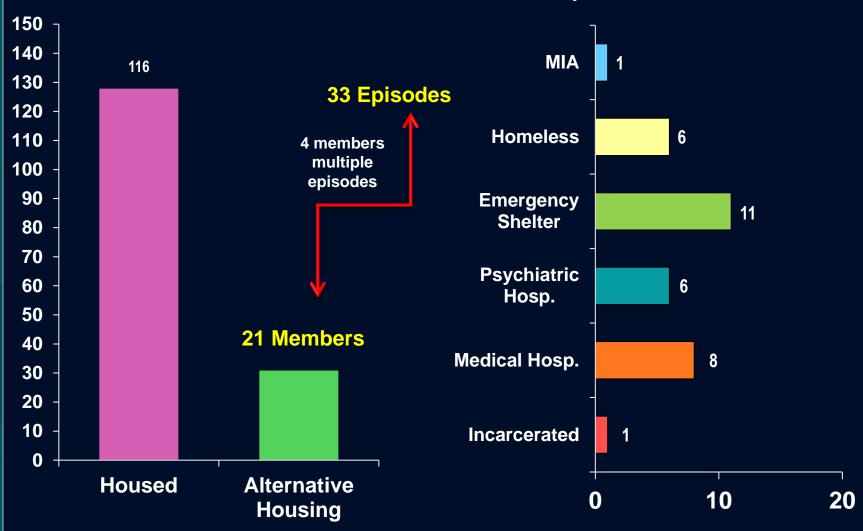
Fiscal year 2013-2014: 2 Graduations (13% of goal) with an average tenure of 3 years

Housing

Total Members vs. Total Episodes

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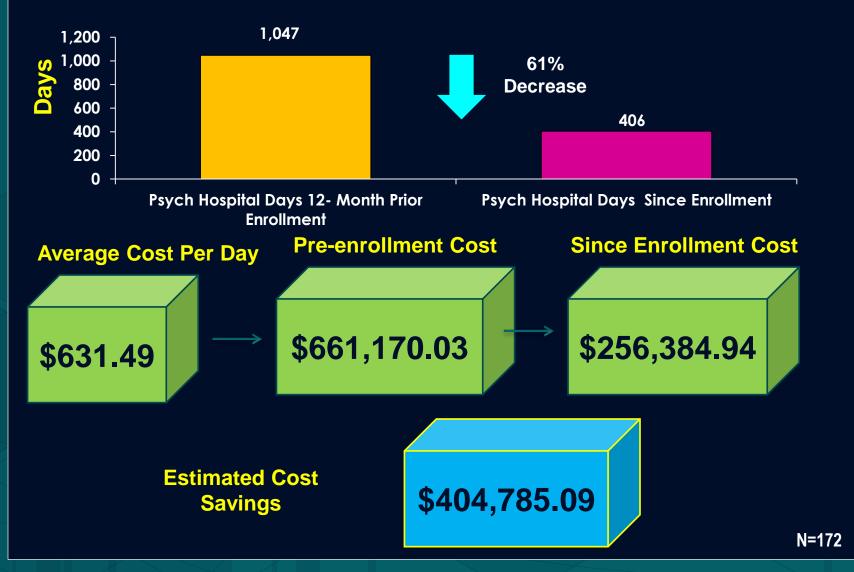
N = 149



February 2014

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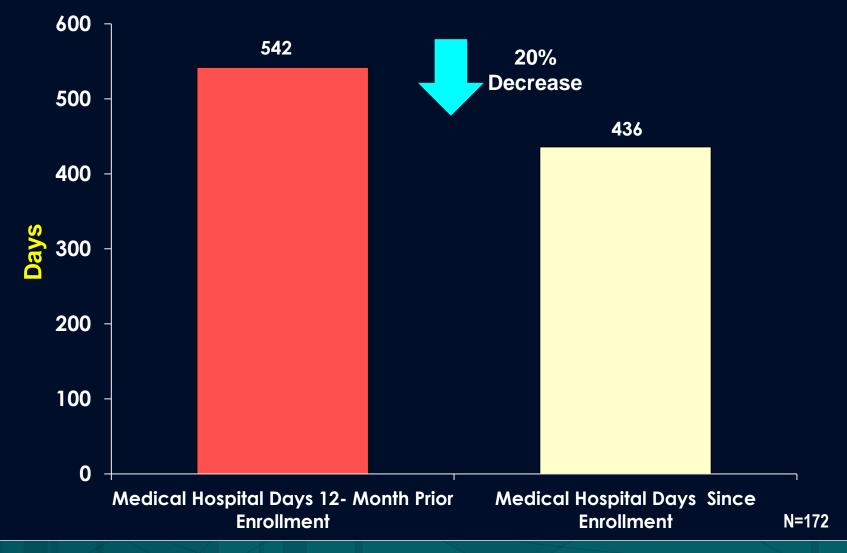
Psychiatric Hospital Cost Savings



> Average cost per day = Adult Inpatient Rates; Data normalized to ensure 12 month history all members enrolled FY 2012-2013

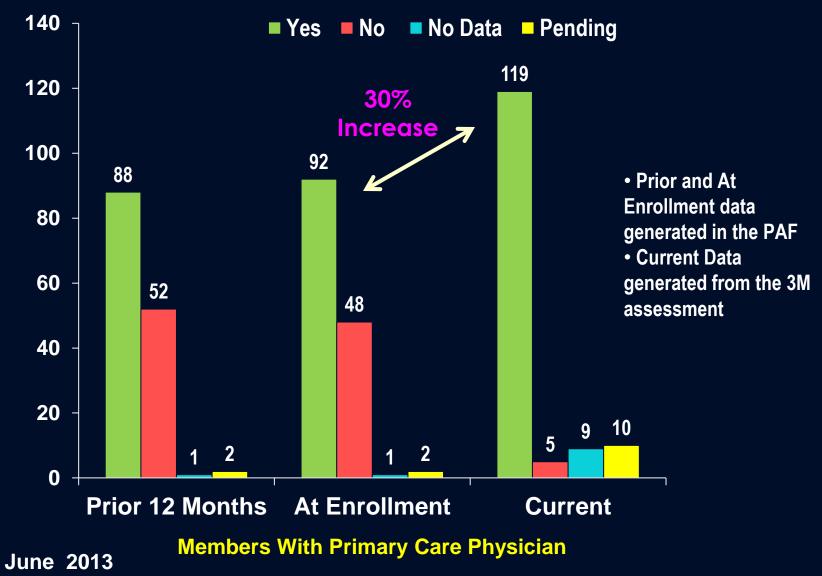


Medical Hospitalizations



Data normalized to ensure 12 month history all members enrolled FY 2012-2013

Primary Care Linkage

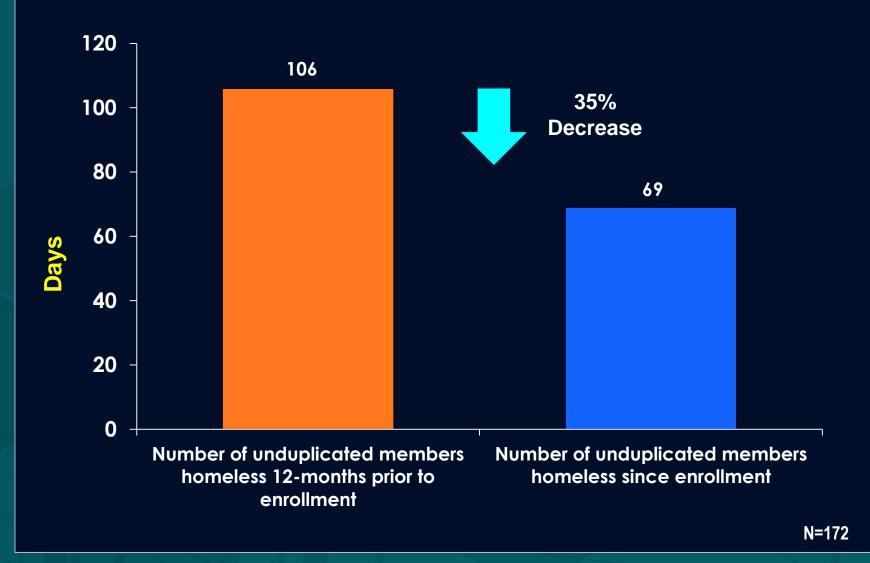


N = 143

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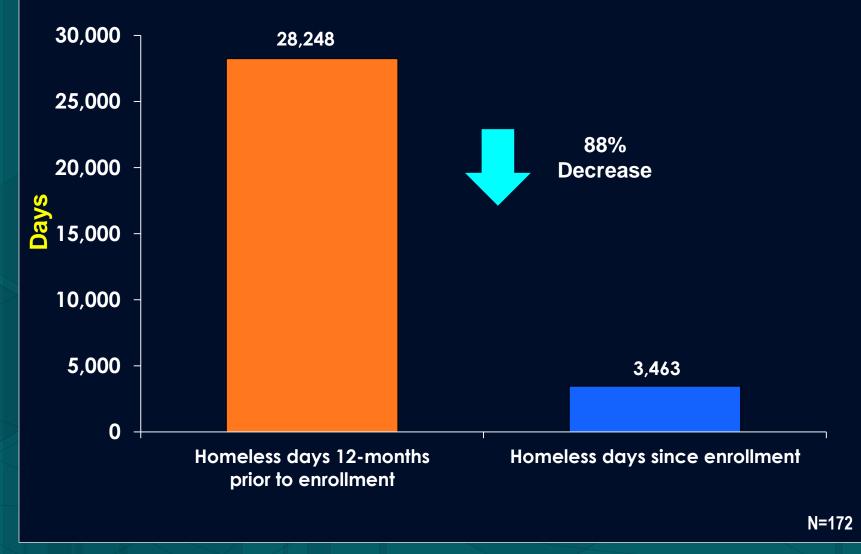
Homeless: Total Members



> Data does not include Emergency Shelter: Data normalized to ensure 12 month history all members enrolled FY 2012-2013



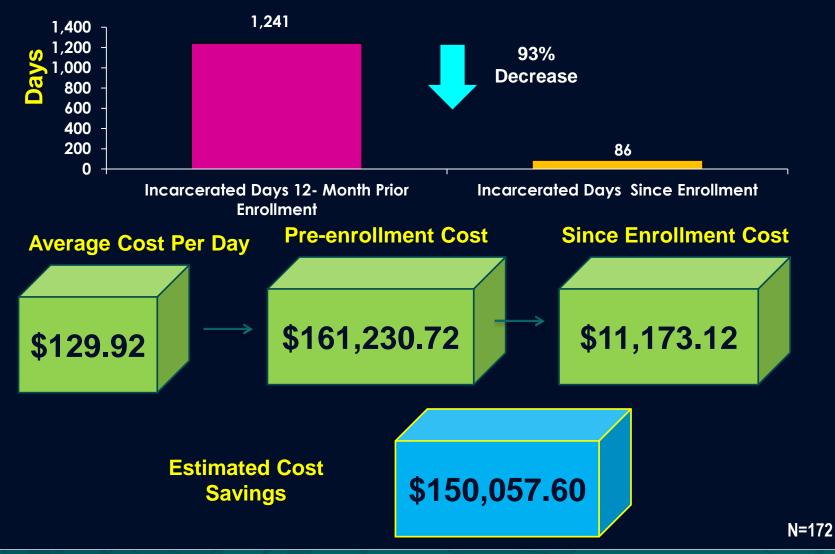
Homeless: Total Days



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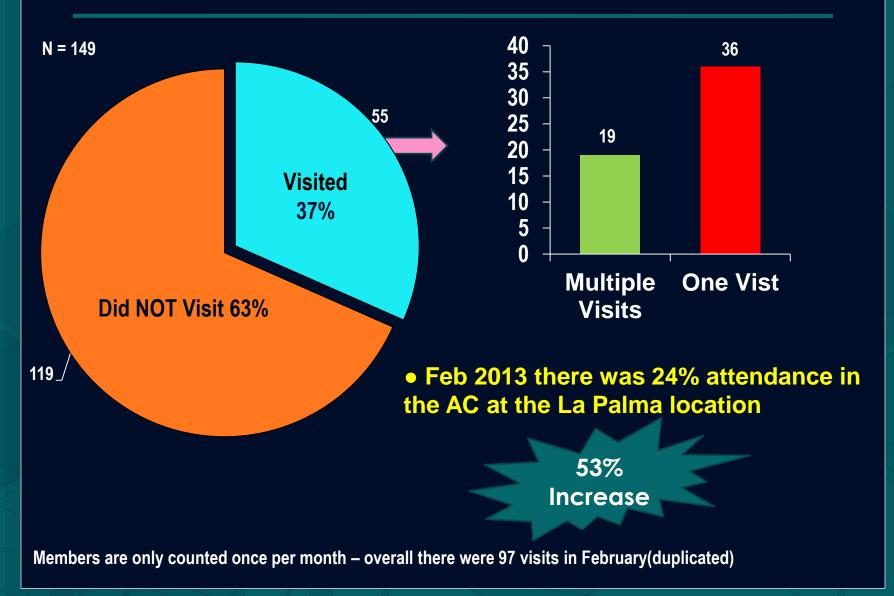


Incarceration Cost Savings



Average cost per day = VERA Institute of Justice: The Price of Prisons/California; Data normalized to ensure 12 month history all members enrolled FY 2012-2013

Activity Center



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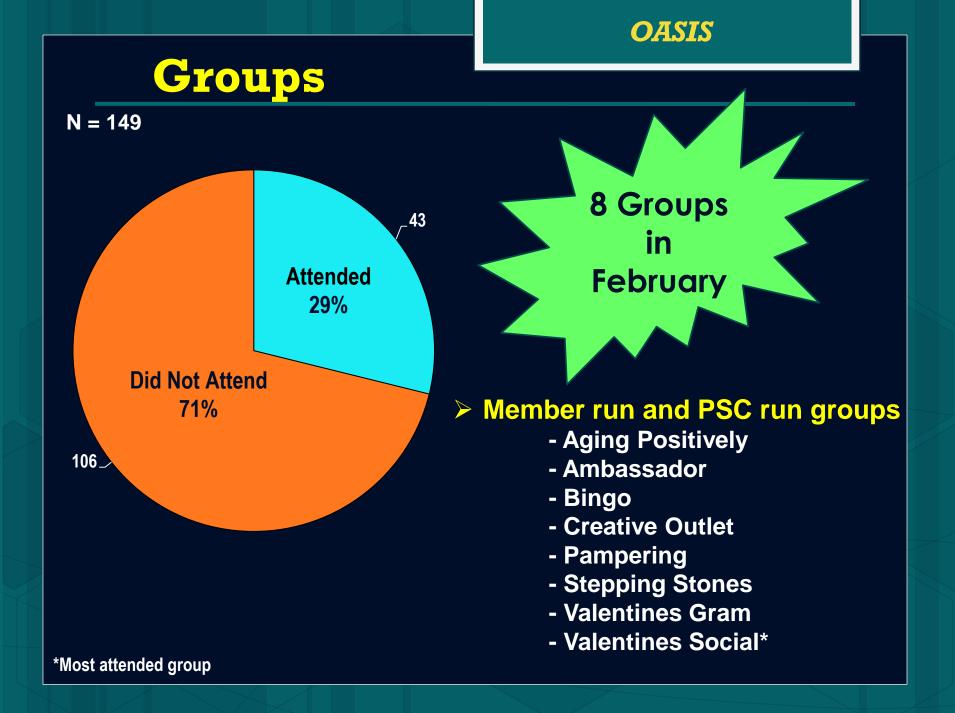


Groups

7 exciting active groups
OASIS Orientation
Preparing for Graduation
Seeking Safety
Stepping Stones
Men's Legacy
Creative Outlet
Aging Positively



ALL 7 groups collecting data for outcomes!





Goal #1: Seeking Safety FY 2013-2014 Goal

- 30% of Seeking Safety participants will experience an increase in use of safe coping skills and a decrease in substance use
 - How are we going to achieve it:
 - 3 trained staff members facilitating groups and coordinating with multidisciplinary team
 - Participate will attend 8-10 weekly sessions
 - Safety
 - PTSD: Taking Back Your Power
 - When Substances Control You
 - Detaching From Emotional Pain (Grounding)
 - Asking for help
 - Pre and Post test assessments utilizing the MAST-
 - G, DAST and Safe Coping Skills Scale



Update: Seeking Safety FY 2013-2014 Goal

- Goal: 30% of Seeking Safety participants will experience an increase in use of safe coping skills and a decrease in substance use
- Currently: 14 members actively participating in Seeking Safety group
 - Data (pre and post) for outcomes being collected
- Additional staff being trained to lead groups



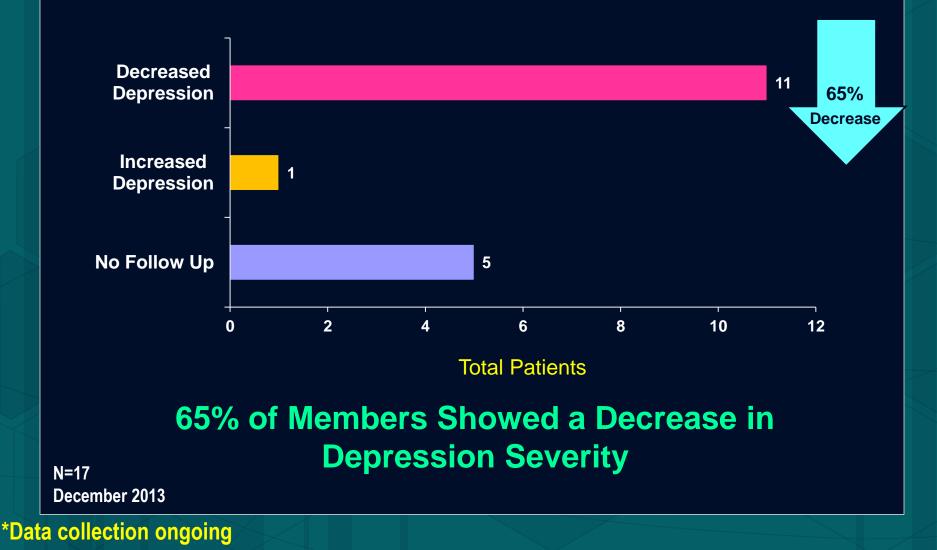
Goal #2: PEARLS FY 2013-2014 Goal

Goal: 43% of participants will report a decrease in depression severity Currently: <u>65%</u> of participants report a decrease in depression severity

PEARLS Intervention

17 Members With PHQ-9 Assessments*

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Program to Encourage Active and Rewarding Live<mark>S (PEARLS): Update</mark>

	Total Members
Successfully completed	3
Currently active	5
Not appropriate at this time	7
Declined participation	7
Dropped out	3

 <u>ALL</u> members who have completed PEARLS intervention indicate a decrease in depression severity

 Members who have dropped out, were not appropriate, or declined participation are currently being re-engaged

Health and Wellness Assessment

Developed by APOD and OC Adult FSP Data Analysts

- Validated by Dr. Jonathan Rich
- Assessment measures the members own perspective on Quality of Life

Administered at OASIS

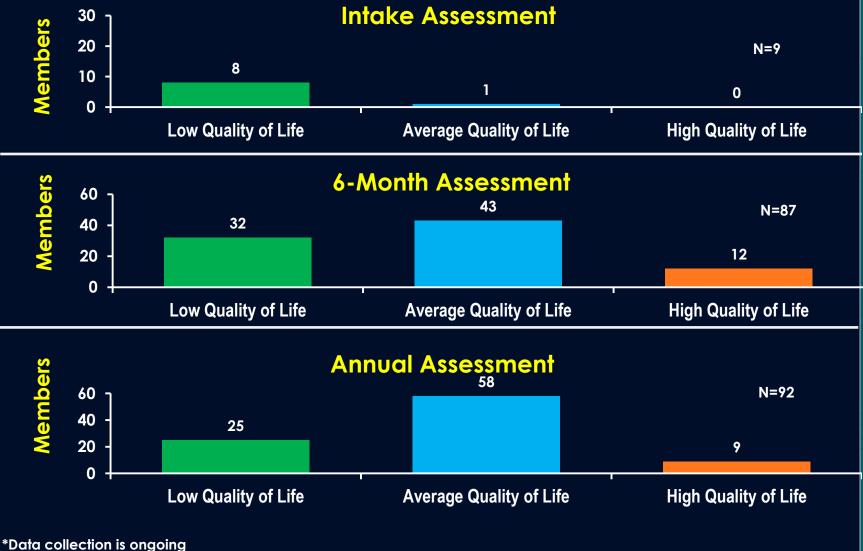
- Intake
- 6-Month
- Annual

 Once adequate data collected hope to analyze both aggregate and individual member data, trends, etc.

Data Collection and Analysis is Ongoing

Collected over 300 completed surveys!

Health and Wellness*



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Thank You!