

Mental Health Services Act (MHSA) Innovation Projects

Round 1 Projects: Preliminary Data Summary



Round 1 Innovation Projects

- INN01-001 Integrated Community Services (ICS)
- INN01-002 Collective Solutions
- INN01-003 Volunteer to Work (VTW)
- INN01-004 Orange County Acceptance through Compassionate Care, Empowerment, and Positive Transformation (OC ACCEPT)
- INN01-005 OC4Vets
- INN01-006 Orange County Community Cares Project (OC CCP)
- INN01-008 Project Life Coach (PLC)
- INN01-009 Training Services to Meet the Mental Health Needs of the Deaf Community
- INN01-010 Brighter Futures

Overarching question:

Can a well-trained consumer or family member be an effective paraprofessional in all clinical settings?

ICS

Project Description:

ICS is a collaboration between County mental health programs, community medical clinics, and substance abuse services that provides access to integrated medical and mental health services to County and community participants

Innovative Components:

- Integrate medical and mental health services for County and community participants
- Peer support services at all sites
 - Peer specialists engage participants and act as liaisons between their mental health and medical care providers

Goal:

- Fully integrate participants' physical and mental health care needs

Primary Purpose:

- Increase the quality of services, including better outcomes

ICS

ICS utilizes three different methods:

- 1) A contracted primary care physician, registered nurse case managers, and peer specialists are placed within three Orange County Behavioral Health Clinics
 - Westminster
 - Anaheim
 - Santa Ana
- 2) Orange County psychiatrists and mental health therapists are placed within two community medical centers
- 3) An Orange County psychiatrist is placed in Central City Community Health Center

All ICS participants were randomly assigned either to a peer specialist or a registered nurse case manager

Collective Solutions

Project Description:

Collective Solutions provides counseling and supportive services to family members struggling to cope with or manage a loved one's symptoms of mental illness or co-occurring substance abuse disorder

Innovative Components:

- Therapeutic services directly target family members
- Peer support services
 - Peer specialists co-facilitated sessions with clinical staff to empower families, instill hope, and model recovery

Goals:

- Increase family's community support network
- Increase family's resiliency, coping skills, and ability to manage crisis situations related to mental illness

Primary Purpose:

- Promote interagency collaboration

VTW

Project Description:

VTW provides support services to adults living with a mental health diagnosis who are seeking employment through goal-specific community services

Innovative Components:

- Stepping stone for individuals requiring additional support in entering or re-entering competitive employment
- Peer support services
 - Peer specialists assist in skill building and employment readiness activities, and seek out volunteer opportunities that match participants' unique skills and goals

Goal:

- Assist participants with vocational fulfillment through volunteer work

Primary Purpose:

- Increase the quality of services, including better outcomes

OC ACCEPT

Project Description:

OC ACCEPT provides LGBTQ specific mental health services to address behavioral health issues disproportionately faced by the LGBTQ community

Innovative Components:

- LGBTQ specific mental health services
- Peer support services
- LGBTQ identified or allied peer specialists provide case management services, advocacy, and outreach and engagement activities

Goals:

- Provide a safe environment to express feelings, build resilience, become empowered, and connect with others for support
- Raise awareness and reduce stigma by providing education about the LGBTQ population to the community at large

Primary Purpose

- Increase access to underserved groups

OC4Vets

Project Description:

Hosted by the Orange County Veterans Service Office (VSO), OC4Vets provides a participant-focused environment for Veterans or families within the local military and Veteran community

Innovative Components:

- Co-locating Veteran's services
- Peer support services
- Peer navigators familiar with Veteran and military culture provide support and case management services

Goal:

- Provide an integrated, holistic approach to Veteran behavioral health and facilitate a smooth transition back to civilian life

Primary Purpose:

- Increase access to underserved groups

OC CCP

Project Description:

OC CCP served as a referral and linkage-based system that established working relationships with local mental health providers and linked them to local residents unable to access mental health care. Participants with mild to moderate symptoms of depression or anxiety were linked to providers for short-term, pro-bono psychotherapy (i.e., 12 sessions)

Innovative Components:

- Organize a system of mental health providers willing to offer pro-bono services and link them with eligible participants
- Peer support services
- Peer specialists promoted services and recruited providers

Goals:

- Link providers with eligible participants unable to access the public mental health system or afford private mental health care

Primary Purpose:

- Increase access to services

PLC

Project Description:

PLC provides comprehensive life-coaching and supportive employment services to individuals with mental illness struggling to obtain employment, specifically individuals within the unserved and underserved monolingual or limited English proficiency communities in Orange County

Innovative Components:

- Develop collaborations between ethnic-based service providers, behavioral health clinicians, and local ethnic community businesses
- Peer support services
- Peer specialists provide case management, life coaching, and employment readiness skills

Goals:

- Assist individuals with mental illness with integrating or reintegrating into their local ethnic community businesses

Primary Purpose:

- Increase access to underserved groups

Training Services to Meet the Mental Health Needs of the Deaf Community

Project Description:

This project was designed to prepare Deaf and Hard-of-Hearing individuals with the necessary skills to become Mental health workers and Peer Specialists through participation in a Mental Health Worker Certificate Program

Innovative Components:

- Address the mental health needs of the deaf community
- Train individuals to become mental health workers with specialized skills and programmatic materials adapted for the Deaf and Hard-of-Hearing community

Goals:

- Improve availability and access to mental health services for Deaf and Hard-of-Hearing community
- Prepare individuals with necessary skills to become mental health workers and peer specialists

Primary Purpose:

- Increase access to underserved groups

Brighter Futures

Project Description:

Brighter Futures provides community-based counseling and peer supportive services to families with children ages 6 to 13 who are experiencing social, emotional, and behavioral health problems

Innovative Components:

- Services directly target children ages 6-13
- Peer support services
- Peer specialists provide family support, case management, and referral and linkage to community resources

Goals:

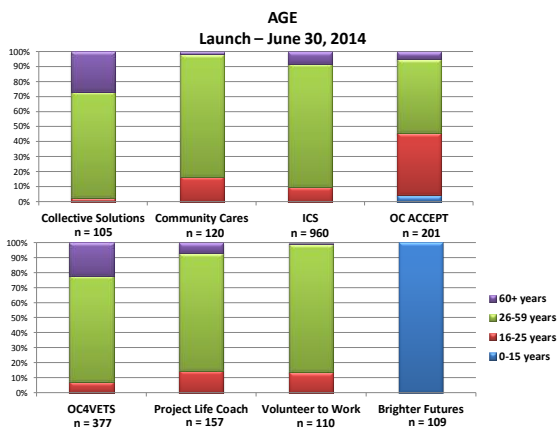
- Increase access to mental health care among ethnic communities
- Improve family functioning, increase resiliency, reduce isolation, and assist families in building support networks

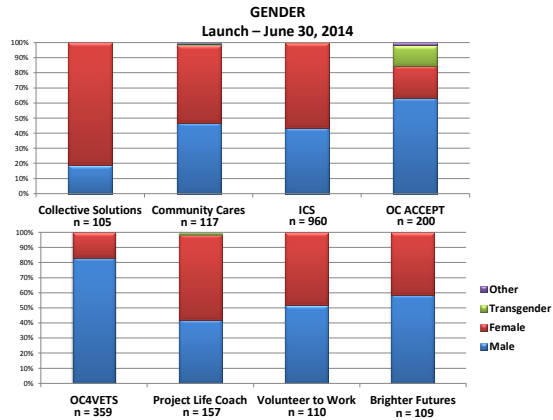
Primary Purpose:

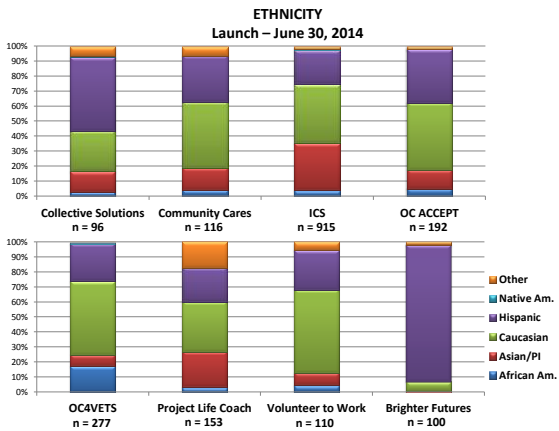
- Increase the quality of services, including better outcomes

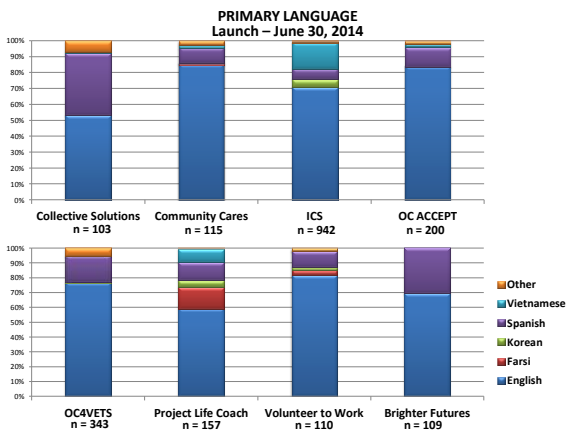
Project	Proposed 3-yr Budget	Total Expenditures	Approximate Start Date	Approximate End Date
ICS	\$4,259,248	\$5,385,457	09/01/11	12/31/15
Collective Solutions	\$1,501,443	\$586,121	04/04/12	12/31/15
VTW	\$1,840,850	\$523,091	07/01/13	06/30/15
OC ACCEPT	\$1,888,523	\$1,072,906	07/11/11	12/31/15
OC4Vets	\$2,265,080	\$1,987,046	07/01/12	12/31/15
OC CCP	\$613,858	\$489,907	11/21/11	06/30/14
PLC	\$2,089,818	\$1,143,374	07/27/12	12/31/15
Training Services to Meet the Mental Health Needs of the Deaf Community	\$314,438	\$229,000	07/01/12	06/30/14
Brighter Futures	\$997,578	\$651,340	04/04/12	12/31/15

Demographics









PARTICIPANTS SERVED
Launch – June 30, 2014

Project	Unduplicated	Additional Members (Unduplicated)
ICS	960	---
Collective Solutions	105	81
VTW	110	---
OC ACCEPT	201	68*
OC4Vets	377	---
OC CCP	120	---
PLC	157	---
Training Services to Meet the Mental Health Needs of the Deaf Community	22	---
Brighter Futures	109	125

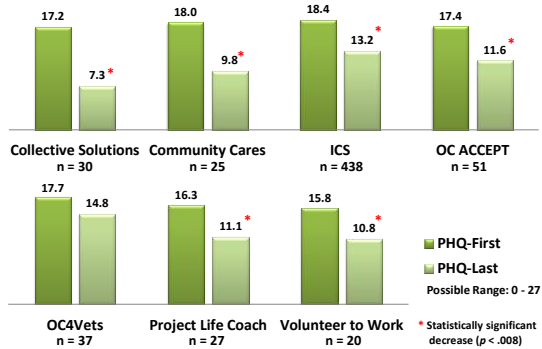
*Estimated minimum

REFERRALS AND LINKAGES
Launch – June 30, 2014

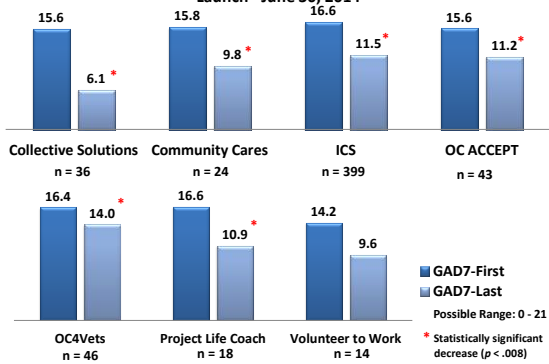
Project	Total Referrals	Total Linkages	Top 5 Linkage Types	
ICS	1488	565	Transportation (93) Specialty Health Care (77) Primary Health Care (51)	Mental Health Care (48) Recreation (16)
Collective Solutions	404	157	Mental Health Care (52) Adult Education/Literacy (24) Recreation (15)	Employment (14) Public Safety (7)
VTW	41	26	Job Placement (15) Adult Education/Literacy (5) Clothing (4)	Mental Health Care (1)
OC ACCEPT	344	80	Specialty Health Care (18) Primary Health Care (8) Substance Abuse Services (7)	Employment (7) Mental Health Care (5)
OC4Vets	1944	1331	Housing (305) Food and Nutrition (255) Employment (253)	Transportation (247) Mental Health Care (97)
OC CCP	10	7	Employment (4) Family Welfare (2) Mental Health Care (1)	
PLC	233	113	Employment (57) Adult Education/Literacy (11) Mental Health Care (10)	Food and Nutrition (4) Housing (4)
Brighter Futures	255	69	Mental Health Care (12) Food and Nutrition (10) Mentoring (4)	Housing (4) Family Welfare (3)

Clinical Outcomes

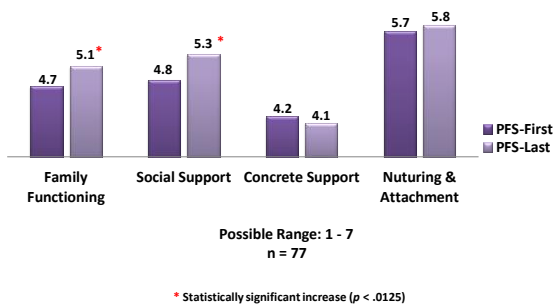
Change in Average Depression Score
Initial Score = Moderate or Severe
Launch - June 30, 2014



Change in Average Anxiety Score
Initial Score = Moderate or Severe
Launch - June 30, 2014



Change in Average Protective Factors Scores
Brighter Futures: All Participants
Launch - June 30, 2014



Mental and Physical Health

2009 NAMI Report Card Rating for U.S. Mental Health Services

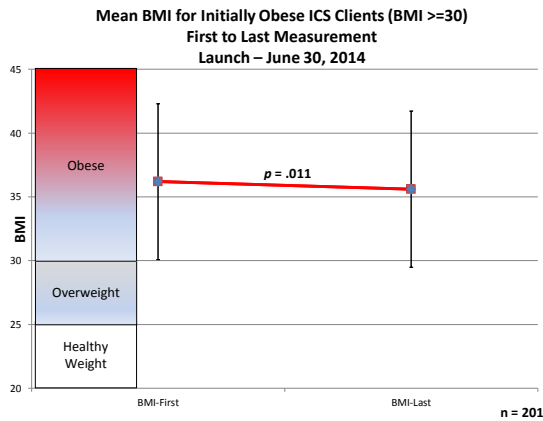
- D average

Shortened lifespan for those with serious & persistent mental illness

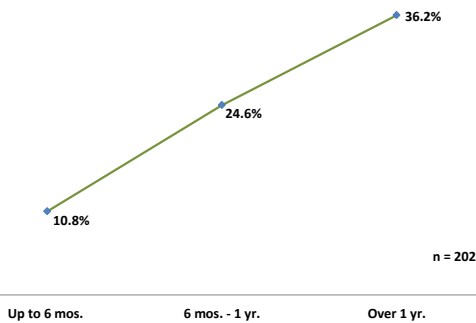
- Individuals with SPMI die 25 years earlier than the general population (Parks et al, 2006)

Goal of ICS:

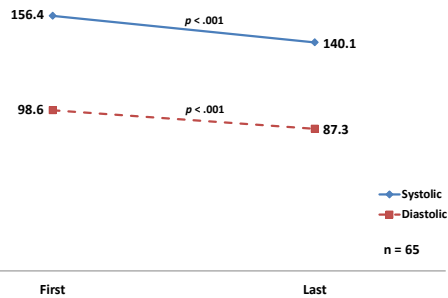
- Fully integrate participants' physical and mental health care needs



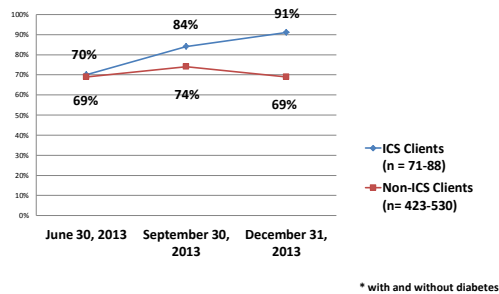
Significant Weight Loss (< 5%) Among Initially Obese ICS Clients by time from First to Final Measurement Launch – June 30, 2014



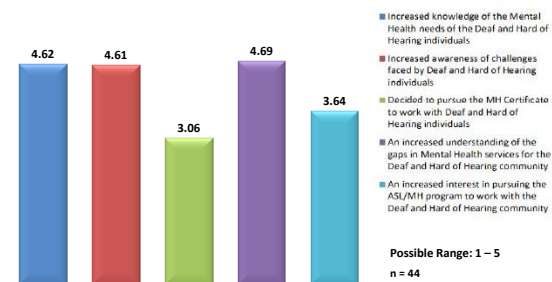
**Mean Blood Pressure for Initially Hypertensive ICS Clients (BP >140/90)
First to Last Measurement
Launch – June 30, 2014**



**ICS Chronic Health Condition Management:
Hypertensive Patients* with BP < 140/90**

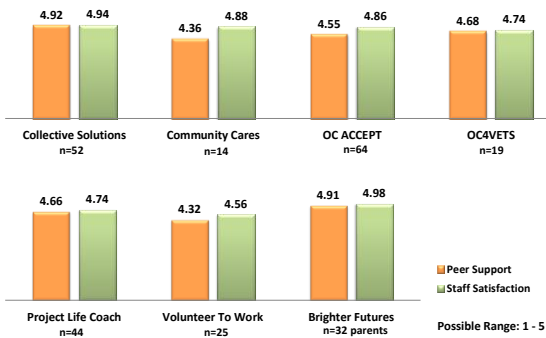


**Training Services to Meet the Mental Health Needs of the Deaf Community
Student Feedback
HS 100 and HS 176 Fall 2013**

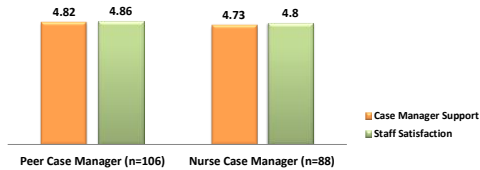


Evaluation of Peers

**Comparison of Peer and Staff Satisfaction
Participant Survey FY 13-14**



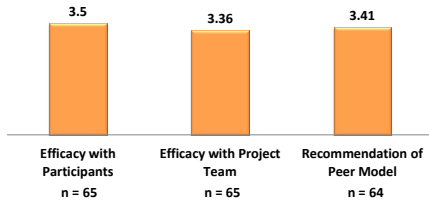
**Comparison of Peer and Staff Satisfaction
by Case Manager Assignment
Participant Survey FY 13-14**



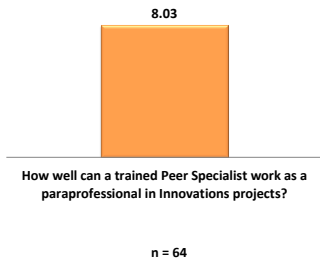
ICS

Possible Range: 1 - 5

Staff Evaluation of Peers (FYs 12-14)
Subscale Scores

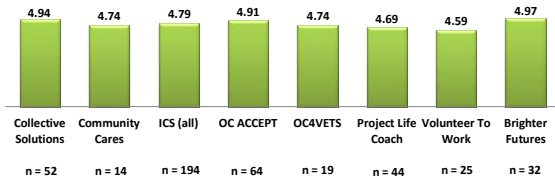


Staff Evaluation of Peers (FYs 12-14)
Overall Rating



Overall Program Satisfaction

Overall Program Satisfaction
Participant Survey FY13-14



Possible Range: 1 - 5

Recommendations
