### **MHSA Outcomes**

Community Services & Supports - Adults and Older Adults

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### **Overview**



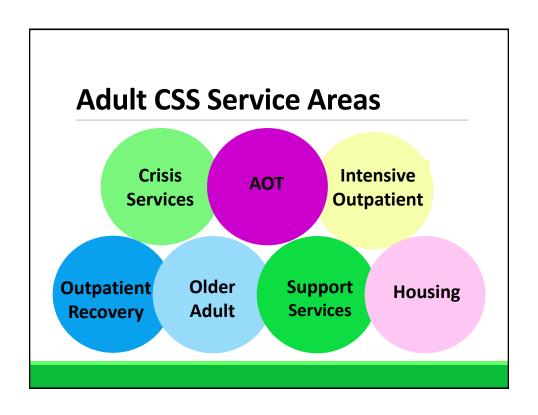
FY 15/16 Outcomes by Service Area



**Challenges & Successes** 

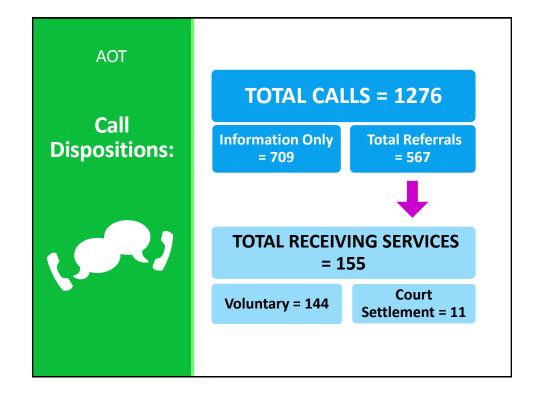


**Future Directions** 

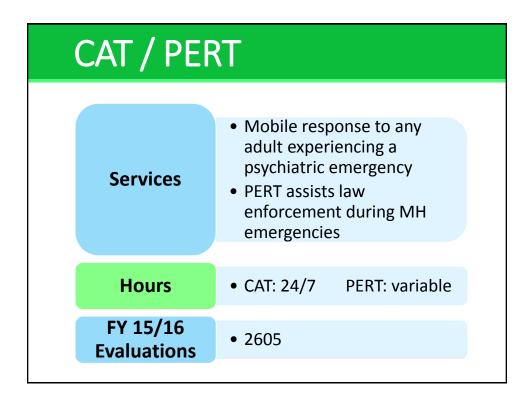


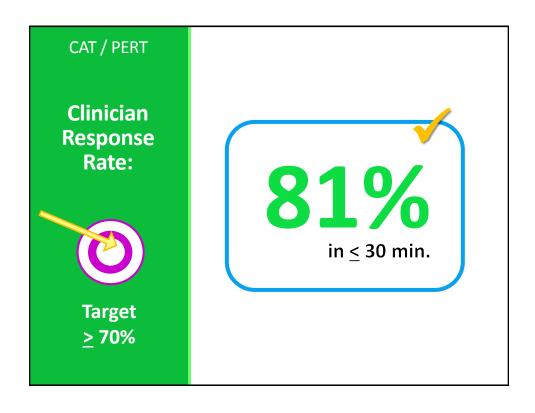
**AOT:** Assessment & Linkage

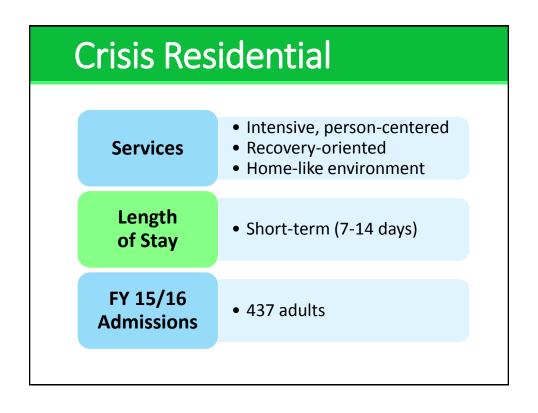
### AOT Assessment & Linkage Provides information Accepts referrals Conducts assessments Links individuals to services Adult living in the County History of not participating in treatment Unlikely to survive safely without supervision Meets threshold criteria

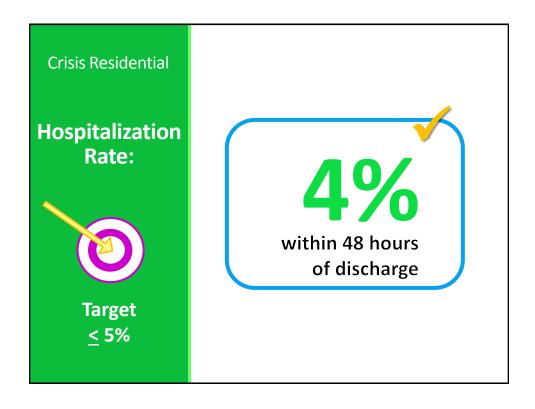


### **Crisis Services**



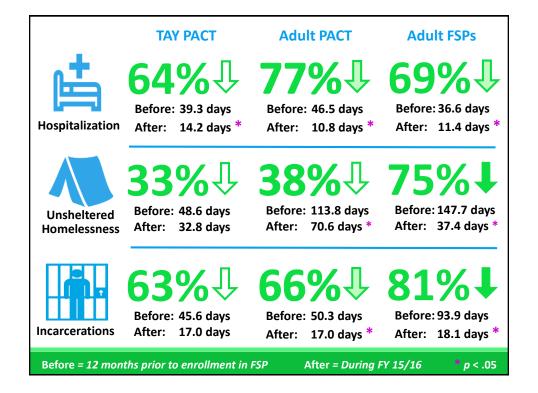






### **Intensive Outpatient**

### FSPs Enroll un-/under-served populations (e.g., forensic, probation, homeless/at risk of, etc) Continuum of recovery services in reallife settings FY 15/16: 1059 adults served Enroll based on hospitalization/ incarceration history PACT Intensive services in the field & clinic, linkage to lower level of care FY 15/16: 143 TAY, 940 adults served

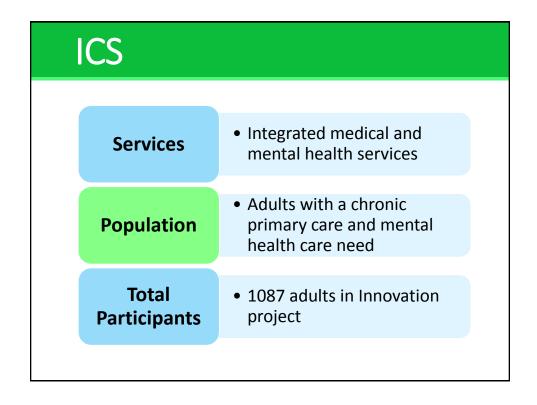


TAY PACT Adult PACT Adult FSPs

151% 91% 25% 1

Before: 14.0 days
After: 35.2 days \* After: 30.6 days \* After: 39.9 days \*

Before = 12 months prior to enrollment in FSP After = During FY 15/16 \* p < .05



PHQ-9 Depression

**27%**↓

Baseline: 18.3 Follow Up: 13.3 \*



In Those with Hypertension at Baseline:



**Systolic BP** 

**12%↓** 

Baseline: 157.2 Follow Up: 138.8 \*

**Diastolic BP** 

**12%**↓

Baseline: 99.0 Follow Up: 86.6 \*

ICS

Follow Up = Most recent follow up assessment

\* p < .05

### **Older Adult Services**

### Older Adult FSP & PACT

### **Services**

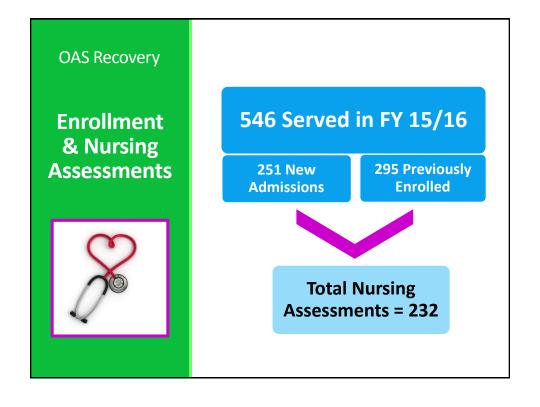
- Structured similarly to adult FSPs, PACT
- Accommodate needs of older adults

FY 15/16 Numbers Served

- 211 in Older Adult FSP
- 75 in Older Adult PACT

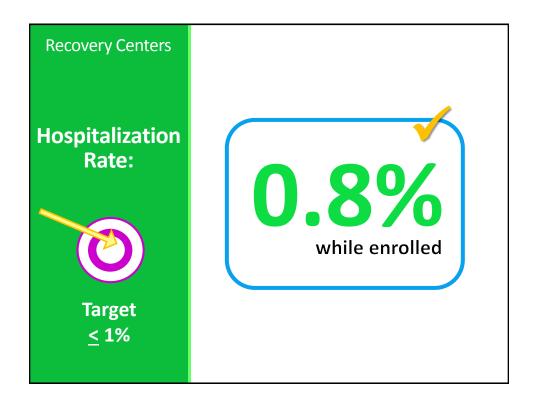
### **Older Adult PACT Older Adult FSPs** Before: 24.9 days Before: 39.2 days Hospitalization After: 8.8 days \* After: 1.9 days \* Before: 223.2 days Before: 120.3 days Unsheltered After: 18.9 days \* 54.8 days \* After: **Homelessness** Before: 100.8 days Before: 75.8 days **Incarcerations** 25.0 days \* After: 1.2 days \* After: Before = 12 months prior to enrollment in FSP After = During FY 15/16 \* p < .05

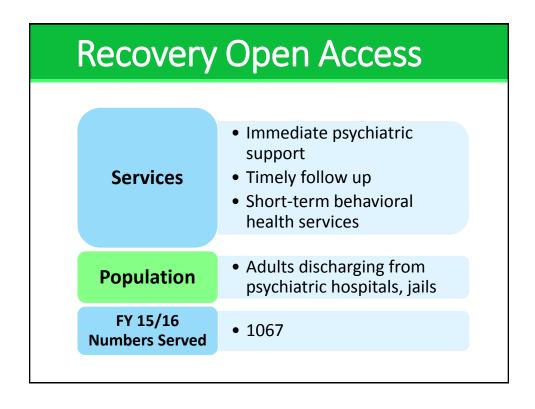
# Services • Field- and clinic-based • Focus on quality of life, access to medical care, maintain independence Population • Diverse cultural groups FY 15/16 Numbers Served • 546 older adults

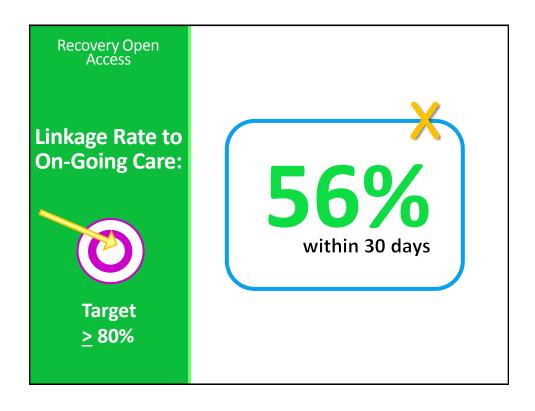


### **Outpatient Recovery**

# Recovery Centers • Medication support • Case management • Self-directed services • Peer-run support • Adults who no longer need intensive outpatient services FY 15/16 Adults Served • 1910

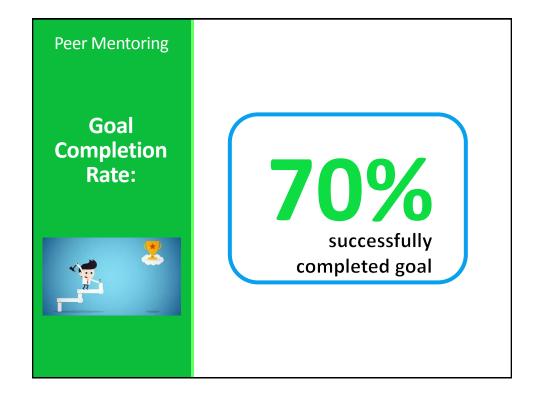




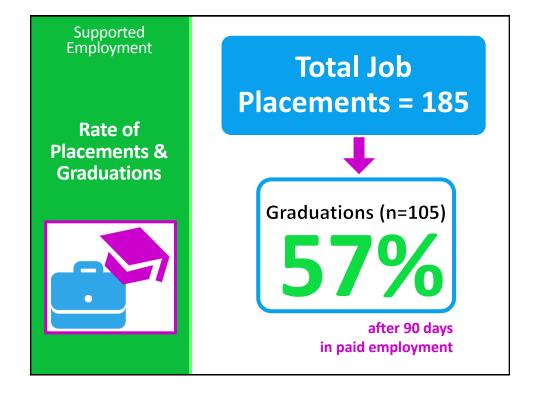


### **Support Services**

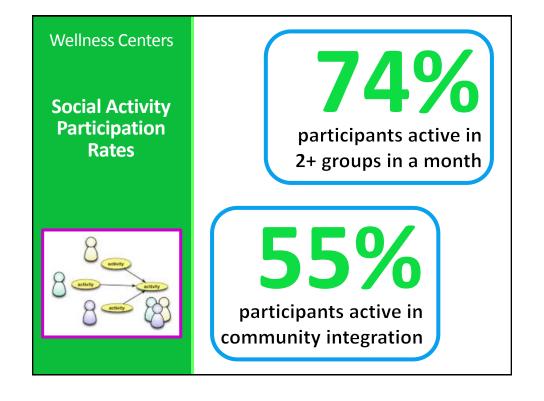
## Peer Mentoring • Peer support in achieving recovery goal related to independent living skills • Adults in outpatient clinics, FSPs • Currently/recently hospitalized, multiple ER visits • 100 adults & older adults



# Services • Vocational services • Job placement assistance • Volunteer, competitive Target Population • Receiving County or County-contracted outpatient services • 419 adults Served



### Services • Member-directed activities • Focus on building relationships and increasing community integration • Dual multicultural track at West location FY 15/16 Numbers Served • 1787 members



### Housing

# Funding limited to 30% of total development costs • Individuals living with serious mental illness • Homeless or at risk of homelessness • Additional criteria of funding partners

Housing

Completed Projects



Project	Units
Alegre Family Apts	11
Avenida Villas	28
<b>Capestone Family Apts</b>	19
Cotton's Point	15
<b>Diamond Apts</b>	24
Doria Phase 1	10
Doria Phase 2	10
<b>Henderson House</b>	14
Rockwood	15

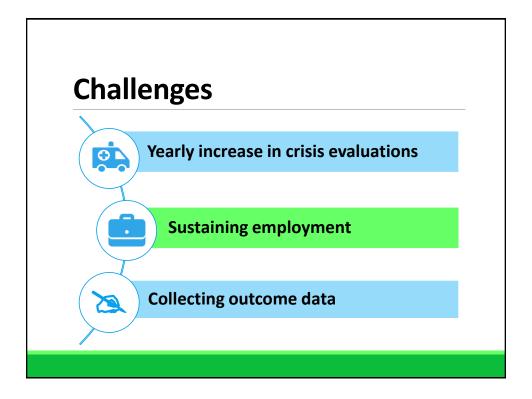
Housing

Under Construction



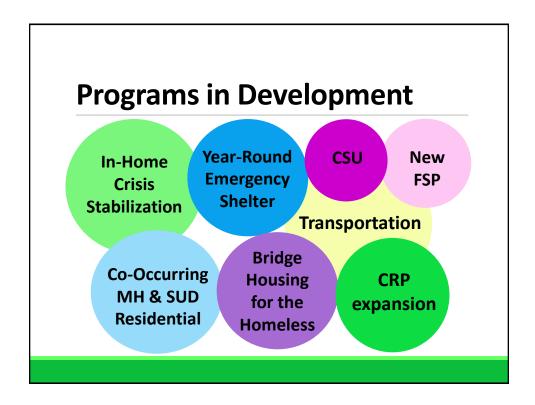
Project	Units
Depot at Santiago	10
<b>Fullerton Heights</b>	24
Oakcrest	14

### **Challenges & Successes**



### Rockwood Apartments completed Fullerton Heights recently broke ground AOT expanded to 120 slots Two new Wellness Center sites opened Recovery Open Access program opened PERT expanded

### **Future Directions**



### In Their Own Words...

I've been to a lot of treatment before but WIT is the only place that changed me. I finally surrendered and stopped doing things my way. I'm so thankful because I never thought I could get this far!

- WIT

The path I was taking was leading me to death for sure. All the drugs..., criminal activities, and the anger I was experiencing was consuming me. Today I feel like a new man, with hopes and future. I know I have worth and I deserve to have a life. - Opportunity Knocks

TAO helped me to move through isolation, where at one time I was barricaded in my own room and thought that the world was contaminated, to a place where I have learned to take control of my own life. It was a very loving and nurturing community... that helped me to trust people... again.

- TAO FSP

