Mental Health Services Act Steering Committee Meeting

Monday, May 21, 2018 1:00 p.m. to 4:00 p.m.

Delhi Community Center 505 E. Central Ave. Santa Ana, 92707

MINUTES

Item I Call to Order/Welcome

• At 1:02 p.m. by Luis Martinez.

Item II State/Local Update

Jeff Nagel, BHS Director of Operations

- Jeff announced a new Children Youth Behavioral Health Division Director, Dawn Smith. There are few positions open in BHS administration due to recent retirements and recruitments are taking place to fill those positions.
- He addressed recent public perception regarding hundreds of millions of unspent and available funds, which a recent review by the CEO's Office showed not to be the case.
- PEI Planning process will begin in July, the Steering Committee community members will be able to participate.
- He presented slides on Permanent Supportive Housing, directed by the Board of Supervisors on March 19, 2018 to dedicate \$70.5M towards. May 11, 2018 was the start of a 30-day public comment period to amend the current Three-Year Plan with a transfer of \$15M from CSS funds to MHSA Housing.
- He mentioned that *No Place Like Home* is currently tied up in court and will be going on the November ballot.
- The State was recently criticized in a recent audit. \$6.8M for adding staff at State Department of Health Care Services (DHCS) will help produce more standardized direction for counties.
- Public campaign to clarify the unspent/available funds are being considered. The Board of Supervisors will continue to keep pressure on HCA to spend the funds.

Sharon Ishikawa, MHSA Coordinator

- Sharon announced that the MHSA Annual Plan Update FY 2018-19 will be going to the Board of Supervisors tomorrow.
- PEI Planning process will begin in July with Public Forum taking place on July 16, 2018. PEI requirements/regulations will be looked at for ongoing meetings after the Public Forum. The public is welcome to participate in this community

planning process. We will also discuss better ways to measure stigma and also discuss effectiveness of suicide programs.

Flor Yousefian Tehrani, Innovations Manager

- Flor announced partnerships with 7Cups and Mindstrong for the latest Innovation Project: Mental Health Technology Solution.. Innovation staff is going out to local agencies, Wellness Centers, REI and to various communities with the goal of being inclusive of all groups and individuals.
- She added that the Orange County can add additional components to it and Housing and Transportation could be possibilities, among others.
- There may be other opportunities to join potential State-wide Innovation projects, which include: Early Onset of Psychosis Learning Collaborative, School-Based Wellness Centers and Improving Access to Psychological Therapies (IAPT). Orange County's participation in any of these projects means there will be extensive local community planning meetings.
- The website ocmhsa.com is live and will be where anyone can submit their ideas for possible future Innovation projects.

Item III University of California, San Diego: Orange County MHSA Program Analysis Dr. Todd Gilmore and Dr. Tommi Gaines, UCSD

- Dr. Gilmore and Dr. Gaines presented on preliminary studies for Orange County's MHSA Program Analysis. The two main components of this analysis study will be: 1) Needs Assessment and Gaps Analysis, and 2) Cost-Benefit Analysis.
- They reviewed Prevalence Rates for Serious Psychological Distress by Age, Race/Ethnicity, Sexual Orientation and their Access to Mental Health Treatment. They also reviewed data on the Homeless Population and rates of serious mental illness.
- They presented the Summary of Needs and Gaps, and next step plans to assess geographic disparities and gather qualitative assessment through focus groups with 20 community stakeholder groups.
- They also presented on the Analysis of MHSA Services in CSS and PEI
 components, reviewed Evidence Based Practices and types of Outpatient
 Services, summarizing the use of service on a county-wide level. The next step
 would be to determine Net Benefit by estimating the costs of CSS and PEI
 services and the benefits of the services.

Item IV Orange County's Directing Change Films

Bhuvana Rao, PEI Program Manager

• Bhuvana introduced films created by local High School students with topics covering: suicide intervention/prevention, stigma reduction and increasing mental health awareness. There were a total of 742 films from 164 schools statewide

- across 32 counties. Orange County had 134 films from 16 schools, and 12 of the films received recognitions. There will be an awards ceremony tomorrow at the Ace Hotel, and everyone is invited to attend.
- She showed 6 films, which can also be seen at www.directingchange.org and talked about how these films produced outcomes of raising knowledge, changing behavior and attitude and climate at schools regarding mental health. Students also had learned through research needed to make the films on how to help others.

Item V Public Comments

- A public comment was made calling for addressing public perception regarding MHSA by changing the reality. With the \$70.5M going towards housing, we still have not planned for all the dollars. He called for the Steering Committee to know what was and was not implemented as well as whether programs were successful or not, in order to plan for the following year.
- A public comment was made regarding the presentation earlier on Orange County's MHSA Program Analysis. Questions/comments were made on the measurement used for determining Serious Psychological Distress, numbers regarding EHR and who (Medi-Cal beneficiaries or all MHSA participants?) is being counted to make sure it is reflective of everyone being served.
- A public comment was made regarding the need for more intensive services for TAYs with trauma and substance use disorders in addition to mental illnesses.
 STAY FSP was mentioned but their two hospitalization requirement is a big problem and a barrier to services and outside of that, there seems to be a lack of services for the TAY population.

Item VI Steering Committee Comments

• A comment was made by a member asking HCA staff to help the Steering Committee be more transparent.

Item VII Adjournment