ORANGE COUNTY HEALTH CARE AGENCY BEHAVIORAL HEALTH SERVICES

MHSA INNOVATION

Outcomes Presentation FY 2015/16 – 2017/18



GOALS FOR TODAY'S MEETING

- Review project outcomes
- Answer basic questions
- Follow-up and return to address any remaining questions

PROJECT DESCRIPTIONS

Religious Leaders Behavioral Health Training Services*

- · Culturally responsive behavioral health trainings
- 8-hour train-the-trainer course for religious leaders
- 4-hour basic training for community members

Behavioral Health Services for Military Families*

- · Offers services to military families:
 - Screening and assessment
 - Peer support
 - · Case management
 - Counseling
 - Domestic violence services

*End Date: 6/30/2019







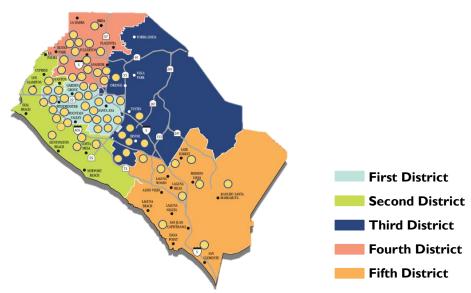
RELIGIOUS LEADERS BEHAVIORAL HEALTH TRAINING SERVICES

Project Outcomes
July 1, 2015 – June 30, 2018

PROGRAM ACTIVITIES



TRAINING LOCATIONS



RELIGIOUS LEADERS' OUTCOMES

RELIGIOUS LEADERS' DEMOGRAPHICS

<u>Age</u>

- 6% 18 25 years
- 70% 26-59 years
- 22% over 60 years

Gender

- 47% female
- 36% male
- 16% missing
- 0.6% declined

Race/Ethnicity

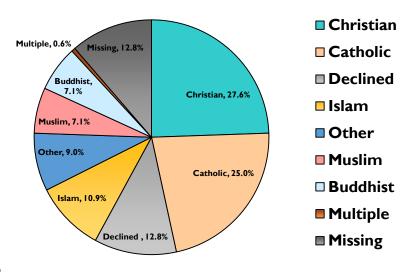
- 35% Asian/PI
- 30% Latino
- 11% Middle Eastern
- 8% Non-Hispanic White
- 4% African
- 3% Other

Preferred Language

- 46% English-only
- · 13% Spanish-only
- · 19% Bilingual*
- 15% Korean-only
- 3% Vietnamese
- 2% Farsi

*Arabic, Farsi, Spanish, Korean, Vietnamese

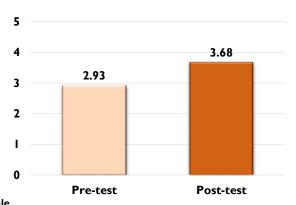
RELIGIOUS LEADERS' RELIGIOUS AFFILIATION



N = 156

MENTAL HEALTH CONFIDENCE

How confident/skilled do you feel in helping someone with a mental health problem or deliberate self-harm?



RELIGIOUS LEADERS' SATISFACTION

This program has helped me improve my understanding about what mental illness looks like and how it impacts family, friends and/or coworkers

As a direct result of the training I received here, I am better able to take care of myself or to better help my own community 98% 97%

I would recommend this program to someone I know

100%

<u>97%</u>

98%

This program has helped me develop or improve my skills in implementing this program in my own community

I will use what I learned from this program in the future

COMMUNITY MEMBERS' OUTCOMES

COMMUNITY MEMBERS' DEMOGRAPHICS

Age

- · 17% 26 59 years
- · 6% 18-25 years
- 11% over 60 years
- 2% Declined
- 64% Missing

Gender

- 63% Female
- 33% Male
- · 2% Decline
- 0.1% Queer

Race/Ethnicity

- 44% Asian/PI
- · 33% Latino
- 8% Non Hispanic White
- 6% Middle Eastern
- 3% African/Black/African Am
- 3% Multiracial
- 1% Decline
- · 1% Other

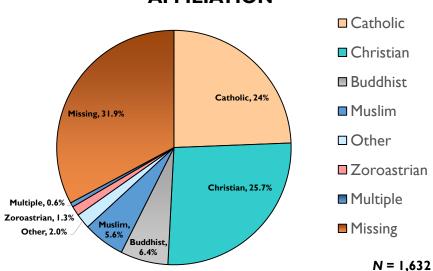
Preferred Language

- 32% English
- · 20% Spanish
- · 14% Korean
- · 20% Vietnamese
- 2% Arabic
- 6% Bilingual*
- 0.4% Other

*Arabic, Farsi, Spanish, Vietnamese, French

N = 1,632

COMMUNITY MEMBERS' RELIGIOUS AFFILIATION



COMMUNITY MEMBERS' SATISFACTION

This program has helped me improve my understanding about what mental illness looks like and how it impacts family, friends and/or co-workers

<u>95%</u> <u>96%</u>

I would recommend this program to someone I know

As a direct result of the training I received here, I am better able to take care of myself or to better help my own community

92%

I will use what I learned from this program in the future

OVERALL LESSONS LEARNED

Cultural Competen cy **Translation** of materials into 6 County threshold languages

94%

- Ability to adapt curriculum to culturally responsive content
- Flexibility to design training approaches that match needs
- Emphasize peer experiences and stories

Training
Structure
& Delivery

- Flexibility in length of trainings and scheduling
- Ongoing support and consultation to Religious Leaders
- Train in non-mental health facilities or community events
- · Utilize an interactive, conversational approach

Accessibilit y

- Basic behavioral health created for a diverse audience
- Free train-the-trainer course for religious leaders
- Trusted leaders provide trainings to their communities
- Available to underserved, monolingual populations

These classes will help me understand things that I had not noticed and I will practice what I learned

I learned something that I have never thought about and the information given changed how I think about mental illness





I learned many good things in relation to the Latino culture, and how to ask questions in a nice and respectful way



BEHAVIORAL HEALTH SERVICES FOR MILITARY FAMILIES

Project Outcomes
JULY1, 2015 – June 30, 2018

PROGRAM ACTIVITIES

Outreach & Engagement

- 611 activities
 - · 38% Outreach
 - 62% Agency/Promotional activities

Enrollments

- · 156 families enrolled
- 540 family members served
 - · 45% Children 0 15 years
 - 11% TAY 16 25 years

Services

- 102 families successfully accessed housing services and support
- 57 families participated in evidence-based treatment

PARTICIPANT DEMOGRAPHICS

<u>Age</u>

- 49% <18
- 7% 18-25
- 38% 26-59
- 4% 60+
- · 2% declined

Race

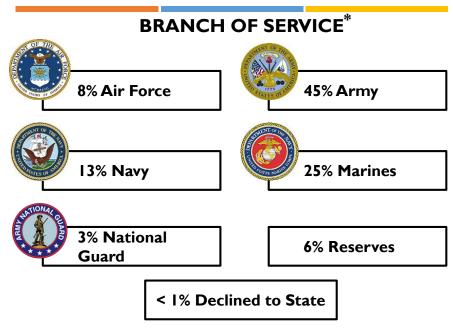
- 42% Non Hispanic White
- 17% Hispanic
- I6% Multiple
- 11% African/Black
- 6% Declined
- 3% Asian
- · 3% Other
- 1% American Indian/Alaska Native

Gender

- 49% Female
- 51% Male

Preferred Language

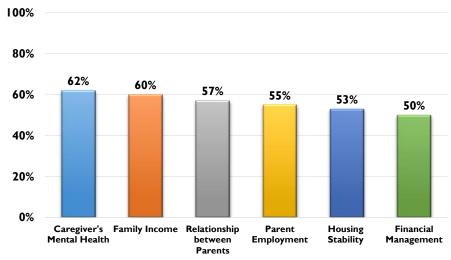
- 97% English
- · 1.9% Spanish
- 0.6% Armenian
- 0.6% missing



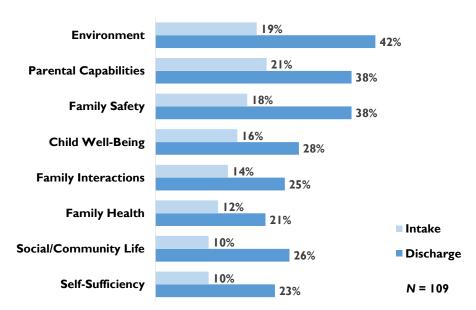
*Individuals may identify more than one branch

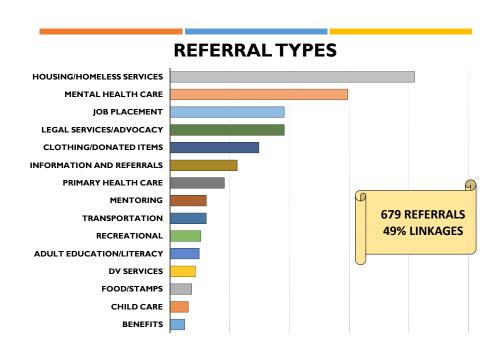
TOP FAMILY NEEDS AT INTAKE

Percentage of Families for whom item was rated mild to serious problem









OVERALL LESSONS LEARNED

Shared Knowledge

Partnership

& Service

Delivery

- Collaboration, communication, and trust among 5 partners
- Created HIPAA compliant shared EHR system to share data
- National, state and local presentations about military families
- Improved referral process in DV and 2 Collaborative
- Leveraged resources/partners to provide wraparound services
- Trained agencies to identify military families in their caseloads
- Data dashboard measured quality and effectiveness of services to identify which services achieved the best family outcomes

Peer Component

- Broke down barriers, creating opportunities for collaboration
- **Drivers** for effective partnership with local/federal agencies
- Bridged gaps and unmet needs among non-veteran agencies

At this
program I like
to play with my
counselor,
painting,
playing Jango,
and talking
about how to
make our time
better when
we are mad

At this program I like talking to someone who could help me and give me a better point of view on things



Great time with our counselor every time learning new ways to improve our overall life style and relationships with our children and loved ones

I love everything about this program and it's staff. I may be a better person [My Peer Navigator]
has exceeded my
expectations of help
that I had hoped to
receive at the end of
the program

NEXT STEPS

NEXT STEPS

- Religious Leaders Behavioral Health Training Services and Behavioral Health Services for Military Families to complete final year of services under MHSA Innovation
- Projects will be placed under consideration for alternative funding during the FY 19/20 community planning process which is currently in progress

CONTACT INFORMATION

Innovation Office

Flor Yousefian Tehrani fyousefiantehrani@ochca.com

2035 E. Ball Road, Suite 100-C Anaheim, CA 92806 (714) 517-6100

www.ocmhsa.com