



Panic Buying

- ✓ Panic buying is the act of purchasing unusually large amounts of products in anticipation of a perceived threat to personal health or safety.
- ✓ Filling up a grocery cart may temporarily calm your worries about COVID-19, but there are real world consequences – like a surge in prices and a shortage of essential supplies for people who need them most (think face masks for health care workers).

Prepare Effectively

- ✓ Visit www.AlertOC.com to register for Orange County, CA's mass notification system that keeps residents informed of emergencies that may require immediate, life-saving actions.
- ✓ Stop by www.ReadyOC.org to learn how to prepare a kit for natural disasters that are more likely to impact your day-to-day life in OC, like wildfires, flash floods, and landslides.
- ✓ Stay tuned to trusted health authorities and follow their guidance. Our Health Referral Line is here to answer your questions about COVID-19 at 1 (800) 564-8448.