

## Orange County Breastfeeding Resources

Provider Name/Contact Information	Services				Multicultural Education Materials	Electric Pumps Rent/Loan	*Credentials CLE, CLC, IBCLC	Breastfeeding Helpline	Additional Languages
	Prenatal	Postpartum	1:1 Counseling	Peer Counseling					
Orange County Health Care Agency Public Health Community Nursing/Lactation Clinic 714-834-8363 <a href="http://www.ochealthinfo.com">www.ochealthinfo.com</a>	X	X	X		X	X	CLE/CLC/ IBCLC	714-834-8363 English/Spanish 714-896-7375 Vietnamese	Spanish/Vietnamese/ Mandarin Chinese/Tagalog
Le Leche League 877-laleche/877-452-5324 <a href="http://www.llli.org">www.llli.org</a>	X	X	X	X	X			9 a.m. – 8 p.m. 714-965-1182	Online: Spanish/ Chinese/Italian/ Russian
Orange County Breastfeeding Coalition 714-203-5334 <a href="http://www.ocbreastfeedingcoalition.org">www.ocbreastfeedingcoalition.org</a> <a href="mailto:www.ocbreastfeeding@yahoo.com">www.ocbreastfeeding@yahoo.com</a>					X		CLE/IBCLC	Message: 714-869-1402	
AltaMed 888-499-9303	X	X	X	X	X		CLE/IBCLC	24-hour nurse's line: 877-861-6718	Spanish/Urdu/ Farsi/Vietnamese/ Tagalog/Korean/Chinese
Oak View Family & Community Center 714-842-4002 <a href="http://factoc.org/family-resource-centers">http://factoc.org/family-resource-centers</a>								Send them to Children's Bureau	
Nhan Hoa Comprehensive Healthcare Clinic 714-898-8888 <a href="http://www.nhanhoa.org">www.nhanhoa.org</a>	X	X			X				Vietnamese



## Orange County Breastfeeding Resources

City/Area	Provider Name/Contact Information	Services				Multicultural Education Materials	Electric Pumps Rent/Loan	*Credentials CLE, CLC, IBCLC	Breastfeeding Helpline	Additional Languages
		Prenatal	Postpartum	1:1 Counseling	Peer Counseling					
<b>Community-Based Breastfeeding Resources</b>										
Countywide	MOMS Orange County 714-972-2610 800-787-5858 <a href="http://www.momsorangecounty.org">www.momsorangecounty.org</a>	X	X	X	X	X		CLE	English/Spanish: 714-972-2610 Vietnamese: 714-352-3439	Spanish, Vietnamese
South County	South Orange County Family Resource Center 949-364-0500 <a href="http://www.socfr.org">www.socfr.org</a>							CLC		Spanish
West Orange County	La Leche League West OC <a href="https://sites.google.com/site/lalecheleaguewestoc/home">https://sites.google.com/site/lalecheleaguewestoc/home</a> Jan Hann 714-962-0795 Susan Aldana 562-301-4681 Hoda Shawky 310-384-3785 Melissa Byrd 949-246-9794	X	X	X	X	X		IBCLC, CLECs		Spanish, Arabic
Southern CA	So-Cal Baby Wearers <a href="http://www.facebook.com/groups/Socal">http://www.facebook.com/groups/Socal</a> Laura Brown/Adriana S. Baez									
Northern CA	San Jose Mother's Milk Bank Phone: (408) 998-4550 Toll-free (877) 375-6645 <a href="http://www.mothersmilk.org">www.mothersmilk.org</a>			X		X	X	CLE		Spanish



# Orange County Breastfeeding Resources

City/Area	Provider Name/Contact Information	Services				Multicultural Education Materials	Electric Pumps Rent/Loan	*Credentials CLE, CLC, IBCLC	Breastfeeding Helpline	Additional Languages
		Prenatal	Postpartum	1:1 Counseling	Peer Counseling					
<b>WIC Program-Based Breastfeeding Resources</b>										
North and Central County	County of Orange Health Care Agency WIC Program 714-834-8363 (BF Line) <a href="http://www.ochealthinfo.com/gov/health/phs/about/family/nutrition/wic">www.ochealthinfo.com/gov/health/phs/about/family/nutrition/wic</a>	X	X	X		X	For WIC PPT	CLE, IBCLC	714-834-8363 English/Spanish 714-896-7375 Vietnamese	Spanish/ Vietnamese/ Mandarin/Chinese /Tagalog
South County	Camino Health Center WIC Program 949-488-7688 <a href="http://www.caminohealthcenter.org/wic/">www.caminohealthcenter.org/wic/</a>	X	X	X		X	For WIC PPT	CLE	949-364-0500 Prenatal Classes: 714-972-2610	Spanish
Central County	Planned Parenthood WIC Program 714-973-2411 (English/Spanish) 714-894-1271 (English/Vietnamese) <a href="http://www.getwic.org">www.getwic.org</a>	X	X	X		X	For WIC PPT	CLE, IBCLC	866-482-9573	Spanish/Vietnamese/Tagalog/Farsi
North and Central County	Public Health Foundation Enterprises WIC Program 888-942-2229 <a href="http://www.phfewic.org">www.phfewic.org</a>	X	X	X	X	X	For WIC PPT	CLE, IBCLC	888-278-6455	Spanish/Vietnamese/Korean



# Orange County Breastfeeding Resources

City	Provider Name/Contact Information	Services				Multicultural Education Materials	Electric Pumps Rent/Loan	*Credentials CLE, CLC, IBCLC	Breastfeeding Helpline	Additional Languages
		Prenatal	Postpartum	1:1 Counseling	Peer Counseling					
<b>Hospital-Based Breastfeeding Resources</b>										
Anaheim	Anaheim Regional Medical Center 714-774-1450 Class enrollment 844.856.1503 <a href="http://www.anaheimregionalmc.com">www.anaheimregionalmc.com</a>	X	X	X		X		CLE	24 Hour Nurse Advice Line: 714-999-3884	Spanish Translator Line Available
Anaheim	Kaiser Permanente Hospital 714-644-5694 <a href="http://www.kaiserpermanente.org">www.kaiserpermanente.org</a>	X	X	X		X	X	IBCLC	English 714-644-5604 See 1-1 M-F by appt	Spanish
Fountain Valley	Fountain Valley Regional Hospital 714-966-7200 <a href="http://www.fountainvalleyhospital.com">www.fountainvalleyhospital.com</a>	X	X			X		CLE, IBCLC	Lactation Nurse: 714-966-8151 <b>OB</b> 714-966-8073- <b>BF</b> <b>Helpline</b>	Spanish/Vietnamese/Chinese
Fountain Valley	Fountain Valley Regional Hospital New Mother Support Group 1190 Warner Ave, Suite 214B Fountain Valley, CA 92706								Meets every Friday from 1:00pm – 3:00pm (except for 5/15/20)	To register for the event: <a href="http://www.fountainvalleyhospital.com/events">www.fountainvalleyhospital.com/events</a>
Fountain Valley	Orange Coast Memorial Medical Center 714-378-7612 <a href="http://www.memorialcare.org/orange_coast">www.memorialcare.org/orange_coast</a>	X	X			X		IBCLC, CLE	714-378-7612	Spanish/Chinese/Vietnamese
Fullerton	St. Jude Medical Center 714-626-8528 <a href="http://www.stjudemedicalcenter.org">www.stjudemedicalcenter.org</a>	X	X	X		X		CLE, IBCLC	714-626-8528 Private Lactation Consultations: 714-446-5622	



## Orange County Breastfeeding Resources

City	Provider Name/Contact Information	Services				Multicultural Education Materials	Electric Pumps Rent/Loan	*Credentials CLE, CLC, IBCLC	Breastfeeding Helpline	Additional Languages
		Prenatal	Postpartum	1:1 Counseling	Peer Counseling					
<b>Hospital-Based Breastfeeding Resources</b>										
Garden Grove	Garden Grove Hospital Class enrollment 714-537-5160 <a href="http://www.gardengrovehospital.com">www.gardengrovehospital.com</a>		X	X		X	X	IBCLC, CLE		Spanish
Irvine	Kaiser Permanente Hospital 949-932-5892 <a href="http://www.kaiserpermanente.org">www.kaiserpermanente.org</a>	X	X	X		X	X	CLE, IBCLC	949-932-5892	Spanish/Vietnamese/Farsi/Others
Laguna Hills	Saddleback Memorial Medical Center Class enrollment 949-452-7255 <a href="http://www.memorialcare.org/saddleback">www.memorialcare.org/saddleback</a>  Mom's Support Group (949) 452-7255 –call for dates & times <a href="http://www.ocmommies.com/page/support-groups-local">http://www.ocmommies.com/page/support-groups-local</a>	X	X	X		X		IBCLC, CLC	949-452-7377 Outpatient M-F by appt	
Mission Viejo	Mission Hospital Class enrollment 877-459-3627 <a href="http://www.mission4health.com">www.mission4health.com</a>	X	X	X		X	X	IBCLC	949-365-2229 opt 3	Spanish
Newport Beach	Hoag Hospital Class enrollment 949-764-5940 <a href="http://www.hoaghospital.org">www.hoaghospital.org</a>	X	X	X		X	X	IBCLC	949-764-2229 9 a.m. – 5 p.m. M-F	Spanish, Chinese



# Orange County Breastfeeding Resources

City	Provider Name/Contact Information	Services				Multicultural Education Materials	Electric Pumps Rent/Loan	*Credentials CLE, CLC, IBCLC	Breastfeeding Helpline	Additional Languages
		Prenatal	Postpartum	1:1 Counseling	Peer Counseling					
<b>Hospital-Based Breastfeeding Resources</b>										
Orange	Children's Hospital of Orange County 714-997-3000 <a href="http://www.choc.org/community">www.choc.org/community</a>			X		X	X	CLE, IBCLC		Spanish
Orange	St. Joseph Hospital Class enrollment 714-744-8764 <a href="http://www.sjo.org/maternity">www.sjo.org/maternity</a>	X	X	X		X	X	CLE, IBCLC		Spanish
Orange	UCI Medical Center Class enrollment 877-824-3627 <a href="http://www.ucirvinehealth.org">www.ucirvinehealth.org</a>	X	X	X		X		IBCLC	714-456-3920	Spanish/Vietnamese
Santa Ana	OC Global Medical Center (part of California Medical Center) 714-953-3500 <a href="http://www.orangecounty-gmc.com">www.orangecounty-gmc.com</a>					X		CLE		Spanish
Santa Ana	South Coast Global Medical Center (part of California Medical Center) Class enrollment 714-754-5579 <a href="http://www.southcoast-gmc.com">www.southcoast-gmc.com</a>	X	X			X		CLE		Spanish/Chinese

**Compiled By:** County of Orange Health Care Agency, Public Health Services; Orange County Breastfeeding Coalition; Orange County WIC Programs. **Disclaimer:** The workgroup developed the list to help identify breastfeeding resources in Orange County. The workgroup does not endorse the programs listed or verify that the information provided by the programs is accurate. Providers using the list accept full responsibility from the use of this list. Users should contact the provider for additional information. **Last Updated: March 2019** CLE: Certified Lactation Educator; CLC: Certified Lactation Consultant; IBCLC: Internationally Board Certified Lactation Consultant



# Orange County Breastfeeding Resources

## Online Resources

### General Breastfeeding Information

<https://wicbreastfeeding.fns.usda.gov/>

<https://www.cdc.gov/breastfeeding/index.htm>

<https://www.womenshealth.gov/breastfeeding>

### Breastfeeding & Medications

<https://www.infantrisk.com/>

<https://mothertobaby.org/>

### Lactation Accommodation

<https://www.cdph.ca.gov/Programs/CFH/DMCAH/Breastfeeding/Pages/Lactation-Accommodation.aspx>

### Data & Reports

<https://www.cdph.ca.gov/Programs/CFH/DMCAH/Breastfeeding/Pages/Data.aspx>

### Advocacy

<http://californiabreastfeeding.org/>

