CAT-Centralized Assessment Team . . . . . . . . . . . . . . . . . . . . . . (866) 830-6011
• For assessment and evaluation of individuals experiencing psychiatric emergencies including threats to harm self, others, or gravely disabled.

24 Hour Suicide Prevention Line . . . . . . . . . . . . (877) 7 CRISIS / (877) 727-4747
• Provides 24-hour, immediate, confidential over-the-phone suicide prevention services to anyone who is in crisis or experiencing suicidal thoughts.

NAMI WarmLine . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . (877) 910 WARM / (877) 910-9276
• Provides telephone-based, non-crisis support for anyone struggling with mental health and/or substance abuse issues.