

Orange County Perinatal Council Meeting Highlights

December 6, 2018

In Attendance:

Arisa Palmer, Breastfeed LA	Genesis Medina, OCHCA CPSP
Jackie Tran, BRIDGES Maternal Child Health Network	Tamarra Jones, OCHCA Family Health
Ann Mino, CalOptima	Dr. David Nunez, OCHCA Family Health
Hoda Shawky, Children and Families Commission	Maridet Ibanez, OCHCA Nutrition Services
Dr. Christine Bixby, Neonatology, CHOC	Jenna Sarin, OCHCA Public Health Nursing
Lucy Van Otterloo, Community Perinatal Network	Liza Scammahorn, OCHCA WIC
Mashariki Kudumu, March of Dimes	Sara Brown, UCI
Janira Perez, MOMS Orange County	Leslie Copeland, UCSD
Ronilyn Ricaforte, OCHCA CPSP	Dr. G. Laura Bhatnagar, Women to Women Medical Center

Welcome and Introductions:

Tamarra Jones welcomed all in attendance and on the phone. Introductions were conducted.

Updates and Announcements:

- WIC: WIC was awarded additional funding for obesity prevention. The focus of the funding is lactation accommodation.
- CalOptima: Bright Steps had a soft launch September 1, 2018. Services align with the Comprehensive Perinatal Services Program (CPSP). A training is scheduled April 4, 2019 to increase the number of CPSP certified providers. More information will be distributed to OCPC members. Jena Sarin inquired about referrals to home visiting programs: Currently CalOptima is referring appropriate clients to OCHCA. A matrix of programs and providers has been developed and will be distributed to OCPC members.
- Lactation Course: Arissa Palmer shared that courses are scheduled through June. Courses can be conducted in Orange County. The following was provided after the meeting:
 - Scope of practice for the 45 hour course is available at: <https://breastfeedla.box.com/s/7pcy7olrseykumd35hsbt7il35yl2rvp>
 - Program description of the course is available at: <https://breastfeedla.box.com/s/muc5j5j10cc9cinio2hxlkx7yc6prbgk>
 - To register for courses at www.breastfeedla.org/events
 - To arrange courses in Orange County, email: info@breastfeedla.org
- Breastfeeding Grant: Funding opportunity was recently released to fund community clinics to support breastfeeding. Funding available is approximately \$20,000.
- Children and Families Commission: Hoda Shawky introduced herself and shared that she looks forward to opportunities for collaboration.
- Prenatal Care Guidelines Review: OCPC members were asked to participate in review of the guidelines. Guideline length to be shared upon draft completion. More information to follow.

Collaborative/Committee Updates:

- Safe Sleep: Dr. Nunez shared a draft of the revised Safe Sleep brochure. Additional changes are pending and members are welcome to provide suggestions for changes to Maya Thona: MThona@ochca.com. Dr. Nunez provided an overview of SUID cases in Orange County. The following was shared:
 - There is one sleep-related infant death about every two months. This has been stable for 10 years.

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- These deaths are all associated with unsafe sleep environment, so are potentially preventable.
- CDPH continues efforts to develop statewide program guidance on recommend safe infant sleep messaging. Multiple stakeholders are providing review and feedback.
- Orange County Breastfeeding Coalition (OCBF): Dr. Bixby shared that the September OCBF conference was very successful and thanked collaborators. OCBF is also working on a letter to Disney regarding breastfeeding accommodation recommendations. OCBF is working to expand collaboration and looking at options for electronic meetings.
- Orange County Parent Wellness Program (OCPWP): Maya Thona shared that effective December 1, 2018, providers are able to bill Medi-Cal for mental health screening. Clarification regarding the ability to bill as an additional service or part of capitation under CalOptima is needed. Mental health screening can be conducted during well child, prenatal, and postpartum visits. The Child Health and Disability Prevention (CHDP) website (http://www.ochealthinfo.com/phs/about/family/chdp/health_ed_forms) includes tools for conducting screening. Perinatal Mood and Anxiety Disorder (PMAD) tools are being reviewed for updates. All providers can refer clients to OCPWP. OCPWP serves expectant and new parents who are experiencing mild to moderate symptoms of anxiety and/or depression which are attributable to either the current pregnancy or recent birth of their child. Services are at no cost and are offered to individuals with and without insurance. For more information members can contact Skarlet Bui at SBui@ochca.com.
- WIC: Maridet Ibanez shared that a letter will be distributed to increase WIC referrals. She also shared that WIC is not under Public Charge and requested that members share this information with partners to address concerns clients/potential clients have regarding Public Charge. Dr. Bhatnagar inquired about WIC eligibility screening. WIC income eligibility is under 185% Federal Poverty Level (FPL). There is a process for utilizing one's Medi-Cal card to determine eligibility. WIC staff will schedule a visit to provider more information to staff. Orange County will begin implementation of an electronic benefits card, replacing paper WIC certificates. A lactation accommodation training is available upon request. In addition, WIC is currently conducting an internal breastfeeding practices survey.

Community Health Improvement Plan (CHIP) 2017-2019: Dr. Nunez provided the following updates:

- Work to begin on the new CHIP in January.
- There may be a transition in focus from breastfeeding and early prenatal care, pending data findings and group determinations. Possible new topics for consideration include chronic conditions and substance use. However, there will continue to be efforts to promote the Baby Behaviors book. The breastfeeding resource guide will also be updated.
- State birth file data will be analyzed to determine priorities. Early prenatal care statistics are available in the Conditions of Children report.

The group discussed the following:

- Issues related to the decrease in baby friendly hospitals.
- The need to increase information regarding the recommendation for vitamin D supplements for baby's that are exclusively breastfed.

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24th Annual Conditions of Children in Orange County: Jackie Tran distributed copies of the report. The report is also available on line at:

<http://www.ochealthinfo.com/civicax/filebank/blobdload.aspx?BlobID=80557>.

Title V Needs Assessment: Dr. Nunez announced that work on the needs assessment will begin in January.

Early Childhood Policy Framework: Dr. Nunez distributed a handout on the framework. More information will be shared to identify was members can collaborate and support the framework strategies. The framework may be viewed online at:

<http://occhildcarecouncil.org/Agendas/Early%20Childhood%20Policy%20Framework.pdf>

Next Meetings: Tamarra shared that a doddle poll will be sent out to schedule the OCPC meetings for 2019.