



COUNTY OF ORANGE
HEALTH CARE AGENCY
BEHAVIORAL HEALTH
ADVISORY BOARD

MICHAELL ROSE, DrPH, LCSW
MHB CHAIR

FREDERICK WILLIAMS, LMFT
ADAB CHAIR

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**Mental Health and Substance Use Disorder
System of Care Meetings
NOTES**

Wednesday, August 11, 2021

9:00 a.m. – 10:45 a.m.

Teleconference meeting via Zoom

By Computer: <https://zoom.us/j/819682651>

By Phone: +1 301 715 8592

Meeting ID: 819-682-651

Members Present: Matthew Holzmann, Mara James, Steve McNally, Kristen Pankratz, Michael Rose, Nita Tewari, Duan Tran, Frederick Williams

Members Absent: Lauren Deperine, Karyl Dupee, Supervisor Katrina Foley, Courtney Smith, Jim Taylor

I. Welcome & Introduction: Michael Rose

- Meeting began at 9:04 a.m. Members of the BHAB introduced themselves via roll call.

II. Public Comment

- N/A

III. SUDSOC and MHSOC Breakout Sessions

Substance Use Disorder System of Care (SUDSOC)

Mental Health System of Care (MHSOC)

- **SUDSOC Breakout session:**

The committee members discussed and jointly worked on the draft SUD Overdose prevention letter. Some of the points they decided to include in the letter were the following. Focus on adding more education and prevention as well as including information on the use of Naloxone for members in the community. Ian Kemmer stated that 83% of all Naloxone that that HCA received was distributed to the clinics to distribute to their clients. Kim Branch suggested it would be a good idea to have the Colleges play a role in the distribution of Naloxone and educating the youth, possibly provide a presentation on education of Naloxone and how to use it. Nita Tewari stated that she has been working with Supervisory Foley's office and would like to the Sheriff to come to one of the next BHAB meetings to provide a presentation on education of SUD prevention efforts and

possibly also plan a town hall and/ or education forums in the community. Member of the public shared the justice committee is concerned with the lack of Narcan in the youth SUD programs/ homes. Member Steve McNally requested to get a copy of the grant that provides the County with Naloxone, as well obtaining a response update from the Board of Supervisors on the Opioid Report from 2018. In addition, he expressed interest in having the County provide fentanyl test strips. April Thornton suggested clients should be receiving Narcan and a fentanyl test strip upon discharge from programs. Brett Obrien suggested to focus on the education component as well as advertise via media campaigns. Matt addressed the main bullet points of the letter which would be 1) Narcan distribution and funding for more supply 2) Education 3) Fentanyl test strips.

- **MHSOC Breakout Session:**

Dr. Rose opened the discussion for member updates. Dr. Rao updated the members on the Each Mind Matters Tool Kit and will be emailed to the board members. Kristen Pankratz and Mara James shared about children's mental health and expressed the need for a mental health awareness events focusing on children and advertising of these types of events on newspapers and on a larger scale. Dr. Rao shared there is a Steering Committee for children through grade 12, compromised of school district leadership. This committee has quarterly meetings and they collaborate with the Department of Education, they work together on the agendas, events, and needs and gaps. Duan Tran shared that he is currently collaborating with Anaheim School District to do weekend workshops to address mental health and as well as address suicide rates amongst Asian American populations. (pre pandemic). The group shared of various avenues to spread the word about some of these events, meetings and efforts. In addition, Dr. Rose shared about the Be Well's Suicide Prevention Conference taking place on October 14-16, with a walk taking place on the 16th. CSPI framework of priorities: youth, men, medical professionals, and older adults.

IV. Feedback from Breakout Sessions:

- The members returned to the main session and shared some of the items and topics that each committee discussed during their breakout sessions.

V. System of Cares Shared Items:

Public Comment (s) Received:

- Member of the public questioned when and how the County utilization of CA State Senate Bill 855 will be implemented and utilized in Orange County.
- Linda Molina advised the group on the Bill, she stated that this primarily affects CalOptima as the County services go through CalOptima. We as the mental health plan are the carve out for specialty mental health folks and provide a broad and full continuum of lesser intervention more intensive and long-term acute services. The hope is that it would have an encouraging factor for the health plans contracted under CalOptima to establish rates and benefits for example, the services provided at the Be Well Campus under contract through our system.

VI. Announcement:

- The Purpose of Recovery is putting on a recovery event on September 25th, 9:00am – 4:00 pm.
- Free Suicide Prevention Summit by PESI, Flyer will be sent out via email.
- The MHOAC Flying Family leadership committee is focusing on SB 803 which is a Peer Certification that was been submitted to the federal government for approval in January. There is a follow-up meeting to address the peer certification. Steve McNally requested to follow up if Orange County will be opting in or out of this process.
- Client and Family Leadership Committee Meeting on August 19, 2021, 1:00 pm.

VII. Adjournment

- Meeting ended at 10:42 a.m.