



# County of Orange Behavioral Health Advisory Board

405 W. 5th Street  
Santa Ana, CA 92701  
TEL: (714) 834-5481  
MHB Website:

<http://ochealthinfo.com/bhs/about/mhb>

**Wednesday, August 25, 2021  
9:00 a.m. – 10:45 a.m.**

Meeting Location:  
Zoom Teleconference Meeting

## MINUTES

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### BOARD OF SUPERVISORS

**Andrew Do, Chairman**  
First District

**Doug Chaffee, Vice Chairman**  
Fourth District

**Katrina Foley**  
Second District

**Donald P. Wagner**  
Third District

**Lisa Bartlett**  
Fifth District

### BHAB MEMBERS

Matthew Holzmann

Supervisor Katrina Foley  
Second District

Lauren Deperine

Karyl Dupee, LMFT

Stephen McNally

Kristen Pankratz, MSW

Michael Rose, DrPH, LCSW

Courtney Smith

Jim Taylor

Nita Tewari, PhD

Duan Tran, MSW

Frederick Williams, LMFT

**Members Present:** Karyl Dupee, Supervisor Katrina Foley, Mara James, Stephen McNally, Kristen Pankratz, Michael Rose, Courtney Smith, Jim Taylor, Duan Tran, Frederick Williams

**Members Absent:** Lauren Deperine, Matthew Holzmann, Nita Tewari

Call to Order at 9:05 a.m. by Michael Rose

### Welcome and Introductions

- Pledge of Allegiance
- Each member introduced themselves via roll call.

### Approval of Minutes – Action Item

- July 28, 2021
  - Jim Taylor made a motion to approve the minutes from the July 28, 2021 meeting and Duan Tran seconded the motion with no corrections. Stephen McNally abstained from voting. The minutes were approved for the record. Yes 9 /0 No and 1 abstention.

### Public Comment

Jim Farrell:

Mr. Farrell expressed concern on having two separate System of Care Reports, one for Substance Use Disorders and another for Mental Health. He noted that both Systems of Care should be analyzed and looked at together as a whole system in order to focus on co-occurring disorder. He also noted that there should be outcomes to assess how co-occurring providers and programs are performing.

### MHB / ADAB Member Update – Stephen McNally

Steve McNally is a family member who advocates for other families who are dealing with mental illness. He shared his contact information in case anyone is need of resources. He shared about his believes and expressing your “why” as well as other philosophies that help families in finding the road to recovery. In addition, he shared his two beliefs in recovery, a support system such as utilizing OC Links as an avenue for resources and secondly using Orange County Network of Care as a resource to search for resources.



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## HEALTH CARE AGENCY

Jeff Nagel, Ph.D.,  
Deputy Agency Director  
Behavioral Health Services

Annette Mugrditchian, LCSW  
Director of Operations  
Behavioral Health Services

Karla Perez  
Staff Specialist  
Behavioral Health Services

### Behavioral Health Services (BHS) Director's Report – Annette Mugrditchian

Annette Mugrditchian took questions in reference to the Behavioral Health Services (BHS) update memo that was sent out to the board via email. She highlighted a few additional items, including Phoenix House has began operating its clinical withdraw management 3.2 at the Santa Ana location. The Crisis Intervention Training (CIT) committee has been gaining momentum and starting sub-groups in trying to obtain input in the crisis system of care. Furthermore, BHS provided a presentation on the Chorus Platform, and currently the bed board program has been implemented. There is a new permanent supportive housing through Mental Health Services Act (MHSA), Buena Esperanza in Anaheim and it is also the first hotel transversion. Lastly, BHS has a new Office of Suicide Prevention and new division manager of the unit is Dr. Bhuvana Rao. Dr. Rao shared some of the areas covered under this new office. Mental health education in the community will be focused on in this office, which will include the suicide focus programs and any related groups and events. In addition, the office will be involved in the promotion of mental health via the Angels baseball team, all TAY programs, firearm safety and suicide prevention work within the community including a conference. A proclamation for Suicide prevention week is to be signed by the Board of Supervisors (BOS) and will be shared between HCA and the BHAB.

### Old Business: Action Item

- <http://www.ochealthinfo.com/bhs/about/pi/mhsa/updates>
- **Overdose Prevention Letter-** Fred reported the Ad hoc committee is working on the draft overdose prevention letter and making good progress, but it is not yet completed. More input is needed from other stakeholders on areas of prevention, treatment, and recovery support. They have gotten sufficient input from harm reduction stakeholders but will need to meet a few more times to have the letter ready to take to the BOS and BHS Director. Stephen McNally stated that he had sent a letter to Karla Perez for review just before the meeting today that included additional information. Dr. Rose thanked Ian Kemmer and April Thornton from BHS, who have been helping in providing information during the ad hoc meetings.

### New Business:

- Steve McNally commented on the importance of focusing on the additional funding that will be coming to counties from the State and focusing on the homeless and housing, as well as health and human services, education. He highlighted this is not the purview of the BHAB but would like to encourage focus in some of these areas.

### Committee Reports:

- Mental Health System of Care: Dr. Rose shared about encouraged a proclamation for Suicide Prevention Month and for Recovery Month. Dr. Rao shared BHS is working on this proclamation. Dr Rao provided information about the new office and their efforts with participation in focus groups to obtain community feedback on messaging, as well as other events that will take place in the community.
- Older Adults: Karyl stated the group continues to work on a co-occurring disorder proposal, to include neurocognitive and mental health.



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### **Committee Reports:** *Continued*

- Finance and Resource: Steve McNally reported they received needed information on funding and will be able to provide some information hopefully in September.
- CALBHB/C: Steve McNally reported their next meeting is in October 2021 and shared their website has plenty virtual trainings available for members.

### **Presentation**

#### ***Overview of SUD Services in Orange County***

By: April Thornton, LMFT, Program Manager II

Glenda Aguilar, LMFT, Program Manager II

BHS, Adult and Older Adult Behavioral Health

April Thornton and Glenda Aguilar provided a comprehensive update and overview of the Substance Use Disorder (SUD) services available in Orange County, County and County contracted. This included the entire process from assessment services, movement within the continuum of care and the types of treatment available. They described the differing levels of care for both inpatient and outpatient treatment. They included data on residential to outpatient stepdown rates, a CalOMS dashboard report on living conditions and drug usage and a comparison of pre and post Drug Medi-Cal numbers. They also reported on additional services available such as Peer Mentoring, the In-custody SUD Treatment program, the Naloxone Distribution Project, Hazelden Betty Ford Foundation training and a pilot program for MAT at the Santa Ana County Clinic.

### **Adjournment**

- 10:52 a.m.

**Officially submitted by: Karla Perez**

*\*\*Note: Copies of all writings pertaining to items in these MHB minutes are available for public review in the Behavioral Health Services Advisory Board Office, 405 W. 5<sup>th</sup> Street, Santa Ana, CA 92701, 714.834.5481 or Email: OCMentalHealthBoard@ochca.com \*\**