



Stay Up to Date on Boosters and Additional Doses!

The CDC has updated its guidance on COVID-19 booster shots and additional doses for people who are moderately to severely immunocompromised, including recommendations for people who received the Johnson & Johnson (Janssen) vaccine as well as updated time intervals between doses.

The OC Health Care Agency has an updated infographic to help you understand all of the information about boosters and additional doses. Click [here](#) to view and download the information.

OC health CARE AGENCY

For more information about the booster vaccine, use the QR code below:

For more information about the additional dose for immunocompromised individuals, use the QR code below:

For more information on where to find a COVID-19 vaccine, visit COVIDVaccineFacts.com or click the QR code:

BOOSTERS and ADDITIONAL DOSES

BOOSTER SHOT

Everyone ages 12 years and older should get a COVID-19 booster shot. Over time, the immunity from your initial COVID-19 vaccines can decrease a little. The booster shot helps to "boost" your immune response to restore and enhance protection against COVID-19. Eligible individuals may choose the vaccine type that they originally received or choose a different booster. CDC's recommendations now allow for this type of mix and match dosing for booster shots; however, the Pfizer or Moderna vaccines are preferred in most situations.

Pfizer and Moderna

COVID-19 vaccine booster shots are recommended for vaccine recipients who completed their initial series at least 5 months ago and who are at least 12 years or older. (Individuals ages 12-17 years should receive a Pfizer booster dose at least 5 months after completing their initial series.)

Johnson & Johnson (Janssen)

Individuals who received a Johnson & Johnson (Janssen) vaccine at least 2 months ago should receive a booster.

ADDITIONAL DOSE for immunocompromised

People who have moderately to severely compromised immune systems may not mount an adequate immune response to vaccines and therefore may not be protected after their primary series. Individuals age 5 years or older with moderately to severely compromised immune systems at the time of vaccination should get an additional dose of COVID-19 vaccine as part of their primary series, followed by a booster shot (for age 12 years and older only) after the recommended time interval. Use of mRNA vaccines (Pfizer or Moderna) is preferred.

Pfizer and Moderna (4 total doses: 3-dose primary series, then booster)

The same product should be used for all doses of the primary series.

Johnson & Johnson (Janssen) (3 total doses: 2-dose primary series, then booster)

*Any COVID-19 vaccine can be used for the booster dose in people ages 18 years and older, though mRNA vaccines are preferred. For people ages 12-17 years, only Pfizer can be used. People ages 5-11 years should not receive a booster dose. If Moderna used for booster, dose is 50 mcg (0.25 ml)
**Use Pfizer or Moderna. If Moderna used for additional dose, dose is 100 mcg (0.5 ml)

as of 2/1/22

OC Health Care Agency Hosts New Show

Come join us on Tuesday, February 22, at 6 p.m. as we kick off our brand new show, "Your Health Matters OC"! The show will feature regular guests – health care professionals within the OC Health Care Agency and in the community - to discuss various health topics that impact the Orange County community. You're invited to email your questions to us in advance and during the show at yourhealthmatters@ochca.com.

You can view our show live on YouTube by clicking [here](#).



Tuesday, February 22 | 6 p.m.



California Updates Masking Guidance

Effective February 16, universal masking will only be required in certain settings. Unvaccinated persons will be required to continue masking in all indoor public settings, while fully vaccinated individuals are recommended to continue indoor masking.

As part of the State's updated masking guidance, masks will continue to be required for all individuals in the following indoor settings, regardless of vaccination status:

- On public transit (examples: airplanes, ships, ferries, trains, subways, buses, taxis, and ride-shares) and in transportation hubs (examples: airport, bus terminal, marina, train station, seaport or other port, subway station, or any other area that provides transportation)
- Emergency shelters and cooling and heating centers

- Healthcare settings
- State and local correctional facilities and detention centers
- Homeless shelters
- Long term care settings
- Adult and senior care facilities
- Indoors in K-12 schools and childcare settings

Additionally, masks will be required for unvaccinated individuals in indoor public settings and businesses (examples: retail, restaurants, theaters, family entertainment centers, meetings, state and local government offices serving the public).

For full details about the State's updated mask guidance, click [here](#).



February 16, 2022

California's statewide indoor masking requirement has changed for vaccinated individuals.

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