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Michaell Rose, DrPH, LCSW

Courtney Smith

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Nita Tewari, PhD

Duan Tran, MSW

Frederick Williams, LMFT

County of Orange Behavioral Health Advisory Board

405 W. 5th Street Santa Ana, CA 92701 TEL: (714) 834-5481 MHB Website:

http://ochealthinfo.com/bhs/about/mhb

Wednesday, November 24, 2021 9:00 a.m. – 10:45 a.m.

> <u>Meeting Location:</u> Zoom Teleconference Meeting

> > MINUTES

Members Present: Karyl Dupee, Supervisor Katrina Foley, Matthew Holzmann,

Mara James, Stephen McNally, Kristen Pankratz, Jim Taylor, Nita Tewari, Duan Tran, Frederick Williams, Michaell Rose,

Courtney Smith,

Members Absent: Lauren Deperine

Call to Order at 9:09 a.m. by Michaell Rose

Welcome and Introductions

- Pledge of Allegiance
- Each member introduced themselves via roll call.

Approval of Minutes - Action Item

October 27, 2021

Fred Williams asked for a motion in error to approve the minutes from the September 22, 2021, meeting. Matt Holzmann made a motion to approve them and Duan Tan seconded the motion with no corrections. Fred Williams later clarified that the minutes they were approving were from the October 27, 2021, meeting. All were asked to confirm that their motions and votes were to approve the October 27, 2021, meeting minutes. The minutes were approved for the record. Yes -12 / No-0

Public Comment

N/A

- Steve McNally wanted to reconfirm what version of the Bylaws has been or will be posted to the public. Per Dr. Nagel, the bylaws are in draft version for discussion and are not being voted on today. County Counsel reformatted the bylaws onto the new template and reviewed for the proposed changes to the committees.
- Supervisor Foley noted that the agenda was posted for the meeting but not the meeting materials. She requested that the materials should be posted, also.



HEALTH CARE AGENCY

Jeff Nagel, Ph.D., Deputy Agency Director Behavioral Health Services

Annette Mugrditchian, LCSW Director of Operations Behavioral Health Services

Karla Perez Staff Specialist Behavioral Health Services

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Behavioral Health Services (BHS) Director's Report – Jeff Nagel

Dr. Nagel highlighted some Substance Use Disorder (SUD) activities. SUD launched a new media campaign for children and youth about the misuse of opioids and it can be seen at www.lifeisgreaterthandrugs.com. National Takeback Day was conducted in October and almost 4000 pounds of medications were collected and properly disposed of, thereby preventing their misuse. HCA applied for a public health grant to receive Naloxone to distribute to all SUD clients and another public health grant to distribute to mental health clients. He mentioned recent fundraisers including the Extraordinary Light Foundation gala fundraiser and the NAMI walk that was held last Saturday and had a great series of speakers.

A discussion ensued and Matt Holzmann wanted to know what percentage of services are now being offered in person. Per Dr. Nagel, almost all services are available in person, but the option for telehealth remains since some clients prefer and can more easily access telehealth. It is not known exactly what percentage wants to continue telehealth, but it is estimated at around 10-15%.

Fred Williams noted that the media campaign should be promoted in education, and is occurring in the schools already. There was a discussion around Fentanyl testing strips to test substances for Fentanyl. Dr. Nagel noted that it would have to be a Board of Supervisor policy level decision to utilize them, but the strips are on the market now. Matt Holzmann noted that there needs to be an organized plan that transcends agencies for the distribution of these items and for education with guidance from the Board of Supervisors. Per Dr. Nagel, Dr Chau sent a press release on Fentanyl to the Board Offices. Dr. Nagel noted that each client will be given a 2-dose package and can request a replacement. Supervisor Foley suggested that there be testing for the effectiveness of the Life is Greater than Drugs campaign to get student feedback. Dr. Nagel noted that the vendor did youth focus groups to tailor the campaign to youth and that there will be monitoring of feedback, "hits", length of time, etc. on social media. Those results can be presented in the future. Supervisor Foley invited the community to a Town Hall on Fentanyl that she and Sheriff Barnes will be hosting in January and asked if someone could join the panel to present on Naloxone. Dr. Nagel will reach out to her office on this. Steve McNally noted that the letter on Fentanyl and overdoses was sent to the Board of Supervisors, and they have not yet gotten a response. Also, it would be good to know whom to talk to at the state to find out where the Naloxone units went and how were they funded and what community groups were involved in the effort. Dr. Nagel noted that an update can be given in the future on this campaign.



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Old Business: Action Item

- http://www.ochealthinfo.com/bhs/about/pi/mhsa/updates
- BHAB bylaw amendment discussion.

Dr. Nagel recapped the bylaw items that will be discussed and voiced that he wanted to get a draft in front of the Behavioral Health Advisory Board (BHAB) for their review and comment. The three things being done are to bring the bylaws into conformance with the new template issued by the Board of Supervisors in July of 2021. The second is to examine the Executive Committee structure for efficiency within the BHAB. The third action is to look at the Mental Health Services Act (MHSA) committee by direction of Dr. Chau who has established a new Health Improvement Partnership (HIP) structure that will consolidate public health and behavioral health committees into a whole person care focus that is more efficient and more robust. The BHAB will still conduct the public hearing on the MHSA Plan, vote on the plan, comment on the plan, and have their questions responded to by Behavioral Health Services in the plan. The bylaws will also note that equal representation will be included for both mental health and substance use disorders members.

Matt Holzmann noted his concerns that most of the HIP partners are county contractors and not community members. Dr. Nagel responded that like the MHSA Steering Committee, it is mix of community members and providers and that with the HIP structures, the BHAB is welcome and encouraged to participate and the meetings will be public. There should also be an appointment from the BHAB onto the HIP. Karin Kalk noted that they are creating a new planning structure that will include what HIP has done, but it will be broader. The planning for this structure is still in development, but planning will include a workgroup with members from the community as well as from organizations. Steve McNally has concerns and would like to see a history of what has been done regarding the changes in the bylaws and how the changes are good for the community and information on the committee makeup and attendance. Dr. Nagel acknowledged that there are challenges in navigating community input and the new structure will be simpler and facilitate more community involvement.



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Dr. Nagel gave a recap of the bylaw changes as requested by Supervisor Foley. Supervisor Foley also requested a formal staff report and a copy of the redline changes and proposed changes be posted on the website so the public can review and comment. She also feels that the other Board of Supervisor offices don't know about the proposed changes. She noted that the committees and a more integrated approach can be done simultaneously and that the committees don't need to be eliminated. Dr. Nagel responded that the changes are in line with what the state is doing and that discussions are just beginning and there are more steps that need to happen before changes take place.

New Business:

 Elections for Chair and Vice Chair took place after calling for any last-minute nominations. Dr. Nita Tewari gave a recap of the process and of the nominees. Both Fred Williams and Duan Tran agreed that they would be willing to run for Vice Chair, too. Voting took place electronically in breakout rooms. Matt Holzman was elected for BHAB Chair. After two tied votes and after consulting with Dr. Nagel on the bylaws, it was decided that Steve McNally and Duan Tran would be Co-Vice Chairs.

Older Adult Proposal Project Voting

• Karyl Dupee made a motion to send the older adult neurocognitive project proposal letter from the Older Adult Behavioral Health Council to the Board of Supervisors. This motion was seconded by Matt Holzmann. A vote was taken by roll call and passed with 11 board members in support and 2 absent. Dr. Rose and Fred Williams will finalize the letter to send to the Board of Supervisors.

Presentations

 Due to time constraints the below scheduled presentations were not given and will be rescheduled.

Health and Equity
By: Katie Kalvoda
Advance OC



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Integrated Community Engagement and Coordination Structure/Approach for HCA

By: Karin Kalk

Health Care Agency

Adjournment

• The meeting adjourner at 10:57 a.m.

Officially submitted by: Terri Styner

** Note copies of all writings pertaining to items in these MHB meetings are available for public review in the Behavioral Health Services Advisory Board Office, 405 W. 5th St., Santa Ana, CA 92701, 714.834.5481 or Email: OCMentalHealthBoard@ochca.com **