

Orange County Perinatal Council Meeting Highlights

October 14, 2021

In Attendance:

Robyn Baran, OCHCA/CNSD/Nurse-Family Partnership®	Samar McGregor, PHFE WIC
Colleen Brody, OCHCA/17 th St. Testing, Treatment & Care	Ann Mino, CalOptima
Sara Brown, UCI	Natalie Nguyen, OCHCA/CNSD/AFLP/Cal-Learn
Pauline Bui, OCHCA/CNSD/Community Programs	Dr. David Núñez, OCHCA/CNSD
Danielle Burns, CalOptima	Sarah O'Rourke, First 5 of Orange County
Dr. Michele Cheung, OCHCA/CNSD	April Orozco, OCHCA/CNSD
Shamiesha E, Nurse Milk	Arissa Palmer, BreastfeedLA
Ashley English, OCHCA/CNSD/CPSP	Ronilyn Ricaforte, OCHCA/CNSD/CPSP
Lucy Hernandez, OCHCA/CNSD	Luisa Santa, MOMS OC
Maridet Ibanez, OCHCA/WIC	Liza Scammahorn, OCHCA/WIC
Tamarra Jones, OCHCA/Health Promotion and Community Planning	Hoda Shawky, First 5 of Orange County
Mashariki Kudumu, March of Dimes	Rona Tagayun, OCHCA/CNSD/PACT
Do Kyeong Lee, CSUF	Gaby Torres, OCHCA/CNSD/Community Programs
Cathy Martinez, OCHCA/CNSD/Social Services Nursing Programs	

Welcome and Introductions:

Dr. Núñez welcomed all in attendance. Introductions conducted.

Updates and Announcements:

- CNSD: April Orozco is the interim Division Manager for the Community and Nursing Services division, replacing Jennifer Sarin. Community and Nursing Services Division (CNSD) services have resumed via telehealth and will resume in-person at the end of this month. The updated referral form will be placed on the website.
- MOMS OC: Now contracted with St. Joseph and Families Together of Orange County. The on-site team is now available at both places seeing OB patients.
- WIC: On 3/1/21, WIC opened for new enrollments 10/1/21 for existing participants needing re-certification. Fruit and vegetable benefits increased for clients. Working with employers on supporting lactation accommodations for their staff. Hoping to provide furniture and supplies at employer venues so staff can initiate breastfeeding upon return to work and putting lactation policies in place.
- LOHP: Developing bus advertisements promoting access to dental care during pregnancy.
- 17th Street Testing, Treatment and Care: Notable rise of STDs throughout the county particularly with pregnant females with congenital syphilis.
- HCA Covid updates: Presentation provided by Dr. Michele Cheung. Orange County Covid rates decreasing, although we may still see additional surges coming this winter.
- Nurse Family Partnership®: Fully staffed with PHNs serving clients. Program is free for women who are pregnant with their first baby. Services continue until the child is two years of age. There is no age limit for the expectant mother. When enrolled, the first time parent will be connected to a Public Health Nurse who will provide support and information needed to have a healthy pregnancy, a healthy baby and tools to be a great mom.
- PMAD Toolkit updates: Hoda Shawky shared the PMAD brochures and care plans found on pages 35-39 of the OC Perinatal Mental Health Toolkit that was emailed to members on 10/12/21. The toolkit contains local resources, evidence-based tools, and recommendations

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to assist healthcare and service providers in offering education, preventive interventions, screening, referral, and treatment for new and expecting parents. Updates to this toolkit will be made yearly. Brochures at the end of the toolkit are available in multiple languages. Group discussed ways the PMAD toolkit can be tracked and shared with clients, as they utilize QR codes, texting and WhatsApp forum to share information.

- Discussion of past/current OCPC priority activities to continue and identification of new areas of focus: Members suggested interest in exclusive breastfeeding and rates of STIs especially among teen moms in the community.

Next Meetings: Dr. Núñez shared that a doodle poll will likely be sent using 1/13/22 as the starting point to obtain feedback from members on the best date and time to set future meetings.