

Orange County Perinatal Council Meeting Highlights

October 14, 2021

In Attendance:

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| Robyn Baran, OCHCA/CNSD/Nurse-Family Partnership® | Samar McGregor, PHFE WIC |
| Colleen Brody, OCHCA/17 th St. Testing, Treatment & Care | Ann Mino, CalOptima |
| Sara Brown, UCI | Natalie Nguyen, OCHCA/CNSD/AFLP/Cal-Learn |
| Pauline Bui, OCHCA/CNSD/Community Programs | Dr. David Núñez, OCHCA/CNSD |
| Danielle Burns, CalOptima | Sarah O'Rourke, First 5 of Orange County |
| Dr. Michele Cheung, OCHCA/CNSD | April Orozco, OCHCA/CNSD |
| Shamiesha E, Nurse Milk | Arissa Palmer, BreastfeedLA |
| Ashley English, OCHCA/CNSD/CPSP | Ronilyn Ricaforte, OCHCA/CNSD/CPSP |
| Lucy Hernandez, OCHCA/CNSD | Luisa Santa, MOMS OC |
| Maridet Ibanez, OCHCA/WIC | Liza Scammahorn, OCHCA/WIC |
| Tamarra Jones, OCHCA/Health Promotion and Community Planning | Hoda Shawky, First 5 of Orange County |
| Mashariki Kudumu, March of Dimes | Rona Tagayun, OCHCA/CNSD/PACT |
| Do Kyeong Lee, CSUF | Gaby Torres, OCHCA/CNSD/Community Programs |
| Cathy Martinez, OCHCA/CNSD/Social Services Nursing Programs | |

Welcome and Introductions:

Dr. Núñez welcomed all in attendance. Introductions conducted.

Updates and Announcements:

- CNSD: April Orozco is the interim Division Manager for the Community and Nursing Services division, replacing Jennifer Sarin. Community and Nursing Services Division (CNSD) services have resumed via telehealth and will resume in-person at the end of this month. The updated referral form will be placed on the website.
- MOMS OC: Now contracted with St. Joseph and Families Together of Orange County. The on-site team is now available at both places seeing OB patients.
- WIC: On 3/1/21, WIC opened for new enrollments 10/1/21 for existing participants needing re-certification. Fruit and vegetable benefits increased for clients. Working with employers on supporting lactation accommodations for their staff. Hoping to provide furniture and supplies at employer venues so staff can initiate breastfeeding upon return to work and putting lactation policies in place.
- LOHP: Developing bus advertisements promoting access to dental care during pregnancy.
- 17th Street Testing, Treatment and Care: Notable rise of STDs throughout the county particularly with pregnant females with congenital syphilis.
- HCA Covid updates: Presentation provided by Dr. Michele Cheung. Orange County Covid rates decreasing, although we may still see additional surges coming this winter.
- Nurse Family Partnership®: Fully staffed with PHNs serving clients. Program is free for women who are pregnant with their first baby. Services continue until the child is two years of age. There is no age limit for the expectant mother. When enrolled, the first time parent will be connected to a Public Health Nurse who will provide support and information needed to have a healthy pregnancy, a healthy baby and tools to be a great mom.
- PMAD Toolkit updates: Hoda Shawky shared the PMAD brochures and care plans found on pages 35-39 of the OC Perinatal Mental Health Toolkit that was emailed to members on 10/12/21. The toolkit contains local resources, evidence-based tools, and recommendations

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to assist healthcare and service providers in offering education, preventive interventions, screening, referral, and treatment for new and expecting parents. Updates to this toolkit will be made yearly. Brochures at the end of the toolkit are available in multiple languages. Group discussed ways the PMAD toolkit can be tracked and shared with clients, as they utilize QR codes, texting and WhatsApp forum to share information.

- Discussion of past/current OCPC priority activities to continue and identification of new areas of focus: Members suggested interest in exclusive breastfeeding and rates of STIs especially among teen moms in the community.

Next Meetings: Dr. Núñez shared that a doodle poll will likely be sent using 1/13/22 as the starting point to obtain feedback from members on the best date and time to set future meetings.