



**Wednesday
October 5, 2022**

Walk to School Day celebrates walking and is the kickoff to walking and rolling safely all year round.

- Students start the day energized & ready to learn
- Gives students physical activity they need
- Reduces school traffic and parking congestion
- Promotes safe responsible walking behavior

Bring Walk to School Day to Your School!

International Walk to School Day is coming up! **More than ever, it's a great idea for families to be active together.** Get your school ready for this event with a free toolkit. Then, keep the momentum going and promote walking to school all year-round!

We can help you plan your event based on your school district's return to school protocols.

Get ready with a FREE Toolkit:

- ✓ Signs
- ✓ Stickers
- ✓ Wristbands
- ✓ Vinyl Banner (for newly participating schools)



To get your toolkit, contact Maria Minaglia at (714) 834-6770 or mminaglia@ochca.com

Visit www.ochhealthinfo.com/w2s for ideas & inspiration!

Health Promotion and Community Planning

