



COUNTY OF ORANGE
HEALTH CARE AGENCY

**MENTAL HEALTH BOARD/
ALCOHOL AND DRUG
ADVISORY BOARD**

Michael Rose, DrPH,
LCSW, Chair

Frederick Williams,
ADAB Chair

MAILING ADDRESS:
405 W. 5th Street
Santa Ana, CA 92701

Telephone: (714) 834-5481

Annual Retreat Planning Meeting Minutes

Wednesday, January 22, 2020

Hoag Center for Healthy Living
307 Placentia Ave., Suite 109A
Newport Beach, CA 92663
9:00 a.m. – 12 p.m.

ADAB Members Present: Margaret Fleitman, Geoffrey Henderson, Debra Kelsey, Lorraine Martinez, John Merwald, Jane Palmer, Lauren Slivinski, Frederick Williams,

ADAB Members Absent: Stacy Deeble-Reynolds, Johnnie Harris, Stephan Lambert

MHB Members Present: Clayton Chau, Christine Costa, Karyl Dupee, Matthew Holzmann, Mark Levy, Stephen McNally, Kristen Pankratz, Bethsabe Romero Michael Rose, Nita Tewari, Duan Tran

MHB Members Absent: Supervisor Andrew Do, Sandra Finestone, Joy Torres

I. Welcome & Introduction: Michael Rose / Frederick Williams

- Meeting began at 8:56 a.m. Each member and guest introduced themselves and their respective affiliation.

II. Review of Welfare and Institutions Code (WIC): Jeff Nagel

- Dr. Nagel reviewed the WIC and highlighted a few new changes that became effective October of 2019. In addition, all members were provided with handouts of the updated WIC.

III. Bylaw Updates/ BHAB Vision: Jeff Nagel

- Dr. Nagel reviewed in detail the Draft Bylaws that are being proposed for the soon to be established Behavioral Health Advisory Board (BHAB). All members were provided with a copy of the Draft Bylaws. These bylaws will be going before the Board of Supervisors for their approval in the next few months. The goal is to merge the Mental Health Board (MHB) and the Alcohol and Drug Advisory Board (ADAB) to form an integrated board, soon to be called BHAB.

IV. Review of 2019 Accomplishments and Recommendations: Michael Rose / Frederick Williams

- Michael led the discussion to review prior year's accomplishments and recommendations. While some of the board's goals were accomplished, the board would like to plan to do more for this coming year. The board decided to carry over/modify some goals from 2019 into 2020.
- Recommendations Made by the Board Members:
 - Include the Stigma Free Campaign efforts into the Annual Report.
 - Obtain new BHAB logo.

V. 2020 Goals; Strategic Planning for the Year –MHB/ ADAB Chairs

- The following goals and objectives were established for 2019
 - 1) Continue to Increase Interaction with Board of Supervisors (BOS) and other Policy Makers. (Remains the same with added comments below)
 - Ensure all recommendations letter to the BOS are also presented to each district by the district representative.
 - Include all actionable items and work with district's staff.
 - 2) Increase Community Participation in BHAB Meetings: (Remains the same with added comments below)
 - Include community workshops and encourage people to tell their story.
 - Include more evening meetings
 - Incorporate more social media advertising of events.
 - 3) Combine Meeting and Site Tours: (Remains the same with added comments below)
 - Include listening tours: 1-Substance Use Disorder (SUD) / 1- Mental Health
 - Site visits to be determined in a later meeting
 - 4) Increase MHB Knowledge in focus Areas:
 - Focus Areas: Adult, Older Adult Minority Groups, Public Health Models, Co-Occurring, Medication Assisted Treatment (MAT), Correctional Behavioral Health, Opioids, Prevention and Intervention and School's behavioral health.
 - 5) Find Opportunities for Collaboration with Other County Departments: (Remains the same with added comments below)
 - Collaborate with Workforce Education and Training
 - Schools Systems
 - 6) Create MHB Annual Report 2019 /2020

VI. Update Committees, MHB Presentations, Site Visits: (tabled to next Study Committee Meeting)

VII. Business Items:

- Members would like to get business cards once the new board is in place.
- Hold more evening meetings, if possible change all meetings to the evening.
- Member asked for information with regard to Senator Umberg's bill and how it will impact the MHSA plan.

VIII. Public Comment:

- Jim Farrell:
Mr. Farrell expressed concern for the conservatorship process as well as concern for discharging patients from inpatient care who may not be in stable condition at the time of discharge.

IX. Adjournment

- Meeting ended at 12:10 p.m.

