



MHSA INN Community Planning Meeting

May 27, 2020

Goals

- **Learn about the MHSA INN component**
- **Review 2 potential INN project opportunities**
- **Engage in interactive feedback and discussion on targeted questions**
- **Confirm next steps**

Community Engagement - Mentimeter

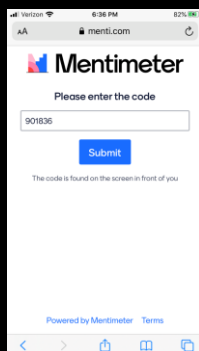
- Mentimeter is an online, interactive platform used to engage the audience
- Questions are embedded throughout this presentation
- To respond to questions, you will need to access a web browser on your smartphone or device
 - This is an optional, voluntary activity
- Responses are tabulated and will be used during this presentation to gather feedback and generate discussion

Community Engagement – Mentimeter Test Question

How familiar are you with the MHSA INN component? www.menti.com
90 18 36

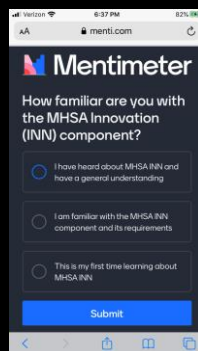
Step 1:

Go to www.menti.com and enter the 6-digit code on the slide (90 18 36)



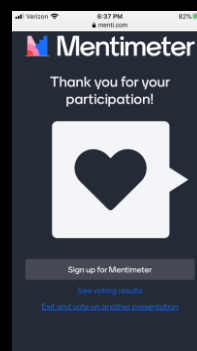
Step 2:

Choose your response and tap "Submit"



Step 3:

Done! Return to this presentation to see the aggregated results





WELLNESS • RECOVERY • RESILIENCE

At-A-Glance

- Includes 5 components:
 - CSS
 - PEI
 - WET
 - INN
 - CFTN

MHSA Innovation Component

MHSA INN Component Description

- Represent 5% of MHSA funds
- Designed to evaluate new or changed practices in behavioral health
- Must be approved by the Mental Health Services Oversight and Accountability Commission (MHSOAC)
- Time-limited for up to 5 years
- Primarily focused on learning
- Intended to transform the behavioral health system



“Innovation is about transforming the system. You are trying to climb and move that mountain at the same time.”

~ Brian Sala, MHSOAC
Deputy Director

Guest Speakers:

Elyn Saks
 Peter Blanck
 Laurie Hallmark
 Christopher Schnieders
 Michael Morris



- Multi-county INN project
- Led by Fresno County
- Includes partnership with:
 - Saks Institute for MH, Law, Policy and Ethics
- Interested counties:
 - Modoc
 - Monterey

Psychiatric Advance Directives and Supported Decision-Making

Psychiatric Advance Directives and Supported Decision-Making

Primary Problem:

- During crisis, people can face challenges in communicating their mental health needs and preferences
- Providers can be resistant to client-driven care planning, particularly during the stress of a mental health crisis
- Conflict in how care is delivered can lead to distrust, frustration and lack of engagement in treatment plan

Psychiatric Advance Directives and Supported Decision-Making

Psychiatric Advance Directive (PAD):

- Legal document that would enable a person to state preferences during a psychiatric crisis
- Reflects personal history, needs, experiences, etc.
- Works in conjunction with an individual's mental health plan

Benefits of a PAD:

- Fosters coordination of care across agencies
- Allows individual's wishes and priorities to inform treatment
- Empowers individuals to participate in their care

Psychiatric Advance Directives and Supported Decision-Making

Supported Decision-Making (SDM):

- Strategy that allows individuals to receive support in their decision making
- Individuals choose who the supporters are, typically a trusted colleague or family member

Benefits of SDM:

- Individuals have control over the types of support they receive and who supports them in the decision-making process

Psychiatric Advance Directives and Supported Decision-Making

Project Description:

- Develop a tool for Advance Directives for Psychiatric Care to be used in California
- Implement tool using supported decision-making model
- Evaluate use of the tool across participating counties
- Explore the use of a database for sharing PADs/SDM

Psychiatric Advance Directives and Supported Decision-Making

Goals:

- Identify barriers and challenges and any legal implications
- Evaluate impact on participants and outcomes
- Understand use across participating counties and different target populations

Target Population:

- Individuals living with serious mental illness who are at risk of needing involuntary care, criminal justice involvement and involuntary hospitalization

Psychiatric Advance Directives and Supported Decision-Making

Potential Target Populations:

- TAY PACT
- HCA Correctional Health Services

Proposed Timeline & Budget:

- 3 Years
- \$950,000





Community Input & Feedback

While all stakeholder groups will be encouraged to participate, which communities do you believe must be sitting at the table to develop the PAD tool?

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93 48 69

Community Input & Feedback

Follow up question:

Which stakeholders were not included in the previous list that you think should be involved?

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11 74 43

Guest Speaker:
Elizabeth Eikey



At-A-Glance

- OC INN project approved by MHSOAC in April 2014
- Goals:
 - Increase access to services
 - Enhance quality of life
- Project was unable to move forward and discontinued
- Opportunity to update and revise the initial proposal

Mobile Phones

Mobile Phones

Project Description:

- Test Life Line phones, focusing on functionality of apps on the device
- Provide access to smartphones (may include linking consumers to Life Line phones) to help unserved and underserved populations access digital behavioral health apps

Target Population:

- Behavioral Health Services consumers living with serious mental illness who do not have access to smartphones

Mobile Phones

Types of questions we'll answer:

Functionality

Does the app work on the phone?

Can you send and receive data using the phone?

How much phone battery does the app use?

User Experience

How easy is it to download and get started with the app?

Can you input information into the app?

Can you receive output from the app (e.g., notifications, charts)?

Mobile Phones

Goals:

- Reduce barriers to accessing mental health services
- Reduce social isolation and increase support networks
- Increase self-reliance and management of mental health treatment
- Evaluate Lifeline phone compatibility with Help@Hand INN Project technologies

Project Timeline and Budget:

- 3 Years
- \$950,000





Mobile Phones Community Engagement

Community Input & Feedback

What are the priority age groups?

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74 83 50

Community Input & Feedback

Should the initial testing:

Focus on functionality of Help@Hand apps on Life Line phones specifically before expanding

or

Do a broad evaluation on characteristics of apps that operate as designed on Life Line phones?

www.menti.com

97 47 45

Next Steps

- **Post an overview of the potential INN projects discussed today for 30-day public comment**
- **Present to Mental Health Board and Board of Supervisors for concept approval**
- **Upon approval, submit and present INN project proposals to MHSOAC for approval**