



COUNTY OF ORANGE
HEALTH CARE AGENCY

MENTAL HEALTH BOARD
& ALCOHOL AND DRUG
ADVISORY BOARD

MICHAELL ROSE, DrPH, LCSW
MHB CHAIR

FREDERICK WILLIAMS, LMFT
ADAB CHAIR

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Study Meeting Notes

Wednesday, April 8, 2020

9:00 a.m. – 10:30 a.m.

Teleconference meeting via Zoom

By Computer: <https://zoom.us/j/819682651>

By Phone: +1 301 715 8592

Meeting ID: 819-682-651

Members Present:

Clayton Chau, Christine Costa, Stacy Deeble-Reynolds, Karyl Dupee, Sandra Finestone, Geoffrey Henderson, Matthew Holzmann, Debra Kelsey, Mark Levy, Steve McNally, Kristen Pankratz, Bethsabe Romero, Michael Rose, Duan Tran, Frederick Williams

Members Absent:

Supervisor Andrew Do, Margaret Fleitman, Johnnie Harris, Stephan Lambert, Lorraine Martinez, John Merwald, Lauren Slivinski, Courtney Smith, Nita Tewari, Joy Torres,

I. Welcome & Introduction: Michael Rose

- Meeting began at 9:01 a.m. Each member of the ADAB and MHB introduced themselves.

II. Public Comment

- Michael Arnot:

Mr. Arnot expressed concern for a potential financial impact on revenue stream and reduction of programs due to COVID-19. He asked the Finance Committee to please monitor this and suggested this committee be a standing committee instead of an ad hoc committee. In addition, he mentioned the board should look into having a new slate for chair and vice chair for 2020.

- Christine Tolbert-

Ms. Tolbert provided information on a webinar event titled Mindfulness Matters, taking place April 9, 2020, empowering children, families, and communities by improving mental health and general health. In addition, she provided information on a grant proposal, a flyer was provided electronically.

- Linda Graham:

Ms. Graham expressed concern over how COVID-19 may impact the new Mental Health Services Act (MHSA) 3- Year Plan. In addition, she expressed concern for the behavioral health workforce. Lastly, she asked for clarification as to how the ADAB members are transitioning and providing input on the MHSA Plan.

III. Scheduled Discussion Item

- MHSa Plan Q & A- Sharon Ishikawa
 - Dr. Ishikawa addressed questions from the members that were previously submitted via email. The questions referenced topics on the following, referral and linkage numbers for the Civic Center Courtyard, reduction in negative outcomes for certain full service partnership (FSP) programs, involvement in Innovation project “Psychiatric Advanced Directives”, outreach to increase recognition of early signs of mental illness for older adults, and lastly she provided information on the upcoming Silver Tree House.
 - Additional follow up questions on the MHSa will be addressed via email.
- MHSa Planning Implications due to COVID-19 (Financial, Program priority):
 - Dr. Nagel provided an update on the organizational changes in response to COVID-19. Be Well will set up a resource library on their web page and HCA will be posting a resource page to include tips for self-care, resilience, how to deal with stress, how to talk to kids about COVID and much more. Many BHS programs have increased their hours to provide services to the community during these trying times. Our agency is moving to a more social distancing approach to telephonic and telehealth services. Some programs such as the CAT team is out in community providing services, while wearing protective equipment.
 - A large percentage of the revenue is tax based, and we are anticipating a decrease in our tax based revenue. That percentage is unknown, and staff is carefully monitoring the revenue, expenditures, and the savings. Dr. Nagel Recommends moving forward with the current MHSa Plan as is, as it is developed based on the communities needs and provides guidance in moving forward. He provided examples of ways to leverage MHSa dollars, such L-CAP match program.
 - Dr. Nagel agreed to provide regular updates for the ADAB/ MHB on both the budget and expenditure. In addition, we are working with Mike Geiss to provide a financial impact report.
- MHB Committees:
 - All members were provided with updated lists of the committees and liaisons list. Dr. Rose encouraged all members to meet with those in their committees and discuss possibly assigning chairs to the committees and goals.
- Discussion on interaction between MHB, MHSa, Steering Committee and Be Well group:
 - Tabled to a later time when there is more information available.

IV. Open Discussion:

- Public Comments Received:
 - Concern for financial down turn in MHSa revenue, urges the Finance and Resource Ad Hoc Committee to remain active and engaged to provide oversight and immediate response.
 - The finance committee has remained active and keeping a close eye on any possible financial impact due to COVID.

V. Committee Reports:

- Older Adults Committee: The committee will meet via Zoom meeting on April 15, 2020.

VI. Announcements:

- Dr. Rose reminded all members of the upcoming Public Hearing on April 22, 2020, 5:30 – 8:00 pm.
- DBSA will hold a Zoom meeting on mental health and substance use disorder topics. Information will be emailed.

VII. Adjournment

- Meeting ended at 10:48 a.m.