



COUNTY OF ORANGE
HEALTH CARE AGENCY

MENTAL HEALTH BOARD
& ALCOHOL AND DRUG
ADVISORY BOARD

MICHAELL ROSE, DrPH, LCSW
MHB CHAIR

FREDERICK WILLIAMS, LMFT
ADAB CHAIR

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Study Meeting Notes

Wednesday, May 13, 2020

9:00 a.m. – 10:45 a.m.

Teleconference meeting via Zoom

By Computer: <https://zoom.us/j/819682651>

By Phone: +1 301 715 8592

Meeting ID: 819-682-651

Members Present:

Christine Costa, Stacy Deeble-Reynolds, Karyl Dupee, Sandra Finestone, Johnnie Harris, Geoffrey Henderson, Matthew Holzmann, Debra Kelsey, Stephan Lambert, Kristen Pankratz, Bethsabe Romero, Michael Rose, Courtney Smith, Duan Tran, Frederick Williams

Members Absent:

Supervisor Andrew Do, Margaret Fleitman, Lorraine Martinez, Steve McNally, John Merwald, Lauren Slivinski, Nita Tewari, Joy Torres,

I. Welcome & Introduction: Michael Rose

- Meeting began at 9:01 a.m. Each member of the ADAB and MHB introduced themselves via roll call.

II. Public Comment

- Blair Veraza:
Ms. Veraza provided information on Orange County Coalition events taking place in May.
- Christine Tolbert:
Ms. Tolbert expressed her appreciation for the board and what they do. She shared information on resources and events. In addition, she provided information on the Psycho 43 Grant which is due on 5/20/20.

III. Scheduled Discussion Item

- Review of MHB Recommendations for the MHSA 3-Year Plan-
 - Dr. Ishikawa addressed the three recommendations that were provided by the MHB and ADAB at the April 22, 2020, MHSA Public Hearing. The recommendation were as follows 1) BHS and the Board of Supervisors (BOS) emphasize and implement public health models in outreaching to all members of the Orange County Population and to coordinate multi-agency collaboration to meet these needs, 2) Older Adults should be a priority population, and 3) The MHB Supports the plan but recognizes that there may be substantial financial impact from the current economic crisis. We recommend that the BOS, BHS and the MHB

- Collaborate in revisiting the MHSA plan once there is clarity on future revenue adjustments. Dr. Ishikawa provided an analysis and response for all recommendations.
- Additional follow up questions on the MHSA will be addressed via email.
- Stigma Free OC Update-
 - Mark Lawrenze provided an update on the Stigma Free OC Campaign. May is Mental Health Awareness month and HCA has been pushing promotion of the Each Mind Matters and Stigma Free OC campaigns. A calendar of events was distributed which tied into the Stigma Free OC, it included events, resources, and other great information during this pandemic. The total number of pledges to date are 1,230. The Be Well and HCA COVID-19 related resources have been added to the website. HCA will be sending out emails to all who have submitted a pledge to see how the services provided have helped them, this will help HCA prepare for September events. During the month of September, HCA will focus on Red Ribbon week, Suicide Prevention, Mental Health Awareness and much more. In addition, HCA is working on translation of the Stigma Free OC page into Vietnamese and Spanish.

IV. Open Discussion:

- Public Comments Received:
 - Dr. Rose added another member to the Public Comment Ad Hoc to review and follow up on public comments received. Kristen Pankratz volunteered to help out in a limited amount.
 - There was a concern for financial implications and funding restrictions for MHSA programs and a recommendation for the Resource and Finance Committee to go from an Ad Hoc to a standing committee. The Boards discussed the difference between an Ad hoc and a standing committee and Karla offered to work with Matthew Holzmann and Steve McNally should they decide to go into a standing committee.
 - Recommendation to support mental health services for older adults, more so in the coming months due to COVID-19. Karyl Dupee suggested that this has been recognized and we are already addressing these needs we see coming for this vulnerable population.
 - Recommendation to have more youth programs in Central Orange County that are school based and community based. Kristen Pankratz will look into this and will work with Karla Perez to be in contact with the person who provided the public comment. Brett O'Brien and Stacy Deeble-Reynolds provided information on a new grant to support mental health services for students in schools. This would provide \$6 million over 4 years. In addition, the Board of Supervisors approved a different pot of funding for school based mental health services with 4 projects. Those projects include 1) Training for early signs of mental illness 2) Designed for mental health awareness in the schools and the 3rd and 4th) Designed to have networking events throughout Orange County to come together and learn from each other.
- New Advocacy Issues:
 - Matthew Holzmann encouraged all to contact their state senator to pass the SB 803 with the Peer Certification Process.

V. Committee Reports:

- Older Adults Committee: The committee has meeting regularly via Zoom, their next meeting will take place on 5/20/20.
- Dr. Rose reviewed the Committees list out loud.
- Workforce Development- Duan Tran and Christine Costa met with Teresa Renteria who is over the Behavioral Health Services Training Program, which provided an overview of their program.
- Children and Pediatric System of Care Task Force- Kristen is now providing updates of the MHB and informed them that the MHB and ADAB will be merging soon. In addition, Kristen asked the ADAB to see if there are any updates they have to share with this task force. There is a

collaboration with Be Well OC, early childhood OC and the Extraordinary Lives foundation, they have a free webinar titled “Reducing fear and anxiety in children, their families and expecting couples” on May 20, 2020, at 8:00 pm.

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VI. Announcements:

- Matthew Holzmann informed the members that NAMI is now doing Family to Family meetings via Zoom.

VII. Adjournment

- Meeting ended at 10:46 a.m.