



OC CREW serves young people age 12-25 years old, and the people important in their lives, by providing supportive services for those experiencing a recent first episode of psychosis. OC CREW also seeks to raise awareness and reduce stigma by providing education about psychosis to the community.

Psychosis refers to a state in which a person experiences some or all of the following:

- Confusion or difficulty organizing thoughts
- Trouble related to seeing or hearing something that others do not see or hear
- Becoming unusually fearful of others
- Significant and unhelpful changes in beliefs or sense of reality
- Troublesome changes in sleep or eating patterns
- Problems due to increased sensitivity to sights, sounds, smells or touch

OC CREW provides the following services:

- Behavioral health screening and assessments
- Counseling
- **Psychiatric** services
- Case management
- **Multifamily Groups**
- Socialization, health and wellness activities
- Referral and linkage
- Community education and training



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For linkage to OC Health Care Agency's Behavioral Health Services Information and Referral Line, call (855) OC-Links (625-4657)