



COUNTY OF ORANGE  
HEALTH CARE AGENCY

MENTAL HEALTH BOARD  
& ALCOHOL AND DRUG  
ADVISORY BOARD

MICHAELL ROSE, DrPH, LCSW  
MHB CHAIR

FREDERICK WILLIAMS, LMFT  
ADAB CHAIR

MAILING ADDRESS:  
405 W. 5<sup>th</sup> Street  
Santa Ana, CA 92701

**Study Meeting Notes**

**Wednesday, July 8, 2020**

9:00 a.m. – 10:45 a.m.

**Teleconference meeting via Zoom**

**By Computer:** <https://zoom.us/j/819682651>

**By Phone:** +1 301 715 8592

**Meeting ID:** 819-682-651

**Members Present:**

Christine Costa, Stacy Deeble-Reynolds, Karyl Dupee, Johnnie Harris, Geoffrey Henderson, Matthew Holzmann, Stephan Lambert, Lorraine Martinez, Steve McNally, Kristen Pankratz, Michael Rose, Lauren Slivinski, Courtney Smith, Nita Tewari, Joy Torres, Duan Tran, Frederick Williams

**Members Absent:**

Supervisor Andrew Do, Sandra Finestone, Margaret Fleitman, Debra Kelsey, Bethsabe Romero,

**I. Welcome & Introduction: Michael Rose**

- Meeting began at 9:01 a.m. Each member of the ADAB and MHB introduced themselves via roll call.

**II. Public Comment**

- Jim Farell:  
Mr. Farell provided information regarding addressing stigma for substance abuse and forwarded information via email for the board members.
- Linda Graham:  
Ms. Graham expressed her appreciation for Dr. Nagel's letter on diversity and expressed her interest in a follow up plan. In addition, she touched on the issue of police brutality and reallocation of funds from law enforcement to other services. She would like to see if the MHB and ADAB have an interest in advocating role in all of what is going on currently supporting the sift that the public is demanding. Finally, she touched on the Kaiser Permanente proposed point triage system for COVID-19 treatment and how this would be discriminatory to vulnerable populations
- Sara Kahn:  
Ms. Kahn expressed concerns about the expansion of the James Musick Facility in Irvine with its proposed expansion to add 900 beds and expressed specific concern about the over criminalization of the mentally ill. In addition, she was concerned that it would take away from other healthcare programs and outcomes.

- Christine Tolbert:  
Ms. Tolbert stated there has been an increase of calls from the dual diagnosed community regarding inpatient and navigating the system. In addition, she reported on several PPE drive by distributions hosted by the State Council on Developmental Disabilities office. She offered to sign up to their distribution list to learn more about upcoming events.

### III. Scheduled Discussion Item

- Connect OC Coalition- Bhuvana Rao  
Bhuvana provided a comprehensive overview presentation of Connect OC Coalition. This coalition is dedicated to increasing accessibility to mental health services for transitional age youth, young adults and their families. She included the project goals, which include but not limited to improving access to mental health by aligning resources, bridging gaps, promoting services that are available and reducing stigma. She also included the framework of the coalition as well as those part of the coalition providing. In addition, she included information on activities that are taking via social media. The Coalition meets once a month, on the 4<sup>th</sup> Friday at 10:00 a.m. via Zoom.
- AB 1234: Mandatory Ethics Training Reminder  
Dr. Rose and Frederick Williams reminded the board members to complete their mandatory Ethics Training by the end of this year.

### IV. Open Discussion:

- Public Comments Received:
  - Recommendation to begin a contingency plan on any revenue cuts due to COVID, as well as planning ahead to allow sufficient time to prioritize and continue to include the community.
  - A client's story was read out loud during P/C, asking the BHS Boards to help with post discharge plan to help the client get back on a healthy road to recovery.
    - Christine Costa reached out mother of the client to help provide support post discharge. She thanked BHS staff for their help in linking the client to appropriate services and discharge plan.
  - New Advocacy Issues:
    - Karyl Dupee suggested there is a need for training for technology across the board for clients as well as providing accessibility to wifi or obtaining a device. This would include training for the trainers in training clients as well as a piece where help is available on an ongoing basis.
    - Steve McNally would like a follow up on the letter of support that was submitted to the Board of Supervisors. Moreover, he suggested looking into SB 803, should it not get passed we should look at career pathing locally for Peers and ensure that we look into helping peers in our County.
    - Lauren Slivinski suggested there is a need for additional recovery support services for substance use disorders (SUD). Frederick will start looking advocating for this services under the SUD Ad Hoc.
    - A request was made to have a future presentation on housing during one of the meetings.

### V. Committee Reports:

- Older Adults: Karyl reported the committee is currently looking at the goals for this year. She included some of their ideas they are working such suicide prevention initiative and loneliness reduction.

- Finance and Resource Committee: Steve McNally expressed concern for Mental Health Services Act (MHSA) Flexibility funds and would like to hear and learn more about this at a later time. In addition, he expressed concern for the Innovation project, Help at Hand with regard to funding as well as the Suicide Prevention Initiative timeline. Moreover, he would like to get more information on federal funds participation vs MHSA funds. Furthermore, he would like some clarification on the upcoming restructuring of the Behavioral Health Boards and new bylaws. Finally, he expressed concern for the UCSD Study not being mentioned in the MHSA Plan. Steve also included that the committee would like to include subject matter experts from both BHS and the community.

**VI. Announcements:**

- N/A

**VII. Adjournment**

- Meeting ended at 10:36 a.m.