



# OC In+Care

Newsletter for providers serving people living with HIV in Orange County

## COVID-19

This issue of the In+Care newsletter provides tips for keeping Persons Living with HIV (PLWH) engaged in care as well as resources to help clients with various needs during the COVID-19 pandemic.

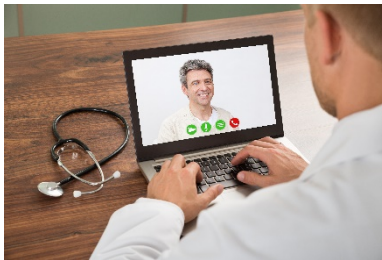
### Putting the CARE in Healthcare

It is important to discuss treatment adherence and continued attendance of routine medical appointments with clients to ensure positive health outcomes for PLWH.



### Consider All Options

Talk to clients about telehealth options for services (both medical and supportive) to reduce person-to-person contact, if available. Also, inform clients to follow up with their health care provider/pharmacy about the option to switch to a 90-day supply of medications and/or mail delivery service to limit visits to the pharmacy.



**Advise clients to follow these steps to help prevent the spread of COVID-19:<sup>1</sup>**

- ✓ **Wear a face cover** in public.
- ✓ **Avoid close contact.** Stay at least 6 feet apart from others.
- ✓ **Wash hands** often with soap and water for at least 20 seconds.
- ✓ **Clean and disinfect** often, especially surfaces such as phones, doorknobs, and countertops.
- ✓ **Cover coughs and sneezes** with an arm or use a tissue.
- ✓ **Avoid touching** the face.
- ✓ **Stay home** if sick.

<sup>1</sup>Centers for Disease Control and Prevention (2020). Retrieved from: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

With COVID-19 greatly affecting daily routines, the following agencies are available to help with clients' questions or concerns.

### COVID Testing

- ✓ Have clients contact their primary care doctor first about testing and care if they develop symptoms.
- ✓ Inform clients that there are multiple resources available throughout Orange County including locations that offer **FREE** COVID testing.
- ✓ For more information, clients can visit [ohealthinfo.com/covidtest](https://ohealthinfo.com/covidtest) or call the Orange County Health Care Agency Referral Line at (800) 564-8448.

### Housing Resources

Steady housing is important for clients to shelter-in-place, if needed. The following agencies can help with housing:

- **APAIT**  
(714) 636-1349  
<http://apaitonline.org>
- **City of Anaheim Housing Authority**  
(714) 765-4320  
<http://www.anaheim.net/668/Housing-Authority>
- **City of Santa Ana Housing Authority**  
(714) 667-2200  
<https://www.santa-ana.org/cd/housing-authority>
- **Radiant Health Centers**  
(949) 809-5700  
<https://www.radianthealthcenters.org>

### Transportation Resources

The following agencies can assist clients with transportation services in Orange County.

- **Radiant Health Centers**  
(949) 809-5700  
<https://www.radianthealthcenters.org>
- **OCTA Resource:**  
<https://www.octa.net/Your-Safety-Is-Our-Priority/>
- **Shanti Orange County**  
(949) 452-0888  
<https://www.shantioc.org/>

### Mental Health Resources

It is important for clients to take care of their overall well-being, including their mental health. The following agencies provide mental health services in Orange County.

- **APAIT**  
(714) 636-1349  
<http://apaitonline.org>
- **Radiant Health Centers**  
(949) 809-5700  
<https://www.radianthealthcenters.org>
- **Shanti Orange County**  
(949) 452-0888  
<https://www.shantioc.org/>

### Food Resources

The following agency can assist client's with food resources:

- **Radiant Health Centers**  
(949) 809-5700  
<https://www.radianthealthcenters.org>

Additionally, there are many free community food resources available to clients in Orange County. For more information, visit: <https://www.aap-oc.org/covid19-community/>

#### ORANGE COUNTY HIV QUALITY MANAGEMENT COMMITTEE



This is a project of the Orange County HIV Quality Management Committee and HIV Client Advocacy Committee. The HIV Quality Management Committee works to improve the quality of Ryan White services. If you have feedback or suggestions for future newsletters, please contact **Marlon-Ray Velasco** at [MVelasco@ochca.com](mailto:MVelasco@ochca.com)

