



County of Orange Mental Health Board & Alcohol and Drug Advisory Board

405 W. 5th Street
Santa Ana, CA 92701
TEL: (714) 834-5481
MHB Website:

<http://ochealthinfo.com/bhs/about/mhb>

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Johnnie Harris

Geoffrey Henderson

Debra Kelsey

Wednesday, August 26, 2020

9:00 a.m. – 10:45 a.m.

Meeting Location:

Zoom Teleconference Meeting

MINUTES

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Members Present: Christine Costa, Stacy Deeble-Reynolds, Karyl Dupee, Sandra Finestone, Johnnie Harris, Geoffrey Henderson, Matthew Holzmann, Stephan Lambert, Stephen McNally, Kristen Pankratz, Michael Rose, Lauren Slivinski, Courtney Smith, Duan Tran, Frederick Williams

Members Absent: Supervisor Andrew Do, Margaret Fleitman, Debra Kelsey, Lorrain Martinez, Joy Torres

Call to Order at 9:02 a.m. by Michael Rose

Welcome and Introductions

- Pledge of Allegiance
- Each member and attendee introduced themselves and their respective affiliation.

Approval of Minutes – Action Item

- July 22, 2020
 - Sandra Finestone made a motion to approve the minutes from the July 22, 2020, meeting and Matthew Holzmann seconded the motion with no corrections. The minutes were approved for the record. MHB Vote: Yes 10/0 No, ADAB Vote: Yes 6/0 No

Behavioral Health Services (BHS) Director's Report – Jeff Nagel

Dr. Nagel took questions in reference to the Behavioral Health Services (BHS) update memo that was sent out to the board via email. He highlighted a few additional items, including the collaborative courts had a total of 17 Drug Court graduations and 28 DUI Court Graduations during the month of July. The Crisis Residential programs continue to be fully operational and we are now requiring to provide Covid testing before entering the program. Moreover, OASIS has been delivering Care Packages with coping tools for their vulnerable population. Furthermore, MHSSA Grant has been approved by the Board, and it will fund 7 regional coordinators as well as training and education efforts to increase access to services for school aged kids. This is slated to start in September. Sacramento County is piloting putting mental health counselors in the schools, we have started conversations with CalOptima to see how we can provide these services to Orange County Schools. In addition, Dr. Nagel highlighted the partnership with Angel's Baseball in advertising the Stigma Free OC campaign as well as know the Signs.



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ADAB MEMBERS

(Continued)

Stephan Lambert

Lorraine Martinez

MINUTES

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HEALTH CARE AGENCY

Jeff Nagel, Ph.D.,
Deputy Agency Director
Behavioral Health Services

Annette Muirgitchian, LCSW
Director of Operations
Behavioral Health Services

Karla Perez
Staff Specialist
Behavioral Health Services

BHS Director's Report – Continued

Finally, BHS continues to look at reduction in expenditures to take appropriate actions in ensuring we will have a fund balance at the end of FY 22/23.

ADEPT Update- Carolyn Secrist

Carolyn highlighted some of the prevention services taking place, there are two prescription drug opioid media campaigns. The first campaign is targeting the youth ages 11-18, designed to educate the youth that not all prescription drugs are safe. It will focus mainly targeting social media and will launch mid-September. The second campaign is targeting adults, it launched back in February and will relaunch in the fall, Wrongforyou.com. We are continuing our school based efforts into a virtual mode using curriculum that have shown to decrease substance use, services will be offered for elementary through high school aged kids. We will use "Too good for Drugs", "Project Alert", "Life Skills", and "The All Stars". Furthermore, the next National Take Back day is set to take place on October 24th, we will provide a list of the all drop sites soon.

Old Business: Action Item

- <http://www.ochealthinfo.com/bhs/about/pi/mhsa/updates>
- Suicide Prevention and Recovery Happens Letter of Recommendation: The members of both the ADAB and MHB provided feedback and input with regard to the letter via email. Dr. Rose called for a vote by roll call on moving forward with the letter of recommendation, the item passed with a vote by roll of : ADAB Vote- 7 Yes /0 No/ 0 Abstain, and MHB Vote-9 Yes / 0 No / 1 Abstain.

New Business:

- Suicide Prevention and Recovery Happens Resolution: Courtney Smith and Nita Tewari worked with Natalie and Tyler from Supervisor Steel's office, in which they agreed to help in writing a resolution for Suicide Prevention month.
- Dr. Rose informed the board that the new Data Notebook will be out soon, we have been advised by the CALBHB/C that they will be releasing this soon. More details to come.
- Matthew provided some information regarding the Integrated Services Plan by the Sherriff's department, and expressed concern for the Musick Facility Plans for the recovery piece of it stating the community in opposition to some of the details in the plan. He expressed an interest in interfacing with the law enforcement collaborative. Dr. Nagel reached out to the Correctional Health partners, suggested using stakeholders in their planning process similar to BHS.
- Frederick Williams reminded everyone that September is National Recovery month.



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Committee Reports:

- Older Adults: Karyl reported their committee is working with Karin Kalk on a suicide prevention for older adults.
- Pediatric Task force: Kristen reported their next meeting is on September 15, 2020 at 2:00pm, she would will provide a brief update as to what was included in today's letter of recommendation.
- Finance and Resource Committee has been meeting twice a month, and has been working on a format they will use to track project and plan to share this with other subject matter experts.
- Legislative Committee: Steve McNally provided information on SB 855.
- Cultural Competency: Duan Tran provided information on the Cultural Competency training being provided for County Staff.

Presentation

Medication Assisted Treatment (MAT) Availability Current Initiatives and Next Steps

By: Ian Kemmer, LMFT
Behavioral Health Services

Ian Kemmer provided a comprehensive overview of MAT. He provided information on the Drug Medical participant flow and how MAT is part of treatment. In addition, he provided information on availability in Behavioral Health outpatient programs and MAT expansion using initiatives in the community to increase MAT in other settings.

For additional information about the MAT please contact kperez@ochca.com or 714-834-5481.

Public Comment

- Michael Arnot:
Mr. Arnot expressed interest in enhancing the MHB's and ADAB's communication with the public. One suggestion provided was posting the meeting packets on the website. In addition, he suggested having the Resource and Finance Committee have their own website, where they are able to post their information.

Adjournment

- 10:45 a.m.

Officially submitted by: Karla Perez

***Note: Copies of all writings pertaining to items in these MHB minutes are available for public review in the Behavioral Health Services Advisory Board Office, 405 W. 5th Street, Santa Ana, CA 92701, 714.834.5481 or Email: OCMentalHealthBoard@ochca.com ***