

Who We Are

LAURA'S HOUSE
Inspiring Hope and Empowering Change to End Domestic Violence



Programs & Services



“Education is the key to preventing the cycle of violence. ”

Elie Wiesel,
Holocaust survivor

Healthy Families Workshop

Three-part educational program designed to help individuals in our communities create a healthy family dynamic that will work to identify generational patterns, assess areas for growth, and build safe communication practices.



Session One

- ➔ **Abusive Behaviors / Family Dysfunctions**
- ➔ **Childhood Experiences**
- ➔ **Family History / Family Tree**

Session Two

- ➔ Healthy Communication Techniques
- ➔ Conflict Resolution Practices
- ➔ Love Languages within the Family

Session Three

- ➔ Identifying Family Patterns
- ➔ Creating a Healthy Family Dynamic
- ➔ Family Mission Statement

Other Topics...



2020 OC Service Providers Consortium



Program Outcomes



LAURA'S HOUSE
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Questions?

For more information or to book a presentation
www.laurashouse.org
prevention@laurashouse.org

LAURA'S HOUSE

Inspiring Hope and Empowering Change to End Domestic Violence

24 Hour Hotline 1-866-498-1511

For more information
www.laurashouse.org

follow us!



LAURA'S HOUSE

Inspiring Hope and Empowering Change to End Domestic Violence

END THE SILENCE *of intimate partner abuse*



Domestic Violence is a Pervasive Social and Health Issue

Studies show that 1 out of 4 women are affected by domestic violence.

While the exact number of victims is impossible to determine, we estimate that well over 250,000 women and children are directly affected by domestic violence in Orange County alone. This number continues to increase, and is higher than the national average.

We Are Here to Help

Laura's House is a non-profit organization based in Orange County, providing safe refuge and supportive services to individuals and families experiencing intimate partner abuse.

Since 1994, Laura's House has empowered more than 50,000 adults and children in rebuilding lives free of intimate partner abuse through a comprehensive range of services for the entire family. Services include Emergency Shelter, 24-Hour Crisis Hotline, Transitional Housing Program, and Counseling & Resource Center; offering a variety of supportive services including therapy and legal advocacy. Laura's House also provides community education and prevention services through our H.E.A.R.T. (Healthy Emotions & Attitudes in Relationships for Teens) workshops for at-risk youth, our 40-Hour domestic violence advocacy training and outreach in the form of speaking engagements at local clubs, churches and civic groups.

We assist those interested in making a positive change for themselves and their children, striving towards self-sufficiency and empowerment to feel deserving of surrounding themselves with positive, healthful relationships. Through various Prevention and Education components of our program, we strive to break the cycle of violence once and for all.

Our Mission

Changing the social beliefs, attitudes and behaviors that perpetuate domestic violence while creating a safe space in which to empower individuals and families affected by abuse.



What We Do

In viewing intimate partner abuse as an extreme form of an unhealthy relationship, we provide our clients and the community with information and education on the wide-range effects in a multitude of areas of functioning including home, work, children, extended family, and community. We further provide connections to resources and proactive therapeutic processing to help those who are in need of assistance in making positive changes to increase healthy relationships in their lives.

Laura's House offers both residential and non-residential services to the community, all tailored to fit the individual client's needs. CRC services are available to members of the community, regardless of the ability to pay.

Services Offered

Laura's House offers both residential and non-residential programs and has offices in North and South Orange County. Services are tailored to fit the individual client's needs and are available to members of the community, regardless of the ability to pay.

*See reverse side for Programs & Services offerings

WHERE TO GET HELP —

Safe Refuge & Support for Individuals & Families:

24 Hour Toll-Free Hotline: 866.498.1511

Visit our websites for more information:

laurashouse.org or laurashouse.org/lhteen

Programs & Services that Serve the Entire Family



24-Hour Toll Free Hotline – 866-498-1511

- Offering resources, referrals and safety planning

Emergency Shelter & Support Services

- Safety Net (immediate emergency safe housing)
- 30-45 day stay
- Case Management
- Individual and Group Therapy
- Psychoeducational and process-oriented groups
- Legal Advocacy
- Kids Club (on-site children's program)
- Life Skills Workshops

Transitional Housing

- 6-12 month stay
- Case Management
- Therapeutic Support
- Life Skills workshops

40-Hour Domestic Violence Advocacy Training

We provide education, training and professional development, utilized to pursue volunteer and employment opportunities working directly with survivors of domestic violence in California. The training is offered in March, June and October. For more information, go to laurashouse.org/40hr-training.

Legal Advocacy

- Restraining order preparation
- Court Advocacy/accompaniment
- Monthly Legal clinic
- Resources and Referrals

Counseling & Resource Center

- Serving men, women and children
 - Individual, family and couples therapy
- Psychoeducational Groups
 - Personal Empowerment Program (PEP)
 - Codependency
 - Parenting
 - Dating after abuse
- Therapy Groups
 - Anxiety
 - Self-Esteem

*Other topics offered throughout the year, call 949-361-3775 for current schedule. English and Spanish are both offered.

Education & Prevention

- H.E.A.R.T – (Healthy Emotions & Attitudes in Relationships Today) program is to provide youth with the tools necessary to live healthy, non-violent lives. These 60-minute, interactive workshops on teen dating violence prevention are provided at local middle schools, high schools, universities, youth groups, and to first responders, including fire, medical and health providers.
- Community Education & Engagement – Presentations and informal talks to local corporations, civic groups, clubs and community organizations to create awareness.



Healthy Families

Workshop

Healthy Families is a **FREE** three-part series to help families in our communities create a healthy family dynamic that will work no matter the make-up of the family. The series focuses on identifying generational patterns, assessing areas for growth and building safe communication practices. Each 90-minute class not only instructs but gives easy to apply principles that can be incorporated into any family dynamic.

Session 1: Family Dynamics and Patterns

- Abusive Behaviors and Family Dysfunctions
 - Childhood Experiences
 - Family History / Family Tree

Session 2: Family Communication

- Healthy Communication Techniques
 - Conflict Resolution Practices
- Love Languages within the Family

Session 3: Moving Forward

- Identifying Family Patterns
- Creating a Healthy Family Dynamic
 - Family Mission Statement

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How do I book a series?

Book a Healthy Family series today by visiting laurashouse.org or send an email to Veronica Stephens - vstephens@laurashouse.org (949) 361-3775 ext. 206

Laura's House does not discriminate on the basis of race, age, color, sex, sexual orientation, gender identity, national origin, physical or mental disability, or religion.



CHRYSALIS

a nonprofit organization **Changing Lives Through Jobs**

Want to work? Chrysalis can help!

Attend orientation: Monday-Thursday at 8 a.m.



Chrysalis Orange County

290 S. Anaheim Blvd.
Anaheim, CA 92805
(714) 204-3000

CENTER HOURS

Mon-Thurs: 8 a.m. to 4 p.m.*

Fri: 8 a.m. to 12 p.m.

*Closed daily from 12 to 1 p.m.

Whether you have gaps in your work history, a background, or a lack of formal work experience, **let's work together to achieve your employment goals.**

Chrysalis provides a variety of resources, along with one-on-one support, to assist you in your job search.

Services are free, available to all, and include:



**One-on-one
employment counseling**



**Resume help
& practice interviews**



**Computer lab
& phone access**



**Online job
application assistance**



**Support groups
and on-site counseling**



**Work wardrobe
& hygiene products**



**Transportation
assistance**



**Transitional job
opportunities**

For more information, visit ChangeLives.org



LESTONNAC FREE CLINIC LOCATIONS

The Mission of Lestonnac Free Clinic is to provide free health care services to low-income and uninsured residents in Southern California, through the support of generous volunteers and donors.

ORANGE COUNTY

ORANGE CLINIC • MAIN LOCATION

1215 E. Chapman Ave., Orange CA 92866
TEL: (714) 633-4600 • FAX: (714) 633-1412
MONDAY & WEDNESDAY: 9 AM - 7 PM
TUESDAY, THURSDAY & FRIDAY: 9 AM - 5 PM
SATURDAY: 8 AM - 4 PM
DENTAL BY APPOINTMENT ONLY

ANAHEIM CLINIC

ICNA Relief USA

2180 W. Crescent Ave., Suite B, Anaheim, CA 92801
TEL: (714) 399-4571 • FAX: (714) 399-4259
TUESDAY: 9 AM - 12 PM
WEDNESDAY: 9 AM - 12 PM
SATURDAY: 9 AM - 2 PM

LOS ALAMITOS CLINIC

LOS ALAMITOS MEDICAL CENTER

3801 Katella Ave., Suite 301, (3rd Floor), Los Alamitos, CA 90720
TEL: (562) 493-4466 • FAX: (714) 912-7083
MONDAY: 9 AM - 5 PM
FRIDAY: 9 AM - 12 PM
SATURDAY: 9 AM - 12 PM

GARDEN GROVE CLINIC

WESLEY VILLAGE - JAMBOREE

GARDEN GROVE UNITED METHODIST CHURCH

10861 Acacia Pkwy., Garden Grove, CA 92840
TEL: (714) 633-4600 • FAX: (714) 633-1412
TUESDAY: 9 AM - 12 PM
FRIDAY: 9 AM - 5 PM
SATURDAY: 9 AM - 12 PM

SAN BERNARDINO COUNTY

SAN BERNARDINO CLINIC

HEART CARE CLINIC

401 E. 21st St., San Bernardino, CA 92404
TEL: (909) 881-4800 • FAX: (909) 881-4889
MONDAY: 12 PM - 7 PM
THURSDAY: 12 PM - 7 PM
FRIDAY: 12 PM - 7 PM
SATURDAY: 9 AM - 5 PM
DENTAL BY APPOINTMENT ONLY

MURRIETA

COMMUNITY OUTREACH OF MURRIETA

39429 Los Alamos Rd., Suite C, Murrieta, CA 92563
TEL: (951) 691-8204 • FAX: (951) 461-2876
2nd & 4th WEDNESDAY: 9 AM - 12 PM
1st, 3rd & 5th FRIDAY: 12 PM - 3 PM

LOS ANGELES COUNTY

COMPTON CLINIC

OUR LADY OF VICTORY

409 E. Palmer, Compton, CA 90221
TEL: (424) 237-0575 • FAX: (714) 627-4641
2nd & 4th MONDAY: 2 PM - 6 PM
TUESDAY: 1 PM - 5 PM
SATURDAY: 8 AM - 12 PM
DENTAL BY APPOINTMENT ONLY

DOWNEY CLINIC

CENTRO MEDICO SU SALUD

9449 Firestone Blvd., Downey, CA 90241
TEL: (562) 622-0519 • FAX: (562) 622-0522
THURSDAY: 1 PM - 5 PM

NORWALK CLINIC

SANATAN DHARMA TEMPLE

15311 Pioneer Blvd., Norwalk, CA 90650
TEL: (714) 633-4600 • FAX: (714) 633-1412
MONDAY: 1 PM - 5 PM
TUESDAY: 9 AM - 12 PM
THURSDAY: 9 AM - 5 PM
SATURDAY: 9 AM - 12 PM

RIVERSIDE COUNTY

MOBILE WALK-IN CLINIC LOCATIONS

TEL: (951) 295-9838 • FAX: (714) 627-4641

RIVERSIDE

ST. CATHERINE OF ALEXANDRIA CHURCH

7025 Brockton Ave., Riverside, CA 92506
1st, 3rd & 5th SATURDAY: 9 AM - 12 PM

JURUPA VALLEY

ST. JOHN THE EVANGELIST CHURCH

3980 Opal St., Jurupa Valley, CA 92509
2nd & 4th SATURDAY: 9 AM - 12 PM

MORENO VALLEY

ST. CHRISTOPHER CATHOLIC CHURCH

25075 Cottonwood Ave., Moreno Valley, CA 92553
1st & 3rd TUESDAY: 9 AM - 12 PM

PERRIS

ST. JAMES THE LESS CATHOLIC CHURCH

269 W. 3rd St., Perris, CA 92570
2nd & 4th FRIDAY: 9 AM - 12 PM

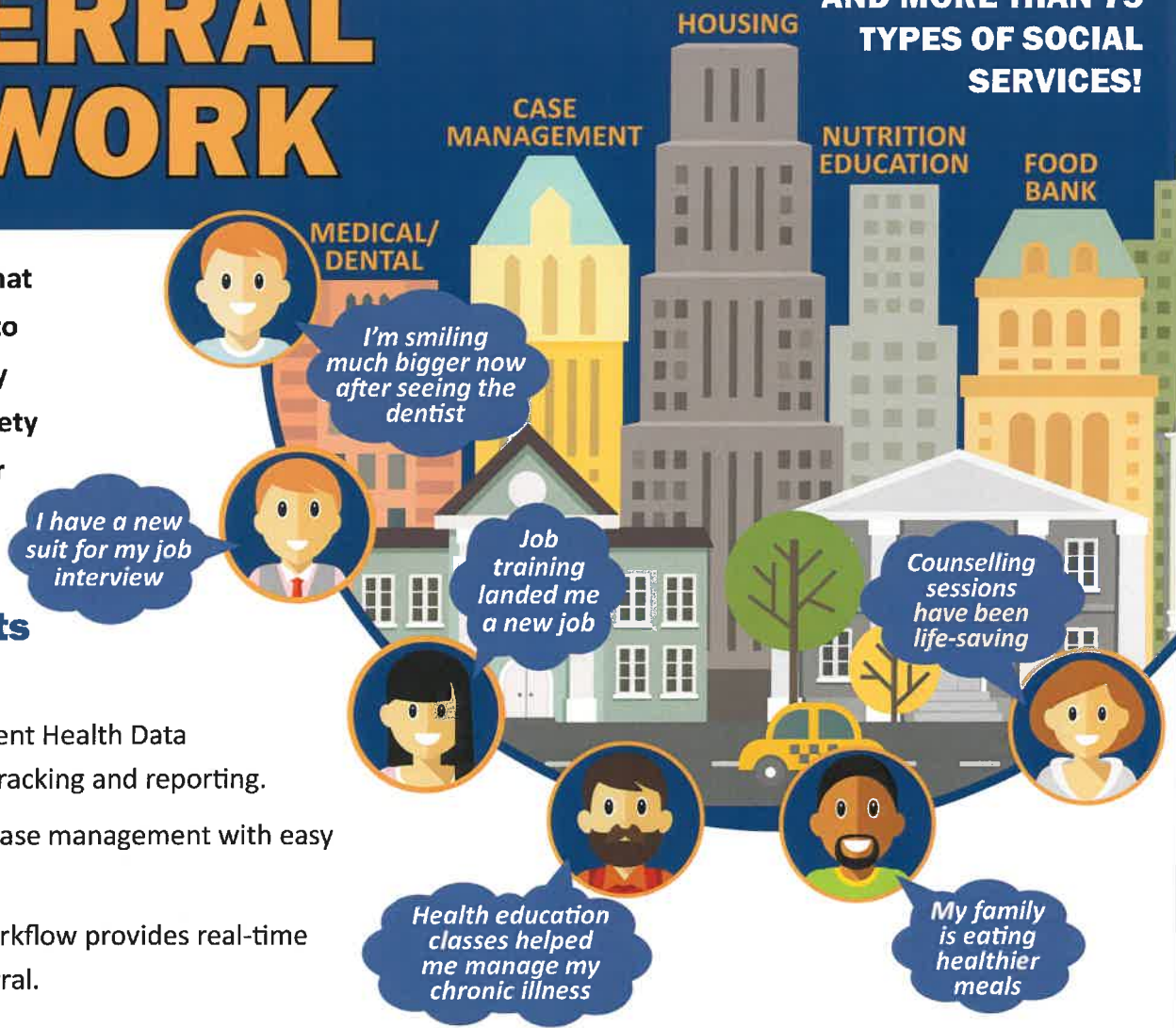
COMMUNITY REFERRAL NETWORK

FACILITATE REFERRALS FOR MEDICAL, DENTAL AND MORE THAN 75 TYPES OF SOCIAL SERVICES!

An easy-to-use tool that allows organizations to quickly and accurately refer clients for a variety of services in a matter of seconds.

System Benefits Include:

- ❖ Comprehensive Client Health Data Management, for tracking and reporting.
- ❖ Improved referral case management with easy user interface.
- ❖ Fully integrated workflow provides real-time status of each referral.



OUR MISSION IS TO BRIDGE SERVICE GAPS, CREATE A STRONGER NETWORK OF SERVICES, AND ACHIEVE A HEALTHY, EMPOWERED COMMUNITY. OUR NETWORK WILL CREATE AWARENESS OF UNDERUTILIZED SERVICES THAT ARE AVAILABLE TO UNDERSERVED POPULATIONS.

The program is FREE thanks to contributions from:

Kaiser Permanente ❖ St. Joseph Health System ❖ Orange County Community Foundation ❖ United Healthcare
The County of Orange ❖ Coalition of Orange County Community Health Centers ❖ Tides Foundation

Powered by

AXEIUM[®] EHR
Community Health
built for CHCs ... by CHCs!

Funded in part by
Whole Person Care in
partnership with:

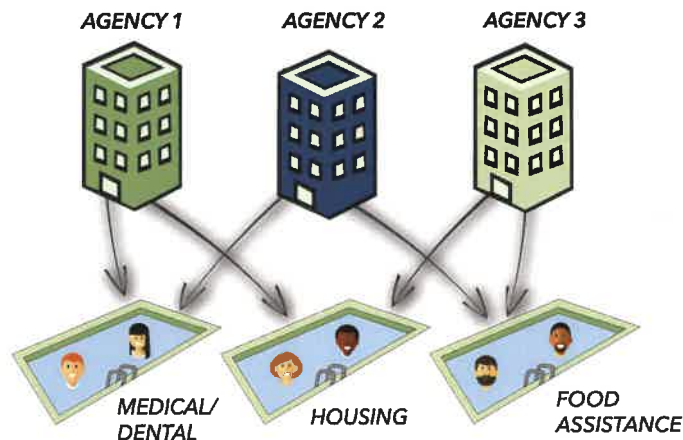
OC
health
CARE AGENCY

Westonac
Free Clinic

SOCIAL SERVICE REFERRALS

SOCIAL SERVICE POOL

When an agency creates a Social Service Referral, the client is placed in a Service Pool where a corresponding agency in the client's service area may pull the client from the Service Pool to provide them the service they requested.



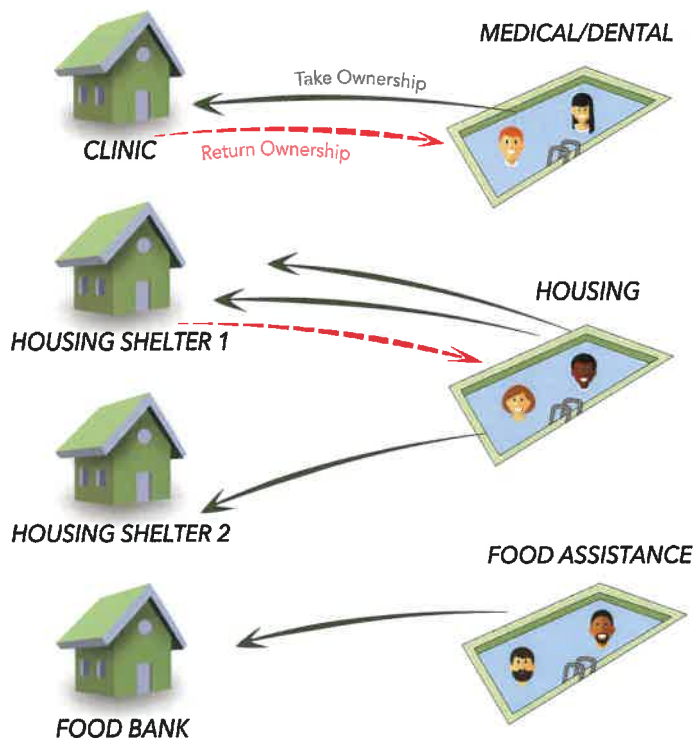
CREATE A REFERRAL (enter clients into the Service Pool)

The screenshot shows a web form for creating a referral. The 'Referral Type' is set to 'Social Svcs'. The 'Demographic' tab is selected. The form includes fields for Client Identification (First Name, Middle, Last Name, Gender, Date of Birth) and Client Information (Home Phone, Alternate Phone, County, City, Language, Consent, Veteran, Homeless, Reference #, Authorization #).

SUBMIT UP TO **5** SOCIAL SERVICES AT A TIME!

The screenshot shows a web form with the 'Services' tab selected. It lists three service requests:

- Service Requested: Clothing, Maternity & Baby; Reason for Referral: new baby (test)
- Service Requested: Food, CalFresh (Food Stamps); Reason for Referral: needs food (test)
- Service Requested: Health, Well Woman Exam; Reason for Referral: needs annual exam (test)



RECEIVE A REFERRAL

(remove clients from the Service Pool)

In order to of a referral, the agency must pull the client out of the Service Pool. Once that happens, the client will no longer appear in the Service Pool. If for any reason the agency is unable to assist the client, they may therefore sending the client back into the Service Pool for another agency to help.

TO GET STARTED, PLEASE CONTACT: Roseann Peters, Program Manager

Phone: 714.583.6433 ❖ Email: rpeters@lestonnacfreeclinic.org ❖ www.CommunityReferralNetwork.org