



NAUSEA-VOMITING - ADULT/ADOLESCENT

ALS STANDING ORDERS:

1. If signs of dehydration or poor perfusion and lungs clear to auscultation (no evidence CHF):
 - ▶ *Establish IV access and give 250 mL Normal Saline bolus, may repeat up to maximum 1 liter to maintain adequate perfusion.*

3. For continuous nausea or vomiting, and not known or suspected to be pregnant¹, administer:
 - ▶ *Ondansetron (Zofran™) 8 mg (two 4 mg ODT tablets) to dissolve orally on inside of cheek as tolerated;*
OR,
4 mg IV, may repeat 4 mg IV once after approximately 3 minutes for continued or recurrent nausea or vomiting.

3. Maintain airway, suction as necessary.

4. Transport to nearest appropriate ERC (ALS escort if fluids or medication required).

Note # 1: Ondanestron may have an association with oral clefts if administered in the first trimester (Huybrechts K, et al. JAMA. 2018;320(23):2429-2437).

Approved:

A handwritten signature in blue ink, appearing to read "J. Phatton".

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