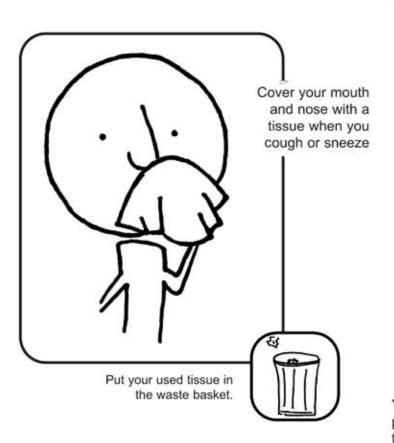
## Stop the spread of germs that make you and others sick!

## Cover Cyoursh



or cough or sneeze into your upper sleeve, not your hands.



Clean

after coughing or sneezing.



Wash hands with soap and warm water for 20 seconds or

