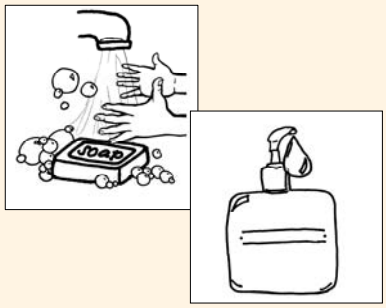
Help Protect Your Co-Workers From Influenza!

<u>Do not</u> come to work if you have a fever, cough, sore throat, or body aches.

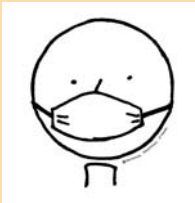
All healthy employees must:



- Clean your hands often during the day.

- Always cover your cough/sneeze with a tissue or your sleeve. Discard used tissue in wastebasket.

- Clean your hands after coughing or sneezing.



If you become ill at work:

- Immediately isolate yourself from others
- Call your supervisor
- Put on a surgical mask (if available) and go home.

Infectious Disease Epidemiology, Prevention and Control
651-201-5414 – TDD/TTY 651-201-5797 - www.health.state.mn.us

4/10/2006