

# STAY Process

Providence Community Services



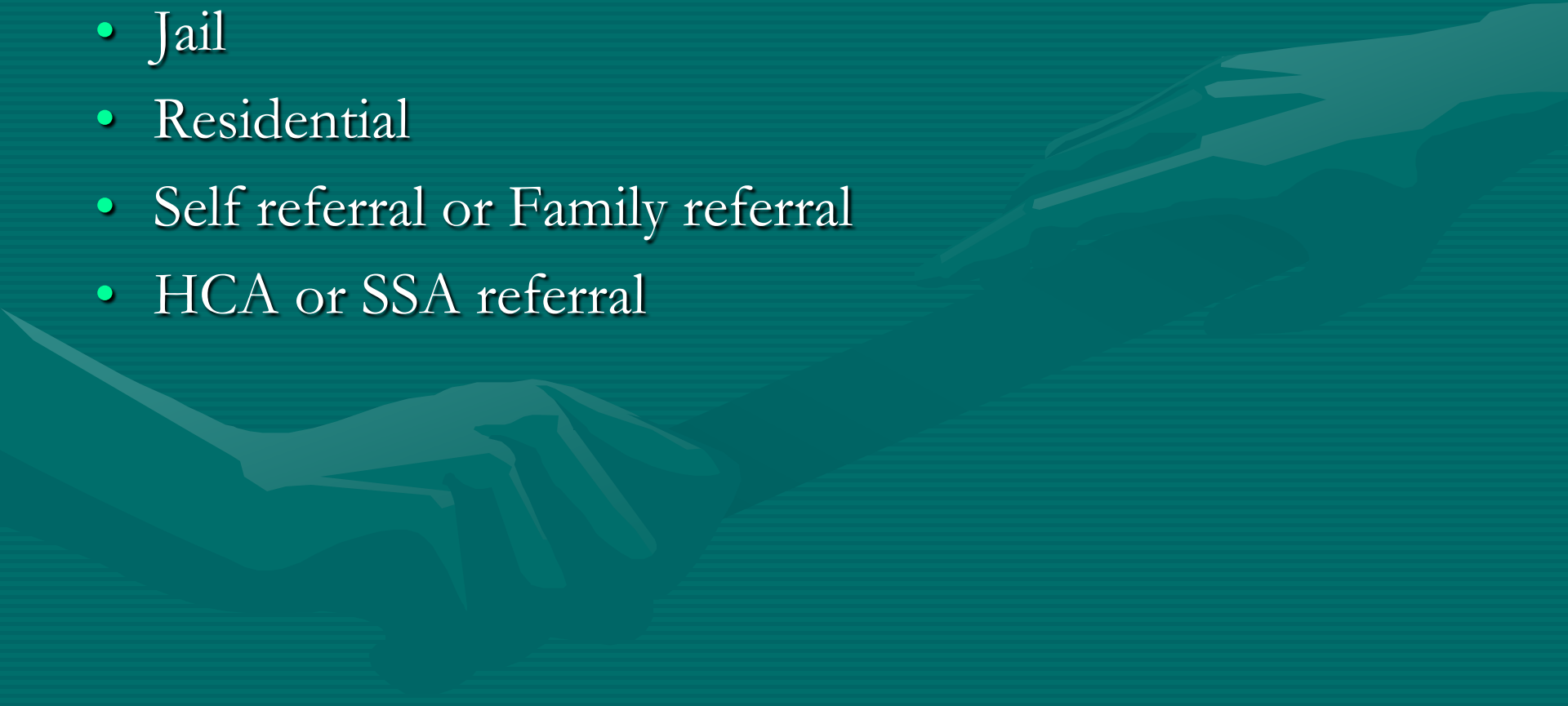
TAY Sub Committee Presentation

June 4<sup>th</sup>, 2012

Costa Mesa Community Center

# Where do we get our referrals from?

- Hospital
- Jail
- Residential
- Self referral or Family referral
- HCA or SSA referral



# What STAY offers

- Intensive Case Management
- Psychiatric Services
- Housing Support
- Education Support
- Employment Support
- Individual and family counseling
- Public Health Services

# How we handle intake of 18yr. old

- Initial Contact prior to turning 18
  - Verify eligibility
  - Explain services
  - Verify desire on TAY's part to participate
  - Explore TAY needs
  - Explore housing options
  - Set-up intake appointment
  - Assign case manager

## ➤ Initial **intake** in person on day of intake

- Give intake paperwork
- Get releases to family and healthcare workers when possible
- Administer Resiliency questionnaire and ask about goals
- Explore strengths and goals
- Discuss need for individual counseling
- Assess level of case management follow up necessary
- Schedule psychiatric appointment if requested
- Assist in housing placement and orientation

# Housing Options

- Family or relatives home whenever viable
- CRP or SRP
- Board and Care
- Sober Living
- Room and Board
- Hotel room
- Room or apartment for rent if participant has income

# STAY has no contractual relationship to our Room and Boards

- STAY provides referral and rent payment assistance only
- STAY cannot assist anyone with housing who is under 18 years of age
- STAY is not responsible for the actions of residents
- Each resident has their own contract with the room and board owner
- Room and board operators are not affiliated with STAY.
- Participants work on budgets and are increasingly held responsible to pay portions of their rent up until the time that they can pay for all of it.

# What STAY does to improve Room and Boards and Sober Livings

- Ongoing vetting of R and B's and Sober Livings for appropriate conditions
- Encourage accessibility of STAY case managers to TAY and house managers at the home.
- Develop relationships with operators that are open to running TAY only homes
- Develop relationships with operators that are open to having groups run in their houses
- Currently have two Life Skills groups in Room and Boards



# Life Skills Group Benefits

- Open to all TAY regardless of where they live
- Often held around meal time or include food preparation
- Broad curriculum including:  
hygiene, positive relationships, substance abuse,  
goal setting, budgeting, laundry, shopping, job  
search, education support

# Room and Board Expectations

1. Each resident must be treated with respect.
2. Room and board must provide a safe and healthy living arrangement.
3. Room and board must provide basic living furniture such as a bed with bedding, dressers, storage etc.
4. Residents must be able to have access to cook their own food and the necessary cooking utensils should be provided such as: pots, pans, plates, silverware etc.
5. Residents should have access to make telephone calls.
6. There must be no alcohol or illegal substance use in the room and boards.
7. All utilities are included in the rent and no extra payments are to be expected.

# Room and boards with food

1. One hot meal should be provided daily (dinner).
2. Breakfast foods should be provided such as fruits, bagels, cereals etc.
3. Foods for lunch should be provided that residents can make on their own such as: sandwich items etc.